# HUSKY HEADLINES OAK PARK-CARPENTER ELEMENTARY SCHOOL

### **Oak Park-Carpenter Motto**

Oak Park-Carpenter students are on time, on task, and on a mission. Our mission is: **LEARNING**!



### Jennifer Morgan, Principal

Shawnee Mission Public Schools 10000 Nieman Road, Overland Park, KS 66214 913-993-4100 jennifermorgan@smsd.org Home Page: http://oakparkcarpenter.com

## **December 2019**

Friday, December 6<sup>th</sup> 4:00-6:00pm, PTA Skating Party, Skate City

Monday, December 9<sup>th</sup> PTA TOYS FOR TOTS TOY DRIVE thru Friday, December 13<sup>th</sup>

Tuesday, December 10<sup>th</sup> 7:00pm, 1<sup>st</sup> Grade Concert

Thursday, December 12<sup>th</sup> 7:30am, PTA Donuts with Grownups (K-2 and SLC) 6:00-7:00pm, 6<sup>th</sup> Grade International Fair

### Friday, December 13th

7:30am, PTA Donuts with Grownups (K-2 and SLC) 8:45am-1:45pm, 5<sup>th</sup> Grade to Chiefs Stadium

Monday, December 16<sup>th</sup>

7:00pm, 6th Grade Orchestra at Shawnee Mission South

Tuesday, December 17<sup>th</sup> 7:00pm, PTA Meeting

Friday, December 20<sup>th</sup> 10:15-10:45pm, Winter Parties 12:30pm EARLY DISMISSAL

Monday, December 23<sup>rd</sup> thru Friday, January 3<sup>rd</sup> \*\*NO SCHOOL – WINTER BREAK\*\*

Monday, January 6<sup>th</sup> SCHOOL RESUMES FOR STUDENTS Beginning of 3<sup>rd</sup> Quarter



# From the Principal

Please read the schedule for Dec 20, 2019:

- 10:15-10:45 Classroom parties
  - If you are not assisting with the party please do not come into the building until 10:10a.
- Early dismissal lunch schedule:
  - Please don't plan on coming for lunch this day, early dismissal lunch schedule seating is challenging. Anyway, you will have them for lunch for many days over the holiday.

We are getting close to the end of our first semester. Please check the Skyward system, and with your child's teacher, to make sure your child's work has been completed. Grades will be posted on January 6<sup>th</sup>.

End of the semester assessments have started, and we will review the data to make adjustments in our teaching and student learning. The information we obtain from assessment results is very important for us to make sure we are providing each student with instruction that is meaningful and effective. Please encourage your child to do his or her best by making sure they get a good night's sleep, eat a good breakfast and are at school on time.

Thank you for the great participation in our school activities and for volunteering this semester. We have a wonderful, supportive community, and I wouldn't want to be anywhere else. Please continue to let me know when you or someone in our school community is in need of assistance; we are a family, and we take care of one another.

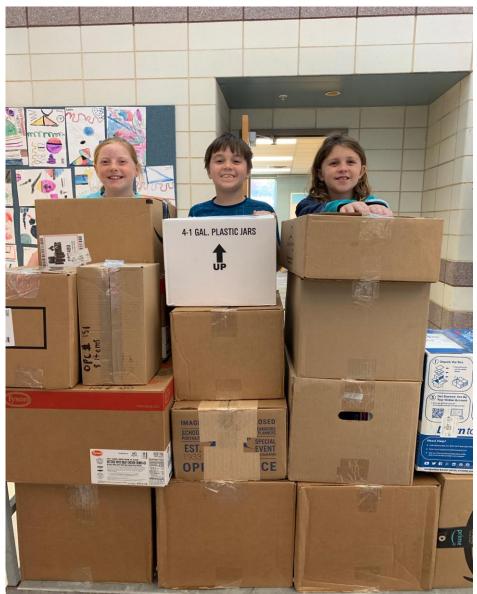
During winter break, your students will leave their iPads at school. We need them to be fully charged, and they will be locked

**school.** We need them to be fully charged, and they will be locked in a secure location. Grades will be completed, and the chance of damage or loss during the holidays is much greater.

