DAKOTA COUNTY CTIC COMMUNITY TRANSITION INTERAGENCY

Transition Resource Directory

This resource directory was compiled to help individuals, and their families prepare for Transition, from after high school to adult life. The transition planning process can be overwhelming with either too many resources to choose from or not enough support services due to eligibility etc. Often many of the agencies or service providers are not available until later in the high school years, but take note that these services may have a waiting lists, therefore; individuals may end up waiting for a service to become available.

Not all agencies or service providers listed in this resource directory will be applicable to every individual's situation or circumstance. It is important to use this information to help explore potential agencies or service providers as an appropriate resource for transition planning. It is important to start the transition planning early to ensure an efficient and effective process into adult life after high school.



Coming together is a beginning. Keeping together is progress. Working together is success.

~Henry Ford~

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Dakota County CTIC

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Published in 2007 with funds provided to the Dakota County CTIC by: SPECIAL EDUCATION PARENT AND FAMILY TRAINING GRANT OPPORTUNITY THROUGH MINNESOTA

ADVOCACY (State & Local)

Contact Information

Description

ACT (Advocating Change Together)

1821 University Avenue, Suite 306-S,

St. Paul, MN 55104

Phone: 651-641-0297 800-641-0059

Fax: 651-641-4053

E-mail: act@selfadvocacy.org

Website: http://www.selfadvocacy.com

Advocating Change Together (ACT) is a grassroots disability rights organization run by and for people with developmental and other disabilities. ACT's mission is to help people across disabilities to see themselves as part of a larger disability rights movement and make connections to other civil and human rights struggles.

Advocate for the Blind

Phone: 612-377-1788

Free legal service for legally blind Minnesotans whose legal issues involves blindness.

Arc Greater Twin Cities

2446 University Ave W Ste 110 Saint Paul, MN 55114 952-920-0855

www.arcgreatertwincities.org

Advocacy, Resources, Community - For individuals with developmental disabilities and their families.

Council for Exceptional Children (CEC)

Minnesota

http://www.mncec.org

The mission of the Minnesota Council for Exceptional Children is to improve the practices and resources of persons working on behalf of individuals with exceptionality in the State of Minnesota.

Family Service, Inc.

166 4th St. E #200

St. Paul. MN 55101-1464

Phone: 651-222-0311 800-488-4395

V/TTY: 651-222-0175

E-mail: kebrown@familyinc.org
Website: http://www.familyinc.org

For over one hundred years, Children's Home Society & Family Services (CHSFS) has been committed to representing the needs and interest of Minnesota children and families. Social and legislative advocacy arises from this commitment, and is manifest in program delivery and professional activity of advocates throughout the agency.

Metropolitan Center for Independent Living

1600 University Ave. W #16, St.

Paul, MN 55104-3834
Phone: 651-646-8342
Fax: 651-603-2006
V/TTY: 651-603-2001
E-mail: mcil@mcil-mn.org
Website: http://www.macil.org

The Minnesota Association of Centers for Independent Living (MACIL) is a non-profit organization whose purpose is to advocate for the independent living needs of people with disabilities who are citizens of the State of Minnesota, to develop new resources, identify and provide access to existing resources which provide the services needed by persons with disabilities so that they may live independently in the situation and community of their choice.

Minnesota Disability Law Center

430 First Ave. N Suite 300 Minneapolis. MN 55401

Phone: 612-332-1441 800-292-4150

Fax: 612-334-5755 TTY: 612-332-4668

E-mail: phoopes@midmnlegal.org
Website: http://www.midmnlegal.org

The Minnesota Disability Law Center (MDLC) addresses the unique legal needs of persons with disabilities. A statewide project, MDLC provides free civil legal assistance to individuals with disabilities on legal issues that are related to their disabilities.

