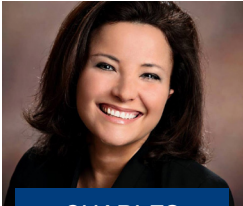




# HOME AND SCHOOL ASSOCIATION

## Parent Education 2019-2020



CHARLES

### PREVENTION OF CRIME AND ABUSE

THURSDAY, SEPTEMBER 19, 2019 | 6:00 PM | MPR

Led by Jenny Charles and members of the Davidson County District Attorney's Office.

### BOOK CLUB: THE IMPORTANCE OF BEING LITTLE

MONDAY, SEPTEMBER 30, 2019 | 6:00 PM | MPR

Discussion on *The Importance of Being Little* by Erika Cristakis.

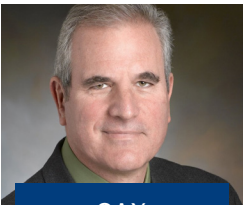


VALDES

### EFFECTIVE NATURAL CONSEQUENCES WITHOUT SHAMING

THURSDAY, OCTOBER 17, 2019 | 6:00 PM | MPR

Local counselor, Kary Valdes, LCSW, Love and Logic facilitator, will cover a variety of struggles ranging from back talking to door slamming and pushing boundaries, i.e. bedtime, meals, and chores.

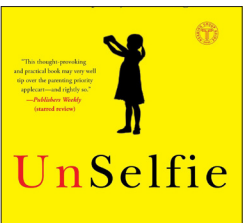


SAX

### INSTAGRAM IS EATING MY DAUGHTER AND MY SON WON'T STOP PLAYING FORTNITE

TUESDAY, NOVEMBER 5, 2019 | 6:00 PM | MPR

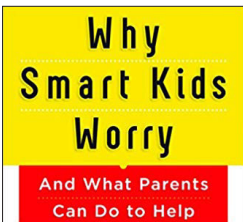
Dr. Leonard Sax MD, PhD, *New York Times* Best Selling author of *The Collapse of Parenting*, *Boys Adrift*, *Why Gender Matters*, and *Girls on the Edge*, will address the impact of American pop-culture on today's youth. Dr. Sax will provide scientific data and enforceable guidelines on screen time for children of all ages.



### BOOK CLUB: UNSELFIE

TUESDAY, NOVEMBER 12, 2019 | 7:00 PM | KRAEMER HOME

Join us for a discussion on *UnSelfie* by Michele Borba prior to the author's appearance at Ensworth High School on Thursday, January 16 at 6:30 PM.



### WHY SMART KIDS WORRY

TUESDAY, FEBRUARY 25, 2020 | 6:00 PM | MPR

Allison Edwards, psychotherapist, affiliate professor at Vanderbilt University, and the author of *Why Smart Kids Worry* and *Worry Says What?*



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Events are appropriate for parents of all ages, free, and open to the public. Childcare and pizza provided for current SBA students at speaker events. Please contact Janelle Kraemer ([janellekraemer@me.com](mailto:janellekraemer@me.com)) with questions, to RSVP, or to purchase a book in advance. Profits from book sales will go to SBA.