Have a safe and happy holiday! Mrs. Morgan

## Thank you to all our families who participated in the We Care, I Can Food drive benefitting the Johnson County Christmas Bureau!

## We collected approximately 450 items!



Student Council members who helped pack boxes are: Delaney Fescoe, Daniel Conrady and Chloe Swan



## Two steps are now required to complete the MVP process:

1) Attend an in-person training-

Please visit <u>https://www.smsd.org/families/volunteer-mvp</u> for currently scheduled sessions.

**2)**Visit Validity Screening to complete the online background screening process. This information will be provided at the training.

# Thank you for completing the MVP process and volunteering at Oak Park-Carpenter!

\*\*MVP process must be completed before attending ANY field trip\*\*



## Thank you, PTA, for your generous support of field trips!

This monetary support enables Oak Park-Carpenter students to experience enhancement of their education through visits to museums and living history sites, science and social studies programs, and live theater and musical performances. Without the PTA's support, many of these field trips would not be possible. **Thank you to <u>all</u> PTA members!** 

## Parents,

You do not have permission to come into the school or onto school property and take pictures of any child except your own, unless it is used for our yearbook.

# Please DO NOT Post or Share Pictures of Our Students on any Website or on ANY Social Media

## **REMINDER ABOUT ATTENDANCE REPORTING GUIDELINES**

Parents, if your child is going to be late or absent, please call the 24/7 attendance hotline: the number is (913) 993-4188. Please try to do this by 8:30 a.m. the morning of the absence. Please note that the nurse does not do attendance or receive these messages. If you need to discuss a specific issue with her, first report the absence to the hotline, then call the nurse directly at (913) 993-4102. Alerting the teacher is appreciated, however we also require that you report the absence to the hotline. Thank you for your diligence in this matter. The safety and accountability for your children are of the utmost importance to us.

## **District Policy on Returned Checks**

The district has a returned check policy that began June 1, 2007. All returned checks are processed by a collection agency and a \$30 fee is assessed for each returned item to cover the cost of these services. This is in addition to any charges assessed by your bank. Since the charge is being assessed by the agency for their service, the charge cannot be waived. You may want to ask your local bank about overdraft protection services.

## A Request from the Office & Cashier-

**Please** make a note of your **child's name, grade level, and teacher** on ALL CHECKS BEING SENT TO THE SCHOOL. Thank you!

## SKYWARD ONLINE VERIFICATION

Please complete your child's Skyward Online Verification. If you have not given permission for your child's photo release, they will not be able to appear in our yearbook. Please call the office at 913-993-4100 if you need any help with the Skyward Online Verification process. Thank you!



Celebrate your child's birthday by joining the OPC Birthday Book Club and donate a book to the school library in his or her name! Each child who participates will have his/her name and birthdate on a bookplate inside the front cover of the donated book. He or she will also be recognized in the morning announcements and will receive a birthday goodie bag from Mrs. Smith! Finally, we will take a picture of your child holding the donated library book to share with you!

Is it too early or too late for this year's birthday? Don't worry: your child can be honored at any time during the school year!

To participate, please return this form (extra forms in the office) with your donation of \$15 or greater to the OPC office.

Thank you for your support of the OPC Library!

- .....

STUDENT'S NAME	Teacher
PARENT EMAIL	
BIRTHDATE (include the year)	
DONATION AMOUNT (\$15 or more)	
Cash	
Check (please make out to OPC Libra	arv)



The Birthday Book Club is a great way to celebrate your child's birthday & help support the OPC Library. Everyone is invited to participate. Your child can be honored at any time.

THANK YOU TO THE FOLLOWING STUDENTS THAT HAVE CONTRIBUTED TO THE OP-C BIRTHDAY BOOK CLUB FOR THE 2019-2020 SCHOOL YEAR!

> Thanks to these students and their families, we have raised \$700 to order new books for the library this year so far! If you would like to support our library through the Oak Park -Carpenter Birthday Book Club, please fill out the birthday form and send it in with a check or cash (donation of \$15.00 or more) to the office. The students of OP-C are thankful the continuing enhancement of our library collection through BBC donations!