Description

PACER Center, Inc. (Parent Advocacy Coalition for Educational Rights)

8161 Normandale Blvd. Minneapolis, MN 55437-1098

Phone: 952-838-9000 800-537-2237

Fax: 952-838-0199
TTY: 952-838-0190
E-mail: pacer@pacer.org
Website: http://www.pacer.org

With assistance to individual families, workshops, materials for parents and professionals, and leadership in securing a free and appropriate public education for all children, PACER's work affects and encourages families in Minnesota and across the nation.

People First

2446 University Ave W Ste 110 Saint Paul, MN 55114

952-920-0855

Website: www.peoplefirstmn.org/

People First is an ARC sponsored organization. This is a self-advocacy group. The program alternates locations between West St. Paul and Apple Valley. Some 20 to 25 participants usually attend any given meeting. Members decide when and what is to happen at each meeting. In addition to regular group discussions there are often field trips to Twins games, picnics or plays in the community. Busses have been used for this purpose, the costs shared by all. Ages Served: 18 and older

Reach for Resources

1001 State Hwy 7 #217 Hopkins, MN 55305-4723 Phone: 952-988-4177 Fax: 952-988-4020

E-mail: mp.whcs@juno.com

Website: http://www.reachforresources.org

A non-profit organization that offers specialized services to meet the needs of youth and adults with a variety of cognitive and developmental disabilities, and provides support to their families.

Twin Cities Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)

Twin Cities CHADD Phone: 952-922-5761

Website: http://www.chadd.org/AM/Template.cfm? Section=Chapter Search Display1&state=mn

8181 Professional Place - Suite 150

Landover, MD 20785 Business: 301-306-7070 Fax: 301-306-7090

E-mail: webmaster@chadd.org

Website: http://www.chadd.org/AM/Template.cfm?

Section=About CHADD

CHADD (Children and Adults with Attention-Deficit/ Hyperactivity Disorder) is the nation's leading non-profit organization serving individuals with AD/HD and their families. CHADD has over 16,000 members in 200 local chapters throughout the U.S. Chapters offer support for individuals, parents, teachers, professionals, and others.

United Cerebral Palsy of Minnesota, Inc.

1821 University Ave. #219S St. Paul, MN 55104-2892

Phone: 651-646-7588 800-328-4827 ext. 1437

Fax: 651-646-3045

E-mail: ucpmn@cpinternet.com

Website: http://www.ucp.org/ucp_local.cfm/90

A leading source of information on cerebral palsy and is a pivotal advocate for the rights of persons with any disability. As one of the largest health charities in America, the UCP mission is to advance the independence, productivity and full citizenship of people with disabilities through an affiliate network.

ADVOCACY (NATIONAL)

Contact Information

Description

affected by intellectual disability in the United States has

The Arc's vision is that every individual and family

Arc of the U.S.

The Arc of the United States 1010 Wayne Avenue, Suite 650 Silver Spring, MD 20910 301-565-3842 / 800-433-5255 Fax: 301-565-3843 / 301-565-5342

E-mail: info@thearc.org

access to the information, advocacy, and skills they need to participate as active citizens of our democracy and active members of their community. We work to ensure that people with intellectual and developmental disabilities and their families have the supports they need to live an Website: http://www.thearc.org ordinary, decent American life.

Association for Persons with Severe Handicaps (TASH)

1025 Vermont Ave., Floor 7 Washington, DC 20005

202-263-5600 Fax: 202-637-0138

E-mail: info@tash.org Website: http://www.tash.org TASH is an international membership association leading the way to inclusive communities through research. education, and advocacy. TASH members are people with disabilities, family members, fellow citizens, advocates, and professionals working together to create change and build capacity so that all people, no matter their perceived level of disability, are included in all aspects of society.

Bazelon Center for Mental Health Law

1101 15th Street, NW

Suite 1212

Washington, DC 20005

202-467-5730 TDD: 202-467-4232

Fax: 202-223-0409 E-mail: leec@bazelon.org Website: http://www.bazelon.org Our advocacy is based on the principle that every individual is entitled to choice and dignity. For many people with mental disabilities, this means something as basic as having a decent place to live, supportive services and equality of opportunity.

