

COMMUNITY RESOURCES

2018

COMMUNITY SERVICES

THE ARC NEW LONDON COUNTY

125 Sachem Street
Norwich, CT 06360
Phone: (860) 889-4435 Fax: (860) 889-4662
www.thearcnlc.org

Family advocacy, employment services, life skills training, recreation, residential services, respite program.

BOYS & GIRLS CLUB OF SOUTHEASTERN CONNECTICUT

Administrative Office

59 Federal Street
New London, CT 06320
Phone: (860) 574-9040
www.bgsect.org

Core areas of programming include: Education and career development, sports, fitness, and recreation, character & leadership, health & life skills, and the Arts.

BOYS TO MEN NEW ENGLAND MENTORING NETWORK

Jeremy Richman, Exec. Director: Jeremyrichman@comcast.com
www.boystomennewengland.nationbuilder.com
www.boystomen.org

Community based mentoring project for adolescent males aged 12-17.

CATHOLIC CHARITIES

331 E. Main Street
Norwich, CT 06360
Phone: (860) 889-8346
www.ccfns.org

Emergency basic needs, behavioral health services, adolescent substance abuse treatment, adoption services, pregnancy help, mortgage counseling, refuge, migration, and immigration services, Office of Family Life, parenting education.

CENTER FOR HOSPICE CARE SOUTHEAST CONNECTICUT

227 Dunham Street
Norwich, CT 06360
Phone: (860) 848-5699
Toll Free: 1-877-654-4035
www.hospicesect.org

Provide clinical care and counseling services to terminally ill patients and their families, regardless of age, financial status, or the particular illness involved.

CENTRO DE LA COMUNIDAD, INC.

109 Blinman Street
New London, CT 06320
Phone: (860) 442-4463
www.centro-sect.org

The agency offers translation services, job assistance, GED, computer, English and Spanish enrichment courses, and social services to ensure access to food, housing, and health care.

COMMUNITY HEALTH RESOURCES

55 Main Street, Suite 410

Norwich, CT 06360

Phone: (860) 885-6054 Fax: (860) 885-6062

www.chrhealth.org

Comprehensive, non-profit behavioral healthcare provider of services for children, families, and adults dealing with mental illness, addiction, or trauma.

COMMUNITY SPEAKS OUT, INC.

214B Thames Street

Groton, CT 06340

Phones: (860) 823-8771 or (860) 908-3305

www.communityspeaksout.org

Support for families facing addiction and substance abuse, by helping them navigate through the process of getting addicted family members into treatment through financial and logistical assistance.

CONNECTICUT ADDICTION MEDICINE, LLC.

101 Water Street, Suite 301

Norwich, CT 06360

Phone: (860) 222-9559

www.ctaddictionmedicine.com

Provides high-quality care for persons seeking to recover from the substance abuse/addictive disorders.

DISABILITIES NETWORK OF EASTERN CT, INC.

19 Ohio Ave

Norwich, CT 06360

Phone: (860) 823-1898 Fax: (860) 886-2316

www.dnec.org

Provide advocacy, peer mentoring, independent living skills training, ramp & stair lift help, and employment, deaf, and vision impaired services for individuals with disabilities and their families.

FAVOR, INC.

185 Silas Deane Highway

Wethersfield, CT 06109

Phone: (860) 563-3232

www.favor-ct.org

FAVOR offers a single place for families with children who have medical, mental, emotional, and behavioral health challenges to find information, assistance and training.

LEARN

44 Hatchetts Hill Rd

Old Lyme, CT 06371

Early Care & Education: (860) 434-4800 x125 Birth to Three: (860) 434-4800 x138 Fax: (860) 434-4837

www.learn.k12.ct.us

Learn's Young Children and Families initiates, supports, and provides services for families and young children. The Early Care and Education Department provides early childhood services. The Birth to Three program provides services to families of infants and toddlers with developmental delays or disabilities in compliance with the Individuals with Disabilities Act.

MADONNA PLACE

240 Main Street
Norwich, CT 06360
Phone: (860) 886-6600 Fax: (860) 892-5411
www.madonnaplace.org
Parenting/Family Support Center

NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI)

576 Farmington Avenue
Hartford, CT 06105
Phone: (860) 882-0236 Toll Free: 1-800-215-3021 Fax: (860) 882-0240
www.namict.org

Provides support, education, and advocacy to people living with mental illness, their family members, friends, professionals, and the public at large.