### KINDERGARTEN Harper Johnson

Harper Johnson

<u>1st GRADE</u> Parker Rutherford Jackson Anders Jocelyn Stutterheim Ainsley Burke Joanna Messamore Sofia Torres

David Stubenrauch

### 2nd GRADE

Jaxon Strom Ian Wakefield Dane McCracken Cooper Grimm Lauren John Jacob Buchta Samuel Russo Jackson Bucl

### 3rd GRADE

Sullivan Jones Carson Strom Arlo Good Ira Good Alexis Chavez Parker Shull Juliana Byrd Avery Newlan Leia Xiong Tory Rassette Raegan Stutterheim Gabriel Gunkel Ben Culbertson

#### 4th GRADE

Abrianna Pratt Olivia Buchta Hank Soares Will John Claire Schnoebelen Chloe Hersch

### 5th GRADE

Trey Rassette Eliza Gunkel Alexis Grimm Jessica Haller Graham Lyle Madelyn Barrett

#### 6th GRADE

Hasan Hemayoun Mara Wakefield Mia Plumberg Sydney Culbertson

## 2019-2020 ABCD Schedule

August											
M	Tu	W	Th	F							
			1	2							
5	6	1	8	9							
12	13 A	14 B	15 C	16 D							
19 A	20 B	21 C	22 D	23 A							
26 B	27 C	28 D	29 A	30 B							

	September										
I	N	T	u	Y	W Th				:		
2	NS	3	C	4	D	5	A	6	B		
9	C	10	D	11	A	12	B	13	C		
16	D	17	A	18	В	19	C	20	D		
23	A	24	B	25	С	26	D	27	A		
30	B										

			(	Octo	be	r			
M	M Tu W			T	h	F			
		1	С	2	D	3	A	4	B
1	C	8	D	9	A	10	B	11	NS
14	C	15	D	16	A	17	B	18	С
21	D	22	A	23	B	24	C	25	NS
28	D	29	A	30	B	31	C		

	November												
	M Tu				W Th			F					
								1	D				
4	A	5	B	6	C	1	D	8	A				
11	B	12	C	13	D	14	A	15	B				
18	C	19	D	20	A	21	B	22	C				
25	NS	26	NS	27	NS	28	NS	29	NS				

I	N	Tu		W		Th		F	
2	D	3	A	4	B	5	C	6	D
9	A	10	B	11	C	12	D	13	A
16	B	17	C	18	D	19	A	20	B
23	NS	24	NS	25	NS	26	NS	27	NS
30	NS	31	NS						

	January												
	1	T	u	W Th			ĥ	F					
			1	NS	2	NS	3	NS					
6	C	1	D	8	A	9	B	10	C				
13	D	14	A	15	B	16	C	17	D				
20	NS	21	A	22	B	23	C	24	D				
27	A	28	В	29	C	30	D	31	A				

	February												
	N	T	u	V	V	T	h	F	F				
3	B	4	C	5	D	6	A	1	B				
10	C	11	D	12	A	13	B	14	C				
17	NS	18	NS	19	D	20	A	21	B				
24	C	25	D	26	A	27	B	28	C				

				Ma	rch	_			
	N	Tu		W		Th		F	
2 D		3	A	4	B	5	C	6	D
9	A	10	B	11	C	12	D	13	NS
16	NS	17	NS	18	NS	19	NS	20	NS
23	A	24	B	25	C	26	D	27	A
30	B	31	C						

				Ар	ril				
	M	T	u	Y	V	T	h		F
				1	D	2	A	3	B
6	C	1	D	8	A	9	B	10	NS
13	NS	14	C	15	D	16	A	17	B
20	C	21	D	22	A	23	B	24	C
27	D	28	A	29	B	30	C		

Offices Closed - Holiday Break
No School for Students
No School for Students - PD
No School for Students - Workday
No School - Teacher Directed PD
Farly Release

