



BRISBANE GRAMMAR SCHOOL

# Newsletter

Week 7 Term 1

Friday 15 March 2019



BGS supports the National Day of Action Against Bullying and Violence

## In this issue



'Bullying No Way!'



GPS Swimming



BGS Photo Competition

# Deputy Headmaster – Staff

Ed Roper

Today at assembly we acknowledged the boys and staff involved with GPS Swimming and Rowing, which are celebrating the ends of their seasons. Having attended the GPS Swimming last Friday and the BGS Regatta the weekend before, I used today's assembly to talk to the School about school spirit, particularly the positive impact that school spirit has on children's wellbeing.

At both Wyaralong Dam and Chandler, there were plenty of examples of students from BGS and other GPS schools showing school spirit. If you have never taken the opportunity to experience the crowd at the GPS Swimming Championship, I encourage you to do so. There were chants, war cries and cheers; all examples of students showing school spirit, their pride in the School and their support for members of the Swimming team and the Boatshed. It would be easy to take these obvious demonstrations as the point of school spirit, but I argue that this spirit serves a higher purpose.

Our pride in our school manifests as a common identity which contributes greatly to developing our community; our sense that each of us belongs and that as a community we share common purposes and ways of doing things; our culture. School spirit both benefits from and contributes to our culture, underpinned by our values and motto *nil sine labore*.

This thing we have been calling school spirit is known in educational research as school connectedness; the degree to which students feel that they are connected to their school or the degree to which students feel they are members of a school community. The staff at BGS understand this and provide an enormous amount of support to ensure that our students connect to this school and community. This occurs in our classrooms, our tutor and year groups and in our co-curricular activities.

One of the pioneer researchers into the benefits of school connectedness is QUT's Professor Ian Shochet. Professor Shochet and his colleagues published a well-regarded paper in 2006, in which they discussed the results of a study involving over 2000 adolescents. Their research showed that school connectedness correlates strongly with many of the things we wish for our children: academic motivation, future success, lower levels of substance abuse, increased optimism, higher academic performance and better psychological health.

My central message today is that school spirit is a prime indicator of school connectedness, which is a rich and powerful source of support for students during their adolescent years. Our job, as a community of families, staff and students, is to encourage school connectedness in our sons, students and peers.

Finally today, on behalf of the School, I congratulate and thank the parents, students and staff involved in both the Swimming and Rowing programs. While *nil sine labore* is evident in all of our activities at BGS, these activities require a special type of labore from families, boys and staff, especially early in the morning.

# Captains' Corner

During my message to the boys at assembly today, I outlined the cause and consequences of stress and how they can best manage the pressures that come with the demanding BGS life.

The stress most boys experience at school is due to the pressure they place upon themselves. When they work hard preparing for something, whether it be sport, cultural or academic, they want to succeed. They want to perform. Stress is a common feeling to experience, especially during the upcoming assessment period, and that is why it is pivotal that the boys understand how to deal with it.

I encouraged everyone to optimise their time management. Planning their workload and creating individual assessment schedules are effective tools to manage the pressure of exams. After all, under-preparation is a leading contributor to stress. Also, it is important that boys feel comfortable to open up to someone they trust if they are feeling anxious or stressed out. Whether it be to a teacher, Old Boy, coach, family or friends; finding someone to share their burden with is instrumental in easing the stress.

We all know that boys at BGS put a lot of work into everything they do but the more effort the boys put in now during their subjects, sports or any co-curricular activity, the more rewarding their experience at BGS will be.

**James Kenny**  
**Harlin House Captain**

# Deputy Headmaster – Students

David Carroll

## Sleep health and boys

Your son may have discussed with you the recent activity regarding sleep health. In Week 6, students across Years 5 to 12 engaged in a Whole School Sleep Study. Next Monday evening Lisa Maltman will present to parents on the topic. She will also work with Year 7 students the following day. Sleep is important and the School will continue to work hard to raise awareness with your sons. When there is partnership between home and school we have a better chance of influencing behaviour.

To create this partnership I encourage you to review your own sleep patterns and discuss a family approach to address the issue. Dr Christopher Seton, Paediatric Respiratory and Sleep Medicine Specialist, of The Children's Hospital Westmead makes these points and suggestions:

- Teens won't manage their own sleep. They need support from you.
- Have a family meeting where you put all the cards on the table.  
'We think you are sleep deprived. We want to help you fix your sleep. This will make you smarter and happier.'
- Ask your son for his suggestions.  
'What are you willing to change? Can you name one thing?'
- Think of evening efficiencies and organisational strategies that help avoid bed time delays. Boys often struggle with organisation, so things happen slowly. Try a timetable to avoid bedtime delay.
- Use the bed for sleep only (avoid conditioned alertness).
- Bedtime means lights out at a reasonable time. Compromise is often needed (eight hours rather than nine hours).
- Electronic 'clean out' one hour before bed. This will be a very unpopular suggestion.

Good luck and keep an eye out for more information.

## National Day of Action Against Bullying

I also wish to acknowledge and congratulate the Year 10 Class Captains who led the School this week as part of the National Day of Action Against Bullying. Each day an activity was organised to raise awareness with students. In congratulating the students, I also want to acknowledge the work of Ms Sharee Verdon and Mr Ged Hales as well as the other Heads of Year and Assistant Heads of Year who also assisted.

## Extended Day Study Program Term 2

The Term 2 Extended Day Study Program invitation will be sent to Years 11 and 12 families shortly. The demand continues to grow so the program will extend to Monday, Wednesday and Thursday evenings during Term 2.

# Director of Boarding

Berian Williams-Jones

This week has seen the School addressing the important topic of bullying in schools as part of the 'Bullying No Way!' initiative.

Ms Sharee Verdon, Head of Year 10, has led the school-wide program. I have been impressed by the involvement of so many students, and we are thankful for the input of boarders Aly Sultan and Cameron Morris as part of the group of Year 10 Form Captains. The events that have taken place have been inspiring; in particular, the placards on the Boarders' Lawn as a sign of the boys' commitment to being members of a school that does not tolerate bullying.

The week has also highlighted for all the boys the different natures of bullying. The stereotypical image of the playground bully no longer reflects reality. Sadly, technology has provided a means for bullies away from the oversight of peers and teachers. Our management of technology in Harlin House is motivated by the desire to provide a well-balanced experience. However, there is no doubt that the anonymity of social media has encouraged or at least facilitated unkind actions and words.

In our discussions in Harlin House, we have touched on many of these important topics but have also sought to clarify what we mean by bullying, as the label is now used to describe all manner of incidents. It is heartening to see the boys develop and mature both in their standpoints on the unacceptability of bullying and desire to eradicate any unkind behaviour.



# Director of Outdoor Education

Derek Jervis

In wrapping up the Year 7 Outdoor Education program for 2019, the boys in 7I have shown the virtues of endeavour and effort.

Adriano Gianfelici set a great example by putting effort into all aspects of the program. He showed determination and persistence during the expedition day to Mt Edwards. Thomas Ruddell and Flynn Horton were ready for every challenge and used their energy to motivate their peers.

Year 12 Form Seniors Wes Stanton and Vincent Wen led the boys through the week and made a big difference helping their form class through the challenges. Mr Kris Hallis joined the class and was fully involved in all of the outdoor pursuits, sharing the experiences with his form class. Mr Craig Timms visited the class to support them taking on the vertical activities.

The boys in 8A have kicked off a new program in 2019 with a focus on teamwork. They completed a paddling and hiking expedition to the new outdoor education property, which included bushwalking on Mt Alford. They also learnt some refined climbing techniques on the featured climbing wall at Pepperina Hill.

Oliver Waterhouse was a strong team member and navigator. He naturally stepped into a leadership role and made good group decisions during the expedition. Rupert Dauber and Angus Tweed were keen and enthusiastic for everything put before them. Their energy kept the group positive during the expedition. Tom Huth and Ishaan Keane were helpful and considerate students who were willing to put the needs of their peers before their own.

8A were well supported through their program with Form Seniors Edward Colwell and Jack Ball assisting to facilitate the program and Mr Mat Smith and Mr Sam Lobascher joined the boys throughout the week.

Click to view the [7I photos](#), [7I video](#), [8A photos](#) and [8A video](#) of the boys' experiences.

## P&F Moogerah Committee Bushwalk

The P&F Moogerah Committee Bushwalk is on Sunday 28 April this year. There are two walking options taking in some of the features of the new Outdoor Education property. Contact committee president Will Siganto for more information at [will.siganto@postconrisk.com.au](mailto:will.siganto@postconrisk.com.au).



# Director of Student Services

Dale Nicholas

Please note the following important information about UCAT and ANU entry. Both have early closing dates.

## UCAT (University Clinical Aptitude Test)

The UCAT replaces the UMAT for some medicine programs. UCAT ANZ 2019 registrations are now open. If you are applying to UCAT ANZ Consortium universities in Australia and New Zealand you should ensure that you register for and book the ANZ (Australia and New Zealand) version of the UCAT test – known as the **UCAT ANZ**. UCAT ANZ testing takes place between 1 July and 31 July 2019. You must complete a two-step process using the Pearson VUE online registration system to register and then book a test. You are strongly recommended to register and sit your test at your earliest convenience to ensure places are available at your nearest test centre.

