

Meet our Team...



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Albany Area Schools Community Members,

As another year draws to a close, it is natural to take some time to look back upon the past twelve months. Whether you were faced with unforeseen challenges or your year was filled with exciting successes, reflecting on that time can help you determine where you want the next year to take you.

If you are gladly bidding 2019 farewell and are looking for something new, or if you want to continue to build off the great year you just finished, we have several opportunities to help you along in your journey. A few new programs this winter include Women with Power Tools--Pallet Projects (adults), HIKE & Sweat (adults), NASP Archery (Grades 6-12) and Battle of the Books (Grades 3-5). Remember, the coming year is full of promise and opportunity. Let us help make 2020 your best year yet!

Cassie Novak Community Education Director Albany Area Schools



Women with Power Tools--Pallet Projects!

Amy Schneider
Welcome to Women with
Power Tools! This session we
will work on making pallet
projects, turning a simple pallet
into a cute, decorative winter/
holiday design that you can
choose! You will get
demonstrations of various
power tools such as a

nail gun, reciprocating saw, drill, and more, which are all tools you can easily purchase and have on hand at home to make your own DIY projects. If you're looking to gain a bit more confidence and come home with an awesome project, this class is for you! There is a \$5 supply fee that is due to the instructor the first

night of class.

Woodshop Room 252 Wed Jan 29, Feb 5

Albany HS, Door I

\$27 2 sessions 7:00-9:00 pm







Basics of Photography: Light, Composition and Camera Handling

Jim Umhoefer

Want to get better photos out of that expensive camera and lens that you bought? Though your eye is the most important tool in photography, you can learn how to work with your camera to let your creative eye shine through. Jim Umhoefer has had thousands of his photos published and is excited about

sharing his passion with you! Participants will learn the basics of getting the most out of their digital SLR cameras. No fancy camera? This class will be beneficial to photographers of all abilities and gear. We will cover the basics of lighting, basics of composition and how to use the creative settings on your camera. Participants should bring their camera to class!

Albany HS, Door I \$49 ITV Room 2 sessions Tues April 21, 28 7:00-8:30 pm

Interested in Becoming a Certified Nursing Assistant (CNA)? Enroll in our FREE CNA course today! This course is offered through a partnership with Mother of Mercy and Albany Adult Basic Education. Contact Sue at 320-845-2195 ext. 207 for more information!

Adult Basic Education

GED: Math, Reading, Language Arts-Writing, Social Studies and Science

Basic Skills Enhancement:

Goal-specific instruction such as work/employment related math, reading, computer or writing assistance.

FREE INDIVIDUALIZED INSTRUCTION!
CALL 320-845-5060 for more information.



Heartsaver® AED/CPR

Renae Illies

Heartsaver AED teaches adult, child, and infant CPR and AED use as well as how to relieve choking. This course is designed for anyone who does not work in a healthcare setting but has a desire to be able to respond in an emergency situation. You will receive a two year certification for CPR/AED. Offered through the American Heart Association. A certificate of completion will be given at the end of the class. If you need the completion card, an additional \$15 will be due to the instructor on the night of the class.

Albany HS, Door I \$41 Learning Commons Conference Rm I session Mon Jan 27 6:30-10:00 pm

Heartsaver® First Aid

Renae Illies

This program teaches participants critical skills and knowledge needed to respond to and manage an emergency in the first few minutes until emergency medical services (EMS) arrives. Content includes how to help a victim with bleeding, sprains, broken bones, shock and other first aid emergencies. Offered through the American Heart Association. A certificate of completion will be given at the end of the class. If you need the completion card, an additional \$15 will be due to the instructor on the night of the class.

Albany HS, Door I \$41 District Office Conference Room I session Mon Feb 3 6:30-10:00 pm

Heartsaver® Pediatric CPR/AED & First Aid

Renae Illies

These courses are designed especially for parents and/or those involved in childcare. This course also meets Minnesota State requirements for daycare providers. Topics include first aid basics for medical emergencies, injuries, environmental emergencies, CPR for children and infants as well as use of an automated external defibrillator (AED). Offered through the American Heart Association. A certificate of completion will be given at the end of the class. If you need the completion card, an additional \$15 will be due to the instructor on the night of the class.

Heartsaver® Pediatric CPR
Albany HS, Door I \$41
Learning Commons Conference Rm I session
Mon Mar 30 6:30-10:00 pm

Heartsaver® Pediatric First Aid
Albany HS, Door I \$41
District Office Conference Room I session
Mon April 6 6:30-10:00 pm

Basic Life Support for Healthcare Providers

Renae Illies

Basic Life Support for Healthcare Providers is a CPR certification class for people in any healthcare field or those going into a healthcare field. This class covers recognition of cardiac arrest, use of a pocket mask and bag valve mask, and doing CPR with one or two rescuers for adults, children and infants. This class also covers the use of an AED and how to relieve choking.

Albany HS, Door I \$41
District Office Conference Room I session
Mon May 4 6:30-10:00 pm

Mature Driver Training Program: Defensive Driving

Minnesota Safety Council

Improve your driving skills, and if you're 55 or older, get a discount on your personal auto insurance. The Defensive Driving Course, developed by the National Safety Council, teaches basic crash prevention techniques and has a proven record of reducing traffic violations and incidents. Pre-registration is required.



