

PUBLIC SCHOOLS OF EDISON TOWNSHIP
HEALTH SERVICES

HEALTH EXAMINATION

Dear Parent/Guardian:

1. PHYSICAL EXAM: In accordance with state regulations and district policy, students are required to have a physical exam upon enrollment into school in accordance with N.J.A.C. 6A:16-2.2(h)2. Parents are to provide examination documentation within 30 days upon enrollment into school.

It is important for your child to receive subsequent medical examinations at least once during each developmental stage.

Early childhood (preschool through grade 3)
Pre-adolescence (grades 4 through 6)
Adolescence (grades 7 through 12)

We encourage you to have your child examined by his/her primary healthcare provider during these critical periods of development to ensure your child's good health. When you have your child examined, please have the medical form completed and returned to the school nurse. If no examination is done, complete and return the updated health history information.

If you do not have a family healthcare provider or clinic where your child receives his/her regular health care, please contact the school nurse for possible community resources.

2. SPORTS & INTRAMURALS PHYSICALS: Students in Grades 6-12 who participate in interscholastic sports or intramurals must have a physical examination within 365 days of the first practice session. The State mandated form is the **only** accepted form, and **must** be **fully** completed by the examining healthcare provider.

NEW: The Health History form completed by the parent **MUST** be reviewed and **SIGNED** by the examining healthcare provider when the physical exam is done.

Incomplete forms cannot be accepted and will be returned, delaying participation of your child.

If you have questions, please call the school nurse.

Phone Number

School Nurse

To access the health history and physical exam forms on-line, please do the following:

- go to www.edison.k12.nj.us
- Under Departments, click on Health Services
- Scroll down to District forms
- Grades PreK to 5: Click on HS Form #16 (NOTE: Can be used for grades 6-12, but not valid for athletic participation).
- Grades 6-12: Click on HS Form #14C (Routine & Athletic Pre-participation Physical Evaluation form-Part B) Athletic physical to be completed by student's healthcare provider. Good for 365 days.
- Grades 6-12: Click on HS Form #14A (Health History-Part A). Good for 60 days after physical evaluation date. *Must be done with Physical Evaluation Form-Part B (HS Form #14C) and signed by physician at time of exam.*
- Grades 6-12: If physical evaluation (HS Forms #14A & C) were done more than 60 days before sport season practice start, click on HS Form #14G. (Health History Update)