It is also worth noting that school holidays in Australia and university breaks in New Zealand occur in the first half of July. UCAT recommend that you use these times to sit the test to give greater flexibility and to reduce stress.

**Registration opens: 1 March 2019**

**Registration closes: 17 May 2019 at 11.59pm AEST**

**Register at: <https://www.ucat.edu.au/ucat-anz/registration-booking/>**

## ANU (Australian National University) applications

ANU have changed their application process to direct application, effective this year. By applying directly to ANU, you'll get an early conditional offer.

- Applications opened 4 March 2019 and close 31 May 2019
- There is no application fee
- You will be required to meet the co-curricular or service requirement
- You will apply for admission, guaranteed accommodation, and over 200 scholarships all in one application.

Year 12 students can start the application process at [this link](#).

# Director of Information Services

Cathy Oxley

## BGS Photography Competition

The BGS 2019 Photography Competition attracted some terrific entries across the three categories: Middle School, Senior School and staff. This year the competition theme was 'Diversity' and it was interesting to see how it was interpreted in different ways through the photos and accompanying photo descriptions.

The winners are:

**Middle School: *Imperfect Perfection* by Jasper Lindgren.** This is a great photo and title and included a considered photo description, linking the photo to the diversity theme.

**Senior School: *Cat* by Xavier Hay.** This photo is very engaging and vibrant, showing diverse colours. Like a piece of art, it's a photo you can look at for a long time without getting bored. Technically it's also well taken.

**Staff: *Made of the Right Stuff* by Luke Venables.** A thought-provoking photo description and strong photo. This was a difficult category to select a winner and included several photos that would have been good enough to win previous years of this category. Well done also to Ms Bec Thomas. Collectively her entries were of very high quality and her photo of a caribou in Alaska was a standout.



## Live music in the Learning Commons

The Library hosts a wide range of activities, and this week featured some of our talented musicians for music in the Learning Commons. This event saw the debut of Table 64, an original student band, performing four contemporary pieces of music for their peers at lunchtime. The crowd in the packed-out Learning Commons was entertained by Remi Raymond, Thomas Kyprios, Woody Holmes and Peter Muratidis with guitars, drums and the baby grand piano.

# Director of Student Wellbeing Programs

Philippa Douglas

This week we recognised the National Day of Action Against Bullying and Violence. Several activities across the school reminded students of the value of respectful relationships within our community.

Boys in Year 5 began their week with the Bully, Victim, Bystander seminar facilitated by Peer Power. This seminar examined the effects of each of these roles and explored practical ways to effectively address problems.

Some of the boys commented after the seminar:

*"The most helpful thing was the bit about the code of conduct. It will make me play more fair handball games."*

*"This seminar's information may impact my behaviour because I might stop and think about what was said before I do it."*

*"I can tell other friends that can you stop targeting me in handball. I can learn not to argue with the umpire. Not to fake injuries."*

*"I think the most helpful is when they told us what is bullying and what is not bullying and this will impact to when I know, where bullying is happening."*

Theatre company Shake and Stir explored the impacts of bullying in their show Unfiltered for the Year 8 student wellbeing lessons on Monday. This show focused on the world of social media by exploring issues such as consequences of actions, individuality, peer pressure and cyberbullying.



Perhaps the activities with the most impact were the result of student leadership. Under the stewardship of Ms Verdon, Year 10 Class Captains led a school wide initiative to bring awareness of National Day of Action Against Bullying and Violence. Boys facilitated a Chill Out Zone in the library each lunch this week, providing

an opportunity to have some friendly space to relax, read, work, chat, play board games or watch a movie. On Wednesday the Boarders' lawn was transformed into a Field of Action with students writing messages to show their support for a world without bullying. The week ended with Leo van Brunschot and Blake Konovalenko addressing the senior school assembly. Here is an excerpt from their speech.

*"Hopefully, you have seen the placards placed on the boarder's lawn on Wednesday and wondered why they were placed there in that formation. If you are not aware, today – MARCH 15 - is the National Day of Action Against Bullying. This week has been centred around actions against bullying in the school and personal environments.*

*'Bullying. No Way!' is a national initiative managed by the Safe and Supportive School Communities Working Group with aims to reduce the amount of bullying in Australian schools. The placards represent every boy at Brisbane Grammar School. The seven blank placards in the middle of the remaining 93 on the screen behind us represent the seven per cent of BGS students who still report feeling they are targeted or singled out by a group or individual in this school. The reason we have incorporated the 93 other placards is because bullying never goes away on its own. It takes a collective effort from all of us to remedy the situation. Although the BGS numbers for bullying at school are well below the national average of 33 per cent of school students, we must aim for zero tolerance and zero per cent. One person that feels unsafe or targeted in these grounds is one student too many."*

## **Student Voice | United Nations International Women's Day**

Last Wednesday Ryan Ah Yek, Daniel Skoien, Jack Ware, Mr Robertson and I had the privilege of attending the UN International Women's Day breakfast held at the Brisbane Convention Centre. International Women's Day is an opportunity to celebrate women who are achieving what women haven't had an opportunity to achieve in the past, and also recognise the cultural and economic changes that are occurring in society, changes that will see more women have an equal opportunity to succeed. It's also a time for discussion about where we are on the journey to global gender equity and what the best path forward is.

The theme for this year's UN International Women's Day was More Powerful Together. By one interpretation, this is the idea that reaching gender equity is something for which both men and women can work together.

At the breakfast, we heard of the successful efforts by the UN in the Pacific Islands to not only empower women with financial literacy, but to also engage men through establishing forums to involve them in the discussion about how to best create a culture of equality in their communities. By ensuring men are involved in the campaign for equity, progress becomes so much more attainable.

But the theme more powerful together also makes reference to the idea that both men and women benefit from gender equity:

The UN country program coordinator for Samoa described to us how similar UN programs in the small country of Niue were able to demonstrate not only the individual but also the broader economic benefits of greater equity between genders. With a population of only 1600 - about equivalent to the number of students we have at BGS - over the course of a few years, these UN programs are having a profound influence over how Niue society perceives the roles of women and men. In what once was a very patriarchal society, bound by traditional norms and stereotypes, men have begun to acknowledge women as equals. This cultural shift has led to a more effective meritocracy, as women are more likely to contest for jobs that have previously been dominated by men due to perceived gender roles. Niue has subsequently seen an increase in aggregate efficiency and economic output. Niue males and females are more powerful together because they now operate in a meritocracy that is less inhibited by gender bias and outdated ideas of what men and women can and should do.

Australia has progressed far further than Niue in this regard. But what was made clear during the breakfast is that we've come from a time not long ago where significant cultural prejudices, were accepted; and they are still prevalent today. It's important to understand that everyone in this room has an impact on the culture around them. The onus is on us to be vigilant against unconscious bias, against degrading actions and language. The onus is on us to actively seek and resist inequity within all our communities. If you would like to be involved in these important discussions, to understand the issues more, and lend your voice so men and women can be powerful together, I urge you to come along to the Gender Respect Committee, Thursday Lunch Times in N201. Be involved in creating the kind of society in which we can be stronger together.

**Thomas Bizzell**  
**Year 12 Public Purpose Prefect**

# Fundraising for farmers in need

In Week 4 of Term 1, Year 12 students participated in a sponsored team triathlon event over three separate days in aid of farmers in need, raising over \$1545. Organised by Rural Aid, **Buy A Bale** is helping Australian farmers battle the most crippling drought in decades. Following the flood in the North West Queensland, the Buy A Bale program is also providing immediate assistance to flood affected farmers.

The Team Triathlon was considered a great vehicle to bring the BGS student community together and raise greater awareness for those less fortunate. The initiative was planned and organised between the BGS Athletic Development Program and Year 12 student leaders, School Captain Nick Miller, Vice Captain Noah Rosemann and School Prefect Tom Rimmington.

Over \$500 of prizes were donated from several sports organisations: Vorgee, MAAP Cycling Apparel, TriShack, Triathlon Qld and 99 Bikes Everton Park. Prizes were awarded for standout performances from both individuals and the top team.

The Year 12 student leaders and ADP staff would like to thank all students, parents, and prize donors for donating to this great cause, as well as to those students who came out in a show of support.

**Jamie Youngson**  
**Director of Athletic Development**



# Future Problem Solving

## Future Problem Solving Competition Signup | Years 7 to 9

This year BGS is competing in Future Problem Solving (FPS). FPS is an international academic competition that runs all year. It teaches students to think creatively about the future as students research and analyse the topics set each year. This is a combined activity with Brisbane Girls Grammar School.

Meetings will be held **Tuesday afternoons from 3.15pm to 4.15pm in H301, starting Week 7**. Places are limited and competitive.

We are focusing on Year 8 students but experienced FPS students from Year 7 and Year 9 are also encouraged to apply. Interested students should look at the [FPS Australia website](#) and explore the Global Issues Problem Solving (GIPS) program for more details.

[Click here to apply.](#)

If you have any questions, please contact Mr Simon Canfield at [simon.canfield@brisbanegrammar.com](mailto:simon.canfield@brisbanegrammar.com).