Eight Hour Initial Course

Albany HS, Door I \$26
District Office Conference Room I session
Mon, Tue Jan 27, 28 5:30-9:30 pm

Four-Hour Refresher Course

Pondview Estates \$22
Dining Room I session
Tue May 5 1:00-5:00 pm

Four-Hour Refresher Course

Pondview Estates \$22
Dining Room I session
Tue Jan 21 1:00-5:00 pm

Four-Hour Refresher Course

Albany HS, Door I \$22
District Office Conference Room I session
Thu March 5 5:30-9:30 pm



Advanced Estate Planning

Dean Demarais

This is a more in-depth look at complex estate planning issues and how to handle them. Our Advanced Case Specialist will advise clients on implementing sophisticated gift tax planning strategies, modifying trusts, income tax issues related to trusts and structuring charitable gifts.

Albany HS, Door I \$9
District Office Conference Room I session
Tue Mar 17 6:00-7:00 pm



Self-Defense & Personal Safety

Adam Patterson, 6th Degree Black Belt In this class you will learn about personal safety and self-defense. You will also learn about situational awareness and how to avoid potential dangers. We will discuss levels of threat and ways to defuse a potentially violent encounter. You will learn ways to defend yourself though attacking weak points on the body, and ways to escape holds and grabs. This class is a mix of lecture and hands-on training. Please wear comfortable clothing and something you do not mind if it is grabbed onto. This class is for individuals ages 12 and up. Families are encouraged to attend together, but be aware that adult topics and discussions will be presented.

Albany HS, Door I \$26 Wrestling Room I session Wed Feb 26 6:00-8:00 pm



Quan Li K'an Karate Advanced

Class, Ages 13-Adult

Adam Patterson, 6th Degree Black Belt & David Torbert, 4th Degree Black Belt

This advanced class will focus on the meaning of Karate and the application of the forms as they apply to real world self-defense. This program will be taught in a smaller group with the instructors helping students perform the self-defense techniques properly. The advanced class is required for any student wishing to become a first-degree black belt. Uniforms are encouraged but are not needed to attend class. New students who register before the third class will receive a free uniform. Testing: TBA.

Albany Elem, Door 5 \$96 Gymnasium 16 sessions Mon Jan 13-May 18 7:30-8:45 pm (No Class 4/13; 3/30-5/18: Class will be held in the Albany High School Wrestling Room)

Bootcamp & Circuit Training

Amy Van Beck

Looking for a workout that will work your entire body? Bootcamp class will give you a full body workout using a variety of different moves. Each class is different - hitting every major muscle group with each workout. We will use a mix of cardio, high intensity interval training and core work. We use our own body weight with some exercises (i.e. push-ups) and use weights for others. All ages and levels of fitness are welcome. Each move will have modifications for wherever you are at in your fitness journey. Fee is \$60 per full session or \$36 per half session (half session is up to 4 classes/month). Bring an exercise mat, water bottle and 3-5 lb. hand weights.

Albany HS, Door I \$36/\$60 BECC Court I Half Session/Full Session Tue and/or Thu Jan 2-30 5:30-6:15 am Feb 4-27 5:30-6:15 am Mar 3-31 5:30-6:15 am Apr 2-30 5:30-6:15 am

HIKE & Sweat

HIKEhoppers

From trail runs to station-embedded strength hikes, HIKE & Sweat seeks to build strong bodies by utilizing our natural setting for a great workout! Warner Park is located at 1485 County Road 143 Clearwater.

Snowshoe 5K \$15
Warner Park I session
Sat Jan 4 I:00-2:30 pm
(Bring your own snowshoes)

Trail Run with CrossFit Stations \$15
Warner Park I session
Sat April 4 1:00-2:30 pm





Blattner Energy Community Center

2019-20 Season Information

Court Hours (Now-May 3, 2020):

Monday-Friday: 6:30-9:00 pm

Saturday & Sunday: 10:00 am-5:00 pm Off Season Court Hours: TBD

Walking Track Hours (Now-May 3, 2020):

Monday-Friday: 8:00 am-9:00 pm Saturday & Sunday: 10:00 am-5:00 pm

Off Season Walking Track Hours (May 4, 2020-November 1, 2020):

Monday-Friday 8:00 am-4:00 pm

*Please Note: The BECC will occasionally be closed to members due to tournaments, community events, holiday breaks, and inclement weather. Dates known in advance will be posted at the BECC and on Facebook. Closures due to inclement weather will be communicated via email and social media.

2019-2020 BECC Fees

Walking Track (Individual):

Daily: \$1 Monthly: \$5 Yearly: \$30

Senior Citizen (65+) Yearly: Free

Courts & Walking Track (Individual and Family): Individual Daily: \$2 Family Daily: \$5 Individual Monthly: \$15 Family Monthly: \$30 Family Yearly: \$120 Individual Yearly: \$60

Senior Citizen (65+) Yearly: \$30

*Yearly passes include 12 months walking track use and 6 months extended court use

Open Swim (Individual):

Members: \$1 Non-Members: \$3

Sundays - 2:00-4:00 pm

Jan 5, 12,19, Feb 2, 9, 23, Mar 1, 8, 15, 22, 29, Apr 5, 19, 26

Check-in and pay at the BECC desk.

Wednesday Nights in the BECC

Community Basketball: Pick-Up Games for

Adults

•Pickleball: Rotate In -Multiple Games

SAVE THE DATE!



