



Student Health Report Card 2019-2020

One of the primary functions of Coordinated School Health (CSH) is to address health related barriers to learning for Maryville City School students. As part of the state-mandated health screening process, CSH performs dental, vision, hearing, blood pressure, and body mass index screenings for grades preK, K, 2, 4, 6, 8 and high school Wellness classes. Students in 6th grade are screened for scoliosis. These screenings are not a diagnosis and should not be considered a medical examination. It is advised that the student receive regular wellness check-ups with his/her pediatrician as deemed necessary.

Student Information

Name Jane Doe
School
Grade
School ID
Address

Basic Health Profile

Birth Date 10/3/2000 **Blood Pressure** 102/70
Gender F **Body Mass Index** 17.29
Weight 90
Height 60.5
Exam Date 10/3/2015

Blood Pressure Screening

*Blood pressure results are preliminary. If a student's BP is beyond the 90th percentile for their age, they are sent to the school nurse for two rescreeens. If the average of the BP results is still beyond the 90th percentile, the school nurse will contact the parent with a recommendation to see their health care provider.

Blood pressure normally rises and falls throughout the day. But if it stays high for a long time, it can damage your heart and lead to health problems.

Body Mass Index Screening

Body Mass Index (BMI) is a person's weight in kilograms divided by the square of height in meters. For children and teens, BMI is age- and sex-specific and is often referred to as BMI-for-age. In children, a high amount of body fat can lead to weight-related diseases and other health issues and being underweight can also put one at risk for health issues.

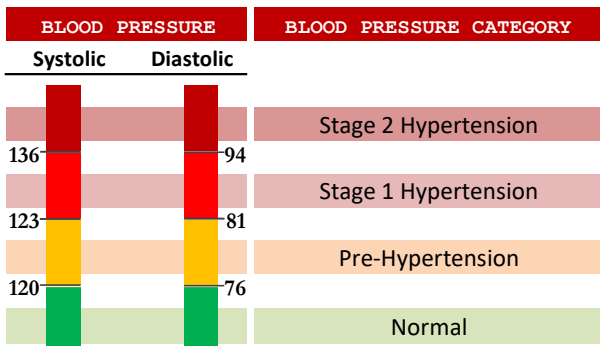
For children and teens, BMI is not a diagnostic tool and is used to screen for potential weight and health-related issues

Blood Pressure (BP) Category

Your Blood Pressure Reading is 102/70 mmHG

Systolic: 102 mmHg
 Diastolic: 70 mmHg

If the student's systolic BP is above 120 OR diastolic BP is above 76, then it is recommended that the student follows up with his/her pediatrician. The table below can be used to help categorize the student's BP.



Instructions: The student's BP is listed above. Compare the student's systolic BP with the systolic BP ranges located on left side of the table. Compare the student's diastolic BP with the diastolic BP ranges located on right side of the table.

BMI Category

Your BMI Reading is 17.29 kg/m2

If the student's BMI does not fall between 15.17113 and 21.36951, then it is recommended that the student follows up with his/her pediatrician. The table below can be used to help categorize the student's weight.

If the student's Body Mass Index (BMI)...

Is below 15.17113 then the student may be Underweight .
Is at OR above 15.17113 but below 21.36951 then the student may be Normal weight .
Is at OR above 21.36951 but below 24.6342 then the student may be Overweight .
Is at or above 24.6342 then the student may be Obese .

Additional Health Screenings

If the student failed any of these screenings, it is suggested that you follow-up with his/her pediatrician. Note: P = Pass, F = Fail, & UT = Untestable.

Vision **P** Dental **P**
 Hearing **P** Color Vision **NA**
 Scoliosis **NA**

*NOTE: NA indicates that no information is available.