	N	T	u	W Th			F		
								1	D
4	NS	5	A	6	В	1	C	8	D
11	A	12	B	13	C	14	D	15	A
18	B	19	C	20	D	21	A	22	B
25	NS	26		27		28		29	

## OAK PARK-CARPENTER 2019-2020

REGULAR LUNCH	EARLY DISMISSAL LUNCH
10:55 - 11:25 SLC	10:30 – 11:00 SLC
11:00 – 11:30 K	10:45 – 11:15 K
11:05 – 11:35 1 <sup>st</sup>	10:50 – 11:20 2 <sup>nd</sup>
11:30 – 12:00 6 <sup>th</sup>	11:10 – 11:40 6 <sup>th</sup>
11:35 – 12:05 2 <sup>nd</sup>	11:15 – 11:45 1 <sup>st</sup>
12:00 – 12:30 3rd	11:35 – 12:05 3 <sup>rd</sup>
_	
12:05 – 12:35 5 <sup>th</sup>	11:40 – 12:10 5 <sup>th</sup>
12:10 – 12:40 4 <sup>th</sup>	11:45 – 12:15 4 <sup>th</sup>
12.10 - 12.40 4	11.40 - 12.10 4

EARLY DISMISSAL SPECIALS	3
5 <sup>th</sup>	8:15 - 8:40
6 <sup>th</sup>	8:45 - 9:10
4 <sup>th</sup>	9:15 - 9:40
3rd	9:45 - 10:10
2 <sup>nd</sup>	10:15 - 10:40
1 <sup>st</sup>	10:45 - 11:10
Kindergarten	11:15 - 11:40

# "Happy Holidays" FROM THE LUNCHROOM!

## Wishing all the OAK PARK-CARPENTER FAMILIES A Wonderful Holiday Season!

## ~ THE LUNCH LADIES ~

Martha Berry ~ Jessica Bryson ~ Emily Wakefield ~ Alexis Bajich

### **ACCOUNT INFORMATION:**

- $\cdot$  Each child has ONE account. It is used for Breakfast/Lunch/Ala Carte
- $\cdot$  Breakfast = \$1.45 Lunch = \$2.70
- $\cdot$  Milk 55cents or Juice (only) 50cents each
- $\cdot$  Visitor Lunch = \$4.10 (exact change please!)

### **PAYMENT INFORMATION:**

- Please include your child's ID# on all checks.
- $\cdot$  One check can be used for multiple student accounts.

### ALA CARTE PURCHASES:

If your child has a negative, low or zero balance please send money to purchase milk or juice. It cannot be charged to the account.

### **NEGATIVE BALANCES:**

Please call Food Service at <u>913/993-9710</u> to make payments toward your negative balances. There is no \$3 service fee when calling this number.

### FREE MEAL STATUS:

If you are on the Free Meal program, this includes Breakfast AND Lunch. It is for MEALS only. If your child brings a sack lunch, they must bring a drink or have 50cents/55cents to purchase milk/juice, it cannot be charged to their account.

### **FREE/REDUCED MEALS:**

Applications can be found at www.smsd.org QUESTIONS? Please call us at 913/993-4104



## FOOD SERVICE....Did you know.....

**Did you know ways to keep you and your family healthy during the holiday season?** Please follow these 4 basic food safety steps to reduce the risk of foodborne illness: Clean, Separate, Cook, and Chill.

### Clean

- Hand washing is one of the best ways to prevent the spread of foodborne illness. Remember to wash your hands with soap and water for 20 seconds before and after handling food.
- Wash all kitchen counters, dishes, and utensils with hot soapy water.

### Separate

- Prevent cross-contamination by keeping raw meat, poultry, seafood and eggs separate from all other foods.
- Designate one cutting board for fresh produce and another for raw meat, poultry, seafood, and eggs.
- Replace empty platters instead of adding fresh food to a dish that already had food on it.

### Cook

- Use a food thermometer to ensure your foods have been cooked to the proper minimum internal temperature.
- Keep food at 140° F or above after cooking.
- Microwave food thoroughly to 165° F.

### Chill

- Refrigerate perishable foods within 2 hours. Remember to store leftovers within 2 hours as well.
- Cooling food rapidly helps prevent bacterial growth. Large amounts of food should be divided into smaller containers before refrigerating.
- Know when to throw food out. When in doubt, throw it out.

Don't forget – if your child receives free or reduced meals, they are eligible for one breakfast and one lunch per day as part of this benefit. All breakfast and lunch meal choices are available for all students regardless of eligibility status.

# The school breakfast menus, lunch menus, and other nutrition information are available on the district's website at

https://www.smsd.org/about/departments/food-service.



