



ADULTS WITH COGNITIVE DISABILITIES PROGRAM



A Community Education Program supported by the North St. Paul-Maplewood-Oakdale, South Washington County, Roseville, White Bear Lake and Mahtomedi School Districts

Volunteer Opportunity

Volunteer at Feed My Starving Children

Rock out while you work as a team to help out those in desperate need of food! Learn about starvation in 3rd world countries, then pack food that will be shipped overseas to bring relief. You will be making a difference! Invite a friend to register too. No charge. Just a great opportunity for you to volunteer. Staff are encouraged to attend and help as well. Staff register as well so we have an accurate count. Please leave your jewelry at home so no loose items end up in the food. *Gretchen Carlson*

CBSCS Mon, Jun 15 6:00–7:30 pm
Free (Staff Free) Feed My Starving Children

Daily Opportunity

Indoor Walking

Forget the worries of inclement weather! Walk the hallways of Skyview Community School and/or John Glenn Middle School. Walk Monday through Thursday from 6:30–8:30 pm and 9:00–11:30 am on most Saturdays. After you register, you will be sent a Walking Club Card and a list of dates the buildings are not available. The \$10 fee is for unlimited walking January–March.

CBNE1 Mon-Thurs 6:30–8:30 pm
\$10 Sat 9:00–11:30 am
January – March 2020



Sunday

Kayaking with Wahoo Adventures

Get outdoors and have some fun! Kick off summer with a kayak paddle on White Bear Lake to look for birds, turtles and fish. Learn how to paddle, get in and out safely and what to pack for a day on the water. There will be double and single kayaks available. Life vests are provided. Wear shoes that can get wet and dress in layers for time on the water. If staff is needed for kayaking they must register.

Kerri Kolstad

CBWR1 Jun 14 11:00 am –12:00 pm
\$20 (Staff \$20) White Bear County Park, beach



Footloose

NO ONLINE REGISTRATION

Wheelchair spots are limited. Please indicate if you need a wheelchair when registering

You will enjoy this lively musical in which a city kid who loves to dance tries to “fit in” once he moves to a conservative Midwestern town that has outlawed rock & roll and dancing. Meet Kathy Ader in the Tartan High School Atrium between 2:30–2:45 pm to get your tickets. The performance starts promptly at 3 pm. *Kathy Ader*

CBNSE5 Apr 19 2:30–5:00 pm
\$10 (Staff \$10) Tartan High School, Atrium

Matilda

NO ONLINE REGISTRATION

Wheelchair spots are limited. Please indicate if you need a wheelchair when registering.

Enjoy this musical comedy in which the clever girl, with a vivid imagination, takes her destiny into her own hands when she takes a stand against the cruel headmistress at her school. Meet Kathy Ader in the Tartan High School Atrium between 2:30–2:45 pm to get your tickets. The performance starts promptly at 3 pm. *Kathy Ader*

CBNSE6 Jun 28 2:30–5:00 pm
\$10 (Staff \$10) Tartan High School

Mondays

Match Game

Who can fill in the blank and match the most panelists?
Will it be you? *Renee Turner*

CBRR1 Feb 24 6:00–8:00 pm
\$9 Fairview Community Center, Room 108

Beginning Still Life Drawing using Charcoal



Would you like to understand the basics of drawing so you can enjoy creating your own sketches? Using charcoal, you will practice drawing techniques such as form, shape, proportion and perspective.

Shelita Dietrich-Kelly

CBSA1 Mar 2 6:30–8:00 pm
\$12 Cottage Grove Middle School, A-105 Art

St. Patty's Day Kazoo and Rhythm Band

Start the St. Patty's Day fun and festivities a day early as you bring down the roof with your musical tribute to the leprechauns. Cymbals, tambourines, drums, kazoos, windpipes and more. *Karen Hillmann*

CBNM1 Mar 16 6:30–8:00 pm
\$8 Gladstone, Gym

Family Feud

Will you be able to guess what the survey says? Test your knowledge playing this popular game show. *Renee Turner*

CBRR3 Mar 30 6:00–8:00 pm
\$9 Fairview Community Center, Great Rm

Bingo and Pizza at Fairview

Bingo, pizza and a lot of laughs – everyone leaves a winner. You will receive 2 pieces of pizza, a drink and veggies.