Hosted By: Albany & Avon Chambers of Commerce and Albany Area Community Education



SATURDAY, MARCH 21 10:00 AM - 2:00 PM ALBANY AREA SECONDARY SCHOOL BECC

LEARN - PLAY - CONNECT - ENJOY

Call (320)845-7777 or visit albanymnchamber.org for more information.



Friday, April 17 • 6:30-8:00 pm Fisher's Club, Avon

Girls in Kindergarten-6th Grade get dolled up for a magical night with Dad, Grandpa or other special person! Join us for a night of fun, dancing and light refreshments.

\$30/Couple • Additional Daughter \$15 Friday, April 17 • 6:30-8:00 pm • Fisher's Club, Avon



Computer Science Club, Grade 6

Patty Peschel & CSB/SJU Students

Do you enjoy a good puzzle? Are you creative and love to tackle problems in many different ways? Do you want to learn what Computer Science is all about and become a better problem solver along the way? In CS Club, you will learn about coding and so much more. You will get to solve puzzles, learn how computers store information and communicate and practice working in a team. You will even get to program a real robot! Students will learn to code in Swift, the very same language that professionals write to run everything on your Mac, iPhone or iPad. To start, we will learn coding fundamentals by helping to guide characters through 3D puzzles. By the end of the 7-week program, we will be using our coding skills to help robots solve problems in the real world. Creativity is key, and no two solutions are ever quite the same!

Albany HS, Door I Learning Commons Mon Mar 9-Apr 27 (No Class 4/13) \$39 7 sessions 3:15-4:15 pm



Friday, May 1 Albany Bowling Center

Boys in Kindergarten-6th Grade get ready for this out of this world night with mom, grandma or other special person! This night includes cosmic bowling, shoe rental, pizza, pop and more!

Albany Bowling Center • \$30/Couple • Additional Son \$15 Three time slots to choose from: 4:30-6:30 pm — 5:15-7:15 pm — 6:00-8:00 pm



ACT Prep & Test Taking StrategiesGrade 10-12

Jeanne Bruns, Scott Daninger, Steve Stromme
This course will cover the four parts of the
ACT Test (English, Math, Reading and Science
Reasoning). Students will receive tips and a
practice test in order to learn the most
important concepts on each test. Each session
is taught by an Albany Area High School
instructor or past instructor from his or her
area of expertise.

Albany HS, Door I \$59 Room 214 I session Sun Mar I I:00-5:00 pm

Albany Chess Club, Grades 4-8

Patty Peschel

Chess turns problem-solving and learning into a game! Studies conducted over the last 30 years show students' IQs increase and test scores improve after less than a year of systematic chess study. In this class you will learn strategy and improve your technique. A staff member will walk the students from Albany Elementary to the Middle School classroom on the first day.

Albany HS, Door I \$33

Room 327 4 sessions

Mon Jan 27-Feb 24 3:05-4:15 pm

(No Class 2/17)



F.A.S.T. Kids - Staying Safe While Home Alone, Ages 7-10

Emergency Outfitters

First Aid and Safety Trained Kids is a 6-hour course for 7-10 year olds. Lessons cover basic first aid, water safety, vehicle safety, home emergencies, injury prevention, personal safety and healthy living. This course helps prepare children for staying at home alone. Receive a book, handouts and a home first aid kit as part of this class. Bring a snack for morning along with a bag lunch.

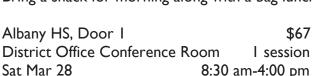




Babysitting 101, Grades 5-8

Emergency Outfitters

This course follows the American Academy of Pediatrics Babysitter Lessons And Safety Training (BLAST). Students learn current practices for safety and injury prevention, first aid basics, feeding and caring for infants, how to handle behavior problems, and how to manage their babysitting business. Students receive a reference book, game handouts, babysitting bag and first aid kit. Bring a snack for morning along with a bag lunch.







Battle of the Books, Grades 3-5

Nicole Snoberger

Do you love to read? Do you love a little healthy competition? If so, this class is for you! In this exciting new class, students will be placed on teams to work together to read all the books on a book list consisting of 12 different titles. The first meeting will be used to determine teams as well as share guidelines and strategies. From there, students will read independently during the months of January, February and March and will be responsible for summarizing the main details of each story they read and reporting to the team at the next meetings. April classes will focus on team meetings and practice test questions to prepare teams for the final battle. The final class on May 4th will be the official Battle of the Books. Teams will compete against each other Family Feud style until a final winning team is determined. Parents will be invited to watch the final battle.

Albany Elem, Door 5 \$34

Room 151 6 sessions

Mon Jan 27, Mar 30, Apr 6, Apr 20, Apr 27, May 4 3:00-4:00 pm



Seeing the World through STEAM, Grades K-6

Albany Women In STEM Committee

Investigations, experiments and design! Students will participate in hands-on activities related to science, technology, engineering, art and math. This course provides the opportunity for girls and boys in grades K-6 to engage in collaboration and problem solving in a safe environment that encourages creativity and exploration. Age appropriate hands-on activities will be used to teach concepts in math, science, technology, art and engineering. Student drop off and pick up will be in the Secondary Cafeteria Area. There will be snacks provided, so please indicate any food allergies upon registration. Deadline to register is Feb 10.