**Simon Canfield**  
**Convenor - Future Problem Solving**

# Independent Study Afternoon

There will be an **Independent Study Afternoon (ISA)** for students in **Years 7 to 12** next **Tuesday 19 March**.

Lessons will finish at 12.45pm, and students are then permitted to either return home to study or to work in one of the School libraries, where supervision will be provided. Please note that **Years 5 and 6 students** will have a normal school day through to 3.00pm.

The ISA is timed to assist boys with managing their busy assessment schedule. I encourage you to speak with your son about his assessment and study load and how he plans to make effective use of this opportunity.

Our teaching staff will be working in their academic teams during the ISA, researching and developing curriculum. Educational research consistently tells us that collaborative teacher planning of curriculum and learning experiences is a significant factor in improved student learning outcomes.

## The format for the 19 March ISA is as follows:

**Years 7 to 12:** Normal classes (Periods 1-4) until 12.45pm, followed by ISA.

**Years 5 and 6:** Normal classes (Periods 1-4), followed by Sport during Periods 5 and 6.

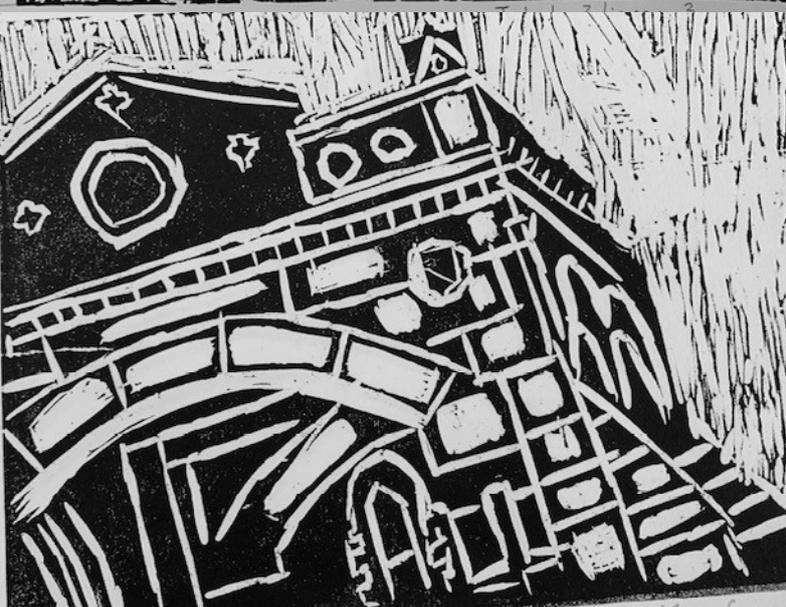
**The pick-up zone will be open from 12.45pm.**

**Frank McClatchy**  
**Dean of Administration**

# Art Department

Year 10 Art students are finalising their edition of prints in black and white. They will be hand colouring one before handing their prints in for assessment. Congratulations to the boys for creating outstanding professional prints inspired from their own photographs of BGS architecture.

**Sandy Elliott**  
Teacher of Art



# Deputy Head – Co-Curriculum

Greg Thorne

## GPS Swimming Championship

As anticipated, the 2019 GPS Swimming Championship provided one of the great contests in recent years, with the Brisbane Grammar School swimmers lifting to a new standard in every race, through until the last touch on the wall. Our team and coaches should draw pride in their performance, which positioned BGS to finish on the podium in second place. Our team in the Junior Championship earlier in the day lifted from sixth in 2018 to fourth this year. Another wonderful achievement.

Following the championship, our BGS Swimming community gathered to reflect on the season and acknowledge those involved. Here we heard stories of courage and endeavour, elevating the significance of the efforts in the pool, earlier that day.

My sincere thanks to all involved in our 2019 GPS Swimming season.

## GPS Head of the River

Over many years, I have come to understand the peculiar qualities which define the sport of rowing. It is not a sport for individuals. It is possible to prepare and train in part as an individual, however the boat classes contested at the GPS Rowing Championship are not singular. Crews of boys compete in either the coxed quadruple scull (four rowers and one coxswain) in Years 9 and 10 or, in Years 11 and 12 boys progress to sweep oar, competing in eights (eight rowers and one coxswain).

It is a technical sport, requiring sustained focus and concentration to develop and maintain good technique, which must be held throughout the entire race, especially when fatigue sets in.

Poor technique will quickly negate any positive gains made by a powerful crew.

It is a physically demanding sport, which tends to promote the rapid development of resilience. Anyone who has endured a rowing ergometer trial will attest to these demands at their most basic. The physical demands do not discriminate or offer advantages based on body shape or height, with good trainers often earning crew places over those with more stereotypical rowing physiques, who may not be prepared to do the work required.

It is a morning sport. Water conditions on the Brisbane River are best in the dawn hours and often poor in the afternoon, so the BGS Boatshed opens at 5.00am most mornings and boys are back at school in time to get some food and then proceed with their day.

The early mornings require discipline and organisation. Personal disorganisation affects an entire crew, the coach and potentially other crews. Sleeping in is not an option.

This discipline applies at the other end of the day too; students who row must get to bed early to not only recover, but cope with the mornings and optimise their own wellbeing.

It is a community sport. Many of the parents of our rowers are not only used to the early alarm on training and regatta days, but they are active in Tipperoo, our Rowing support group, ensuring that current and future BGS rowers can continue to enjoy this resource-intensive sport. This support continues to enable our successes on and off the water and it is greatly appreciated.

I have had the privilege of witnessing some of the on-water training over the last few weeks, sitting in the coaching boats with the coaches of the Year 11 First VIII, the Open Second VIII and the Open First VIII, as they have prepared these crews for the Head of the River.

These sessions reminded me that rowing is a sport of perspective. The boy sitting in bow (the front of the boat) has a completely different view to that of the coxswain. The coach's external perspective enables a view of the entire crew as they strive for synchronicity. The rowers, coxswains and coaches, all work together, each with their own perspective.

Many will never hear the whoosh of eight blades exiting the glass-like water surface together or the see the pastel reflections as the first sunlight of the new day strikes the unflinching faces of a unified crew, in the middle of technical drill, somewhere between West End and St Lucia. Those who see this sport up close, do come to appreciate all its beauty, challenges and benefits.

I wish to acknowledge and thank Mr Matt Marden, Director of Rowing, for his inspiring leadership of the program this season, along with his team of wonderful coaches who have given countless hours for the benefit of our students this season.

Congratulations to all boys who have endured a long preparation to earn the right to compete for BGS on Saturday at the Head of the River.

The BGS First VIII will take to the water on Saturday, having been expertly prepared for their race by coach and BGS Old Boy Mr David Weightman. They will give their all, together, as they have through every test this season. Our community will be cheering them on.



# Music

## Music Soiree and Welcome Function | Friday 22 March

5.00pm | Concert in the Great Hall

6.00pm | Welcome Function in The Lilley Centre

The concert season is almost underway here at BGS. It starts with the Music Soiree, featuring some of our finest ensembles in their first performance for the year. These include:

- Chamber Strings
- Guarneri Strings
- Grammar Singers
- Grammarphones
- Vocal Group
- Grammar Vocal Ensemble

It will be a short concert to showcase what Music at BGS has to offer. This free concert will make for a pleasant Friday afternoon of music.

We encourage you to then progress to the annual Welcome Function sponsored by the Music Support Group. It will be a relaxed opportunity to meet other Music families, whether you are new to the program or not. Everyone is invited to attend. There is no cost but you do need to [click here to register](#) by no later than Tuesday 19 March. Students are welcome to attend but must RSVP with their parents.

While you are enjoying refreshments, the music will continue. Various chamber ensembles will entertain you, including:

- Flute Ensemble
- Saxophone Ensemble
- Brass Quintet
- Trumpet Quartet
- Horn Quartet
- Clarinet Ensemble

Students involved in either the concert or the function that follows are reminded to look carefully at the email which outlines details of the afternoon. For further information, please contact the Music Office at [music@brisbanegrammar.com](mailto:music@brisbanegrammar.com) or 3834 5370.

We look forward to seeing you at the Soiree!

**Peter Ingram**  
**Head of Music**

# Cricket

Round 6 of the GPS Cricket season was always going to be our biggest challenge, as we came up against a very competitive Gregory Terrace in all matches. We were shown a real display in batting prowess as the GT batsmen managed to post team scores in excess of 150 runs in more than 15 matches. Some positives for BGS to come out of this round included the performances of our A-level teams, where we recorded wins and close finishes. We also recorded wins in the Second XI and Third XI, who maintained their undefeated seasons along with the 8Bs. Overall, we recorded 10 wins from the 35 GPS matches played and secured three wins at A-level. These results contained seven half-centuries, two partnerships of over 100 runs and three team totals in excess of 170 runs.