Renee Turner

CBRR2A Mar 9 6:00–8:00 pm
\$12 Fairview Community Center, Great Rm
(\$5 Staff eating)

CBRR2B May 18 6:00–8:00 pm
\$12 Fairview Community Center, Rm 108
(\$5 Staff eating)

CBRR2C Jun 15 6:00–8:00 pm
\$12 Fairview Community Center, Great Rm
(\$5 Staff eating)

Bingo at Fairview

Have lots of fun and laughs as you win prizes playing

B-I-N-G-O. *Renee Turner*

CBRR4A Apr 20 6:00–8:00 pm
\$9 Fairview Community Center, Rm 114

Name that Tune

Be the first to guess the title of popular songs. Karen Hillmann will try her best to stump you as she plays the piano and gets you guessing! *Karen Hillmann*

CBNM2 May 11 6:30–8:00 pm
\$8 Gladstone, Gym

Garden Pot Painting

Paint a garden pot and add two spring plants and seeds.

Enjoy watching your garden grow all summer. *Renee Turner*

CBRA3 Jun 1 6:00–8:00 pm
\$12 Fairview Community Center, Rm 105

Open Gym, Movies and Crafts

Join your friends or make new friends and enjoy an evening of crafts, games and much more.
Laughs and fun guaranteed!

Monday Evenings, 6:00–7:30 pm

\$5 per night or purchase a punch card for \$40

The punch card contains 10 punches and may be used for individuals of the entire group home

Drop-in, pay at the door: No pre-registration necessary

**White Bear Lake Area Learning Center, Gym
2449 Orchard Lane, White Bear Lake, 55110**

Closed on the following dates: 1/20, 2/17, 5/25

Tuesdays

PJ's and Pizza

Wear your coziest pajamas and enjoy a pizza party, complete with games, pizza, and beverages. *Kathy Ader*
CBNR2 Feb 4 6:30–8:00 pm
\$9 (Staff \$3) Gladstone, Room 107B

All About Dogs

Do you love dogs? Do you like to try new things? Come and learn all about dogs in this fun class taught by an experienced educator and her therapy-trained education dog. Investigate the canine species through a variety of fun games, educational activities, and dog crafts. Build confidence and social skills, while exploring the canine species and practice dog safety skills. Plus, you'll get to spend time with Reggae, a large and lovable Australian Labradoodle! *Melissa Shambolt*

CBSR1 Feb 18 6:45–8:00 pm
\$9 Bailey Elementary, Rm 181

Word Search Challenge

Do you enjoy solving word searches? Challenge your friends as you race to see who can find the most hidden words before the buzzer sounds. Remember, words can be hidden backwards, forwards and diagonally. Receive a word search book to take home. *Kathy Ader*

CBNR3 Feb 11 6:30–8:00 pm
\$5 Gladstone, Room 107B

Square Dance

Join the Ar-Dale Dancers for a great evening of square dancing fun! After a brief performance, the Ar-Dale Dancers will teach you the simple dance steps that accompany the square dance calls. Soon you will "circle left, circle, right, do si do and promenade to the tunes of Swing Your Partner Medley, Buffalo Gals, She'll be Comin' Round the Mountain, Little Brown Jug and many more square dance favorites. *Cheryl Gysbers, Ar-Dale Dancers.*

CBNSE3 Mar 24 7:00–8:15 pm
\$5 Gladstone, Gym

Shake, Rattle and Roll

Travel from table to table playing the risk-taking, dice-rolling games of Farkle, Yahtze, Sequence, Dice, Tenzi, Stack Attack and Qwixx. Never played these games before? There is not time like the present to learn. *Kathy Ader*

CBNR4 Apr 7 6:30–8:00 pm
\$5 Gladstone, Room 107B

Agates and Rocks That Glow!