Albany HS, Door I \$29 Cafeteria 2 sessions Mon Feb 24, Mar 2 5:30-7:00 pm



Brick Builders - Rapid Racers

Grades 1-5

Youth Enrichment League

Build a Formula I racer, land yacht, and more race cars using LEGO® bricks. Use these LEGO® brick models to explore STEM concepts. The {YEL!} Teach It!...Practice It!... Play It! method engages students to create and innovate. Sign up today! LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

Albany Elem, Door 5	\$52
Art Room	4 sessions
Mon Jan 13, 27, Feb 3, 24	3:15- 4 :15 pm
(No Class 1/20, 2/10, 2/17)	•

Avon Elem, Door 4	\$52
Art Room	4 sessions
Mon Mar 2-23	3:15- 4 :15 pm

Brick Builders - Towers and Bridges, Grades 1-5

Youth Enrichment League

Build a watchtower, bridge, and crane using LEGO® bricks. Use these LEGO® brick models to explore STEM concepts. The {YEL!} Teach It!...Practice It!...Play It! method engages students to create and innovate. Sign up today! LEGO® is a trademark of the LEGO Group of companies which does not sponsor, authorize or endorse this site or program.

Albany Elem, Door 5	\$52
Art Room	4 sessions
Mon Mar 30- April 27	3:15-4:15 pm
(No Class 4/13)	•

Avon Elem, Door 4	\$39
Art Room	3 sessions
Mon May 4-18	3:15-4:15 pm

Unicorn Figurine, Grades K-12

PotSpot

Paint the magic onto this 6" Unicorn. We bring the paint and supplies... you bring the creativity! PotSpot will take the items and fire them in our kiln. We will return them to school approximately two weeks later.

Avon Elem, Door 5	\$19
Art Room	I session
Mon Feb 3	3:15- 4 :30 pm

Albany Elem, Door 4	\$19
Art Room	I session
Thu Jan 30	3:15-4:30 pm



Sammy Sea Turtle, Grades K-12

PotSpot

Save the Sea Turtles! Paint this cute Sea Turtle figurine which measures 5 1/2" × 5 1/2 " × 2 1/2". We bring the paint and supplies... you bring the creativity! PotSpot will take the items and fire them in our kiln. We will return them to school approximately two weeks later.

Avon Elem, Door 5	\$19
Art Room	I session
Mon April 6	3:15-4:30 pm

Albany Elem, Door 4	\$19
Art Room	I session
Thu April 9	3:15-4:30 pm





Youth Dodgeball, Grades 3-6

Anna Panek

Come enjoy a variety of dodgeball games! Instruction and matches will take place that include Trench, Ultimate, Team Elimination and more! Dodgeball is a fast paced, action packed and enjoyable game for all players involved. Excellent character building as well as great sportsmanship is expected among all of our participants. Foam "gator-skin" balls will be used for all instruction and matches.

Albany HS, Door I \$19 BECC, Court 3 4 sessions Tue Mar 17-April 7 7:00-8:00 pm

Weather Closings

If school is cancelled, Community Education classes will also be cancelled for the day. See Albany Area Schools Facebook page for more information on inclement weather days.

Wild Life Hike

HIKEhoppers

Join experienced naturalist and nature nerd, Devon Bowker, on a series of themed hiking adventures focused on forging connections with, and learning about, the natural world around you. On these hikes, you'll discover the social network of trees, nocturnal life, what wild lives are doing as the seasons change, and how you can become a master birder---even in the dead of winter! Of course, any other questions or curiosities you have along the way are fair game, too! Fee includes one child and caregiver. Events are held at Quarry Park (1802 Co Rd 137, Waite Park).

Sat Jan II "Signs of Life" \$15 I:00-2:30 pm Sat Apr II "Earth Day" \$15 I:00-2:30 pm



Huskie Archery Team, Grades 6-12 DEADLINE TO REGISTER: JANUARY 4!

Albany Area Community Education is proud to offer the National Archery in the Schools Program. Our trained instructors will focus on teaching proper skills and safety for the sport of archery. All necessary equipment for participation is provided and only NASP approved equipment is permitted to be used in practice or at tournaments (personal archery equipment is not allowed). Practices will be held on Sunday evenings and tournaments will be held on Saturdays (see dates below). Registration fee includes regional tournament registration, however, the athlete's family will be responsible for athlete transportation and their supervision

while not actively competing. The State Tournament fee is an additional \$25. Max number of participants: 25.

Albany HS, Door I \$110

BECC

Sun Jan 5-Mar 29 5:00 pm-6:30 pm

(1/26 - 6:00-7:30 pm)

Regional Tournaments:

Feb 8 - Melrose March 14 - Brandon-Evansville

Feb 22 - Sauk Centre March 21 - Osakis

March 7 - Alexandria





Youth Bowling Program at ABC

Grades K-12 Steve Bates

Our youth bowling program is a great way to have fun and stay fit. Bowling promotes the learning of math skills by calculating scores, figuring averages and learning mathematical systems to adjust to lane conditions and spare shooting. In addition, organized bowling programs provide life skills such as time management and understanding winning and losing. There are no barriers to participation and no one sits on the bench in bowling. Enjoy three games of fun each session and free use of bowling shoes. New bowlers will receive a free bowling ball, existing bowlers will receive a free bowling bag, shoes or a \$40 gift certificate for participating. Students will bowl right after school on Early Release Days and at 3:30 pm on Non-School Days.

