

CARMIEL CLAY SCHOOLS MIDDLE SCHOOL MENU

SPRING

2020

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK 1 	Mini Ravioli w/ Marinara & Garlic Toast Beef Pepperoni Calzone Assorted Chicken Wraps Cobb Salad Green Beans	Taco Tuesday! State Fair Corn Dog Turkey Club Sandwich Taco Salad Corn OR Refried Beans	French Toast Sticks w/ Sausage Links Cheeseburgers Yogurt Parfait or Smoothie BLT Salad Baked Fruit	Chicken Smackers w/ Bread Grilled Cheese Sandwich Turkey Club Sandwich Chicken Caesar Salad Mashed Potatoes w/ Gravy	Pizza Crunchers w/ Dip Assorted Croissant Sandwich Assorted Chicken Wraps Popcorn Chicken Salad Assorted Roasted Veggies
WEEK 2 	Pasta w/ Assorted Sauces & Garlic Toast Grilled Cheese Sandwich Assorted Chicken Wraps Cobb Salad Green Beans	Assorted Chicken Sandwich Philly Cheesesteak Sandwich Turkey Club Sandwich Taco Salad Crinkle Cut Fries	Deep Dish Pizzas Assorted Burgers Yogurt Parfait or Smoothie BLT Salad Steamed Broccoli	Chicken Nuggets w/ Biscuit Pork Tenderloin Sandwich Turkey Club Sandwich Chicken Caesar Salad Assorted Roasted Veggies	Soft Pretzel w/ Cheese Meatball Sub w/ Assorted Sauces Assorted Chicken Wraps Popcorn Chicken Salad Baked Beans
WEEK 3 	Chicken & Waffles Assorted BBQ Pulled Pork Sandwich Assorted Chicken Wraps Cobb Salad Triangle Tater Tots	Hot Dog Spicy Chicken Sandwich Turkey Club Sandwich Taco Salad Green Beans	Meatballs w/ Assorted Sauces & Garlic Knot Mini Corn Dogs Yogurt Parfait or Smoothie BLT Salad Steamed Broccoli	Chicken Tenders w/ Roll Pizza Quesadilla Turkey Club Sandwich Chicken Caesar Salad Baked Beans	Big Daddy Pizza Grilled Cheese Sandwich Assorted Chicken Wraps Popcorn Chicken Salad Assorted Roasted Veggies

Daily Lunch Items:
 Milk Juice (T, Th) Fresh Fruit & Vegetables Hummus Entree (T, Th) Entrée Garden Salad PBJ Sandwich

BREAKFAST				
	Breakfast Sandwich — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	Pancake Sausage Stick — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	Breakfast Bagel — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	French Toast Bites w/ Sausage — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice
	Breakfast Sandwich — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	Pancake Sausage Stick — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	Breakfast Bagel — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice	French Toast Bites w/ Sausage — Cereal Breakfast Bun Assorted Breakfast Bars Whole Grain Poptarts Fresh Fruit Milk & Juice

Breakfast Includes:
 1 Entrée Choice
 1-2 Fruit or Fruit Juice
 1 Low-Fat or Fat-Free Milk

Student Lunch \$2.65
 Adult Lunch \$3.40
 Breakfast \$1.35
 Milk \$0.60

Lunch Includes:
 1 Entrée Choice
 1 Fruit Choice
 1-2 Vegetable Choice
 1 Low-Fat or Fat-Free Milk



January					February					March					April					May									
M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F	M	T	W	Th	F					
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	6	7	8	9	10		10	11	12	13	14		9	10	11	12	13		6	7	8	9	10		4	5	6	7	8
	13	14	15	16	17		17	18	19	20	21		16	17	18	19	20		13	14	15	16	17		11	12	13	14	15
	20	21	22	23	24		24	25	26	27	28		23	24	25	26	27		20	21	22	23	24		18	19	20	21	22
	27	28	29	30	31								30	31					27	28	29	30			25	26	27	28	29