What is an agate? Is that one? How can I tell? Where can I look for them? Can I keep them? What makes a rock glow? Do all rocks glow or just special ones? Where can I find fluorescent rocks? See and touch these special rocks. Each participant will receive a small Lake Superior Agate and a special glow rock to keep. *Sandra K. Fuller*

CBSB1 Mar 31 6:30–7:45 pm
\$7 East Ridge High School, 1014 Blue Center

Button Flowers

Freshen up your room with this wonderful bouquet of spring flowers! Create fun and funky flowers out of buttons, beads and wire. Also a great gift idea! *Michelle Hubbard*

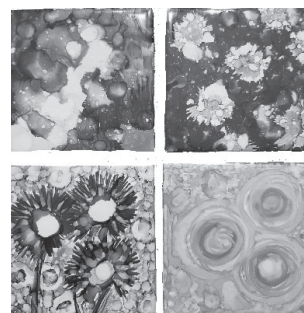
CBWA3 Apr 14
\$14 6:00–7:30 pm
WBL Area Learning Center, Rm 160



Alcohol Ink Art

Create amazing, artful tiles, using Sharpie markers and rubbing alcohol, that can be displayed or used as a coaster! *Michelle Hubbard*

CBWA4 May 12 6:00–7:30 pm
\$12 WBL Area Learning Center, Rm 160



Vintage Games and Root Beer Floats

Remember the games of your childhood – Pick-up-sticks, Aggravation, Trouble, Connect Four, Don't Break the Ice, Barrel of Monkeys, Jenga? Well they are as much fun to play as an adult as they were when you were a kid. Tonight each game will be set up at a different table—you rotate the room and play as many of your old favorites as you wish. There will be root beer floats to tickle your taste buds.

Kathy Ader
CBNR5 Apr 28 6:30–8:00 pm
\$8 Gladstone, Room 107B

Tuesdays Continued

POUND: Rockout. Workout

Find your inner rock star with this heart-pounding, cardio jam session! Using lightly-weighted drumsticks, the class is guided by upbeat music and literally thousands of stick strikes to the ground and overhead! Get ready to sweat, tone and more importantly rock out to POUND!

Sue Monson

CBSE1 Mar 24–Apr 14 (4 sessions) 6:15–7:00 pm
\$20 Woodbury Elementary, Cafeteria

Cabaret 2020

The Woodbury High School Choirs join together to present their annual Cabaret show filled with singing and dancing. This high energy show is choreographed, costumed, student produced and promises to have something for everyone. The performance runs 7:00–9:00 pm with a 15 minute intermission. Meet Judy Ptacek at a table just inside the entrance. The show begins promptly at 7:00 pm so please arrive by 6:45 pm to get seated. NOTE: If you use a wheelchair, please indicate. *Judy Ptacek*

CBSE1 May 19 7:00–9:00 pm
\$10 (Staff \$10) Woodbury High School, Auditorium



Stroll and Roll

After the long winter it feels great to get outside and walk on the tree-lined, paved paths in these local parks. Enjoy the fresh air, beautiful surroundings and get a little exercise as a bonus. Dress for the weather and wear good walking shoes. The paths are suitable for wheelchairs. You must be able to stay with the group or have staff with you. Light refreshments will be served after the walk. Meet Kathy Ader in the main parking lot at each park. *Kathy Ader*

Casey Lake Park - 3/4 mile loop
CBNE1A May 26 6:30–8:00 pm
\$4 Casey Lake Park, Parking Lot

Oakdale Nature Center - 1.4 mile loop
CBNE1B Jun 9 6:30–8:00 pm
\$4 Oakdale Nature Preserve, Parking Lot

Wednesdays

Friendship Dinner & Rockin' Woody's Variety Show

Come celebrate friendship a few days early with us! Enjoy dinner and then experience Rockin' Woody's unique blend of music, magic, juggling and more! A delicious chicken dinner will be catered by Hy-Vee. Please email us at GCarlson@sowashco.org if you have any dietary restrictions. *Note: This event is sponsored by our Adults with Disabilities program, we are inviting the general public (all ages) to join us too!

