

NSD Secondary Breakfast Menu



December

2019

In Season Grapefruit

In just 1/2 (100g) of a grapefruit, there's roughly 60% daily value for vitamin C! That's more than half of your daily need in less than a cup!



Monday

Tuesday

Wednesday

Thursday

Friday

Maple Breakfast* Wrap 2
Breakfast Pizza*
Whole Grain Donut

Cheese Quesadilla 3
Ultimate Breakfast Round with Smoothie
Cinnamon Roll

Mini Pancakes 4
Breakfast Pizza*
Whole Grain Donut

Cheesy Sausage Biscuit 5
Ultimate Breakfast Round with Smoothie
Cinnamon Roll

French Toast 6
Breakfast Pizza*
Whole Grain Donut

Maple Breakfast* Wrap 9
Breakfast Pizza*
Whole Grain Donut

Cheese Quesadilla 10
Ultimate Breakfast Round with Smoothie
Cinnamon Roll

Mini Pancakes 11
Breakfast Pizza*
Whole Grain Donut

Cheesy Sausage Biscuit 12
Ultimate Breakfast Round with Smoothie
Cinnamon Roll

French Toast 13
Breakfast Pizza*
Whole Grain Donut

Maple Breakfast* Wrap 16
Breakfast Pizza*
Whole Grain Donut

Cheese Quesadilla 17
Ultimate Breakfast Round with Smoothie
Cinnamon Roll

Mini Pancakes 18
Breakfast Pizza*
Whole Grain Donut

Cheesy Sausage Biscuit 19
Ultimate Breakfast Round with Smoothie
Cinnamon Roll

French Toast 20
Breakfast Pizza*
Whole Grain Donut

23
Winter Break

24
Winter Break

25
Winter Break

26
Winter Break

27
Winter Break

30
Winter Break

31
Winter Break

☪ = Contains pork
* = Turkey Ham products containing 100% turkey - no pork ingredients

Announcements

Offered Daily:

Breakfast Bread Variety, Yogurt with a Muffin or Granola, Bagel & Cream Cheese, Peanut Butter & Jelly Uncrustable, Muffin Flat, Cereal Variety

Included with All Breakfasts

Daily Fruit Variety and 100% Fruit Juice
1% White or NF Chocolate Milk

Menu selections may change based on product availability.

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Meal Prices

<i>Breakfast</i>	
Elementary	\$2.05
Secondary	\$2.30
Reduced K-12	Free
Adult	\$2.70
<i>Lunch</i>	
Elementary	\$3.30
Secondary	\$3.55
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.30
Milk Only	\$0.50