Center for Law and Education

1875 Connecticut Avenue, NW Suite 510

Washington, DC 20009

Voice: 202-986-3000, Fax: 202-986-6648

37 Temple Place, suite 303

Boston, MA 02111

Voice: 617-451-0855, Fax: 617-451-0857

E-mail: cle@cleweb.org Website: http://www.cleweb.org The Center for Law and Education (CLE) strives to make the right of all students to quality education a reality throughout the nation and to help enable communities to address their own public education problems effectively, with an emphasis on assistance to low-income students and communities. For more than a quarter of a century, the Center for Law and Education has worked to bring about school- and district-wide change across the country in order to improve educational outcomes, particularly for low-income students

Children and Adults with Attention-Deficit/ Hyperactivity Disorder (CHADD)

8181 Professional Place - Suite 150

Landover, MD 20785

301-306-7070 Fax: 301-306-7090 E-mail: webmaster@chadd.org

Website: http://www.chadd.org/AM/Template.cfm?

Section=About CHADD Twin Cities CHADD 952-922-5761

Website:

http://www.chaddonline.org/chapters/chadd172.html

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD), is a national non-profit, tax-exempt organization providing education, advocacy and support for individuals with AD/HD. In addition to our informative Web site, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with AD/HD. These materials include Attention! magazine, the CHADD Information and Resource Guide to AD/HD, News From CHADD, a free electronically mailed current events newsletter, as well as other publications of specific interest to educators, professionals and parents.

Description

Children's Defense Fund

25 E Street N.W. Washington, DC 20001 202-628-8787 800-233-1200

Fax: 202-662-3510

E-mail: cdfinfo@childrensdefense.org
Website: http://www.childrensdefense.org

CDF provides a strong, effective voice for all the children of America who cannot vote, lobby, or speak for themselves. We pay particular attention to the needs of poor and minority children and those with disabilities.

Consortium for Citizens with Disabilities

The Consortium for Citizens with Disabilities 1660 L Street, NW, Ste. 700

Washington, DC 20036

202-783-2229 n Fax: 202-783-8250

Email: lnfo@c-c-d.org
Website: http://www.c-c-d.org

The Consortium for Citizens with Disabilities is a coalition of approximately 100 national disability organizations working together to advocate for national public policy that ensures the self determination, independence, empowerment, integration and inclusion of children and adults with disabilities in all aspects of society.

Council for Exceptional Children (CEC)

1110 North Glebe Road, Suite 300,

Arlington, VA 22201

703-620-3660 Fax: 703-264-9494

TTY: 866-915-5000

E-mail: service@cec.sped.org
Internet: www.cec.sped.org

Minnesota

http://www.mncec.org

The Council for Exceptional Children (CEC) is the largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted. CEC advocates for appropriate governmental policies, sets professional standards, provides continual professional development, advocates for newly and historically underserved individuals with exceptionalities, and helps professionals obtain conditions and resources necessary for effective professional practice.

Disability Rights Education and Defense Fund (DREDF)

Disability Rights Education & Defense Fund 2212 Sixth Street Berkeley, CA 94710

800-348-4232 (V/TTY) 510-644.2555 (V/TTY)

Fax: 510-841-8645 E-mail <u>info@dredf.org</u> Website: <u>http://www.dredf.org</u> We represent clients in state and federal court, serve as co-counsel, and file *amicus curiae* briefs in appellate courts and the U.S. Supreme Court in high impact and law reform disability rights cases. We design and carry out strategies that strengthen public policy and that lead to the enactment of federal and state laws protecting and advancing civil rights for people with disabilities.