CBSE2 Feb 12 6:15–8:00 pm
\$20 (Staff \$20) District 833 Program Center, Sr. Dining

Llama Painting

No drama for this cool llama! Enjoy this easy step-by-step acrylic painting class to create a llama with an extra-large personality. Your unique painting of a fashionista llama will be sporting real red glasses. *Mariah Van Durren*

CBWA1 Feb 19 6:00–7:30 pm
\$15 WBL Area Learning Center, Rm 160



Cactus and Cupcakes

Paint a clay pot with stripes or polka dots and then add color to an assortment of rocks to look like cactus with the sharp "prickles". You'll never need to water it! Enjoy tasty cupcakes donated by Kowalski's Market. Dress for a mess! All supplies will be provided. *Jan Gunderson*

CBSA2 Feb 26 6:15–8:00 pm
\$18 Cottage Grove Middle School, Rm C-101



Wednesdays Continued

Canvas and Cookies

Enjoy a delicious cookie as you paint the summer scene of fireflies aglow! All supplies are included. Receive step-by-step instructions to create your masterpiece! Cookies have been donated by Kowalski's Market in Woodbury.

Jan Gunderson

CBSA3 Mar 11 6:15–8:15 pm
\$18 Cottage Grove Middle School, Rm, C-101



Try Your Hand at Wheel Thrown Pottery

What's it like to throw on the potter's wheel? Get your hands in the clay and learn basic throwing techniques to create simple, yet impressive, bowls and cylinders. Supply costs are included. Please wear old clothes. Due to the time needed for kiln firing, the instructors will finish your art by glazing and firing the pieces in the two weeks following class. Plan to pick up completed pottery between April 1–15 at the Community Ed Office in Cottage Grove (District Program Center, 8400 East Point Douglas Road S.) All pieces left after that will be given away.

CBSA4 Mar 18 6:15–8:00 pm
\$20 Park High School, Room 165



Bead Soup Wrap Bracelet

Create a one of a kind wrap bracelet made of a variety of colored beads. *Michelle Hubbard*

CBWA2 Mar 25 6:00–7:30 pm
\$12 WBL Area Learning Center, Rm 160



Spring Sweets

Help the Easter Bunny fill your basket with goodies! Make and take these fancy sweets including the famous Community Bridge Marshmallow Peeps! *Cheryl Gysbers*
CBNF2 Apr 8 6:30–8:00 pm
\$10 Gladstone, Room 107A & B

Readers Theater

No need to memorize lines, wear costumes or worry about stage fight! Reader's Theater is an activity in which you the "actor" read your lines aloud and use changes in your voice to express meaning or feelings. It is storytelling done by multiple people. If you can read, you've got the part! *Cheryl Gysbers*

CBNA1 May 13 6:30–8:00 pm
\$4 Gladstone, Room 108

Thursdays

Bonfire & S'mores at Afton State Park

Enjoy the park after hours as we build a campfire to make gourmet s'mores like Monkey Bait, Floodplain Forest and of course Old Homestead. Dress for outdoor temperatures and join us as we share stories around a cozy fire. Meet at Afton State Park's Visitor Center.

CBSR2 Feb 27 6:30–8:00 pm
\$7 Afton State Park, Visitor Center

Savory Winter Soups

These savory soups are sure to warm you on a chilly winter night. They are quick and easy to prepare. No need to open a can when you can prepare something hot, fresh and "souper" delicious. *Cheryl Gysbers*.