## Round 4 highlights

- Will Sheedy (9A) – 74\* (82)
- Oliver Spence (8A) – 70 runs
- Nicholas Fasone (8D) – 62 runs
- Tharuka Perera (8B) – 57 (68)
- Lucas Bryan (7A) – 57 runs
- Nick Jones (10C) – 55\* runs
- Luke Sciacca (Second XI) – 51 runs
- Harry Beirne (6A) – 49\* runs
- Henry Mercer (7B) – 49 runs
- Brendan Jeffery (11C) – 42 (35)
- Hunter Neep (6C) – 39\* runs
- Matthew Yannarakis (5A) – 35\* (25)
- Tom Siddle (11A) – 3/17 (7) and 28 (21)
- Alex Lu (10B) – 4/24 (6)

## Team of the Week

**9A – BGS 1/127 def GT 10/125**

Bowling first on what could only be described as a batsman's paradise, our boys were able to build pressure through tight bowling and excellent fielding to dismiss GT for just 127 runs. Nadula Tennakoon 3/23 (8) and Angus Tolhurst 1/22 (8) were the pick of the bowlers. Our batsman then came out and gave them a batting masterclass – cruising to the total in the 28th over for just the loss of one wicket. Will Sheedy was dominant with 74\* runs off 82 balls and Ben Mooney 40\* runs off 42 balls to go with his four catches. Congratulations boys!

## Player of the Round

**Matthew Yannarakis (5A)**

Being promoted to the 5A team after solid performances in the 5Bs, Matthew looked completely at home against the GT bowlers, retiring after his 20 allocated balls for 25 runs. He then came back in at the end of the innings and accelerated the team score to over 100 runs with some lusty blows. He finished with 35\* runs off just 25 balls. His innings proved to be the deciding factor in the match as our boys bowled GT out for 89 runs. Congratulations Matthew!

This weekend we take on Nudgee College with the First XI match being played at Allan Border Oval due to the Ross Oval grandstand being refurbished. I would like to encourage all players to be prepared to out-enthusiast our opposition from ball one. Might I also remind our players to play hard, but play the Grammar Way - which is always within the good spirit of our wonderful game.

## Save the Date

**Sunday 31 March | Cricket Presentation Afternoon for Years 5 to 12  
Queensland Cricketers' Club from 12.30pm – 3.30pm**

Invitations will be distributed shortly.

Good luck to all players and coaches this weekend.

**Trevor Irvine**  
**Director of Cricket**

# Cross Country

## Years 5 to 12 GPS competition

With only two and half weeks until our first meet, it is important that boys ensure they are well prepared by undertaking training. We will be testing next week to measure improvement from the start of the term. We will then group students into Platinum, Gold, Silver or Bronze.

Students in Years 7 to Year 12 who have signed on for the Cross Country camp will receive information via email next week. Reminder that squad members should enhance their aerobic capacity by completing a long run on Saturday or Sunday. A guide is listed below.

Week 6	Bronze	Silver	Gold	Platinum
<b>Saturday or Sunday</b>	25 min steady state run	35 min steady state run	45 min steady state run	55 min steady state run

## Upcoming Events

<b>Wednesday 3 April</b>	BSHS/BBC Cross Country   Minnippi
<b>Monday 8, Wednesday 10, Friday 12 April</b>	Holiday training   BGS 7.00am – 8.00am
<b>Monday 15 – Wednesday 17 April</b>	Years 7 to 12 BGS Cross Country Camp   Tallebudgera

Information on BGS Cross Country can be found on MyGrammar. This includes information on leadership, BGS selection for the GPS Championship, Age Championship calculation and selection for Met North.

If you have any questions regarding the Cross Country program, please contact Mr John Clancy at [john.clancy@brisbanegrammar.com](mailto:john.clancy@brisbanegrammar.com).

**John Clancy**  
**MiC Cross Country**

# Fencing

Congratulations to Jonathan Patchen in Year 11 for representing Australia in men's epee in the Asian Cadet and Junior Fencing Championship in Amman, Jordan earlier this month. The strength of fencing nations such as China, Korea, and Japan and emerging powers such as Iran, India, and Singapore essentially make this event a world championship.

In the teams event, Australia placed 10th finishing between Saudi Arabia and Iraq. Their encounter with Chinese Taipei finished 45 hits to 33, so they were not far behind the lead in that match. In the individual championship, Jonathan had great success in the pool, winning four of the five bouts and ranking eighth. After a bye, his last 32 bout against Lau Yee Hang of Hong Kong followed and Jonathan lost 15 hits to 10 – again a reachable target. Jonathan emerged in 20th place and was the highest-ranked Australian in the event. While other Australian fencers have been overwhelmed by Asian Championships, Jonathan Patchen was comfortable and fought well. With this experience and emerging confidence, we are sure the Jonathan can only improve in international competition.

## Sign on

The sign-on survey finished on Friday afternoon. If your son missed the sign on or is unsure about whether he filled out the survey correctly, please email Acting MiC [jim.hill@brisbanegrammar.com](mailto:jim.hill@brisbanegrammar.com) with 'Yes, put my son in fencing!' in the subject line.

**Mr James Hill**  
**Acting MiC Fencing**

# Rowing

The Rowing team has done the work ahead of the GPS Head of the River and is eagerly awaiting their opportunity tomorrow morning, Saturday 16 March.

Much excitement and anticipation has been brewing around the 2019 Head of the River. There are many races, especially the coveted Open First VIII race, that have been closely fought contests over the season. Anything can happen on Head of the River day at the big race.

The BGS rowers are well prepared after a very good week of training on the river. We have seen good improvements this week, with boys taking full advantage of their final training opportunities. I congratulate the boys on their discipline at and around training – especially noting the boys waiting for me at the rowing shed doors at 4.40am.

The boys are confident and looking forward to wearing their BGS zoot suit for the final time this season.

Last Saturday was the final lead-up regatta to Head of the River. Most crews had good rows and took key lessons from their races. I am excited to witness the races I know these young men are capable of tomorrow morning at Wyaralong Dam.

Good luck gentlemen.

## Regatta 5 results – Saturday 9 March 2019

### Points scored

School	Points
ACGS	110
GT	99
NC	91
TSS	73
BGS	51
BBC	41
BSHS	5

### Open First VIII

School	Points
NC	1st
GT	2nd
TSS	3rd
ACGS	4th
BBC	5th
BGS	6th
BSHS	7th

A note to any parents driving to please consult the information in the Community section of this newsletter. Parking will not be readily available at the dam and arrangements should be made to arrive early and catch one of the available shuttle buses.

**Matt Marden**  
Director of Rowing

# Swimming

The 2019 GPS Swimming season concluded last Friday with many exciting performances from both our Junior and Senior swimmers. Our Junior team placed a commendable fourth and our Senior team recorded a close second in a very tightly fought GPS Championship.

Our boys swam well against some very tough competition in the morning's Junior GPS Championship. There were many exceptional swims during the meet, with 40 personal best times recorded. Congratulations to Cashy Luo for breaking two individual GPS records on the day and to the members of the 11&Under 4x50m Medley Relay for also breaking the GPS record. Special mention to the following swimmers for winning their races:

Name	Event	Time
Cashy Luo	11&U 100m Freestyle (Div. 1)	<b>47.41</b>
	11&U 50m Backstroke (Div. 1)	<b>35.34 - GPS Record</b>
	11&U 50m Freestyle (Div. 1)	<b>31.27</b>
	11&U 50m Butterfly (Div. 1)	<b>33.33 - GPS Record</b>
	11&U 50m Breaststroke (Div. 2)	<b>43.16</b>
Max Gao	11&U 50m Breaststroke (Div. 1)	<b>43.29</b>
Cashy Luo, Max Gao, Charles Nelson, Archer Boorer	11&U 4x50m Medley Relay (Div. 1)	<b>2.29.82 - GPS Record</b>
Aaron Alphonso	10&U 50m Breaststroke (Div. 4)	<b>53.10</b>
Archer Boorer	11&U 50m Breaststroke (Div. 3)	<b>42.85</b>
Lachlan Baker	10&U 50m Backstroke (Div. 2)	<b>44.54</b>
Henry Slatter	12&U 50m Freestyle (Div. 5)	<b>32.35</b>

This was a very commendable result by our Junior GPS swimming team and an improvement from last year's result. I congratulate the team on the way they conducted themselves at the Championship.

With a huge army of supporters cheering on the BGS swimmers, the Senior GPS Championship promised to be a very exciting and close competition. Some gutsy swims from our early performers ensured we maintained our position in the top three schools from the beginning of the Championship. Hunter Pyne recorded our first victory of the afternoon, posting a winning time of 52.84 in the 16 & Under 100m Freestyle. This was a new GPS record and served to inspire confidence in the rest of the team. Not long after, Captain of Swimming Tom Rimmington comfortably won the Open 100m Breaststroke in an impressive time of 1.05.46. We went into the relays neck and neck with Nudgee and Southport and knew that we were in with a chance. Our relay swimmers performed commendably with many boys recording personal best times. An outstanding effort by our Open 4x50m Medley Relay consisting of Tom Crossley, Josh Hardess, Gus Whittome and Tom Rimmington to win their event was not quite enough to overtake Nudgee on the points table. It was a wonderful team effort by BGS that showed both individual talent and team depth. Special mention to the following first place-getters during the meet:

Name	Event	Time
Hunter Pyne	16&U 100m Freestyle	<b>52.84 - GPS record</b>
Tom Rimmington	Open 100m Breaststroke	<b>1.05.46</b>
Tom Crossley, Josh Hardess, Gus Whittome, Tom Rimmington	Open 4x50m Medley Relay	<b>1.48.43</b>

After the relays, the final placings for the GPS Championships were as follows. First - NC, 272 points; Second - BGS, 262.5 points; Third - TSS, 259.5 points. An excellent result for BGS Swimming.