Families and Advocates Partnership for Education (FAPE)

PACER Center 8161 Normandale Boulevard Minneapolis, MN 55437-1044

952-838-9000 TTY: 952-838-0190

Fax: 952-838-0199
E-mail: fape@fape.org
Web site: www.fape.org

The Families and Advocates Partnership for Education (FAPE) project is a partnership that aims to improve the educational outcomes for children with disabilities. It links families, advocates, and self-advocates to information about the Individuals with Disabilities Education Act (IDEA). The project is designed to address the information needs of the 6 million families throughout the Country whose children with disabilities receive special education services.

<u>Federation of Families for Children's Mental</u> <u>Health</u>

9605 Medical Center Drive.

Suite 280

Rockville, MD 20850

703-684-7710 Fax: 703-836-1040

E-mail: ffcmh@ffcmh.org
Website: http://www.ffcmh.org

The National family-run organization dedicated exclusively to helping children with mental health needs and their families achieve a better quality of life. We: Provide leadership to develop and sustain a nationwide network of family-run organizations. Focus the passion and cultural diversity of our membership to be a potent force for changing how systems respond to children with mental health needs and their families

ADVOCACY (NATIONAL) continued

Contact Information

Description

Great Lakes ADA Center

University of Illinois at Chicago Institute on Disability & Human Development (MC 728)

1640 West Roosevelt Road, Room 405

Chicago, IL 60608

312-413-1407 (V/TTY) 800-949-4232 (V/TTY)

Fax: 312-413-1856

Website: http://www.adagreatlakes.org/

The DBTAC: Great Lakes ADA Center provides information, materials, technical assistance and training on the Americans with Disabilities Act of 1990 (ADA). Topics addressed includes the non-discrimination requirements in employment, the obligations of state and local governments and business to ensure that programs, services and activities are readily accessible to and useable by people with disabilities. This includes access to the information technology used by these entities including but not limited to websites, software, kiosks, etc.

International Dyslexia Association

40 York Rd., 4th Floor Baltimore, MD 21204

410-296-0232 800-222-3123

Fax: 410-321-5069
E-mail: info@interdys.org
Website: http://www.interdys.org

The purpose of IDA is to pursue and provide the most comprehensive range of information and services that address the full scope of dyslexia and related difficulties in learning to read and write. . . In a way that creates hope, possibility, and partnership. So that every individual has the opportunity to lead a productive and fulfilling life, and society benefits from the resource that is liberated.

National Alliance for the Mentally III

2107 Wilson Blvd., Suite 300 Arlington, VA 22201-3042

703-524-7600 Fax: 703-524-9094

TDD: 703-516-7227

Help Line: 800-950-NAMI (6264)

Email: info@nami.org
Website: http://www.nami.org

NAMI (the National Alliance on Mental Illness) is the nation's largest grassroots mental health organization dedicated to improving the lives of persons living with serious mental illness and their families. Founded in 1979, NAMI has become the nation's voice on mental illness, a national organization including NAMI organizations in every state and in over 1100 local communities across the country who join together to meet the NAMI mission through advocacy, research, support, and education.

National Association of Protection and Advocacy Systems, Inc.

900 Second Street, NE, Suite 211

Washington, DC 20002 202-408-9514 Fax: 202-408-9520

TTY: 202-408-9521 Email: <u>info@napas.org</u> Website: <u>http://www.napas.org</u> The National Disability Rights Network serves a wide range of individuals with disabilities including, but not limited to, those with cognitive, mental, sensory, and physical disabilities by guarding against abuse; advocating for basic rights; and ensuring accountability in health care, education, employment, housing, transportation, and within the juvenile and criminal justice systems.

National Council on Disability

1331 F St. NW Suite 850 Washington, DC 20004

202-272-2004 Fax: 202-272-2022

TTY: 202-272-2074 E-mail: ncd@ncd.gov Website: http://www.ncd.gov The overall purpose of the agency is to promote policies, programs, practices, and procedures that guarantee equal opportunity for all people with disabilities, regardless of the nature or severity of the disability, and to empower them to achieve economic self-sufficiency, independent living, and inclusion and integration into all aspects of society.

