

# Eden Prairie Schools Wellness meeting:

Date of meeting 11-12-19 (3 p.m. @ Admin Services Ctr Riley Creek Rm)

Attending: Kristin Treptow, Roxann Roushar, Herman Moncada, Chuck Knuth, Amanda Nagy, Amy Antilla, Mary Cryer & Vishalli Alagappan, Summer Beecher, Jenn Krajacic & Erin Gunelson

Agenda:

1. Introductions – Since there were a few new faces we did introductions.

## **2. Triennial Assessment**

- a. MN Department of Education will audit our wellness policy every three years (exact date is not yet known for the state to audit Eden Prairie's policy).
- b. The State's goal is to identify if we meet the state's standards in creating and implementing the policy.
  - i. The state's assessment will highlight where our policy and program are strong and areas where we can improve.
- c. There are 67 questions in the assessment and in this meeting we covered about 40% of them. Amanda read the questions and we as a committee ranked each question: 0 – our policy does not meet the standard, 1 – it meets the standard but better / more clear & measurable wording could have been used, or 2 – our policy meets the recommended wording.
  - i. More than half the questions we answered were a 1 meaning we plan to improve the wording of this sections wellness policy description on the next/future draft we create. We had several 0's and several 2's also.
    1. It is an interesting and important note that most of the time we ranked a question a 0 there was an updated version of the recommended policy from the State that was issued after we updated our policy.
    2. Our wellness policy was first adopted by our school board on August of 2012 and our current policy was last updated in June of 2017.
    3. An example of a question where we ranked our policy a 0 is regarding "Farm to School" language in the policy. The State now recommends this but that was after we last updated our policy.
- d. The next steps are for Jason and the nutrition team to discuss where and how to finish up the 60% of the questions remaining. This may be in a separate meeting or piggybacked to the next wellness meeting.
  - i. Once our "internal" assessment is completed we then stage that for the state audit; however, that date is yet to be locked in.
- e. The good news of all of this is basically we are building a list of areas (wording) in the current wellness policy that we will update later this year or next so that our next updated policy is the most accurate, easy to read and measurable as it can be.

3. Next meeting – January 14<sup>th</sup>, 2020 (3 p.m. @ Admin Services Ctr Riley Creek Rm)