

PUBLIC SCHOOLS OF EDISON TOWNSHIP
EDISON, NEW JERSEY 08837
HEALTH SERVICES

GUIDELINES FOR PHYSICAL ACTIVITY MEDICAL EXCUSES

1. Students

A. Physical Education, Intramural, and Interscholastic Sports

1. Student with a physical activity excuse shall be excused when a note from an approved Healthcare Provider is given to the teacher and school nurse.
2. The Healthcare Provider should explain the exact limitation of the student. In lieu of this note the Healthcare Provider can be asked to complete **HS Forms 8, 8A, 8B** according to grade level.
3. Student will not be permitted to resume physical education, intramurals or interscholastic sports without specific, dated, written notification by the Healthcare Provider.
4. Chiropractor excuses are acceptable only for conditions of the spine.

B. Fractures/Casts/Crutches

1. Student with a cast or crutches is permitted to ride the school bus unless the Healthcare Provider has written specific instructions for medical transportation. **(See HS Form #29)**
2. Student shall be permitted dismissal from class, 3-5 minutes early.
3. In schools that have two (2) floors, a student with a cast or crutches shall be permitted to use the elevator. Key for elevator shall be given daily to the student by the school nurse.
4. Students with casts that cannot safely attend and get around the school building, may need to apply for Home Instruction. In this case, Special Services needs to be contacted for forms, and the school nurse should be advised of the student's Home Instruction status.