CBNF1 Feb 20 6:30–8:00 pm
\$12 Gladstone, Room 107A & B

Thursdays

T-Ball/Beginning Softball

Softball is the name of game no matter how one hits the ball! Join one of the three Community Bridge Consortium very basic softball/t-ball teams. Develop team spirit, learn the game, improve skills and engage in a bit of competition. Batters can hit from a batting 'T' or a coach-pitched ball. The season includes practices, scrimmages and concludes with a Saturday tournament, June 13. Three teams to choose from:

CBNTS1	North St. Paul-Maplewood-Oakdale Team, Coach Ron Sushak Robinhood Park (2039 Manton Street), Maplewood	\$55
CBWTS1	White Bear Lake Area Team, Coach Amy Lewellen-Contras Sunrise Fields, White Bear Lake	\$55
CBSTS1	South Washington County Team, Coaches Judy Ptacek and Alexi Hansen Hemingway Field #41, Cottage Grove	\$55

All Teams will meet for 5 sessions, **from 6:30–8:00 pm, Thursdays, May 14–June 11**
Tournament Saturday, June 13, 9:30 am–1:00 pm, Lakewood Hills Park in White Bear Lake

Scrimmage schedule and directions to the scrimmage locations will be handed out at the first practice.

Note: In case of poor weather or bad field conditions, the tournament will be held at North High School, 2416 E 11th Ave., North St. Paul 55109. You will be notified if the tournament is moved to this location.

Let's Go Bowling! Pizza Included!

Join in a memorable evening of bowling and pizza. Plan to bowl for 2 hours (2-3 games depending on time) and end by 8:00 pm. Four people will be assigned per lane. One pitcher of soda and one pizza per lane is included.

CBSR3A Feb 6 6:00–8:00 pm
\$16 Park Grove Bowl, St. Paul Park
(\$5 staff eating)

CBSR3B Mar 26 6:00–8:00 pm
\$16 Park Grove Bowl, St. Paul Park
(\$5 staff eating)

CBSR3C Apr 16 6:00–8:00 pm
\$16 Park Grove Bowl, St. Paul Park
(\$5 staff eating)

CBSR3D May 7 6:00–8:00 pm
\$16 Park Grove Bowl, St. Paul Park
(\$5 staff eating)

Behind the Scenes: Inside a Squad Car, 911 Dispatch and County Jail

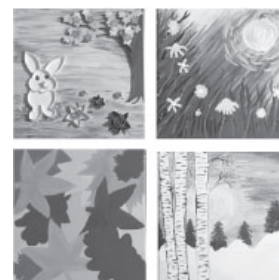
Have you ever wondered what it's like to sit in a real squad car or get a tour inside a jail? Now is your chance! Go behind the scenes at the Washington County Sheriff's Office where you'll see how emergency calls are handled, sit inside a sheriff's squad car and tour the jail where inmates are housed. *Judy Ptacek*

CBSSE3 Mar 12 6:30–8:00 pm
\$5 Washington County Sheriff's Office

Paint the Four Seasons

Over the course of four seasons, create a grouping of four paintings to represent the seasons of Spring, Summer, Fall and Winter on canvas. For our Spring painting we will use an acrylic and paper roll technique. Watch for our summer class information. *Renee Turner*

CBRA1 Apr 2 6:00–8:00 pm
\$12 Fairview Community Center, Rm 105



Garden Butterfly Art

Make garden butterflies out of recycled aluminum cans. Paint one large and two small butterflies. *Renee Turner*

CBRA2 May 7 6:00–8:00 pm
\$12 Fairview Community Center, Room 105



Fridays

Valentine's Dance

Whether Cupid's arrow has found you or you are just looking for a night out with friends, dress in red and head to Gladstone for this popular dance. *D. J. Tricia Wood*

CBNSE1 Feb 7 6:30–8:00 pm
\$10 Gladstone, Gym



St. Patrick's Day Dance

Whether you are Irish or not, come dance an Irish jig. In addition to Irish music, enjoy our D. J.'s full repertoire of music favorites. Wear as much green as you can - it's the color of the night. *D. J. Tricia Wood*

