

Wellness Council Agenda
10/2/2019
1:00PM-3:30PM
UHS Large Library Classroom

1. Welcome and Introductions
 - a. Wellness email address wellness@ucfsd.net
 - b. [UCF Wellness Website](#)
 - c. [FOCUS](#) - Betty Kucharczuk & Aneesha Dhargalkar
 - i. [Climate Survey Summaries by School](#)
 - ii. [Vaping Resources](#)

2. Announcements
 - a. [Flu Vaccine Clinic](#) - UHS, 10/3/19, 3:00PM-7:00PM
 - b. [District Goals for 2019-2020](#)
 - c. UPenn Partnership - [Consortium for Mental Health and Optimal Development](#)
 - i. [Fishbone Diagram](#)
 - ii. Feedback on focus area(s)
 - d. Vaping Concerns for Teenagers on the Rise Across the US
 - i. [Outbreak of Lung Illness Associated with Using E-cigarette Products](#)
 - ii. [Broomall teen hospitalized for vaping-related lung illness amid national crackdown on e-cigarettes](#)
 - iii. [Mysteries still surround vaping ailment](#)
 - e. [UCF Athletics Values and Standards](#)
 - f. [PAYS](#) occurring week of October 7-11 (administered electronically)
 - g. [Start with Hello!](#) activities occurred the week of September 23-27

3. Things to Do
 - a. Overview of the Year
 - i. [October Topics](#)
 1. Changing the Game
 2. UCF Wellness Conference
 - ii. February Topics - Visit?
 1. Food Service
 2. Lunch and Learn
 - iii. May Topics
 1. Social Emotional Learning
 - iv. Other Topic Ideas
 - b. [Changing the Game](#) - [Free Copy](#)
 - i. Discussion/Feedback
 - ii. Ideas for the Future
 - c. Brain Break - [Ear and Nose Switch](#)
 - d. [UCF Wellness Conference](#)
 - i. [Current Thoughts](#)
 - ii. Ideas to Explore



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4. 2019-2020 Wellness Council Meeting Schedule
 - a. UCF Wellness Conference November 5, 2019, Unionville High School
 - b. Wednesday, February 12, 2020, 1:00-3:30, DO Conference Room 14
 - c. Wednesday, May 6, 2020, 1:00-3:30, DO Conference Room 14

5. Wellness Related Events in Our Community
 - a. [Legislative Policy Hearing on Youth Mental Health](#), October 18, 2019, 10:00-12:00Lionville YMCA