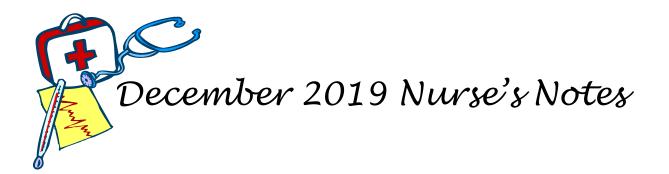
SCHOOL DISTRICT 2 TUESDAY

Elementary School Lunch Menu December 2019



Elementary Lunch Prices Paid Student \$2.70 Reduced Student \$0.40 Free Student \$0.00 Adult \$3.75 Visitor \$4.10 [RIDAY 6

SCHOOLL				Visitor \$4.10
MONDAY 2	TUESDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
French Toast Sticks and Sausage	Chicken Nuggets	Walking Taco	Dill Chicken with Garlic Toast	Shrimp Poppers
Cheese Quesadilla	Hot Dog	Fish Munchies	Mandarin Orange Chicken with Rice	Cheese Breadstick with Sauce
PBJ Sandwich with Cheese and Crackers	PBJ Sandwich with Cheese and Crackers	Sun Butter with Pretzels	PBJ Sandwich with Cheese and Crackers	
Yogurt with Cheese Stick and Crackers	Yogurt with Cheese Stick and Crackers			Hummus with Pretzels
roguit with cheese Suck and Clackers	Toguit with cheese Stick and Crackers	Yogurt with Cheese Stick and Pretzels	Yogurt with Cheese Stick and Crackers	Yogurt with Cheese Stick and Pretzels
0		an on an an		
Served with:	Served with:	Served with:	Served with:	Served with:
Oven Potatoes	Mashed Potatoes with Country Gravy *	Fiesta Black Beans*	Steamed Edamame	Steamed Cauliflower
Cinnamon Apples	Fresh Baby Carrots	Fresh Red Peppers	Fresh Cauliflower	Fresh Celery
Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce
Fresh Baby Carrots	Fresh Broccoli	Chilled Pineapple	Chilled Pears	
Chilled Peaches	Fresh Fruit	Fresh Grapes		Fresh Apple Slices
Chilled Fruit Cocktail	Rosy Applesauce		Frozen Mangoes	Chilled Mandarin Oranges
Chilled Fruit Cocktall	Rosy Applesauce	Fresh Cucumbers	Chortles	Sugar Cookie
MONDAY 9	TUPODAN			
	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
Choice of:	Choice of:	Choice of:	Choice of:	Choice of:
Stuffed Crust Cheese Pizza	Chicken Strips	Chicken Drumstick & Biscuit	Chicken & Waffles	Nachos
BBQ Pork Sandwich	Hot Ham & Cheese Sandwich	Sweet & Sour Chicken with Rice		Grilled Chicken Drummies with Garlic Toast
PBJ Sandwich with Cheese and Crackers	PBJ Sandwich with Cheese	PBJ Sandwich with Cheese and Crackers	Pork Tenderloin Sandwich PBJ Sandwich with Cheese and Crackers	Hummus with Pretzels
Yogurt with Cheese Stick and Crackers	Yogurt with Cheese Stick	Yogurt with Cheese Stick and Crackers	Yogurt with Cheese Stick and Crackers	and the second
regult mar onceae ouck and orackers	logor mar cheese back	Toguit with cheese Stick and Clackers	Togurt with Greese Stick and Grackers	Yogurt with Cheese Stick and Pretzels
Served with:	Served with:	Canced with	0	
		Served with:	Served with:	Served with:
Baked Beans *	Mashed Potatoes with Chicken Gravy *	Potato Smiles	Glazed Carrots	Fiesta Black Beans*
Green Leaf Lettuce	Green Beans	Roasted Vegetables	Fresh Cauliflower	Fresh Red Peppers
Fresh Baby Carrots	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce	Green Leaf Lettuce
Chilled Pears	Fresh Grapes	Fresh Fruit	Fresh Zucchini	Fresh Apple Slices
Fresh Orange Wedges	Chilled Peaches	Chilled Pineapple	Chilled Mandarin Oranges	Chilled Fruit Cocktail
Frozen Fruit Cup	Giant Grahams	Rice Krispie Treat		
i lozen i loit cop		Rice Rrispie Treat	Fresh Banana	Chocolate Chip Cookie
MONDAY 16	THEODAY			
Choice of:	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
	Choice of:	Holiday Meal	Choice of:	EARLY DISMISSAL K-12 / No Pre-K
Corn Dog	Stuffed Crust Pepperoni Pizza	Choice of:	Cheeseburger	Choice of:
Baked Potato Bar	Spaghetti with Meatballs	Chicken Nuggets	Beef Burrito	Fiestada Pizza
PBJ Sandwich with Cheese	PBJ Sandwich with Cheese and Crackers	Roast Turkey	PBJ Sandwich with Cheese and Crackers	Manager's Choice Entrée
Yogurt with Cheese Stick	Yogurt with Cheese Stick and Crackers	PBJ Sandwich with Cheese	Yogurt with Cheese Stick and Crackers	PBJ Sandwich with Cheese and Crackers
regult mar endece chen	regult mar encode ober and erderers	Yogurt with Cheese Stick	roguit with cheese stick and chackers	
		roguit will cheese Suck		Yogurt with Cheese Stick and Crackers
Served with:	Served with:	Constant with a		
