






January '20 Breakfast & Lunch Menu

Offered Daily: 1/2 pint Milk: FF (13), 1% (13), or Chocolate 1% (20), Strawberry FF (19) or Vanilla FF (19)

Iredell Statesville Schools: High School Menu

(~carb counts)

Menu subject to change due to weather, calendar changes, administrative directive, equipment malfunction, and/or product availability.

		<p style="text-align: center;">Holiday</p> 	<p style="text-align: center;">Teacher Workday</p> 	<p style="text-align: center;">Teacher Workday</p> 
<p style="text-align: center;"><i>Sausage Biscuit (27)</i></p> <p>Cheeseburger (26) Oven Fried Chicken, Roll (22) Sweet Potato Souffle (56) Green Beans (5) Applesauce Cup (24)</p> <p style="text-align: right;">6</p>	<p style="text-align: center;"><i>Warm Cinnamon Bar (40)</i></p> <p>Mac & Cheese, Roll (48) Pork BBQ Sandwich (26) Baked Beans (28) Dill Pickles (0) Chilled Peaches (17)</p> <p style="text-align: right;">7</p>	<p style="text-align: center;"><i>Breakfast Pizza (26)</i></p> <p>Spaghetti w/ Breadstick (56) Pizza Dipping Sticks (39) Fresh Garden Salad (3) Sweet Yellow Corn (16) Fruit Pearls (11)</p> <p style="text-align: right;">8</p>	<p style="text-align: center;"><i>Glazed Cinnamon Roll (43)</i></p> <p>Hot Dog w/Toppings (30) Mandarin Chicken, Rice (63) Deli Roasters (20) Broccoli w/ Cheese (7) Strawberry Pie (50)</p> <p style="text-align: right;">9</p>	<p style="text-align: center;"><i>Chicken Biscuit (36)</i></p> <p>Pepperoni Pizza (30) Chicken Fajitas (30) Tater Tots (16) Tomatoes & Ranch (4) Assorted Fruit Juice (15)</p> <p style="text-align: right;">10</p>
<p style="text-align: center;"><i>Mini Pancakes (36)</i></p> <p>Chic Fillet Sandwich (37) Turkey & Cheese Sandwich (28) Sweet Green Peas (13) Dill Pickles (0) Mandarin Oranges (29)</p> <p style="text-align: right;">13</p>	<p style="text-align: center;"><i>Yogurt w/ Grahams (33)</i></p> <p>Hamburger (25) Pork Chop Sandwich (43) Mashed Potatoes (15) Homestyle Greens (6) Assorted Fruit Juice (15)</p> <p style="text-align: right;">14</p>	<p style="text-align: center;"><i>Breakfast on a Stick (48)</i></p> <p>Popcorn Chicken with Roll (25) Loaded Baked Potato, Rolls (64) Black-eyed Peas (24) Creamy Broccoli Soup, Crackers (44) Fruit Cocktail (14)</p> <p style="text-align: right;">15</p>	<p style="text-align: center;"><i>Biscuit & Gravy (39)</i></p> <p>Beefy Nachos (36) Chicken Alfredo, Breadstick (46) Green Beans (5) Sweet Waffle Fries (26) Fruity Jell-O (30)</p> <p style="text-align: right;">16</p>	<p style="text-align: center;"><i>Snowballs (34)</i></p> <p>Cheese Pizza (30) Fish Sandwich (41) Steamed Cabbage (3) Carrots & Ranch (11) Strawberry Cup (22)</p> <p style="text-align: right;">17</p>
<p style="text-align: center;">Holiday</p>  <p style="text-align: right;">20</p>	<p style="text-align: center;"><i>Super Honey Bun (34)</i></p> <p>Corndog (30) Mozzarella Sticks w/ Marinara (40) Refried Beans w/ Chips (28) Potato Smiles (20) Warm Peach Cobbler (51)</p> <p style="text-align: right;">21</p>	<p style="text-align: center;"><i>Breakfast Pizza (26)</i></p> <p>Chicken BBQ Sandwich (34) Grilled Cheese Sandwich (36) Tomato Soup, Crackers (34) Sweet Yellow Corn (16) Raisins (29)</p> <p style="text-align: right;">22</p>	<p style="text-align: center;"><i>Glazed Cinnamon Roll (43)</i></p> <p>Lasagna w/ Breadstick (40) Chicken Tenders, Roll (25) Seasoned Potato Wedges (21) Fresh Garden Salad (3) Baked Cinnamon Apples (30)</p> <p style="text-align: right;">23</p>	<p style="text-align: center;"><i>Dunking Stix (48)</i></p> <p>Pizza Pocket (30) Beef Ravioli, Breadstick (45) Pinto Beans (20) Tomatoes & Ranch (4) Assorted Fruit Juice (15)</p> <p style="text-align: right;">24</p>
<p style="text-align: center;"><i>French Toast Sticks (38)</i></p> <p>Spicy Chic Fillet (40) Beefy Soft Taco (31) Lettuce and Tomatoes (3) Sweet Potato Crinkles (17) Sliced Strawberries (21)</p> <p style="text-align: right;">27</p>	<p style="text-align: center;"><i>Blueberry Muffin (26)</i></p> <p>Chicken Nuggets, Roll (25) Beef Riblet Sandwich (37) Cheesy Potato Soup, Crackers (54) Green Beans (5) Fruity Jell-O (30)</p> <p style="text-align: right;">28</p>	<p style="text-align: center;"><i>Donut (30)</i></p> <p>Mini Corndogs (30) Chicken Pie & Roll (30) Mashed Potatoes (15) Homestyle Greens (6) Warm Apple Cobbler (44)</p> <p style="text-align: right;">29</p>	<p style="text-align: center;"><i>Dutch Waffle (43)</i></p> <p>Breakfast for Lunch (73) Super Mascot Burger (33) Sweet Yellow Corn (16) Dill Pickles (0) Assorted Fruit Juice (15)</p> <p style="text-align: right;">30</p>	<p style="text-align: center;"><i>Crumb Cake (48)</i></p> <p>French Bread Pizza (30) Fish Nuggets w/Roll (35) Refried Beans w/ Chips (28) Carrots & Ranch (11) Fresh Fruit</p> <p style="text-align: right;">31</p>

Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections