



# The Palos Print



Winter Edition

School News

December, 2019

## Recess Fun

By: Addison W.

Hello Palos East!

The weather is starting to change. The leaves are turning different colors and starting to fall off the trees. The cold wind in the morning is forcing most of us to make the switch from shorts to pants. Our days are getting shorter. Fall is here and winter is coming. What does this mean???

### Enjoy outdoor recess while you can!!!

I've noticed a fan favorite out on the playground is four square. I totally understand why! It's fun to play and easy to set up! While there does not seem to be a truly official set of four square rules, here are the rules we use at Palos East.

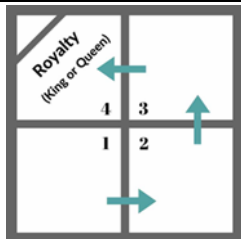
#### GAME RULES:

- Everyone must Hit UNDERHAND
- Ball must bounce ONCE and only ONCE in your square before you strike it (including on the serve).
- If someone makes a mistake you rotate up and that person goes to the back of the line (outside the #1 square).
- First person in line is the referee. If there is an argument, both players are out.
- Liners are out.
- You can move anywhere outside the square or in your section of the square
- If it bounces in your square you MUST strike it
- Server must make sure everyone's ready before serving.
- No Carrying, Stalling or Holding – you must Strike or Hit the ball.

#### Just to Clarify: You are out if...

- The ball in your square bounces 2 times or you hit it before it bounces.
- You hit the ball out of bounds.
- You hit the ball on a line.
- You hit the ball overhand.
- You hit a ball that was another player's ball (it bounced in their square and you hit it before it bounced a 2nd time).
- A ball bounces in your square and you are unable to get to it before it bounces a second time.

recess!



## Recess Fun Continued

By: Addison W.

Here is a diagram of a four square court:

Many people come up with different rule variations, but we follow our Palos East playground rules.

### Other things to do on the playground!

Here are some other playground friendly game ideas that you can try!

- A fun activity to do at recess is the monkey bars!!! The monkey bars have been popular since the 1920s
- For 4th-5th graders if you like a challenge you could also run laps around the black top. Just to clarify, 2 laps around the black top is 1 dot. At the end of the green dot sheet you earn a little plastic shoe from Mrs. Malak.
- Play tag on the black top with a few friends
- You could also play sharks and minnows (but with walking)
- Have you ever tried to do a pull up? Go to the pull up bar and try!
- You could also try to hang as long as you can if there is no one else in line
- If none of these interest you, ask your teacher if you can bring a book out and read
- If all else fails sit on the buddy bench and a friend will come along

## Student Council 2019

By: Rachel B. and Patrick H.

Do you ever wonder what student council does? Well, we found out by asking Mrs. Cooper, she is the head of Student Council.

Q: What events will student council be doing this year?

A: We will be doing food drives, penny wars, spirit weeks, and clothing drives.

Q: What are you going to do to raise money for no foam Friday?

A: Student council is having dollar days.

Q: Why did student council not have the big election this year?

A: We did not do it because everyone is getting a shared responsibility. The kids are able to try all the positions. When they all get to middle school, they will know what position they want.

Q: Why do you work with student council?

A: I like working with the kids and helping Palos East. It's a lot of fun to work with this group of students.

Q: What do you talk about at meetings?

A: We talk about fund raisers and school activities, such as penny wars and no foam Fridays. Student council also holds a food drive for the local food pantry.



### STUDENT COUNCIL



Be on the lookout for new events from your student council because there is a lot coming!

## Rebecca Caudill Book Challenge

By: Katie C.



Have you ever heard of the Rebecca Caudill Award? The greatest books ever! Rebecca Caudill said, "The first essential in any book is that it have something significant to say, a book that leaves the reader with bigger ideas than when he began reading, that stimulates his thinking, stretches his mind and deepens his feeling's. A good book sticks to your ribs."

Students in grades 4-8 can vote for their favorite Caudill book. Twenty books are nominated and students have to read three of the books in order to vote.

Books that are popular are *Restart*, *Insignificant Events in the Life of a Cactus* and *All's Faire in Middle School*. Another recommendation is a spooky book called *Seraphina and the Black Cloak*.

If you read 20 Caudill books you can earn coupons to the book fair, an invitation to the end of the year reading party and you can earn medals. Books on the Bluestem list are also accepted. Remember to talk about your book with Mrs. Curran. The contest ends on February 25th so make sure to report your books to Mrs. Curran.

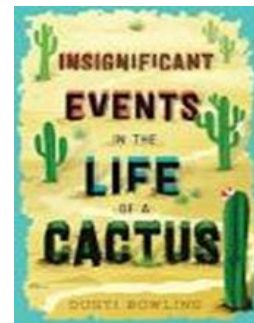
## Blue Stem Book Challenge

By: Maeve C.

This challenge is for 3rd, 4th and 5th grade students. Some blue stem books might be hard to read for 3rd graders, and some might be too easy for 4th and 5th grade students, so you have to know your reading level. The Blue Stem is the second book challenge of three challenges.

One of the books in the challenge is my favorite (in my opinion!!!) and it's a Caudill too, so it is for 4th grade. The name of the book is *Insignificant Events in the Life of a Cactus* and the main character is Aven, a 13 year old girl that has no arms. Ok no more spoilers!

A book for 3rd grade is *The Last Kids on Earth #1*. I have Netflix (I'm not bragging!!!) so I was able to watch it on my TV and it was good. I recommend it for 3rd grade. It is a graphic novel.



Mrs. Curran says, "I like that there are books for everybody. But my favorite is *Macy McMillian and the Rainbow Goddess*." I think all of the books are good for 4th grade. The most suspenseful book in this challenge is *The Last Kids on Earth*."

So that's why I think you should get a blue stem book from the library! Hopefully you'll find the right book!





## Monarch Awards

By: Sofia A.

“Have you ever heard of a Monarch?” “You mean the butterfly?” “No! I mean the award!” “Huh?”

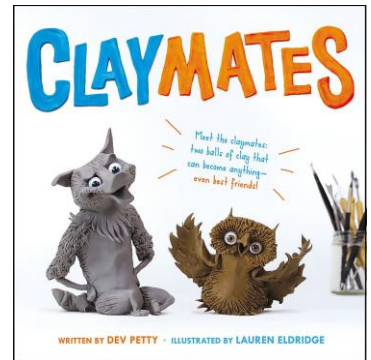
“The Monarch Award created in 2005 by the Illinois School Library Media Association, also known as-ISLMA?” “Yes, correct.”

The award is given annually, to a single author and illustrator by a collective vote of kindergarten to 3rd grade students in Illinois. ...cool.

Books are nominated by public librarians, school library media specialist, teachers and students. A volunteer reading committee then forms a master list of about 20 of the nominated titles which include a small range of interests and reading levels as well as one of each of these types of children's books; picture books, easy readers, and chapter books. Children then vote on their favorites every February. “Awesome!

“So THAT’S what a Monarch is?” “Yep.”

Some of the other books that won are *Gaston*, *This Book Just Ate My Dog*, *Mother Bruce*, *After the Fall* and *Claymates*.



## JUMANJI, THE NEXT LEVEL

By: Matthews T.

*Jumanji the Next Level* is here! From a simple board game to a whole different world, this game showed millions of people how fun this adventure could be! The *Jumanji* movies were inspired by the board game including, *Jumanji 1*, *Jumanji 2*, and *Jumanji, the Next Level*.

The movie *Jumanji, the Next Level* came out on December 13, 2019. It is a fantasy, adventure and comedy.

In *Jumanji, the Next Level* these four brave adventurers explore many jungles, deserts, mountains and even dangerous animals to save the world of *Jumanji*.

I hope you will enjoy this movie and be taken away by the wonderful world of *Jumanji*.





## New Fifth Grade Tablets

By: Imah K.

This year the fifth grade students at Palos East received new Dell Latitude tablets to use in their classroom. The students are not allowed to take their tablets home, but they are kept safe in a cart in their classrooms. The cart also charges the devices.

