SUGGESTED PACKING LIST - CAMP CANADENSIS

FYI...check it out: www.canadensis.com

A rolling suitcase or, preferably, a soft carrying case like a duffel bag, with the student's **name** clearly marked, will be best for clothes and other personal belongings. The fewer pieces of luggage, the better.

Students are required to carry their own bags to their cabin.

** No snacks on the bus ride up to camp and on the bus ride coming home ** **If it is not on this list - Do Not Bring It**

If you are bringing snacks for the cabin, make sure all snacks are in plastic zip lock bags.
All snacks must be chosen from the safe food school list. See school website for complete list
(NO PEANUTS)
Bedding (sleeping bag or sheets, small pillow & blankets) tied tightly and clearly labeled with
 student's name on it
Rain gear and waterproof boots (check the weather prior to trip)
Warm outerwear for evening (hoodie, sweatshirt, small jacket)
Sturdy footwear: hiking shoes or old sneakers
5 pairs of socks and 5 pairs of underwear
2 sets of outer clothing (long pants for hiking, shorts for recreation)
Night wear (pajamas, sweatsuit, nightshirts)
Bath towels, washcloths, soap & small bottle of shampoo
Hair comb/brush
Toothpaste and toothbrush
Drawstring bag/cinch bag
Deodorant (NO AXE BODY SPRAYS)
Beach or shower footwear - for cabin use only
 Bathing suit & Beach towel
Sunscreen lotion or sunblock preparation
Flashlight (small)
Chapter book or magazine to read and small games
Small plastic Bags (for wet suits, towels or washcloths)
Water bottle that can be refilled with your name on it!
 Baseball hat (for hiking with name on it)
 Pocket size tissues packs (1 or 2)
 _ Insect repellent
 Lip Balm (for chapped or sunburned lips)
 Bringing a camera is optional, as long as the student accepts responsibility for it and it is
clearly marked with their name on it. (Disposable cameras are a good choice)

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Daily medications (These must be brought to the 6th grade office, Attn: Mrs. D'Avella **Between the dates:** Monday, May 4 and Monday, May 18, 2020 per the medication instructions.)