Newsletter

Knowledge January 2020



SAY IT:

Learning something new so you can be better at whatever you do

KNOW IT:

ASK A KID:

- Every day you are learning new things at school or at home or at play. Think of something specific that you have recently learned. How did learning this help you in other areas of your life?
- What is something that you would like to learn about or learn to do?

ASK A GROWN UP:

- What is something that you learned when you were young that has been really helpful to you as an adult?
- Are you eager to learn new things as an adult?
- Discuss any hardships that you have experienced in learning new things as a child or as an adult and how you were able to stay positive and conquer them.

SEE IT:

Working professionals in most fields participate in something called continuing education or professional development. These activities are designed to teach professionals more about topics that are relevant in their field and possibly refine areas they have already learned about. It is important that people continue to learn so they can be the best they can be at whatever they do. For instance, doctors and nurses are required to earn hours of continuing education in a certain amount of time to ensure they learn new things that will help them be the best they can be in the medical field.

BE IT:

Think about things that you are interested in or involved in. Seek out opportunities to learn something new this month that will help you in these areas. For example, if you are involved in chorus but are interested in also learning to play an instrument, talk with your music teacher at school about how you could learn this new skill.





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PHASE Knowledge January 2020



In the elementary years, a child develops skills that equip their future.

Here are three questions that all elementary-aged children are asking:

1. Do I Have Your Attention?

In Kindergarten and first grade, a child craves adult attention and approval.

2. Do I Have What It Takes?

In second and third grade, a kid wants to know how their abilities compare with peers.

3. Do I Have Friends?

In fourth and fifth grade, a kid begins to prioritize friends in a new way.

Relationships create a safe place to resolve who we are. Relationships bring clarity. When kids see themselves the way a loving adult sees them, it changes how they see themselves