Albany Bowling Center \$144 12 sessions Fri Jan 10-Mar 27 3:30-5:30 pm

Fundamentals of Weight Lifting

Boys & Girls Grades 7-8

This course is designed to teach seventh and eighth grade boys and girls how to perform the lifts and exercises associated with the Huskie H.I.T.S. program. A dynamic warm-up will also be covered during the course. This course is highly recommended for all athletes (males and females) who want to participate in before and after school weight training and the summer Huskie H.I.T.S. program. Three sections of the same course is being offered.

Albany HS, Door I \$15 Weight Room 6 sessions 7:00-8:00 am

January: Tue, Thu Jan 14-30

February: Tue, Thu Feb 4-25 (No Class 2/13)

March: Tue, Thu Mar 3-19 April: Tue, Thu April 7-23 May: Tue, Thu May 5-21



Register Early

Don't let a class get cancelled by waiting until the last moment to register!

Avon Slammers JO Volleyball Registration/Information Night

High School Cafeteria - Sunday, January 5 - 6:00-7:30pm

During registration night, there will be a meeting for newcomers and anyone interested at 6:30 pm. Evaluations will be held on a different day (see below).

Online Registration - December 21-January 18:
Go online to https://sites.google.com/view/avonslammersnew to register.

Evaluations: High School Gym - Sunday, January 19

-Grades 5-8: 3:00-5:00 pm -Grades 9-11: 5:30-7:30 pm

If you need a new uniform, samples will be on hand at the registration/information meeting. All 9th grade players will need to get new uniforms this year.





Saturday Youth Basketball, Boys & Girls, Grades K-5

Join the fun as we play basketball on Saturday mornings! Saturday, January 18 all students will attend 9:00 am to 11:00 am for a Huskie Basketball Clinic hosted by our Varsity Basketball Coaches and team members. On scheduled days between Feb 1-March 14 students will be combined into different teams. Practice will be one hour in length. The first half of the practice, players will warm up and work on basketball skills. During the last portion, the players will have an informal scrimmage. Emphasis will be on team work, learning basketball fundamentals and having fun. Scores will not be kept during the scrimmages. Jerseys are the same as they have been in the past (no need to order a new one if you have one that fits your child). Fee is \$51 with new jersey order or \$36 without new jersey order. Parent coaches are integral to the success of this program and will receive one FREE registration. Coaches are also asked to attend the Huskie Basketball Clinic on Jan 18 to learn age-appropriate skills and drills to focus on throughout the season. Based on parent feedback, an effort will be made to divide the teams into boy teams and girl teams if possible. **Deadline to register is Friday, January 10!**

Please indicate on the registration form	n if you are	Saturdays, Feb 1, 2	22, 29 Mar 7, 14
interested in being a volunteer coach!		Grade K	8:00-9:00 am
Albany HS, Door 1	\$36-\$51	Grade I	9:10-10:10 am
BECC	6 sessions	Grade 2	10:20-11:20 am
ALL GRADES: Saturday, January 18		Grade 3-5	11:30 am-12:30 pm
Huskie Basketball Clinic 9:00)-11:00 am		'

Quan Li K'an Karate Youth Class, Ages 8-12

Adam Patterson, 6th Degree Black Belt & David Torbert 4th Degree Black Belt

The beginner class will focus on the fundamentals of Karate which include kicking, punching and forms. The program is taught using a series of group exercises and interactive games. Students will learn basic Karate moves and personal self defense in a fun and fast paced environment with an emphasis on discipline and self confidence. Uniforms are encouraged

but are not needed to attend class. Uniforms are required for testing if the student wants to advance to the next rank. New students who register before the third class receive a free uniform.

Albany Elem, Door 5 \$96 Gymnasium 16 sessions Mon Jan 13-May 18 6:00-7:15 pm

(No Class 4/13; 3/30-5/18: Class will be held in the Albany High School Wrestling Room)

Quan Li K'an Karate Advanced Class, Ages 13-Adult Adam Patterson, 6th Degree Black Belt & David Torbert, 4th Degree Black Belt See description on page 6.

Albany Elem, Door 5 \$96 Gymnasium 16 sessions Mon Jan 13-May 18 7:30-8:45 pm

(No Class 4/13; 3/30-5/18: Class will be held in the Albany High School Wrestling Room)



Albany Huskie Girls Swim Camp

Grades 4-6

Karla Schneider and Dana Crumley

Are you interested in learning to be a competitive swimmer? Then this is the activity for you! This nineday camp will give you an introduction to all four competitive strokes (freestyle, backstroke,

breaststroke and butterfly), teach you corresponding



turns for each and show the proper technique for racing starts off the blocks. Head swim coach Karla Schneider, assistant swim coach Dana Crumley, and several Albany Varsity swimmers will help you learn what it takes to be a competitive swimmer. It is recommended that you have passed level 4 swimming lessons and be a strong swimmer that's ready to step up to the next level. The camp will be informative, challenging and a LOT of fun! The final day will include a "Swim Meet" for parents and friends to watch and cheer you on! Register by March 17 to guarantee a camp t-shirt.

Albany HS, Door I \$49 Pool 9 sessions Mon-Fri & Mon-Thu Mar 23-Apr 2 6:30-8:00 pm



Albany Huskie Dive Camp, Boys and Girls Grades 2-8

Samantha Sells

Dive in for lots of fun! Join Coach Samantha to learn beginning dives and proper diving technique. This class will serve as a foundation for participation in diving teams in the future. Students must have completed level 3 swimming lessons to participate.