CBNSE2 Mar 13 6:30–8:00 pm
\$10 Gladstone, Gym

Bingo and Pizza at Cottage Grove

Join your friends and have fun playing B-I-N-G-O. Win cool prizes and eat a delicious pizza dinner. *Sandy Diegnau*

CBSR4A Feb 21 6:30–8:00 pm
\$12 (Staff \$5) District 833 Program Center, Senior Center
CBSR4B May 1 6:30–8:00 pm
\$12 (Staff \$5) District 833 Program Center, Senior Center

Friday Night Pizza Party

Join your friends for a fun night out! We'll provide pizza, music, games to play and a craft to make. If you have a favorite game or music CD you'd like to share, bring it along! *Judy Ptacek*

CBSR6A Mar 20 6:30–8:30 pm
\$9 (Staff \$5) Middleton Elementary, Cafeteria
CBSR6B Apr 24 6:30–8:30 pm
\$9 (Staff \$5) Middleton Elementary, Cafeteria
CBSR6C May 29 6:30–8:30 pm
\$9 (Staff \$5) Middleton Elementary, Cafeteria

Friday Night Dance

Have a fun evening dancing with your friends. Tricia Wood will be the D. J. and will play a variety of songs from all eras. Requests welcome! *Tricia Wood*

CBSR5A Apr 17 6:30–8:00 pm
\$10 Lake Middle School, Cafetorium
CBSR5B May 8 6:30–8:00 pm
\$10 Cottage Grove Middle School, Cafetorium

Old Fashioned Street Dance

Ditch the gym dance floor tonight and groove to your favorite tunes outside in the west parking lot at Gladstone. If the weather doesn't cooperate, the party moves indoors! *D. J. Tricia Wood*

CBNSE4 Jun 5 6:30–8:00 pm
\$10 Gladstone, West Parking Lot
(Frost Ave side of building - this event only)



Survey Says!

Historically, Community Bridge has planned summer activities that are held out and about in the community. During the last two summers a higher than normal number of activities were cancelled due to low enrollment. The Community Bridge Advisory Committee is asking that you participate in a short survey about summer programming. You can find the survey on the bottom of the of the registration form on page 11.

UCare Member Discount

- If your insurance is through UCare, you may be eligible for three discounts of up to \$15 per class per year. **Some UCare plans are eligible for unlimited discounts of up to \$15 per class.** Check you plan to see which benefit you are eligible fore.
- If a class is less than \$15, you may take the class free of charge.
- You must be a UCare member at the time of registration and throughout the duration of the class.
- **You need to include your UCare ID number when registering.**



Saturdays

Food with Friends

Let's go out to eat! Visit local restaurants with others for plenty of laughter, talking and great food. Choose what you want to eat off the menu, meals vary in cost from \$7-\$17. Bring money as you will be paying for your own meal, beverage, tax and tip at the restaurant. Please note that there is a registration deadline for each Food with Friends date. *Faith Hagestuen*

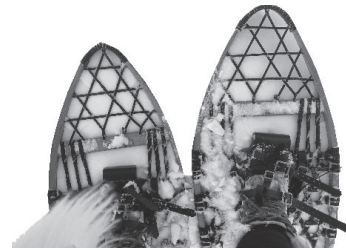
CBWR2A Feb 15 5:00-7:00 pm
\$5 Culvers
4485 Centerville Rd, Vadnais Heights
Register by Feb 7

CBWR2B Apr 4 5:00-7:00 pm
\$5 Perkins
1945 County Rd B W., Roseville
Register by March 27

Frolic and Play the Eskimo Way

Frolic and play in the March snow at Oakdale Nature Preserve. Snowshoeing on the tree-lined paths or blaze your own trail through the woods. Choose a partner or a team for a snowball fight and zoom down the sliding hill. The bonfire will be blazing plus hot dogs, chips and hot chocolate for all. *Kerri Kolstad*

