



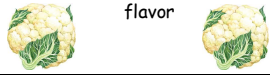








HAVERFORD TOWNSHIP SCHOOL DISTRICT Grades K-5

January 2020

Eliminate lost or forgotten meal money! Pre-pay for meals using School Café or pay by check.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Remember the people who support you in your achievements. It is a fact that by merely saying "Thank You" creates a lasting and huge impact on a person!!</p> 	<p>Daily Lunch Offerings PB&J Sandwich Hummus Platter Grab & Go Lunch Grab & Go Brunch</p> 	<p>Choice of Milk with Lunch Skim White, 1% White, 1% Chocolate or Strawberry Lactose Free or Soy Milk</p> 	<p>Lunch Meal Prices Elementary Lunch \$2.70 Reduced Lunch \$.40</p> 	<p>LUNCH - Select 1 Entrée Choose 1 or 2 Veggies and/or 1 or 2 Fruits, Select Favorite Milk <i>Your lunch must have 3 food components, 1 must be a 1/2 cup of vegetable or fruit.</i></p>
<p>January is Thank You Month!</p> <p><i>thank you</i></p>	<p>VEGETABLE OF THE MONTH CAULIFLOWER Originated in the Mediterranean Member of the Broccoli Family Roasting brings out the true nutty flavor</p> 	<p>Happy New Year</p> 	<p>Lunch Select 1 Entrée Meatball Sub with Cheese Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Crunchy Baby Carrots & Dip Apples, Banana, Orange, Mix Fruit</p>	<p>Lunch Select 1 Entrée Hamburger on Roll Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Creamy Tomato Soup Baked Waffle Fries/ Celery & Dip Apples, Banana, Orange, Pears</p>
<p>January 6</p> <p>Lunch Select 1 Entrée Chicken Tenders w/Goldfish Crackers Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Baked Emoji Fries Green Beans Apples, Banana, Orange, Applesauce</p>	<p>January 7</p> <p>Lunch Select 1 Entrée General Tso Chicken w/Rice Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Side Tossed Salad/Choice Dressing Steamy Mixed Veggies Apples, Banana, Orange, Peaches</p>	<p>January 8</p> <p>Lunch Select 1 Entrée Cheeseburger on Roll Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Oven Baked French Fries BBQ Baked Beans Apples, Banana, Mandarin Oranges</p>	<p>January 9</p> <p>Lunch Select 1 Entrée Popcorn Chicken Bowl w/ Roll Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Golden Corn Fluffy Whipped Potatoes Apples, Banana, Orange, Juice Rush</p>	<p>January 10</p> <p>Lunch Select 1 Entrée French Toast Sticks w/ Sausage Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Creamy Tomato Soup Tater Tots Apples, Banana, Orange, Pears</p>
<p>January 13</p> <p>Lunch Select 1 Entrée Chicken Bacon Ranch Sandwich Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Curly Fries Steamy Broccoli Apples, Banana, Orange, Applesauce</p>	<p>January 14</p> <p>Lunch Select 1 Entrée Cheese Quesadilla w/ Marinara Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Zesty Fiesta Beans & Steamy Corn Juice Rush Apples, Banana, Orange, Peaches</p>	<p>January 15</p> <p>Lunch Select 1 Entrée Tacos w/ Beef & Cheese Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Crunchy Veggies with Ranch Dressing Oven Crisp Fries Apples, Banana, Mandarin Oranges</p> 	<p>January 16</p> <p>Lunch Select 1 Entrée Ravioli with Bread Stick Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Side Tossed Salad Apples, Banana, Orange, Mixed Fruit</p>	<p>January 17</p> <p>School Closed - In-Service Day</p> 
<p>January 20</p> <p>School Closed - Martin Luther King, Jr. Holiday</p> 	<p>January 21</p> <p>Lunch Select 1 Entrée Pasta & Meatballs w/ Bread Stick Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Fluffy Whipped Potatoes Steamy Broccoli Apples, Banana, Orange, Peaches</p>	<p>January 22</p> <p>Lunch Select 1 Entrée Soba Noodle Bowl w/ Chicken & Fortune Cookie Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Steamy Mixed Veggies Baby Carrots/Dip Veggie Boat w/ Dip Apples, Banana, Mandarin Oranges</p>	<p>January 23</p> <p>Lunch Select 1 Entrée Steak Sandwich on Roll Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Zesty Baked Beans Seasoned Curly Fries Apples, Banana, Orange, Mixed Fruit</p>	<p>January 24</p> <p>Lunch Select 1 Entrée Hamburger on Roll Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Creamy Tomato Soup Tossed Salad & Honey Carrots Apples, Banana, Orange, Pears</p>
<p>January 27</p> <p>Lunch Select 1 Entrée Nachos w/ Beef & Cheese Pizza <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Baked French Fries BBQ Baked Beans Apples, Banana, Orange, Applesauce</p>	<p>January 28</p> <p>Lunch Select 1 Entrée Chicken Bacon Ranch Sandwich Hot Dog on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Side Tossed Salad & Steamy Broccoli Creamy Pudding Cup Apples, Banana, Orange, Peaches</p> 	<p>January 29</p> <p>Lunch Select 1 Entrée Meatball Sub w/ Marinara & Cheese Turkey Hoagie <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Crisp Side Salad w/ Dressing Oven Baked French Fries Apples, Banana, Mandarin Oranges</p>	<p>January 30</p> <p>Brunch Lunch Select 1 Entrée Chicken Nuggets w/Goldfish Crackers Ham and Cheese on Roll <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Golden Tater Tots Crunchy Baby Carrots & Dip Apples, Banana, Orange, Mix Fruit</p> 	<p>January 31</p> <p>Lunch Select 1 Entrée Buffalo Chicken Flatbread Grilled Cheese Sandwich <u>Select 1 or 2 Vegetables &/or 1 or 2 Fruit</u> Creamy Tomato Soup Baked Waffle Fries/ Celery & Dip Apples, Banana, Orange, Pears</p>

We are an equal opportunity provider and employer. Menu subject to change without notice!