NORWICH HUMAN SERVICES

100 Broadway Room 212
Norwich, CT 06360
Adult and Family Services (860) 823-3778 Fax: (860) 823-3793
Rose City Senior Center (860) 889-5960 Fax: (860) 885-1160
www.norwichct.org

Programs and services include case management assistance, childcare assistance, emergency rent/mortgage assistance, food resources, heat/utility assistance, and relocation assistance.

NORWICH UNHOOKED

<http://norwichunhooked.org>

A resource to help connect individuals and families with information, support, and services for substance abuse prevention, intervention, and treatment.

NORWICH YOUTH AND FAMILY SERVICES

75 Mohegan Road
Norwich, CT 06360
Phone: (860) 823-3782 Fax: (860) 823-6031
www.norwichct.org

Programs include youth development, juvenile justice, family involvement, mental health services, child welfare, teen pregnancy prevention, and community outreach.

NORWICH RECREATION DEPARTMENT

75 Mohegan Road
Norwich, CT 06360
Phone: (860) 823-3791 Fax: (860) 823-3830
www.norwichtct.org/recreation

The recreation department offers a full range of recreational activities for children and adults.

RELIANCE HEALTH, INC.

40 Broadway
Norwich, CT 06360
Phone: (860) 887-6536

www.reliancehealthinc.org

Partners with adults experiencing mental health, addiction, and developmental disabilities to enhance their quality of life. Programs include community rehabilitative services, social rehabilitative services, residential services, outreach services, and continuum of care.

SAFE FUTURES

Norwich Counseling
241 Main Street 2nd Floor, #102
Norwich, CT 06360
Phone: (860) 447-0366 x265

Provides assistant for anyone involved in domestic violence or who was sexually assaulted.

SAFE FUTURES (Main Office)

16 Jay Street
New London, CT 06320
Phone: (860) 447-0366 Fax: (860) 440-3327
www.safefuturesct.org

**24-Hour Hotlines: Domestic Violence (860) 701-6000; Sexual Assault (860) 701-6001
24/7 Crisis Helpline: 1-888-774-2900**

SOUTHEASTERN COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE, INC.

Administrative Offices
37 Camp Mooween Road
Lebanon, CT 06249
Phone: (860) 886-2495 Fax: (860) 887-0007
www.scadd.org

An organization dedicated to helping people and their families with alcohol and substance abuse problems.

THE CONNECTION, INC.

100 Roscommon Drive, Suite 203
Middletown, CT 06457
Phone: (860) 343-5500
Toll Free Helpline: 1-855-435-7955
www.theconnectioninc.org

Provides family support services, behavioral health services, and community justice services.

THE CONNECTION CENTER FOR BEHAVIORAL HEALTH

101 Water Street
Norwich, CT 06360
Phone: (860) 425-5258
Substance use and mental health treatment services.

FOOD AND CLOTHING RESOURCES

CATHOLIC CHARITIES

331 Main Street
Norwich, CT 06360
Phone: (860) 889-8346
www.ccfns.org

FIRST BAPTIST CHURCH OF NORWICH

239 West Main Street
Norwich, CT 06360
Phone: (860) 889-0369
www.fbcnorwich.org

GOODWILL STORE AND DONATION CENTER

201 Salem Turnpike
Norwich, CT 06360
Phone: (860) 204-0018
www.goodwillsne.org

MADONNA PLACE

240 Main Street
Norwich, CT 06360
Phone: (860) 886-6600 Fax: (860) 892-5411
www.madonnaplace.org
Parenting/Family Support Center

SALVATION ARMY

169 Franklin Street (Temporary location)
Norwich, CT 06360
Phone: (860) 889-2329
www.ctri.salvationarmy.org/SNE/Norwich

Food Pantry hours: Tues. 12:30 – 2:30 p.m., Wed. 9:00 a.m. – 2:00 p.m., and Thurs. 9:00 a.m. – 2:00 p.m.