D) VING

Albany HS, Door I \$48
Pool 6 sessions
Tue, Thu Apr 7-23 6:00-8:00 pm

Elementary Volleyball Camp, Grades 4-6

Brian Hines

Coach Hines and his coaching staff will introduce players to basic volleyball skills including

serving over and underhand, passing, setting and attacking as well as practicing gameplay situations. This camp will prepare players for 5th/6th grade JO volleyball and those currently in the JO program. T-shirts are included but not

guaranteed if you register after February 12.

Avon Elem, Door 4 \$20 Gym 4 sessions Mon-Thu Feb 24-27 3:30-5:30pm

Albany Elem, Door 5 \$20 Gym 4 sessions Mon-Thu Mar 2-5 3:30-5:30 pm





Powder Ridge Ski Club, Grades 6-12 Huskie Pups Ski Club is for students in grades 6-12 and meets on 3 consecutive Fridays from 4:15-9:00 pm (1:30-9:00 pm on Jan 17 Early Release Day) at Powder Ridge Ski Resort. All participants must ride the bus. A minimum of 20 participants must register in order to hold the ski club. Fee includes transportation, lift ticket and rental fee. (Helmet rental and lessons are an additional fee.)

Albany HS, Door I \$150 Powder Ridge Ski Resort 3 sessions Fri Jan 17 I:30-9:30 pm Fri Jan 24, 31 4:15-9:30 pm



March and April swimming lessons will be advertised via Facebook and on our Eleyo registration system when they become available. Thank you!



Powder Ridge Ski/Snowboard Trip - Early Release Day, Grades 6-12

Grab your friends and enjoy Minnesota's beautiful winter weather at Powder Ridge in Kimball! Lessons and equipment rental will be provided and are included, along with a lift ticket, in your fee. Students may purchase grill and snack items at Powder Ridge. If adults are interested in chaperoning the trip, the fee will be waived (must call to register)! This trip will max at 53 students and 2 adult chaperones. All participants must ride the bus. Registration deadline is Wednesday, March 4 at Noon. Note: This trip has a special rate due to Powder Ridge special event pricing. Discounts are not available if you choose to bring your own equipment. If providing your own equipment, it must have metal bottoms and retaining straps.

Albany HS, Door I \$39-\$44
Powder Ridge I session
Fri Mar 6 I:30-9:00 pm

Lift Ticket, Lesson & Ski Rental: \$39 Lift Ticket, Lesson & Snowboard Rental: \$44 Bus Only (Season Ticket Holder): \$13



Water Safety Instructor, Age 16 +

Curt Hoffman, Splash School
Want to spend time in the water and need a job that pays more than minimum wage?
Become a Water Safety Instructor & teach swimming lessons with Albany Area
Community Ed! Participants must be 16 years old, be able to swim the major swim strokes (front crawl, back crawl, breaststroke, side stroke and

for 25 yards and butterfly stroke at the Red Cross Level 4 for 15 yards. **Students who teach at least three sessions of swim lessons with Albany Area Community Education will receive a 50% rebate of their class fee!**

elementary backstroke) at the Red Cross Level 4

 Albany HS, Door I
 \$225

 Pool
 3 sessions

 Fri Feb 28
 4:00-8:00 pm

 Sat Feb 29, Sun Mar I
 8:00am-6:00pm



2019-20 Early Childhood Family Education

What is Early Childhood Family Education (ECFE)? Early Childhood Family Education (ECFE) is a program for children, ages birth to Kindergarten, and their families. ECFE offers quality classes to strengthen parenting skills and to discover activities to help your child learn and grow. Watch your child thrive and make new friends! Playing and learning together strengthens the parent/child bond. Come to class and gain knowledge of child growth and development, temperament and discipline techniques. Each class includes parent/child time, learning activities for children and parent discussion. Classes are led by Minnesota State Licensed Parent and Early Childhood Educators. Fees for the program are based on the annual gross income of your household. We appreciate your honesty as our program relies on the fees we receive from participants. Financial assistance is available and no one will be denied participation due to inability to pay. Please call 845-5060 for more information on scholarships. To avoid disappointment, register early!

Toddler Classes

Busy, busy, busy! Toddlers and 2's will discover art and sensory play, movement activities, songs and fingerplays in this non-separating class. Come and explore our classroom and meet new friends. Informal parent discussion and observations will be included.

I & 2 Year Old 8-Week Class

Avon Elem, Door 4 -- 5:30-7:00 pm Room E-I Tuesdays, January 7-March 10 (No Class 2/11, 2/25)

2's and 3's Classes

Playful, energetic and on the move! You can see the wheels turning as they make new discoveries. Join us for lots of "hands on" learning as we focus on social skills, language and music, as well as beginning concepts. Parents will separate for discussion covering topics geared for this age.

2 & 3 Year Old 8-Week Class

Albany Elem, Door 5 -- 6:00-7:30 pm Room E-2 & E-3

Session 1: Wednesdays, Jan 8-Feb 26 *WAITING LIST ONLY!

Session 2: Wednesdays, Mar II-May 6 (No Class 4/15)

Mixed Ages Classes

Children learn so much when they explore the world together! This is especially true in our mixed age classes that encourage and challenge language development, social interaction, physical and cognitive development across ages. Parents will separate for discussions, which are parent-driven, covering a wide variety of topics.

