




FEBRUARY 2020

White Bear Area Senior Center
2484 East County Road F, White Bear Lake
651-653-3121



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7
9:30 Aerobics -Dance Center	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
10:00 Ukulele Bears	8:30 AARP Smart Driver Class 9:00 Medicare Counseling	9:00 Woodcarving 9:00 Adult Coloring 10:30 News & Views	10:00 Yarn B's <i>11:30 at White Bear Lake Library Medications and You</i>	9:30-3:00 Foot Care 10:00 Duplicate Bridge
12:00 Mah Jongg 12:30 Cribbage 12:30 Duplicate Bridge	12:30 500 Cards	12:00 Pinochle 12:00 Contract Bridge <i>1:00 Friends Who Care meet at TGIF</i>	12:00 Mah Jongg 12:30 Cribbage 1:30 Dominoes	1:00 In Stitches
10	11	12	13	14
9:30 Aerobics -Dance Center	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
9:30 Ukulele Beginners 10:00 Ukulele Bears	9:30-3:00 Foot Care 10:00 Senior Craft Class Lavender Flowers	9:00 Woodcarving 9:00 Adult Coloring 10:30 News & Views 12:00 Pinochle 12:00 Contract Bridge 1:00 Friends Who Care at Senior Center	10:00 Yarn B's <i>11:30 TED Talks, WBL Library Feeling depressed & anxious</i> 12:00 Mah Jongg 12:30 Cribbage 12:30 AARP Smart Driver Class	9:30-3:00 Foot Care 10:00 Duplicate Bridge 1:00 In Stitches <i>Happy Valentine's Day!</i>
12:00 Mah Jongg 12:30 Cribbage 12:30 Duplicate Bridge	12:30 500 Cards 5:00pm AARP Smart Driver			
17	18	19	20	21
NO Aerobics	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
Meals on Wheels and Senior Center CLOSED	9:00 Medicare Counseling	9:00 Woodcarving 9:00 Adult Coloring 10:30 News & Views 9:00-11 Computer Help	10:00 Yarn B's	9:30-3:00 Foot Care 10:00 Duplicate Bridge
 Presidents Day	12:30 500 Cards 12:30 AARP Smart Driver Class	12:00 Pinochle 12:00 Contract Bridge 12:30 AARP Smart Driver Class <i>1:00 Friends Who Care meet at Rudy's Redeye</i>	12:00 Mah Jongg 12:30 Cribbage 1:30 Dominoes	1:00 In Stitches
24	25	26	27	28
9:30 Aerobics -Dance Center	9:30 Yoga at Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center	9:30 Aerobics -Dance Center
10:00 Readers Chat	9:30-3:00 Foot Care	9:00 Woodcarving 9:00 Adult Coloring 10:30 News & Views 12:00 Pinochle 12:00 Contract Bridge 1:00 Friends Who Care at Senior Center	10:00 Yarn B's	9:30-3:00 Foot Care 10:00 Duplicate Bridge
12:00 Mah Jongg 12:30 Cribbage 12:30 Duplicate Bridge	12:30 500 Cards <i>2:00 at Vadnais Hgts City Hall Navigating Local Services</i> <i>Happy Mardi Gras!</i>		12:00 Mah Jongg 12:30 Cribbage	1:00 In Stitches

AARP Tax Aide Service - FREE
Mon, Tues, Thurs from 9:00 - Noon
Dates: Feb 3 - April 15 *First Come-First Served*
South Shore Trinity Lutheran Church, White Bear Lake



Dance For Life Wellness Program
Mon & Wed / Feb 3 - April 15
Lessons 1:00-1:50 / Open Dance 2:00-2:30
at Hanifl Performing Arts Center, White Bear Lake
(see Page 4 for more details)