		Served with:	Served with:	Served with:
Steamed Broccoli	Corn	Mashed Potatoes with Chicken Gravy *	Seasoned Fries	Steamed Edamame
Fresh Celery	Chilled Peaches	Stuffing *	Baked Beans *	Green Leaf Lettuce
Green Leaf Lettuce	Green Leaf Lettuce	Green Beans	Green Leaf Lettuce & Sliced Tomatoes	Fresh Baby Carrots
Chilled Mandarin Oranges	Fresh Cucumbers	Green Leaf Lettuce	Fresh Baby Carrots	Fresh Veggie
Fresh Fruit	Fresh Grapes	Fresh Apple Slices	Chilled Fruit Cocktail	Chilled Fruit
Banana Bread *	Chilled Applesauce	Roll *	Fresh Fruit	Fresh Fruit
Danana Diedu	Chilled Applesauce		FIESH FIUIL	Fresh Fruit
MONDAY 23				11.011/00004-000-0
MONDAT 23	THEODAY	Holiday Cookie *		
	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
	TUESDAY 24		THURSDAY 26	FRIDAY 27
	TUESDAY 24		THURSDAY 26	FRIDAY 27
		WEDNESDAY 25		
NO SCHOOL	NO SCHOOL	WEDNESDAY 25 NO SCHOOL	NO SCHOOL	FRIDAY 27
NO SCHOOL WINTER BREAK		WEDNESDAY 25		
	NO SCHOOL	WEDNESDAY 25 NO SCHOOL	NO SCHOOL	NO SCHOOL
	NO SCHOOL	WEDNESDAY 25 NO SCHOOL	NO SCHOOL	NO SCHOOL
WINTER BREAK	NO SCHOOL WINTER BREAK	WEDNESDAY 25 NO SCHOOL	NO SCHOOL	NO SCHOOL
	NO SCHOOL	WEDNESDAY 25 NO SCHOOL	NO SCHOOL	NO SCHOOL
WINTER BREAK MONDAY 30	NO SCHOOL WINTER BREAK TUESDAY 31	WEDNESDAY 25 NO SCHOOL WINTER BREAK	NO SCHOOL	NO SCHOOL
WINTER BREAK	NO SCHOOL WINTER BREAK	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs:	NO SCHOOL	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich	NO SCHOOL WINTER BREAK	NO SCHOOL
WINTER BREAK MONDAY 30	NO SCHOOL WINTER BREAK TUESDAY 31	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Finit and vegelable available daily	NO SCHOOL WINTER BREAK Students must choose a full portion	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Finit and vegelable available daily	NO SCHOOL WINTER BREAK Students must choose a full portion	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable.	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL WINTER BREAK	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2	NO SCHOOL WINTER BREAK
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL WINTER BREAK Menu is subject to change	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice • Milk and 100% Juice offered daily	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include protein, grain,	NO SCHOOL WINTER BREAK
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL WINTER BREAK	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable.	NO SCHOOL
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL WINTER BREAK WINTER BREAK Menu is subject to change due to availability.	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Finit and vegetable available daily • Chilled finit is packed in own juice • Milk and 100% Juice offered daily • These items are only available with school	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include protein, grain,	NO SCHOOL WINTER BREAK
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL WINTER BREAK Menu is subject to change due to availability. This institution is an equal	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Fruit and vegetable available daily • Chilled fruit is packed in own juice • Milk and 100% Juice offered daily	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include protein, grain, fruit, vegetable, and milk.	NO SCHOOL WINTER BREAK
WINTER BREAK MONDAY 30 NO SCHOOL	NO SCHOOL WINTER BREAK TUESDAY 31 NO SCHOOL WINTER BREAK WINTER BREAK Menu is subject to change due to availability.	WEDNESDAY 25 NO SCHOOL WINTER BREAK School Lunch FAQs: • All grains are whole grain rich • Finit and vegetable available daily • Chilled finit is packed in own juice • Milk and 100% Juice offered daily • These items are only available with school	NO SCHOOL WINTER BREAK Students must choose a full portion of at least 3 of the 5 components to receive a full school lunch and at least one component must be a 1/2 cup of fruit or vegetable. Components include protein, grain,	NO SCHOOL WINTER BREAK



