



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

### RIDGEWOOD YMCA PROGRAM WAIVER

I understand that Ridgewood YMCA (YMCA Camp Bernie) activities have inherent risks and I hereby assume all risks and hazards incident to my participation in all Ridgewood YMCA activities. I further waive, release, absolve, indemnify and agree to hold harmless the Ridgewood YMCA, the organizers, volunteers, supervisors, officers, directors, participants, coaches, referees, as well as, persons or parents transporting participants to and from activities from any claims or injury sustained during my use of the Ridgewood YMCA property.

---

Name of parent/guardian  
(Please Print)

---

Name of child  
(Please Print)

---

**Signature** of parent/guardian

---

Date

---

E-Mail

---

Phone Number

---

Address

---

City, State, Zip