



EXTRAS

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

FAST TAKES

**IN A HURRY,
NO WORRY!**

OFFERED DAILY

Chef Salad 8g, Chicken Caesar Wrap 32g, Turkey and Cheese 30g, Ham and Cheese 29g, Italian 30g or Hummus 63g



Fresh Baked Bread Offered Daily with Salad



CHECK THIS OUT!

Korean BBQ chicken salad 20g or sub 39g on an Asian gingerroll; topped with quick pickles and chopped cilantro.

DELI

EVERYDAY SELECTIONS

Custom Subs 30g with a Variety of Cheeses, Fresh Baked Breads and Premium Sauces

Toppings

Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles



OTHER DAILY OPTIONS

Hummus



TRY THIS ONE!

Korean BBQ chicken salad 21g or sub 45g on an Asian gingerroll; topped with quick pickles and chopped cilantro.

GRILL

EVERYDAY SELECTIONS

Classic Hamburger 28g
Crispy Chicken Sandwich 42g

Toppings

Sliced Cheddar Cheese
Sliced Pepper Jack Cheese
Shredded Lettuce
Sliced Tomatoes
Sliced Red Onion
Jalapeños
Pickles

Monday Martin Luther King Jr. Day

Tuesday Rib-B-Que 37g

Wednesday Toasted Cheese Sandwich 30g Offered with

Thursday Hot Dog 30g Veggie Sticks

Friday Chicken Tender Sandwich 37g or French Fries 17-18g

PIZZA

EVERYDAY SELECTIONS

Cheese Pizza 49g Offered with Toasted Garlic Caesar Salad 7g

M/W/F: Pepperoni 49g, Tu: Sausage 50g, Th: Hawaiian 52g

DAILY PASTA OPTIONS

Baked Penne Pasta 60g



Fresh Baked Bread Offered Daily 14g with Pasta



SHAKE IT UP!

Korean BBQ chicken pizza topped with red bell peppers, sliced green onion, mozzarella cheese, chopped cilantro and Korean Gochujang Sauce. 52g

This week in GLOBAL



CREATE YOUR ULTIMATE NOODLE BOWL 51g+ toppings (carbs not listed are below 1g)

ADD SOME PROTEIN

Beef Meatballs 16g, Roasted Chicken or Boiled Egg

DON'T FORGET THE VEGGIES!

Carrots 1g, Cabbage, Corn 4g, Mushrooms 2g and Green Onions 1g

CHOOSE YOUR BROTH

Shoyu Ramen 5g or Vegetarian Ramen Broth 7g

KICK UP THE FLAVOR!

Sliced Jalapeños, Sriracha Sauce, Limes and Cilantro

KICK IT UP A NOTCH

By adding one of our World of Flavor specialty sauces.

Korean Gochujang Sauce

Korean pepper paste combined with Greek yogurt, lime juice and cilantro and blended until smooth.

Teriyaki Mayo Sauce

A teriyaki glaze combined with mayo, Greek yogurt and cilantro.

Creamy Sriracha

Mayonnaise infused with spicy sriracha chili sauce.

Garlic Parmesan

Mayonnaise blended with grated Parmesan cheese, mustard, garlic and creamy Greek yogurt.

This week in ADVENTURE



EVERYDAY

Toasted Cheese Sandwich 30g

Monday Martin Luther King Jr. Day

Tuesday California Grilled Cheese 33g

Wednesday Wisconsin Grilled Cheese 46g

Thursday Southwest Grilled Cheese 50g

Friday Caprese Grilled Cheese 37g

Add Your Choice of

Seasoned Potato Wedges, 20g
a Side Garden Salad 5g or
Hearty Tomato Soup 15g