ST. VINCENT DE PAUL PLACE

120 Cliff Street (temporary location)
Norwich, CT 06360
Phone: (860) 889-7374 Fax: (860) 886-0178
www.svdpp.org

Dining room is open for breakfast Monday to Saturday 8:00 a.m. – 10:00 a.m., Lunch 11:30 a.m. – 1:00 p.m. Food Pantry is open Monday & Wednesday, 1:00 p.m. – 3:00 p.m., Saturday, 9:00 a.m. – 11:00 a.m. Shower available Monday – Saturday, 7:30 a.m. - 12:00 noon. No laundry at this time.

CT STATE AGENCIES & SERVICES

CONNECTICUT OFFICE OF EARLY CHILDHOOD

450 Columbus Blvd.
Hartford, CT 06103
Phone: (860) 500-4412
www.ct.gov/oec

Oversees a coordinated system of early childhood care, education, and support.

CONNECTICUT BIRTH TO THREE SYSTEM

450 Columbus Blvd.
Hartford, CT 06103
Concerns Support: 1-800-505-7000
www.birth23.org

Assists and strengthens the capacity of families to meet the developmental and health-related needs of infants and toddlers who have delays or disabilities.

DEPARTMENT OF CHILDREN & FAMILIES

2 Courthouse Square
Norwich, CT 06360
Phone: (860) 886-2641 Fax: (860) 892-2964

Provides child-centered, family focused, community based services throughout Connecticut.

DCF Central Office
505 Hudson Street
Hartford, CT 06106
Phone (860) 550-6300
www.ct.gov/dcf

Child Abuse and Neglect 24-hour Careline: 1-800-842-2288

DEPARTMENT OF MENTAL HEALTH & ADDICTION SERVICES

Southeastern Mental Health Authority
401 West Thames St, Building 301
Norwich, CT 06360

Phone: (860) 859-4500 Fax: (860) 859-4797

Emergency Mobile Psychiatric Services Crisis Line (adults): (860) 886-9302

www.ct.gov/dmhas

Promotes and administers comprehensive, recovery-oriented services in the areas of mental health treatment and substance abuse prevention and treatment.

DEPARTMENT OF SOCIAL SERVICES

401 West Thames St, Unit 102
Norwich, CT 06360

Toll Free: 1-855-626-6632

Persons with speech or hearing difficulties: 1-800-842-4524

www.ct.gov/dss

Provide services to children, families, adults, people with disabilities and the elderly. Services include health care coverage, child care, child support, long-term care & supports, energy assistance, food & nutrition aid, and program grants.

SUPERIOR COURT FOR JUVENILE MATTERS

978 Hartford Turnpike
Waterford, CT 06385

Deputy Chief Clerk (860) 440-5880 Fax: (860) 440-5885

Probation Supervisors (860) 440-5890 Fax: (860) 440-5865

www.jud.ct.gov

STATE OF CONNECTICUT

Network of Care for Behavioral Health

www.connecticut.networkofcare.org

A web site resource for individuals, families, and agencies concerned with mental/Behavioral health.

COUNSELING RESOURCES

AFFINITY BEHAVIORAL HEALTH, LLC

108 West Town Street
Norwich, CT 06360

Phone: (860) 886-8233 Fax: (860) 886-8029

www.affinitybhllc.com

Provide a broad range of psychological support services. See website for more details.

ADVANCED OPTIONS, LLC

567 Vauxhall Street Ext, Suite 201
Waterford, CT 06385
Phone: (860) 439-0237

A psychologist focuses on the evaluation, prevention, diagnosis, and treatment of mental, emotional and behavioral health issues.

**ALCOHOLICS ANONYMOUS
Connecticut General Service Committee**

Phone: 1-866-783-7712
1-855-377-2628 (Spanish)

www.ct-aa.org

Weekly meetings held to help support people trying to stay sober.

AL-ANON/ALATEEN FAMILY GROUPS OF CONNECTICUT

CT AFG
277 Main St
Hartford, CT 06106
Toll Free: 1-888-825-2666

www.ctalanon.org

Referral services to meetings and support groups for those with a drinking problem, or help and mutual support for families and friends of someone with a drinking problem.