CBNR1 Mar 7 1:00-3:00 pm
\$12 Oakdale Discovery Center
(\$2 staff eating)



Addresses for Locations

Afton State Park
6969 Peller Ave S., Hastings

Bailey Elementary School
4125 Woodlane Drive, Woodbury MN 55129

Casey Lake Park, Parking Lot
2101 17th Ave E, North St. Paul, 55109

Cottage Grove Middle School
9775 Indian Blvd S, Cottage Grove, 55016

District 833 Program Center - Senior Center
8400 East Point Douglas Rd. S., Cottage Grove, 55016

East Ridge High School
4200 Pioneer Drive, Woodbury, 55125

Fairview Community Center
1910 W. County Road B, Roseville, 55113

Feed My Starving Children,
990 Lone Oak Rd #136, Eagan, MN 55121

Gladstone Community Education Center
1945 Manton St, Maplewood, 55109

Hemingway Field, Cottage Grove
From Hwy 61 in Cottage Grove, take 80th Street exit and go east to E. Point Douglas Road S. and go south to Hillside Trail S. Go east 3 blocks to the fields.

John Glenn Middle School
1560 E County Rd. B, Maplewood 55109

Lake Middle School
3133 Pioneer Drive, Woodbury, 55125

Middleton Elementary
9105 Lake Road, Woodbury, 55125

Oakdale Nature Preserve, Oakdale Discovery Center
4444 Hadley Ave N, Oakdale, 55128

Park Grove Bowl
1020 Hastings Ave, St. Paul Park, 55071

Park High School
8040 80th St., Cottage Grove, 55016

Robinhood Park
Manton St. and Skillman, Maplewood 55109

Skyview Community School
1100 Heron Ave, N., Oakdale 55128

Sunrise Fields
2399 Cedar Avenue, White Bear Lake 55110

Washington County Sheriff's Office
15015 62nd St N., Stillwater, 55082

WBL Area Learning Center
2449 Orchard Ln, White Bear Lake, 55110

White Bear County Park
5050 Lake Ave, White Bear Lake

Woodbury Elementary School
1251 School Dr., Woodbury, MN 55125

Woodbury High School, Auditorium
2665 Woodlane Dr, Woodbury, 55125

Community Bridge Consortium Guidelines for Participation

Community Bridge Consortium classes and activities are customized for adults with cognitive disabilities. Reasonable accommodations will be provided to ensure an enriching experience for all participants. Your cooperation in following the guidelines listed below helps to make the classes and trips run smoothly and safely.

1. Preregistration is required for all classes, activities and trips, this includes dances.
2. You will be notified if classes, trips or activities are cancelled. Plan to attend unless you are notified of cancellation.
3. Participants must be accompanied to the classroom. The instructor/facilitator is in the classroom no earlier than 15 minutes before class starts. Be prompt in picking up participants following a class or trip.
4. A care provider must attend if medication needs to be administered during event.
5. Participants who require one to one personal attention for physical and/or behavioral issues must be accompanied and supervised in classes and on trips by a primary care giver.
6. If more than three people are registering from same the address, a care provider should attend the class or trip and supervise the participants.
7. If a behavioral incident occurs, a primary care giver may be required to accompany the participant to all future classes and trips.
8. Cancellations—see below
9. Refunds—see below
10. All Community Bridge activities are school sponsored, so there is no smoking or drinking.
11. Transportation to and from the class/activity is the responsibility of the participant or care provider.

Cancellations

- Cancellations must be made at least two days before the start of the class or by the registration date indicated.
- The cost of supplies or tickets that have been purchased or committed to are non-refundable regardless of cancellations date.

Refunds

- A check refund will be issued for classes/activities that cost \$10 or more or if multiple classes are refunded at once.
- A refund voucher will be issued for classes that cost less than \$10.00.
- Payments made by credit card—a refund will be made to the card
- Refunds or vouchers cannot be given after the start of a class or for missed/forgotten classes.