## **Illness Exclusion Policies**

Per the Johnson County Health Department - Persons with a case of **influenza** should stay home for <u>five days from the time the</u> <u>illness begins</u> or until the individual is fever free for 24 hours without the aid of fever reducing medications, **whichever is longer**.

To protect your child and to prevent illness from spreading, keep your child home if ANY of these contagious symptoms are present:

- Temperature of 100 degrees or higher
- Severe sore throat, headache, or cough
- Undiagnosed rash or skin lesions
- Diarrhea or vomiting
- Red or discharging eyes
- \*\*Students must be free of fever, vomiting, or diarrhea – WITHOUT MEDICINE - for 24 hours before returning to school.

## **OPC Illness Update**

## \*\*PLEASE CONTINUE TO REPORT NEW CASES OF PNEUMONIA & ALL CASES OF INFLUENZA\*\*

OPC continues to have students and staff being diagnosed with pneumonia. In addition, influenza season is upon us. Please remember – and remind your children of – the following steps to help prevent the spread of illness:

- Wash hands frequently and thoroughly scrub with soap for 15 seconds, long enough to sing the Happy Birthday song 2 times
- Cough and sneeze into your elbow or a tissue
- STAY HOME when you are sick to prevent the spread of viruses & bacteria. Follow the exclusion policies for influenza and other illnesses (see below)
- Get a flu vaccine
- Do not touch your eyes, nose, mouth throughout the day

## Hydration, Hydration, Hydration – Great Gift Idea

Every student needs to bring a water bottle to school every day! Keeping hydrated is important for maintaining good health as well as recovering from illness and feeling better in general. Please help your child(ren) remember to bring their water bottle each and every day!

Julie Johnson, RN, BSN and Kristen Vandeloo, RN, BSN913.993.4102913.993.4197

### Parents, please take this form to your child's next dental appointment. We encourage you to seek dental care for your child at least once a year. Thank you for your concern.

### **School Dental Health Form**

Student Section:

Student's Name:		Age:	Grade:
School: Oak Park-Carpenter Elementary	City:		

To students and parents: The purpose of requesting each student to have his/her teeth examined by the dentist at least once each year, or more often if the dentist so advises, is to discover dental defects and infection, if present, in the beginning. By doing this, treatment can be given with the least amount of discomfort to the student and at the lowest cost to the parent. Pain, sickness, and unnecessary loss of teeth resulting from dental diseases are thereby also prevented. You are therefore urged to take this form to your family dentist and have any necessary dental work done as soon as possible. When the dentist has signed the form, please return it to the school return it to the school.

Date: 03/31/19 RN, BSN

Teacher or School Nurse: Tulie Tohnson,

### Dentist Section: Please circle choice A or choice B

A. I have examined the teeth of the above student and find no fillings, extractions, or cleaning needed.

**B.** I have completed the necessary dental work for this student.

DDS \_\_\_\_\_ Date:\_\_\_\_\_