I would like to take this opportunity to congratulate all swimmers for an outstanding and memorable season. Well done to our Captains Tom Rimmington and Michael Giles and the entire senior squad for their superb leadership of the GPS swimming team in 2019. Thank you to all of the parents who have supported BGS Swimming throughout the year, and to the BGS spectators who were in the stand on Friday. Finally, to our Director of Coaching Mr David Lush, Bobby Jovanovich and the extraordinary panel of coaches and support staff who have given up many hours of their time to ensure that the BGS swimming team recognised their full potential this season, I extend my sincerest thanks.

**Matt Logan**  
**MiC Swimming**



# Volleyball

Last Saturday most BGS teams travelled up the range to take on Toowoomba Grammar School. In what was another incredible performance by all teams, BGS was able to come away with 18 wins from 21 matches on the day. These impressive results place BGS in a commanding position moving into the final two rounds of the GPS competition against traditionally strong volleyball programs in Churchie and Gregory Terrace. Unfortunately, the BGS 7D and 7E teams went down fighting in supplementary fixtures against older and more experienced Nudgee teams.

In what can only be described as an empowering performance, the First VI were able to come back from the depths to win against a driven TGS First VI team. Narrowly going down 22-25 in the first and second set, the First VI were determined to claw their way back into the match. Debutante, Liam Scheel (Year 10) and First VI regulars Ali Rahmanian (Year 10), Ethan Stamatellos (Year 11) and Harry McGregor (Year 12) came to the rescue. With a fresh starting line-up, the BGS First VI took control of the match, winning the third and fourth sets 25-21, 25-18 respectively. The fifth and final set of any match is always a stressful and anxious time. The First VI focussed on little milestones along the way, trusting in the players and systems that put them back in the hunt. After an epic one hour and 40 minute match, I am pleased to report the BGS First VI emerged victorious, winning the fifth set 16-14. This week the playing group welcomes back Max Schmelzer and Ethan Harris, who missed the last two matches through injury.

Last Friday, I wrote to all players about accessing match footage from previous home games. Although there are still a few gaps (that will be filled in this week), I encourage all players to take the time to review their match and complete their Performance Reflection. All video data can be accessed via Stream – the link was provided in my email to students on Friday 8 March. Please follow the BGS Volleyball channel to stay up to date with new uploads. All recorded matches can be viewed by students of BGS, including First VI matches.

In what will be the toughest round of matches to date this week, I encourage all teams to rally as one tomorrow. On-court performance is a product of intent and enjoyment. Keep this in mind as you face your next challenge – how ever big or small. The last two matches are big for the BGS program, so if you have not experienced a First VI match yet, this week is a great opportunity.

## Coxy's three talking points from Round 5:

- **Highlight** – The new TGS sports centre – very impressive!
- **Lowlight** – Players still wearing black socks – **7E to Second VI are to wear white socks**
- **Team of the Week** – First VI (empowering performance)

Good luck to all BGS teams tomorrow. Remember to check the team list and draw carefully. As this is home fixture, there are duty commitments this week. **Team photos are also being taken this week. Remember to note three times – they could be in any order! The photo schedule is attached in the Community section of this newsletter.**

- Match time
- Duty time
- Photo time

All students staying back to support must change into full school uniform.

**Rhys Cox**  
**Director of Volleyball**

# Acting Head of Middle School

Rebecca Campbell

Today's Middle School assembly recognised the National Day of Action Against Bullying and Violence. Boys were reminded that the words and language they use can have long-lasting effects and should be carefully considered. Social media, mobile phones and gaming provide shields for students to hide behind, and this, coupled with impulsivity, can often result in poor choices. Encouraged to embrace the theme, 'Bullying No Way! Take Action Every Day', boys were reminded that they are an integral part of the solution and must not accept any form of bullying within their social circles.

One measure to address bullying is our Student Wellbeing mini audit each term. Students across Years 5 to 8 have recently completed the Term 1 survey, providing insight into the social dynamics within each year level. Data from the mini audit is then discussed by Form Tutors and Heads of Year.

As part of the Year 5 Student Wellbeing curriculum, Peer Power recently presented an interactive workshop titled Bully, Victim, Bystander, focusing on conflict resolution and how to manage negative interactions. Feedback from our Year 5 staff and students was extremely positive, and the workshop provided the boys with tangible ways to deal with disagreements and to spot the difference between bullying and a 'friendship fire'. As boys navigate early adolescence, they will experience conflict and make mistakes. Arming them with strategies to manage disagreements in a positive way will help them manage their emotions effectively and develop resilience.

Parents and students are encouraged to report any bullying concerns to Form Tutors or Heads of Year. Boys can communicate any concerns through the Student Wellbeing Register in Microsoft Teams. Once completed, an email is automatically generated and sent to the relevant Head of Year for follow up.

Several Middle School students recently entered the BGS Photography Competition. Today we announced the winner of the Middle School category, Jasper Lindgren. Judges were impressed that Jasper's winning entry *Imperfect Perfection* included an insightful description of the 'Diversity' theme. Congratulations to Jasper and to all boys who entered this competition.



Winning entry: *Imperfect Perfection* by Jasper Lindgren

Last Friday, we saw the culmination of months of dedication and hard work as our GPS swimmers competed in the GPS Swimming Championships at Chandler. It was wonderful to see such high levels of School spirit and camaraderie as the team worked together to represent the light dark blue. A special mention must also go to our Year 6 students and Spirit Committee who attended the carnival throughout the day to cheer on our swimmers.



As we approach the final few weeks of Term 1, parents are reminded to check assessment schedules carefully for assessment dates. Tiredness and irritability may begin to creep in as the workload increases and pressure mounts around the assessment period. Boys should be engaged in daily revision and should be encouraged to organise and prioritise their commitments over the next few weeks. A reminder that our Term 1 Independent Study Afternoon (ISA) for students in Years 7 to 12 will take place next Tuesday afternoon. Students in Years 5 and 6 will remain at the School and participate in a combined sport afternoon.

It was wonderful to catch up with so many parents at the P&F morning teas hosted by our parent representatives over the past few weeks. These events give parents the chance to meet and form connections which last throughout the boys' BGS journey. Parents can also connect through the School's official parent groups on Facebook. There is an individual group for each year level, moderated by the relevant Parent Representative as well as members of the School's Advancement and Community Relations team. If you have not yet joined your son's graduating year parent group [click here](#) and request to join the relevant group. Please note, there are certain protocols and expectations around the use of these parent groups, outlined below.

Rules	
01	<b>Appropriate behaviour</b> Parents are asked to model appropriate behaviour for their sons to follow in all social media interactions.
02	<b>Lost property</b> Direct lost property enquiries to the School Marshal office at Brisbane Grammar School, rather than posting to this group. Call 07 3834 5231 or 07 3834 5759
03	<b>Event information</b> Event information should only come from page or group Administrators to avoid incorrect information being disseminated.
04	<b>Posting photos</b> Discretion is advised when posting any photos or videos including children other than your son.
05	<b>Tagging</b> Refrain from tagging any students, including family friends, in photos posted to social media.
06	<b>No advertising</b> Parents should not use BGS social media pages for advertising any business. In the case of sponsorship for events, please ensure that sponsor placement is approved by Advancement and Community Relations.
07	<b>Complaints or issues</b> If you have a complaint or issue with something school-related, please contact the relevant staff member at Brisbane Grammar School rather than posting to this group.
08	<b>For more information</b> If you require further direction, in the first instance refer to the BGS Social Media Policy or contact Advancement and Community Relations at <a href="mailto:communications@brisbanegrammar.com">communications@brisbanegrammar.com</a> or (07) 3834 5322.

## Middle School survey

The Middle School Leadership Team is reviewing the Middle School philosophy and would highly value your input. We aim to discover what Middle School practices are highly valued by our parent community and receive feedback on areas needing improvement. If you would like to contribute, please complete the survey [here](#).

We thank you in advance for your consideration.

# Middle School Sport

Next week’s Independent Study Afternoon (ISA) on Tuesday 19 March during Period 5 and 6 will change the boys’ routines. Year 5 will have their regular Sport Afternoon and will be joined by all Year 6 boys. This combined Tuesday Sport Afternoon will replace the regular Year 6 Thursday session next week. Cricketers should bring their playing gear on Tuesday and non-cricketers require their PE uniform.

## Middle School Swimming

The Junior and Senior GPS Swimming Championships were held at Chandler last Friday.

The Junior swimmers were keen to improve on last year’s sixth place and the team succeeded, jumping two spots to finish in fourth place. There were several notable performances on the day with more than 40 personal best times recorded across the two championship race meetings. However, the swimmer of the meet was undoubtedly Year 5 Student Cashy Luo. Cashy won four individual Division One events, two of these in record times, as well as breaking a third record as part of the winning 11-years medley relay team. A remarkable achievement.

Our Senior team lost by the narrowest margin to Nudgee College. While our boys were unable to achieve their third consecutive GPS title, it was a wonderful effort from all involved.

Mr Logan has written in his section of the newsletter in more detail regarding results and outstanding performances from both meets.