The fifth graders use their tablets for tests, assignments, and research. As the school year goes on, they will use their tablets a little more often. They also use their tablets during math time, for learning activities.

This year the fifth-grade students are using new tabs in ClassLinks like, Stem Scopes and Khan Academy. They keep working on different projects as the year progresses. The fifth-grade students are excited to have the opportunity to have these tablets to use in school.



## Daylight Savings Time

By: Lia D.

Do you know why we have Daylight savings time? The idea of Daylight Savings Time also called "Summer Time" in many places is to advance the clock by one hour so that there is more sunlight in the evening and less in the morning. In the winter the clocks are turned back 1 hour so there is more sunlight in the morning.

In the United States there are two days a year when we change the clock. One is in the spring and the other in the fall. In the spring you move the clock one hour forward on the second Sunday in March. In the fall, you move the clock one hour back on the first Sunday in November. Two a.m. is the official time to change your clocks. Most people just change their clocks the night before or the next morning.

Many computerized clocks will automatically make the changes for you. This is also a good time to change the batteries in your smoke detector.

In the United States, everyone observes Daylight Savings Time except for Arizona, Hawaii, Puerto Rico, U.S. Virgin Islands, and American Samoa.

The easiest way to remember Daylight Savings Time is to "spring ahead and fall back."



## Holiday Recipes

By: Isabelle K.

Many people take time at the end of the year for celebrating different traditions. People have done this for a long time. Different cultures have different traditions and celebrations. The Palos East Print Staff has shared a few of their favorite holiday recipes.

### Chocolate Chip Pumpkin Bread

By: Isabelle K.

#### Ingredients:

- 3 cups of all-purpose flour
- 2 teaspoons ground cinnamon
- 1 teaspoon salt
- 1 teaspoon baking soda
- 4 large eggs, room temperature
- 2 cups sugar in the raw
- 2 cups canned pumpkin
- 1 ½ cups canola oil
- 1 ½ cups semisweet chocolate chips



1. In a large bowl, combine flour, baking soda, cinnamon, and salt. In another bowl, beat eggs, sugar, pumpkin, and oil. Stir dry ingredients until moist. Fold in chocolate chips.
2. Pour into 2 greased 8x4 in. loaf pans. Bake at 350 degrees for 60-70 minutes or until toothpick placed in center comes out clean. Let cool for 10 minutes before removing from pans onto a wire rack.

### Rich Man Cookies

By: Molly H.

- 1 stick melted margarine
- 1 cup graham cracker crumbs
- 1 package (heaping cup) coconut
- 6 oz. Package butterscotch chips
- 6 oz. Package chocolate chips
- 1 cup walnuts chopped fine
- 1 small can Eagle Brand milk



Mix margarine with graham cracker crumbs and press into the bottom of a 9x13 baking pan. Layer the chocolate and butterscotch chips, walnuts and coconut over the graham cracker crumbs. Pour the Eagle Brand milk over the layered ingredients. Bake of 30 minutes in a 350° oven. Let cool for 10 minutes, loosen the sides and cut into squares or finger length cookies.

### Chocolate Mint Cake

By: Addison W.

- ❖ 1 package devil's food cake mix
- ❖ 1 package instant chocolate pudding
- ❖ ¾ cups of water
- ❖ ½ cup of oil
- ❖ 3-4 eggs
- ❖ 1 cup sour cream
- ❖ 6 oz. Frango mint candy or Fannie Mae mint melt aways.



Mix all ingredients together, then pour into greased 9x13 cake pan. Bake at 350° for 30- 35 minutes You can eat it plain or top it with your favorite frosting. Enjoy

# Palos Print

The Palos Print Staff is a group of 4th and 5th grade students who meet on Thursday mornings to generate ideas and write about what we think is important to the students at Palos East School.

Palos Print Staff

Under the direction of:

Mrs. Hennessy & Mrs. Cayer

We hope you enjoyed reading the winter edition of:

The Palos Print Newspaper

## Have a great winter break!