0-4 Year Old 8-Week Class

Avon Elem, Door 4 -- 6:00-7:30 pm Room El & Staff Lounge Tuesdays, March 17-May 12 (No Class 3/24)

0-5 Year Old 10-Week Class — WAITING LIST ONLY!

Albany Elem, Door I-- 9:00-11:00 am Room E-3 & E-2/E-3 Office Session 3: Thursdays, March 5-May 14 (No Class 4/16)

ECFE Sliding F	ee Scale 2	019-20
Annual gross family income	8 week class	10 week class
\$0-\$45,000	\$42	\$70
\$45,001-60,000	\$48	\$80
\$60,001-75,000	\$54	\$90
\$75,000 +	\$60	\$100

2020-21 Kindergarten Registration

Avon Kindergarten Registration
Monday, January 27
6:30 pm
Avon Elementary Lobby & Media Center

Albany Kindergarten Registration
Monday, January 27
6:30 pm
Albany Elementary Lobby & Cafeteria

Children that will be 5 years old by September I, 2020 are eligible to attend kindergarten, starting in the fall of 2020. Parents of students that are eligible should receive a letter in mid-January with information about our registration. If you do not receive a letter, please contact your school office:

Avon Elementary - Brenda Levinski - 320-845-5300 Albany Elementary - Debbie Moritz - 320-845-5200

If you are not sure which school your child should attend, please call either elementary office and we will help you with your location.

2020-21 Preschool Registration

Thursday, March 5 4:30-5:30 pm

Online & Avon Elementary Media Center

A flyer with 2020-21 Preschool I and 2 information will be mailed to all district homes in mid-February. March 5 is Preschool Registration for the entire district.

Families will fill out a questionnaire regarding preschool preferences and will be notified with their child's preschool placement by the end of March. Questions? Call 320-845-5060.

*Note: Online registration will open at 4:30 pm on March 5 and remain open until classes fill.





Kids Company School Age Child Care -- Grades K-5 Avon and Albany Elementary Schools

At a Glance...

- Programming is available before school (6:45-8:00 am), after school (3:00-5:45 pm), and on non-school and early dismissal days, as well as in the summer.
- Flexible enrollment options available including:
 - -Consistent schedule: To be used for children who will be coming the same days of the week every week.
 - -Pick Your Days schedule: To be used for children who will be coming on different days of the week every week.
 - -Drop In: To be used for children who will be coming on an occasional basis.

For more information call 320-845-5078 or go to www.district745.org/KidsCo.

Preschool Camp & Wrap-Around Care -- Preschool 2 Avon and Albany Elementary - Available for Eligible Sections of Preschool Only At a Glance...

- <u>Preschool Camp</u> is available after AM Preschool for 4-Day Half-Day Preschool 2, and on the 5th day for 4-Day All-Day Preschool 2. The camp model promotes continuity between the preschool day, assists in minimizing the stress of transitions for our preschoolers, and includes collaboration with classroom teachers.
- Wrap-Around Care is available before preschool/camp (6:45-8:00 am) and after preschool/camp (3:00-5:45 pm) for all Preschool 2 students.
- If you register your child for Preschool Camp and Wrap-Around Care during the regular school year, your child is also eligible to attend programming on non-school days during the 2019-20 school year and Summer 2020.

For more information call 320-845-5078 or go to www.district745.org/KidsCo.

Early Childhood Screening—Required for All Preschool Age Children

- ♦ Is your child between 3 years 7 months and 4 years old?
- ◆ Is your child 4 years old and has not yet had an Early Childhood screening yet?

If so, it is your time to schedule your student's Early Childhood Screening Clinic. The screening will take place at Avon Elementary School and will take approximately one hour. The screening will include:

*Hearing and Vision Screening *Developmental Screening *Summary Interview

This screening is offered at no cost to you and is required by the State of Minnesota to attend Kindergarten.

To schedule an appointment, visit <u>www.district745.ce.eleyo.com</u> > Early Childhood Screening or call 320-845-5369. If you do not see a screening available, please contact 320-845-5369 before your child turns 4 years old.

Cross Country Ski Trail at Albany Golf Course!

Enjoy the winter weather and get active with Cross Country Skiing at the Albany Golf Course! No permits required—just grab your skis and enjoy the trail. The trail is marked and will be groomed after adequate snow fall. Questions? Call Albany City Hall at 320-845-4244.





Is Your Child on the Census?

It is very important for your baby, toddler or preschooler to be registered on the SCHOOL CENSUS (regardless of whether your child will attend public, private or home school).

If you have moved to or within the Albany Area School District boundaries, changed your phone number, or have a new baby, you will need to update your census information.

Call 320-845-5060 or email aschmidt@district745.org to update your information.

FOSTER GRANDPARENT PROGRAM

Would you like to be a caring, supportive adult in the lives of children by assisting them in their classrooms? Become a Foster Grandparent!

- Must be 55, no age is too old!
- Now is a perfect time to apply!
- We provide preservice training.
- Flexible options!
- No classroom experience is necessary.
- No diploma is required.
- You're not too busy!

Flexible schedules!

Participate in the rewards!

Contact Pat at 320-293-0682

pscherf@ccstcloud.org

*These are paying volunteer positions!

Benefits are offered by the CNCS, Senior Corps, and Catholic Charities Central MN.