Thanks to Swimming MiC Mr Logan, Head Coach David Lush and all their extraordinary staff for their wonderful efforts this season. Special thanks also to the parents that have contributed so much time and effort; the life of a swimming parent is not an easy one. Finally, thank you to our swimmers for their exceptional hard work and dedication. Well done.

Age	Swimmer of the Week
13 years	Kai Scott-Thompson
12 years	Maxim Kuznetsov
11 years	Douglas Forno
10 years	Dami Lu

## Middle School Cricket

Last Saturday’s games with our neighbours from Gregory Terrace lived up to expectation with some challenging matches for all Middle School teams. GT play a positive style of cricket and some of our teams could learn from their ability to punish the bad ball and to rotate the strike.

This week our teams play Nudgee College with our Years 5 and 7 teams at Northgate and the Years 6 and 8 teams away.

As mentioned earlier, the ISA will be held next Tuesday during Sport Afternoon. All Year 5 and 6 teams will be playing internal matches during this time with the 5A, 5B, 6A and 6B teams playing matches at Northgate. Transport will be provided. The bus will return to BGS by 3.30pm. More details will be sent home shortly.

Team	Won by	Team	Won by	Team	Won by	Team	Won by
5A	GT	6A	GT	7A	GT	8A	BGS
5B	GT	6B	GT	7B	GT	8B	BGS
5C	GT	6C	GT	7C	GT	8C	GT
5D	GT	6D	GT	7D	BGS	8D	GT
5D Sky	GT	6D Sky	GT	7D Sky	GT	8D Sky	BGS
				7D Navy	GT	8D Navy	GT

Team	Player of the Week	Team	Player of the Week
5A	Matthew Yannarakis	6A	Harry Beirne
5B	Henry Kerrigan	6B	Jack Van Der Westhuizen
5C	Max Butler	6C	Hunter Neep
5D	Eamman Conomos	6D	Tom Harris
5D Sky	Rohan Relan	6D Sky	Ali Rahim
Team	Player of the Week	Team	Player of the Week
7A	Lucas Bryan	8A	Oliver Spence
7B	Henry Mercer	8B	Tharuka Perera
7C	Ollie Peacock	8C	Isaac Smyth
7D	Mitchell Bellamy	8D	Nicholas Fasone
7D Sky	Aiden Xiao	8D Sky	Paul Nilsen
7D Navy	Julian Burcham	8D Navy	Perry Irwin

## Middle School Volleyball

Our trip to Toowoomba was a successful one this season with all Middle School Volleyball teams performing very well last Saturday.

This Saturday will be a more challenging round against Churchie at home in the ISC. **Photos will also be taken this week and the schedule with photo and match time is available on MyGrammar.** As you will see, the timeframe is very tight and it is important that all players are familiar with this schedule, are properly attired and are on time.

Team	Player of the Week	Team	Player of the Week
7A	Rupert Thynne	8A	Luke Murphy
7B	Darcy Carroll-Kirkwood	8B	Harry Cardell-Ree
7C	Bowei Chen	8C	Will Gatehouse
7D	Arthur Hames	8D	Henry Rodda
7E	Harvey Brand		

Team	Won by	Team	Won by
7A	BGS	8A	BGS
7B	BGS	8B	BGS
7C	BGS	8C	BGS
7D	NC	8D	BGS
7E	NC		

## Middle School Debating

After a week off for the GPS Swimming Championship last Friday, our debaters are back in action this week against Ipswich Grammar School here at Spring Hill.

The QDU Debating season got underway for our Year 8 teams this week. Congratulations to Henry Wang on being named the Year 8 Debater of the Week.

## Middle School Tennis

The Tennis Centre was busy last Sunday, as our Years 5 to 7 Tennis players vied to play in the BGS School Tennis Championship finals. This week will see the Year 8 boys play to progress to the finals, which will be held on Sunday 24 March.

**Glenn McFarlane**  
**Director of Middle School Sport**

# Volunteer Roster

Week commencing Monday 18 March 2019

Tuckshop (07) 3834 5229 | Grammar Shop (07) 3834 5347  
Roster Secretary Wendy Smith — email [wsmith@visis.com.au](mailto:wsmith@visis.com.au)

## Grammar Shop hours

Monday, Wednesday and Friday 7.30am – 11.00am

Tuesday, Thursday 7.30am – 9.00am

## Tuckshop hours

Weekdays 7.00am – 2.00pm

Week Four	Tuckshop Breakfast 7.00am – 8.00am	Tuckshop Morning Tea 8.00am – 2.00pm	Grammar Shop
<b>Monday</b> 18 March	Jenny Humphris	Renai Ridley (Team Captain)	Linda Miric
<b>Tuesday</b> 19 March	Lee Perkins	Lee Perkins (Team Captain)	Wendy Ricato
<b>Wednesday</b> 20 March	Humera Rahim Jill Johnston	Jill Johnston (Team Captain)	Danielle Jesser
<b>Thursday</b> 21 March	Bronwyn Jerrard	Meghan Mitchell (Team Captain)	Millie Yee
<b>Friday</b> 22 March	Catherine Ellemor Steph Mooney Jenny Humphris Sirie Pamos	Wendy Smith (Team Captain)	Simone Muller

## 2019 Calendar

### Term 1

Tuesday 29 January – Friday 5 April

### Term 2

Wednesday 24 April – Friday 21 June

### Term 3

Tuesday 16 July – Friday 20 September

### Term 4

Tuesday 8 October – Friday 29 November

## Upcoming Events

### Grammar in Concert

Sunday 19 May

### P&F Auxiliary Moogerah Excursion

Thursday 23 May

### Melbourne Community Event

Tuesday 28 May

### Sydney Community Event

Thursday 30 May

### Art Show

Friday 19 July

### BGS Open Day

Saturday 20 July

### BGS Golf Day

Friday 23 August

### BGSOBA Annual Reunion Dinner

Saturday 31 August



## Event Parking Information

SEQ Water, Rowing Queensland and GPS are working to ensure good traffic flow for all vehicles, and to ensure the safety of all rowers and spectators. Here are a few important things you need to know:

1. **ONLY** spectator buses, shuttle buses, member school boat and support group trailers, disabled permit holders, VIP pass holders, Rowing coaches and event officials will be able to access the Wyaralong Dam precinct.
2. Alternate parking is 15 kilometres (25 minutes) from Wyaralong, with shuttles running regularly from 5.30am throughout the morning.
3. Arrive at least 30 minutes earlier than normal.
4. Last bus shuttle to view the 1st VIII race (11am) leaves the carpark at 10.30am.

For more information visit [www.gpsqld.org.au](http://www.gpsqld.org.au)

**2019 GPS ROWING CHAMPIONSHIPS**

**SATURDAY 16 MARCH 2019**

**PARKING PLAN**



## CAR PARKING OFF SITE

Please plan to arrive in plenty of time for the 2019 GPS Rowing Championships.

To ensure the safety of rowers and spectators, and to ensure traffic flow, please note the following information:

**ONLY** spectator buses, shuttle buses, member school boat and support group trailers, disabled permit holders, VIP pass holders, Rowing coaches and event officials will be able to access the Wyaralong Dam precinct.

**All cars** will be parked at the alternate car park at Queensland Moto Park, located 15km past the Wyaralong Dam entrance, towards Boonah, at a cost of \$5 per

vehicle (including event program and return shuttle bus ride).

PLEASE NOTE: **No pets** permitted and this is a gravel/turf parking area; vehicles need to be capable on this terrain.

**Shuttle buses** will pick-up from Queensland Moto Park from 5:30am onwards, travel to and drop off at the spectators' headland within the Wyaralong Dam precinct. Return shuttle buses will run throughout the day until no longer required.

Additional buses have been allocated to ensure minimal waiting times for this shuttle service.



BRISBANE GRAMMAR  
SCHOOL

GPS Volleyball Team Photographs  
BGS Indoor Sports Centre cricket nets | 16 March 2019  
BGS v ACGS (Home Game)

Team	Photo Time	Match Time	Duty Time
7B	7.00am	8.00am	9.00am
7C	7.10am	8.00am	9.00am
7D	7.20am	8.00am	9.00am
7A	7.30am	9.00am	8.00am
7E	7.40am	9.00am	8.00am
8D	7.50am	9.00am	8.00am
8A	8.50am	10.00am	11.00am
8B	9.00am	10.00am	11.00am
8C	9.10am	10.00am	11.00am
9A	9.20am	11.00am	10.00am
9C	9.30am	11.00am	10.00am
10B	9.40am	11.00am	10.00am
9B	10.50am	12.00am	1.00pm
10A	11.00am	12.00pm	2.00pm
11B	11.10am	12.00pm	2.00pm
10C	11.20am	1.00pm	12.00pm
11C	11.50am	1.00pm	12.00pm
11A	12.00pm	1.00pm	2.45pm
Third VI	12.10pm	2.00pm	1.00pm
Second VI	12.20pm	2.00pm	1.00pm
First VI	1.15pm	2.45pm	12.00pm

**VENUE**  
ISC INDOOR  
CRICKET  
NETS

Please arrive  
at least  
5 minutes  
before your  
scheduled  
photo time

Please note that photos are taken either **before your match** or **before your duty** time.

