

CARMEL CLAY SCHOOLS EDU-CARE MENU

SPRING

2020

3-5 year olds

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK 1 ▲	BREAKFAST	* Mini Pancakes	* Yogurt w/ Ultimate Breakfast Round	*☉ Breakfast Bagel	* Blueberry Muffin	Chicken Biscuit Sandwich
	AM SNACK	Fresh Fruit Milk	* Trail Mix w/ Cherries Milk	Fresh Veggies w/ Hummus Water	Apple Slices w/ Sunbutter Yogurt Dip Water	* Yogurt Smoothie w/ Granola Water
	LUNCH	* Mozzarella Sticks w/ Tomato Soup Peas & Carrots Pineapple	* Chicken Smackers w/ Bread Mashed Potatoes Sliced Apples	* Cheeseburger Sweet Potatoes Fresh Fruit	Pasta w/ Meat Sauce Green Beans Diced Peas	* Soft Pretzel w/ Cheese Steamed Broccoli Diced Peaches
	PM SNACK	* Blueberry Lemon Bites Juice	Bananas & Vanilla Wafers Water	Cheese Stick w/ Crackers Milk	* Goldfish Crackers Milk	Applesauce Cups Milk

WEEK 2 ●	BREAKFAST	* Mini Waffles	Cheesy Omelet w/ Biscuit	* Sausage Pancake Bites	* Banana Muffin	* English Muffin w/ Sunbutter
	AM SNACK	Hummus w/ Pretzels Water	Fresh Fruit Milk	* Cheddar Whales Juice	* Yogurt Parfait w/ Granola Water	Cottage Cheese w/ Pineapple Water
	LUNCH	* Mini Ravioli w/ Marinara Steamed Broccoli Fresh Fruit	* French Toast Sticks w/ Sausage Patty ☹️ Triangle Tater Tots Cinnamon Baked Pears	* Chicken Patty Sandwich Steamed Carrots Pineapple	Beef Taco Bowls Refried Beans Diced Peaches	Cheese Quesadilla Green Beans Mandarin Oranges
	PM SNACK	* Baked Cheez-Its Milk	Cheese Stick w/ Crackers Water	Applesauce Cups Milk	* Pirates Booty Milk	Raisins Milk

WEEK 3 ■	BREAKFAST	* Mini Pancakes	* Ham & Cheese Flatbread	Egg & Cheese Biscuit	* French Toast Sticks	* Assorted Cereal
	AM SNACK	* Yogurt Smoothie w/ Granola Water	Cheese Stick Milk	* Trail Mix w/ Cherries Milk	Cottage Cheese w/ Pineapple Water	Fresh Fruit Milk
	LUNCH	Macaroni & Cheese Butternut Squash Applesauce	* Teriyaki Chicken w/ Rice Steamed Broccoli Mandarin Oranges	* 4x6 Cheese Pizza Green Beans Diced Peaches	* Chicken Tenders w/ Bread Smiley Potatoes Fresh Fruit	* Mini Corn Dogs Baked Beans Diced Peas
	PM SNACK	* Goldfish Crackers Milk	* Pirates Booty Juice	Fresh Veggies w/ Hummus Water	* Cinnamon Cracker Bites Milk	Yogurt Cup & Vanilla Wafers Water



Whole Grain or Whole Wheat Item

Breakfast Notes
Fruit and milk served daily.

Lunch Notes
Milk served daily.



Contains Pork

January						February						March						April						May						
M	T	W	Th	F		M	T	W	Th	F		M	T	W	Th	F		M	T	W	Th	F		M	T	W	Th	F		
		1	2	3		3	4	5	6	7		▲	2	3	4	5	6		●		1	2	3		●				1	
●	6	7	8	9	10	▲	10	11	12	13	14	●	9	10	11	12	13			6	7	8	9	10	■	4	5	6	7	8
■	13	14	15	16	17	●	17	18	19	20	21	■	16	17	18	19	20		■	13	14	15	16	17	▲	11	12	13	14	15
▲	20	21	22	23	24	■	24	25	26	27	28	▲	23	24	25	26	27		▲	20	21	22	23	24	●	18	19	20	21	22
●	27	28	29	30	31							●	30	31					●	27	28	29	30		■	25	26	27	28	29

This institution is an equal opportunity provider.

Nutrition or Allergen Question? Visit our website:

<http://www1.ccs.k12.in.us/district/food-services>

*Menu subject to change.