



Northshore School District SAS

January

2020

In Season Oranges

Oranges are a great source of Vitamin C and Dietary Fiber.

In addition, oranges are a good source of B vitamins as well as Vitamin A.



Monday

- ☓ = Contains pork
- * = Turkey Ham products containing 100% turkey - no pork ingredients

Beef or Cheese Nachos ⁶
Pepperoni Pizza ☓
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

Beef or Cheese Nachos ¹³
Pepperoni Pizza ☓
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

²⁰
**Martin Luther King, Jr. Day
No School**

²⁷
**Non-Student Day
Grading Day
No School**

Tuesday

Winter Break

Turkey Gravy with Mashed Potatoes ⁷
Cheese Quesadilla
Cheese Pizza
Spicy Chicken Burger

Chicken Tender ¹⁴
Potato Bowl
Cheese Quesadilla
Cheese Pizza
Spicy Chicken Burger

Orange Chicken with Rice ²¹
Cheese Quesadilla
Cheese Pizza
Spicy Chicken Burger

Macaroni & Cheese ²⁸
Cheese Quesadilla
Cheese Pizza
Spicy Chicken Burger

Wednesday

¹
Winter Break

Chicken Tikka Masala ⁸
Pepperoni Pizza ☓
Spicy Chicken Burger
GRAB & GO: Hummus Plate

Vegan Chana Masala ¹⁵
Pepperoni Pizza ☓
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

Vegan Coconut Curry ²²
Pepperoni Pizza ☓
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Salad

Thai Chicken Satay ²⁹
Pepperoni Pizza ☓
Spicy Chicken Burger
GRAB & GO: Hummus Plate

Thursday

²
Winter Break

Beef Gyro ⁹
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Cheesy French Bread ¹⁶
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Cheesy Bread Rippers ²³
w/Homemade Potato Soup
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Chicken Tortilla Soup ³⁰
Cheese Pizza
Spicy Chicken Burger
GRAB & GO: Chicken Caesar Wrap

Friday

³
Winter Break

100% Beef ¹⁰
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

100% Beef ¹⁷
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

100% Beef ²⁴
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

100% Beef ³¹
Cheeseburger w/Wedges
Vegetarian Burger w/Wedges
Homestyle or Spicy Chicken Burger w/Wedges

Announcements

Included with All Lunches
Fruit & Vegetable Garden Bar
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

Follow us on Instagram 
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Meal Prices

	<i>Breakfast</i>	
Elementary		\$2.05
Secondary		\$2.30
Reduced K-12		Free
Adult		\$2.70
	<i>Lunch</i>	
Elementary		\$3.30
Secondary		\$3.55
Reduced K-3		Free
Reduced PK, 4-12		\$0.40
Adult		\$4.30
Milk Only		\$0.50