The schedule is fairly tight, so it is important that all members of the team arrive at the designated time and place to have the photo taken quickly before you have to either warm-up for your

match or take your place for duty. No insert photos will be taken.



BRISBANE GRAMMAR SCHOOL

# P&F Auxiliary Moogerah Day Out



**You are invited to join fellow parents for a day out visiting the BGS Outdoor Education Centre followed by lunch at a local vineyard.**

## ***Date***

Wednesday 22 May

## ***Time***

8.30am to 4.00pm

## ***Tickets***

\$75.00 \*

## ***Morning Tea***

Pepperina Hill  
1156 Lake Moogerah Road, Moogerah

## ***Lunch***

Kooroomba Vineyard & Lavender Farm  
168 Bells Road, Mount Alford

**Purchase Tickets**

Closing Date - Tuesday 14 May 2019

**Limited tickets available.**

\* Price includes bus transport, morning tea and two course lunch.

Transport by bus only. Buses will depart the School at 8.30am and return by approximately 4.00pm

**For more information please contact**

**P&F Auxiliary Vice President Leisa Chapman**

**T 0412 038 119 E leisachapman@bigpond.com**

# 50th annual BGS Art Show 'Aurum'

The Brisbane Grammar Art Support Group is delighted to present the 50th Annual Art Show, *Aurum*.

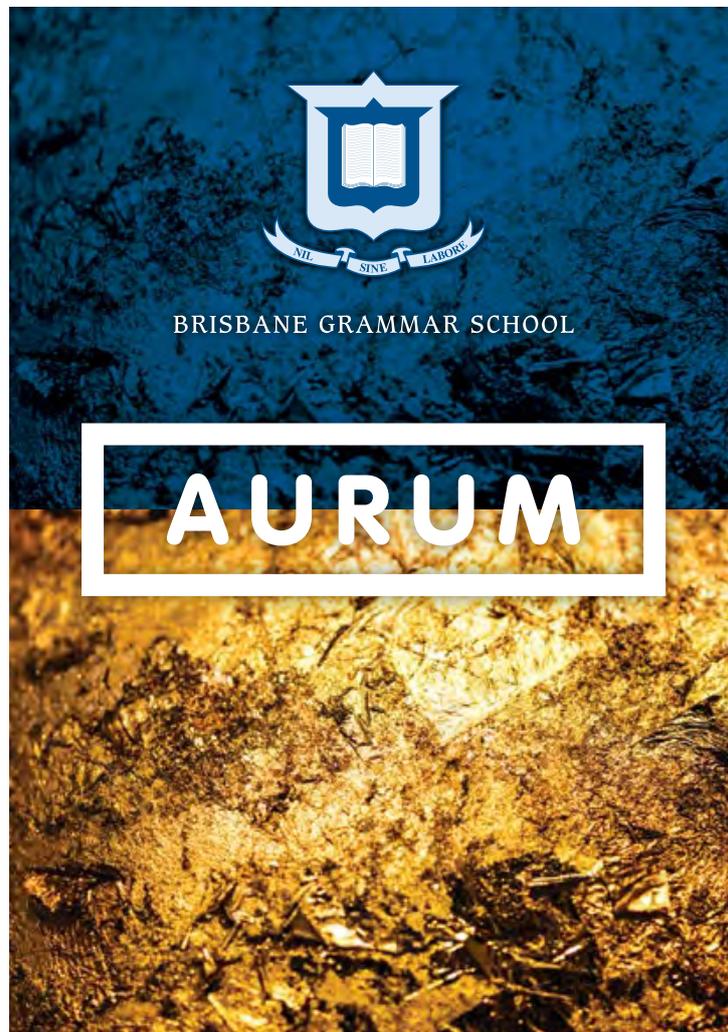
The event commences with a ticketed Gala Opening on Friday 19 July at 7pm, followed by free admission on Saturday 20 July 10am to 3pm, coinciding with Open Day. Tickets include canapés, supper, beer and wine, plus there is parking available during the event.

The Annual Art Show originally coincided with Foundation Day and the date was later moved so as to accompany the celebrations of Open Day. The Art Support Group for 50 years has raised funds for the development and maintenance of the School's Art Collection, which is displayed throughout the campus. The Art Show itself aims to enrich the cultural life of the students and wider School community.

For more information and previews of available works, please visit the Instagram account [@bgsartshow](#) or Facebook page [BGS Annual Art Show](#).

For information about the Art Support Group, please email [art.committee@brisbanegrammar.com](mailto:art.committee@brisbanegrammar.com).

**Tickets will be on sale soon.**





# BGS MUSIC 2019 Welcome Event

Friday 22 March

## **Music Soiree**

5.00pm

Great Hall

## **Music Support Group Welcome Function**

6.00pm

The Lilley Centre

RSVP:

Tuesday 19 March

<http://bit.ly/msgrsvp>



*Are you looking for a pleasant afternoon of excellent music? Are you new to the BGS Music community? Would you like to find out more about what will be on offer in 2019? Would you like to share a drink and some conversation with friends?*

The Music Support Group invites you to join us to meet other Music program parents, hear what is planned for BGS Music in 2019 and enjoy the performances of our wonderful musicians.

The event begins with the Music Soiree concert in the Great Hall including performances from choirs and string ensembles. The entertainment continues with chamber music performances in The Lilley Centre while you mingle with Music staff, the Music Support Group and other Music families.

Food and drinks will be provided during the evening.  
RSVP via MyGrammar | Music or <http://bit.ly/msgrsvp>

*The Music Support Group is made up of volunteer parents who assist and support the Music Department and Music participants at the School. This includes assisting at performances, running Music events and raising funds throughout the year to contribute to the Music Department to purchase much-appreciated resources.*

# Help our fundraising cause!

Support us and treat yourself!

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120+ Contemporary Dining Offers!	\$50 value	\$50 value	\$40 value	\$60 value	\$50 value	\$50 value and many more...
300+ Casual Dining Offers!	\$40 value	2 for 1	\$30 value	\$30 value	\$40 value	\$40 value and many more...
220+ Takeaway and Attraction Offers!	2 for 1	2 for 1	2 for 1	2 for 1	2 for 1	2 for 1 and many more...
2,000+ Travel and Retail Offers!			<small>View my holiday</small>		<small>No Boundaries Campervan, 4WD, Car Rentals</small>	<small>Specialist Dental</small> and many more...

Every sale contributes to our fundraiser, so purchase your Entertainment Membership today!

Brisbane Grammar School - Music Support Group

Order your Memberships online today!!

[www.entbook.com.au/221b914](http://www.entbook.com.au/221b914)





BRISBANE GRAMMAR SCHOOL

# Year 11 Cocktail Evening



**You are invited to join fellow Year 11 parents for a cocktail evening at Green Beacon Brewing Co on Friday 22 March.**

***Date***

Friday 22 March

***Time***

From 6.30pm

***Tickets***

\$35.00

***Venue***

Green Beacon Brewing Co, 26 Helen Street, Teneriffe

**RSVP**

by Monday 18 March 2019

**For more information contact  
Year 11 Parent Representative, Wendy Keir  
0418 797 145 or [dwkeir@bigpond.com](mailto:dwkeir@bigpond.com)**



BRISBANE GRAMMAR SCHOOL

# BGS Volleyball End of Season Function



## Please join us in celebrating the 2019 GPS Volleyball Season

### *Date*

Sunday 24 March 2019

### *Time*

1pm to 2pm – Annual Kerridge Cup Match

(First VI vs Old Boys VI)

2pm to 3pm – Presentation of awards

3pm to 4pm - Celebration of the season

### *Tickets*

\$15 per person

Please bring a sharing plate

### *Venue*

Indoor Sports Centre, Brisbane Grammar School

RSVP here

by Wednesday 20 March 2019

For more information please contact  
Louise Evans – PA to Deputy Head Co-Curriculum

T 07 3834 5256 E [louise.evans@brisbanegrammar.com](mailto:louise.evans@brisbanegrammar.com)



BRISBANE GRAMMAR SCHOOL

# BGS Sailing End of Season Function



## Please join us in celebrating the 2019 GPS Sailing Season

### *Date*

Thursday 28 March 2019

### *Time*

7.00pm for 7.30pm

### *Tickets*

\$70 per person

(2 course meal, adults' drinks not included)

### *Venue*

Queensland Cricketers' Club, 411 Vulture St, East Brisbane QLD 4169  
QC Club private, secure car park located at 87 Linton Street, East Brisbane –  
street parallel to Vulture Street

### *Dress*

Smart Casual \*students to wear summer uniform

[RSVP here](#)

by Thursday 21 March 2019

For more information please contact  
Louise Evans – PA to Deputy Head Co-Curriculum

T 07 3834 5256 E [louise.evans@brisbanegrammar.com](mailto:louise.evans@brisbanegrammar.com)



BRISBANE GRAMMAR SCHOOL

# BGS Cricket End of Season Function



## Please join us in celebrating the 2019 GPS Cricket Season Year 5 - 12

<i>Date</i>	<i>Time</i>	<i>Tickets</i>
Sunday 31 March 2019	12.30pm to 3.30pm	\$45 adults \$15 students

### *Venue*

Queensland Cricketers' Club, 411 Vulture St, East Brisbane QLD 4169

### *Dress*

Smart Casual \*students to wear summer unifrom

[RSVP here](#)

by Monday 25 March 2019

For more information please contact  
Louise Evans – PA to Deputy Head Co-Curriculum

T 07 3834 5256 E [louise.evans@brisbanegrammar.com](mailto:louise.evans@brisbanegrammar.com)



BRISBANE GRAMMAR SCHOOL

# BGS Football Welcome Function 2019



Please join us in celebrating  
the 2019 GPS Football Season

*Date*

Thursday 4 April 2019

*Time*

6.30pm - 9.00pm

*Tickets*

\$25 per person

*Venue*

Function Room  
The Lilley Centre  
Brisbane Grammar School

RSVP here

by Monday 1 April 2019

For more information please contact  
Louise Evans – PA to Deputy Head Co-Curriculum

T 07 3834 5256 E [louise.evans@brisbanegrammar.com](mailto:louise.evans@brisbanegrammar.com)

# Get creative and learn to code at Australia's highest rated school holiday camp!

More than 50,000 Aussie boys and girls have loved Code Camp so far.