ARTWORKS

49 Church Street
Norwich, CT 06360
Phone: (860) 889-2413 Fax: (860) 383-8108

www.artworks4u2.org

Individual, group, and family expressive art therapy using visual arts, movement, music, drama, and creative writing.

CAROL M. LAHAN, LCSW

276 Scotland Rd
Norwich, CT 06360
Phone: (860) 886-2569

Individual practitioner who provides adolescent, individual, and marriage counseling.

CHILD GUIDANCE CLINIC NEW LONDON

75 Granite Street
New London, CT 06320
Phone: (860) 437-4550 Fax: (860) 437-4552

www.childandfamilyagency.org

Provides diagnostic and counseling services to children, ages 3 to 18, who are experiencing emotional and/or behavioral difficulties.

CHRISTIAN COUNSELING CENTER OF SOUTHEASTERN CT

214A Thames Street
Groton, CT 06340
Phone: (860) 287-0962

www.christiancounselingcentersect.org

Couples and marriage consulting, pre-marital consulting, pre-remarriage consulting, family therapy, children's therapy – 9 years old and up.

COMPREHENSIVE PSYCHIATRIC CARE

200 West Town Street
Norwich, CT 06360
Phone: (860) 886-1508

www.cpccare.com

Services include Individual Therapy, Medication Management/Psychopharmacology, Diagnostic Assessment, Couples Counseling, Family Therapy, Child Therapy, Substance Abuse Treatment, Parent Consultation, and Group Therapy.

CONNECTICUT BEHAVIORAL HEALTH ASSOCIATES, P.C.

22 Case Street
Norwich, CT 06360
Phone: (860) 823-1399 Fax: (860) 823-1170

www.ctbehavioralhealthassociates.com

Services include Individual and family therapy, and medication evaluation and management.

JOY HOLISTIC COUNSELING, LLC

Barbara Savage Anderson, LCSW
1807 Center Groton Rd
Ledyard, CT 06339
Phone: (860) 464-9384

Individual practitioner offering individual, couples and family therapy for clients from adolescence to 70 years of age.

NORWICH PSYCHIATRIC CENTER

108 New London Turnpike, Suite 1
Norwich, CT 06360
Phone: (860) 889-3052

Psychiatry, medication management, depressive disorders, post-traumatic stress.

SCHAPEROW PSYCHOLOGY CENTER & ASSOCIATES

567 Vauxhall St Ext, Suite 207
Waterford, CT 06385
Phone: (860) 447-2047

They offer psychotherapy and counseling to individuals, families, couples, and children ages two and up. They also offer psychological and educational testing.

SELECT BEHAVIORAL HEALTH, LLC.

72 New London Turnpike
Norwich, CT 06360
Phone: (860) 886-8122 Fax: (860) 889-7255

Services include psychiatric evaluation, medication management, and psychotherapy and counseling.

SUSAN K. FORD-MACDUFF, LMFT

215 West Town Street
Norwich, CT 06360
Phone: (860) 892-4099

Individual practitioner offering individual, couples, and family therapy to all age groups.

THE COVE CENTER FOR GRIEVING CHILDREN

250 Pomeroy Ave Suite #107

Meriden, CT 06450

Phone: (203) 634-0500

Toll Free: 1-800-750-2683

www.covect.org

They provide family and school-based programs utilizing the peer support group concept for helping children, teens, and families work with their unresolved grief due to the death of someone significant in their lives and other traumatic losses.

COMPREHENSIVE COMMUNITY RESOURCES

2-1-1

or 1-800-203-1234

www.211ct.org

A simple call to 2-1-1 connects you to a trained call specialist who can provide information and referrals to critical health and human services in their community. They also provide crisis assistance.

CHILD AND FAMILY AGENCY OF SOUTHEASTERN CONNECTICUT

255 Hempstead Street

New London, CT 06320

Phone: (860) 443-2896 Fax: (860) 442-5909

www.childandfamilyagency.org

Their programs deal with the prevention of child abuse, the treatment of family violence, teen pregnancy, children's health care, childcare, parent education, and children's mental health. They operate School Based Health Centers in many schools.

