

SHS Hot Lunch Menu by DElectable BBQ & Catering

January 2020


Daily Lunch Options

Baked Potato Bar w/entree sides \$5.15

8" Turkey & Cheese Sub Sandwich or Ham & Cheese Sub Sandwich with Chips \$6.00 Ham or Turkey Croissant Sandwich with Chips \$6.00

BBQ Chicken. Chicken Caesar Salad Wrap. Southwest Chicken Wrap or Tofu Wrap with Chips \$6.00

Caesar Salad-\$5.15 Chicken Caesar Salad-\$6.00 House Salad -\$5.15 Cobb Salad-\$6.00 Chicken Southwest Salad \$6.00, Add Avocado - \$0.50

Monday	Tuesday	Wednesday	Thursday	Friday
			2 NO SCHOOL	3 NO SCHOOL
6	7	8	9	10
Fresh Made Buttermilk Chicken Tenders Corn Applesauce Mini Muffin	Scratch Made Mac & Cheese Fresh Fruit Cookie	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	Hot Cakes Sausage Links Fresh Strawberries	Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie
13	14	15	16	17
Grilled Ham and Cheese Sandwich Fries Corn Cookie	Chicken Burrito Bowl Black Beans Cilantro Lime Rice Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Veggies Brownie	Cheeseburger, Hamburger or Veggie Burger Fries Mini Yogurt Parfait	Chicken or Tofu Teriyaki Brown Rice Veggies Cookie
20	21	22	23	24
NO SCHOOL	Chicken or Veggie Yakisoba Side Salad Cookie	Nonna's Homemade Meatball Sub Fresh Veggies Brownie	Hot Cakes Sausage Links Fresh Strawberries	Fresh-Made Pizza Cheese or Pepperoni Oranges Cookie
27	28	29	30	31
Homemade Chicken Noodle Soup Dinner Roll Applesauce Rice Krispy Treat	Cheese Quesadilla Black Beans Chips & Salsa Churro	Penne Pasta with Nonna's Homemade Meat Sauce or Butter Noodles Fresh Veggies Brownie	Cheeseburger, Hamburger or Veggie Burger Fries Mini Yogurt Parfait	Hawaiian Plate Kalua Pork Macaroni Salad Rice Cookie

Menu Items Contain Gluten, Dairy, Soy & Eggs. Gluten Free, Dairy Free, Soy Free & Egg Free Hot Lunch Options are available