Sponsored by 

Powered by 

## Why kids & parents love Code Camp!

Rated 4.9 on ProductReview.com.au with over 400 5-star reviews!

"Was tentative to do it at first, but after the first day was absolutely in love with code camp. Insisted on wearing hat and t-shirt for the next 2 days. Post-camp, he has continued to build on his game and now shares it with his school friends and family."

**Stuart, Melbourne**



"My daughter loved her code camp and will be back for more... The experience was great, teachers were fantastic and the follow up emails with more activities has been unbelievable..."

**Katie, Sydney**



"The end result is far and away the best programming teaching environment I have ever seen. Seriously now my primary school child can program in JavaScript."

**Jeffrey, Melbourne**



### Book with confidence

We are so sure your kids will love Code Camp, if they don't want to come back after Day 1, we'll refund the remaining days!



16-18 April  
8:30 AM - 4:00 PM



Brisbane Grammar School



Computers Provided

[www.codecamp.com.au/brisbanegrammar](http://www.codecamp.com.au/brisbanegrammar)

Alternate dates and locations available (no camps on public holidays)

# Awards Chronicle

Proud family members and interested amateur historians may be interested in a new resource available on the History page of the Brisbane Grammar School website.

An **Awards Chronicle** has been created as part of the BGS sesquicentenary history project. It contains 114 prize lists, with over 6000 entries in a searchable database. Academic prizes, scholarships, captains and champions of sport are all listed.

New lists have been created to coincide with the publication of the new School history book, *Light Dark Blue: 150 years of learning and leadership at Brisbane Grammar School*.

The focus is on Year 12 and each list is based on the current prize as its starting point. Many prizes have changed endowments or conditions over the years and these are noted in the accompanying blurbs. Some prizes were eligible to both Year 11 and Year 12 (Form V and VI), but only Year 12 recipients are on these lists. We hope to expand the lists in the future.

To create this database, each entry was entered manually and while every care was made to ensure the information is accurate, it is possible some inaccuracies may be present. The database will continue to be developed and edited, but if you see an error in the lists or have a query, please email [communityrelations@brisbanegrammar.com](mailto:communityrelations@brisbanegrammar.com).

We hope you enjoy this resource. Please click below and follow the instructions at the top of the page to choose and filter the lists you wish to view.

**Please note that the chronicle is optimised for desktop viewing and will not display properly on mobile devices.**

## Parents and Friends' Association Notice of Annual General Meeting

**The Brisbane Grammar School Parents' and Friends' Association (Inc.) ("BGS P&F") AGM will be held next week on Wednesday 20 March 2019 in The Lilley Centre Function Room, Brisbane Grammar School, 24 Gregory Terrace, Spring Hill commencing at 6.30pm.**

Parents or guardians of students currently attending Brisbane Grammar School and Friend Members are members of the BGS P&F and are entitled to attend and vote and are eligible to nominate for positions on the Management Committee.

### **Election of Management Committee**

The voluntary positions of President, Vice President, Secretary and Treasurer will be declared vacant. **Note that nominations for positions have now closed.**

Light refreshments will follow the AGM and all current BGS parents and friends are welcome to attend.

Further enquiries should be directed to the P&F Secretary, Kristine Luke, at [kristine.luke@gmail.com](mailto:kristine.luke@gmail.com).

### **Kristine Luke**

**Secretary, The Brisbane Grammar School Parents' and Friends' Association (Inc.)**



## Sleep for better health, resilience and performance

**Approximately 30% of primary school children and 70% of teenagers are sleep deprived. This is having significant consequences on many areas of their lives such as:**

- Learning and academic performance: sleep helps concentration and motivation along with consolidation and strengthening of new information and memories
- Emotional and mental health: studies show students who are sleep deprived are more likely to suffer from depression, anxiety, negative body image and low self-esteem
- Behaviour and decision making: sleep deprivation affects decision-making capacity, has a negative effect on behaviour and relationships, and increases risk of accidents
- Body systems: sleep deprivation affects children's physical growth, brain development, immune system and plays a key role in weight gain

**The aims of the evening include:**

- Creating an awareness of the current level of sleep deprivation among students and the effect this is having on all aspects of their lives
- Empowering parents with the knowledge, practical strategies and tools to make informed decisions regarding sleep health for all members of their family
- Providing information for parents regarding options for professional help where required

**Topics covered:**

Further details via the following link: [The Sleep Connection: Program Overview](#)

- Why do we need sleep?
- What happens to our brain and body when we sleep?
- How much sleep do we need to function optimally?
- Effects of sleep deprivation on our learning, emotional health, behaviour and body
- Causes of sleep deprivation including physical, psychological, habits and lifestyle
- Impact of electronic devices on sleep
- Signs of sleep deprivation
- Smart sleep habits
- Access to sleep diary
- Where to get further information and/or professional help



### Lisa Maltman

Lisa is passionate about healthy sleep and concerned about the fact that over 30% of primary school children and 70% of teenagers are sleep deprived. This is having significant consequences on many areas of their lives such as learning and academic performance along with their emotional and mental health.

*The Sleep Connection* was established by Lisa to meet the growing need to educate students, teachers and parents in schools on the importance of sleep health.

Lisa collaborates with key Australian adolescent sleep specialists and psychologists from the Woolcock Medical Institute in Sydney, which is world renowned in the area of sleep research.

Lisa is trained as a registered nurse and has spent much of her career in business development, corporate and sleep health. She is married with two daughters in high school.

Lisa looks forward to sharing the *Sleep for Better Health, Resilience and Performance* message with you.

<b>Date</b>	<b>Time</b>	<b>Venue</b>
Monday 18 March 2019	6.00pm to 7.00pm	The Lilley Centre Forum

**RSVP here**

Brisbane Grammar School Music Support Group

# EASTER 2019

# SALMON DRIVE

## Fresh and Premium Tasmanian Smoked Salmon \$49 per 1kg pack

Each resealable pack contains a salmon fillet of exactly 1kg that is pre-sliced and vacuum-sealed to ensure absolute freshness. Salmon can be refrigerated for up to 3 weeks or frozen for up to a year.

### ORDER NOW

ORDERS CLOSE: Sunday 24 March

Payment by direct debit or cheque made payable to "BGS Music Support Group"

#### COLLECTION

3pm - 6pm Tuesday 2 April from the BGS Tuckshop.

#### ENQUIRIES

Tammy: [tamal@bigpond.com](mailto:tamal@bigpond.com) / 0409 032 047 or Karen: [ktseifert@hotmail.com](mailto:ktseifert@hotmail.com) / 0437 551 861

**Return the form below to the music office OR by email to [tamal@bigpond.com](mailto:tamal@bigpond.com)**

NAME:

EMAIL:  PHONE:

NUMBER OF PACKS:  @ \$49 each TOTAL:

PAID BY:  DIRECT DEBIT  CHEQUE (returned to music office)

BSB: 484 799 ACC: 00016 0631 Reference "salmonNAME"



# HAPPY EASTER!



## Year 10 Public Purpose Easter Egg Raffle



- When:** Throughout Term 1. Drawn in Week 10 of Term 1.
- Where:** Year 10 Public Purpose members will be visiting all year level social spaces and outside of The Lilley Centre at lunchtimes.
- How:** Bring cash or coins to school and purchase a raffle ticket from the Public Purpose members.
- Cost:** \$1/ticket; \$2 for 3

# BGS150 memorabilia

*Light Dark Blue: 150 Years of Learning and Leadership at Brisbane Grammar School* is available for purchase now. The beautiful 500-page hardcover book updates the BGS story with previously untold anecdotes, rare photographs and illustrations. With a limited print run, it is sure to become a sought after collector's item. Standard edition and limited editions available.

[Click here](#) to order *Light Dark Blue*.

[Click here](#) to view all BGS150 memorabilia – limited stocks remain.

## BGS150 History Book Purchase now





BRISBANE GRAMMAR SCHOOL

**Brisbane Grammar School**

Gregory Terrace  
Brisbane QLD 4000

**T** +61 7 3834 5200

**E** [communications@brisbanegrammar.com](mailto:communications@brisbanegrammar.com)

**W** [brisbanegrammar.com](http://brisbanegrammar.com)

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