

New Hanover County Schools Continuum of Mental Health Services

School Based Counseling and Social Work Services

- Staffed by NHCS School Counselors and School Social Workers.
- Provides short term counseling for topics such as crisis counseling, communication skills, anger management, organization and study skills, grief counseling, and behavior interventions.
- Works with community partners to help families dealing with a crisis, mental health disorders, as well as substance use.
- Provides college and career planning for middle and high school students and career exploration in elementary school.

School Based Therapy Services

- Staffed by Contracted Professionals (see school list).
- Provides individual and family therapy to students and families.
- Therapy takes place during the school day without interrupting instruction
- All school based therapists are licensed.
- High school services are provided through the WHAT Clinics at traditional high schools.

Day Treatment Services @ Lake Forest Academy

- Staffed by Coastal Horizons, Inc.
- Grades K-8
- Enhanced Mental Health Service for students
- Small teacher:student ratio with counselors in every classroom

J.C. Roe Center Transition Classroom

- Staffed by NHCS Teachers and Support Staff
- For 6-12 students transitioning from residential treatment or long periods of missed school.
- Credit recovery
- Daily small group and skills practice