



# Easter Holiday Triathlon Camp 2020

Wednesday 15<sup>th</sup> April  
Thursday 16<sup>th</sup> April  
Friday 17<sup>th</sup> April

St Catherine's School,  
Bramley  
Girls and boys 5-11  
10am – 3pm

Contact: GAYLE VICKERS  
07787 117508  
or  
gayle.vickers@stcatherines.info

### A fun filled 3-day programme consisting of:

- ✓ Swimming technique & coaching to prepare for open water swimming
- ✓ Bike handling & cycling skills for safe and faster racing
- ✓ Transition practice – (the fourth discipline!)
- ✓ Nutrition guidance for race day.



Please provide children with a packed lunch and additional refreshments – **No Nuts**  
If your child has a medical, please can you provide a photo of your child and the information required for staff on a separate sheet.

### APPLICATION FORM

Child's Name.....

Address.....

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Post Code.....

Contact Numbers.....

Email .....

School..... Date of Birth.....

Any medical conditions:

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**Please tick which dates your child will attend:**

Wednesday 15 <sup>th</sup> April	
Thursday 16 <sup>th</sup> April	
Friday 17 <sup>th</sup> April	

**I have read & I accept all terms & conditions.**

Signed (Parent/Guardian).....

Date.....

### **£110 package, £40 per day**

*Places are limited and will be allocated on a strictly first come, first serve basis*

Please complete the booking form & return to St Catherine's School for the attention of Gayle Vickers.

Payment can either be made by CHEQUE or by BACS (40-23-15 11405667)

### Terms and Conditions

I acknowledge that Gayle Vickers Limited, her agents and employees are not liable in respect of any loss or damage to personal possessions, whilst the above named child is attending the course.

If the course is cancelled a full refund will be given. We cannot offer refunds for any other reason.

I also give permission to use any photos taken whilst attending the course, for promotional use only.

Signed (Parent/Guardian)

.....  
Date

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