Safety Disclaimer

There is an inherent risk of accident and injury in any activity. It is the responsibility of the participant to be aware that there are assumed risks in participation. Community Bridge assumes no responsibility for injuries received during activities. Any changes in participants' activity level should be done under approval and directions of their physician and/or health care provider(s).

Closing Due to Weather

In case of bad weather, you will be notified if your class or activity is cancelled. You may also tune in to local media – broadcast, print and online for information on school closures, or check the district website at www.isd622.org for the most current updates. Classes are not held when schools are closed due to the weather.

Your Donations are Needed and Appreciated

Consider making a tax deductible donation to the Community Bridge Consortium to support the costs associated with running Community Bridge—brochure printing and postage, reduced fees, special events, and transportation.

Please make checks payable to and send to:
District 622 Community Bridge
1945 Manton St.
Maplewood, MN 55109

COMMUNITY BRIDGE REGISTRATION-PARTICIPANT FORM

Name _____ Home/Group Home Phone _____

Address _____ City _____ Zip _____

Group Home Name _____ Emergency Contact _____ Phone _____

Group Home Email _____

Class #	Class Name	Participant Fee
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____
_____	_____	\$ _____

UCare Number _____

Total Participant Fee \$ _____

_____ Uses a Wheelchair/Walker _____ Requires one-to-one assistance?

List any medical seizure, behavioral, diet or other condition the instructor needs to be aware of: _____

☐ Please check if you do not wish your picture to be used for publicity purposes or social media

Checks payable to Community Bridge. Mail: Community Bridge 1945 Manton St, Maplewood, MN 55109

or charge Visa / MasterCard _____ Exp _____ Total Charge \$ _____

Signature _____ Name on Card _____

# of Staff	
Attending	Total Staff Fee
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
_____	\$ _____
Total Staff Fee \$ _____	
Staff fee must accompany registration	

Community Bridge Summer Programming Survey

Please help us plan for summer by completing this survey on behalf of yourself or the people that you bring to Community Bridge activities.

Circle your answer

Do you typically participate in summer activities **offered by Community Bridge** during the summer? Yes No

Do you typically participate in summer activities **offered by other organizations** during the summer? Yes No

Do you usually attend a summer camp program? Yes No

Do you usually take a vacation during the summer? Yes No

If Community Bridge did not offer summer activities, would you have another source of social and recreational activities?
Yes No

Here are my suggestions for activities? _____

Please tell us what, if anything, can be done to improve your next experience with Community Bridge: _____

Thank you for taking part in this survey. *Community Bridge Advisory Council*

Independent School District 622
2520 E 12th Ave
North St Paul MN 55109



Community Bridge Consortium Office

1945 Manton St
Maplewood, MN 55109
Cheryl Gysbers, Coordinator
651-748-7232
Mary Kay Olson, Clerk
651-748-7232

Hours

Monday–Friday
8:00 am–3:30 pm

Mission

Community inclusion is the heart of our mission. It assures that all adults have the same opportunities to participate and benefit from Community Education.

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You are the Heart of Community Bridge!

Community Bridge Participants, Family, PCAs, Group Home Manager/Staff,
the Community Bridge Advisory Council Needs You!

This active group partners with Community Bridge Coordinators from the five school districts to consider how best to meet the needs and interests of Community Bridge participants. We meet three Monday afternoons per year from 3:00–4:30 pm. Please call 651-748-7252 for additional information.

Please Join us!



Take Advantage of all that Community Education has to Offer



Adults with disabilities are encouraged to participate in general classes and activities listed in consortium members' Community Education catalogs. Check the websites for each school district, listed on the front cover of this brochure.

The sponsoring district will make every effort to provide reasonable accommodations to make your experience successful.

Call the consortium office at 651-748-7232 for the Community Bridge Coordinator in your school district.