LAWRENCE AND MEMORIAL HOSPITAL- BEHAVIORAL MEDICINE

365 Montauk Ave

New London, CT 06320

Phone: (860) 442-0711

www.lmhospital.org

The Ambulatory Psychiatric Services unit, out-patient behavioral health, offers three treatment programs. The Intensive Out-Patient Program provides group psychotherapy services to adults. The Dialectical Behavioral Therapy is a cognitive behavioral treatment approach offered to adolescents and adults through a group therapy model. Outpatient counseling is offered through several primary care providers in New London County.

NATCHAUG HOSPITAL/INPATIENT TREATMENT

189 Storrs Road

Mansfield, CT 06250

Phone: (860) 456-1311

Toll Free: 1-800-426-7792

www.natchaug.org

Provides a wide range of Inpatient and Outpatient psychiatric, psychological, and substance abuse treatment for children, adolescents, and adults.

NATCHAUG HOSPITAL/JOSHUA CENTER THAMES VALLEY

11A Stott Ave
Norwich, CT 06360
Phone: (860) 823-5320

www.natchaug.org

Partial Hospitalization Program, Intensive Outpatient Services, Extended Day Treatment and Clinical Day Treatment programs. Treats children 6 to 17 years old who are struggling with psychiatric or substance abuse issues, but do not require inpatient care.

PROJECT COURAGE

251 Main Street, Suite 101
Old Saybrook, CT 06457
Phone: (860)-388-9656 Fax: (860)388-9463

<http://projectcourageworks.com>

Substance abuse recovery center offering a wide range of services for adolescents and young adults.

THAMES VALLEY COUNCIL FOR COMMUNITY ACTION, INC. (TVCCA)

1 Sylvandale Road
Jewett City, CT 06351
Phone: (860) 889-1365 Fax: (860) 885-2738

www.tvcca.org

Provides a broad spectrum of comprehensive services to individuals and families. These services include energy assistance, education, employment, food & nutrition, including the meals on wheels program, housing, financial, and case management services.

TVCCA

401 West Thames Street, Unit 201
Norwich, CT 06360
Phone: (860) 889-1365

www.tvcca.org

UNITED COMMUNITY & FAMILY SERVICES

Community Health Center
47 Town Street
Norwich, CT 06360
Phone: (860) 892-7042

www.ucfs.org

Adult & Pediatric primary care, Women's Health Services, Geriatrics, Foster Care Clinic, Healthy Start, Access to Care Specialist, Dental Services, Medical Home Initiative, and Outpatient Behavioral Health.

Community Based Behavioral Health Services

77 East Town Street
Norwich, CT 06360
Phone: (860) 892-7042

Care Coordination Referral: (860) 822-4176

Programs: Caregiver Support Team, Intensive Family Preservation, Triple P-Positive Parenting, Multidimensional Family Therapy, EMPS-Crisis Intervention, Family Based Recovery, Child First, Early Childhood Consultation Partnership, and Care Coordination.

CRISIS HELP LINES

Child in Crisis: 2-1-1

www.empsct.org

DCF Child Abuse and Neglect 24-hour Careline: 1-800-842-2288

www.ct.gov/DCF

DMHAS Addiction Treatment 24-hour Hotline: 1-800-563-4086

www.ct.gov/dmhas

Domestic Violence/Sexual Assault 24-hour Helpline: 1-888-774-2900

www.ctcadv.org

National Domestic Violence 24-hour Hotline: 1-800-799-7233

www.thehotline.org

Emergency Mobile Psychiatric Services (adults): (860) 886-9302

www.ct.gov/dmhas

National Human Trafficking Hotline: 1-888-373-7888

<https://humantraffickinghotline.org>

National Runaway 24-hour Safeline: 1-800-786-2929

www.1800runaway.org

National Substance Abuse/Mental Health 24-hour Helpline: 1-800-662-4357

www.samhsa.gov

National Suicide Prevention 24-hour Lifeline: 1-800-273-8255

www.suicidepreventionlifeline.org

Police/Fire Emergencies: 9-1-1

This Community Resource is not a complete list of all area providers, nor does it imply recommendation or responsibility on the part of the Norwich Public Schools. This information is provided as a courtesy to families who are looking to get help or support at their own expense. For additional information regarding any provider, please contact the provider of service(s) directly.