How to Register

• Online:

www.district745.ce.eleyo.com



• By Phone:

Registration can be taken over the phone using a Visa, Discover or MasterCard. Call 845-5060 to register by phone.

• By Mail:

Simply fill out the registration form, attach a check or money order, and mail to:

Community Education PO Box 40 Albany, MN 56307

• In Person:

Registrations can be dropped off at Albany Secondary School District Office. Office hours are Monday through Friday 8:00 am-4:00 pm.

• Make Checks Payable To:

Albany Area Community Education

Where Are Our Schools?

Albany Area Middle & High School

30 Forest Ave, Albany

Albany Elementary School

10 Forest Ave, Albany

Avon Elementary School

410 Avon Ave N, Avon

Registration Policies

Register Early

Classes fill up quickly. Please register by the deadline indicated after each activity so we can make enrollment decisions. If there is not a deadline listed, please register at least one week in advance. We will accept registrations as long as room is available.

Are You Registered?

Presume the course will be held at the time and place indicated and that you are enrolled unless you hear differently from the Community Education Office.

Special Needs

If you have a disability and assistance is needed in participating in any Community Education activity, or if you have questions about accessibility, call us at 320-845-5060.

Inclement Weather

No classes or recreational activities will be held when school has been cancelled or closed early due to bad weather. Listen to KASM or call 845-5060 for notification of cancellation.

Refund Policy

We will issue a full credit voucher or refund only if you notify the Community Education Office with cancellations at least 48 hours prior to the beginning of class. Prorated refunds will be issued for classes or activities that have multiple meeting dates. Request for refund must be made and will be handled on an individual basis.

Cancellation Policy

We reserve the right to cancel classes if enrollment is below the minimum needed. Registrants will be notified of cancellation before the class begins and a full refund will be given.

Satisfaction Guaranteed

If you are not satisfied with any Community Education activity in which you participated, please call us at 845-5060. We will make it right!

Scholarships Available!

Scholarships are available for students (Grades PreK-12) that qualify for free and reduced lunch. Simply fill out the application and receive reduced tuition on Community Education classes. Applications are kept confidential.

Anti-Bullying Policy

Albany Community Education is subject to the Albany Area School's antibullying policy. All school-aged participants in activities and classes must abide by this policy at all times while participating. Violations of this policy may result in a participant's removal from the activity and/or other consequences as described in the policy.

Hold Harmless Policy

In order to participate in any activity, I agree to hold Albany Area Schools and Albany Area Community Education, its employees, agents and contractors harmless and I give up any right I may have to make claims or lawsuits against them. I acknowledge that this is not an essential service provided by Albany Area Schools and Albany Area Community Education. I understand and acknowledge that the activities I am about to voluntarily engage in as a participant have certain risks. I understand that these risks known or unknown, anticipated or unanticipated may result in injury, death, illness, disease or damage to myself or my property or to other persons or their property. I voluntarily agree and promise to accept and assume all responsibilities and injuries, death, illness, disease or damage to myself or my property arising from my participation. I am voluntarily participating in activities with knowledge of the dangers and risks involved and no one is forcing me to participate.

lame	Grade	DOB	School
Address		Home P	hone
			Adult: S M L XL XX
Credit Card Number		Expiration	Authorization Code
Course Date	Course	Title	Fee
Albany Area Commi	unity Education Reg		
Albany Area Commi O Box 40, Albany, MN 563 Name	unity Education Reg 07 Phone: 320-845-5060 Grade	gistration DOB	School
Albany Area Commi O Box 40, Albany, MN 563 Name	unity Education Reg 07 Phone: 320-845-5060 Grade	gistration DOB Home P	School
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Albany Area Commi O Box 40, Albany, MN 563 Name	Unity Education Reg 07 Phone: 320-845-5060 Grade E-mail	gistration DOB Home P L Expiration	Schoolhone
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Albany Area Commo O Box 40, Albany, MN 563 Name	Unity Education Reg 07 Phone: 320-845-5060 Grade E-mail	gistration DOB Home P L Expiration	School hone Adult: S M L XL XXI
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2019-20 BEAT Series



The Dairy Daughters

Saturday, March 28 • 7:00 pm Adults \$17 • Students/Seniors \$12

Farm-raised old souls with country roots, The Dairy Daughters blend a sound of sisterly harmony, acoustic strings and warm fiddle. The music is broken down, feel-good, back-porchy songs that are relatable and ring true to their morals and who they are, using simple truth and endearing lyrics. The Dairy Daughters sound is inspired by the vocal bluegrass tones of Patty Loveless and classic melodies of George Strait. It's easy listening, grass-fed organic country gold! Featuring Albany Alumna Megan Gertken.



The Britins: Beatles Tribute Band

Saturday, May 9 • 7:00 pm Adults \$17 • Students/Seniors \$12

On February 9, 1964, America was introduced to a phenomenon that would ultimately change rock and roll forever. That group was called The Beatles. Milwaukee's very own, The Britins, recreate the era that influenced so many top groups and artists today. Join The Britins as they play hits from the Fab Four, from Love Me Do to Let It Be. Follow along on a Magical Mystery Tour of sights and sounds through that remarkable era of the 1960's, recreated with authentic Beatles gear and costumes.



Buy your tickets at www.district745.org/BEAT or by calling 320-845-5060.

Community Education Albany Area Schools PO Box 40 Albany MN 56307

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