Description

Office for Civil Rights-National Office, U.S. Department of Education

U.S. Department of Education 400 Maryland Avenue, SW Washington, DC 20202 Phone: 1-800-872-5327

Spanish speakers available (se habla español) Fax: 202-401-0689 TTY: 1-800-437-0833

E-mail: ocr@ed.gov

Website: http://www.ed.gov/ocr

We serve student populations facing discrimination and the advocates and institutions promoting systemic solutions to civil rights problems. An important responsibility is resolving complaints of discrimination. Agency-initiated cases, typically called compliance reviews, permit OCR to target resources on compliance problems that appear particularly acute. OCR also provides technical assistance to help institutions achieve voluntary compliance with the civil rights laws that OCR enforces. An important part of OCR's technical assistance is partnerships designed to develop creative approaches to preventing and addressing discrimination.

PACER Center, Inc. (Parent Advocacy Coalition for Educational Rights)

8161 Normandale Blvd. Minneapolis, MN 55437-1098 952-838-9000 800-537-2237

Fax: 952-838-0199 TTY: 952-838-0190

E-mail: pacer@pacer.org
Website: http://www.pacer.org

The mission of PACER Center is to expand opportunities and enhance the quality of life of children and young adults with disabilities and their families, based on the concept of parents helping parents.

Self-Help for Hard of Hearing (S.H.H.H.)

7910 Woodmont Avenue, Suite 1200

Bethesda, MD 20814

301-657-2248 (V/TTY) Fax: 301-913-9413

Website: http://www.shhh.org/

The Hearing Loss Association of America is the nation's largest organization for people with hearing loss. The Hearing Loss Association of America exists to open the world of communication for people with hearing loss through information, education, advocacy and support.

Speaking for Ourselves

P.O. Box 1214

North Wales, PA 19454

610-825-4592 Fax: 610-825-4595

E-mail: info@speaking.org
Website: http://www.speaking.org

Our Purpose is to help our members run their organizations, develop leadership skills through real-life experiences, learn to work together collectively to address their own issues, and increase their own self-sufficiency and independence.

Spina Bifida Association of America

4590 MacArthur Boulevard, NW

Washington, DC 20007

202-944-3285 Toll Free: 800-621-3141

Fax: 202-944-3295 E-mail: <u>sbaa@sbaa.org</u> Website: http://www.sbaa.org The National Resource Center on Spina Bifida (NRC) provides high quality, confidential information and referral services. Every year the NRC responds to as many as 10,000 questions about health care, education, employment, benefits, and more. The National Resource Center on Spina Bifida is the only clearinghouse of information exclusively dedicated to Spina Bifida.

COMMUNITY EDUCATION

Contact Information

Description

Access Project

Independent School District 197 1897 Delaware Avenue Mendota Heights, MN 55118 651-681-2389 www.comed.isd197.org Services include:

- Inclusion assistance for participation in any community education class.
- Financial assistance for class fees and transportation.
- Sign language interpreters/note takers.
- Accessibility information.
- Leisure and recreational activities in partnership with Special Olympics Minnesota.

Adaptive Recreation and Learning Exchange

1800 West Old Shakopee Road Bloomington, MN 55431

952-563-8899 TTY: 952-563-8740 http://www.ci.bloomington.mn.us

Adaptive Recreation & Learning Exchange is a community-based resource for people with disabilities, serving Bloomington, Eden Prairie, Edina and Richfield. The Cities and school districts of Edina, Eden Prairie, Bloomington and Richfield work together to provide recreation and education for people with disabilities. This cooperative is known as the Adaptive Recreation & Learning Exchange (AR&LE).

Burnsville-Eagan-Savage Community Education

Youth Enrichment/ ECFE, Tiny Tots, Preschool/School Age Project K.I.D.S. 318 W. Burnsville Pkwy. Burnsville, MN 55337 952-707-4150

http://www.communityed191.org/insight/registry/classlist.asp?catID=250735

Persons with disabilities generally may register for any class or activity and bring a helper at no extra charge (Certain stipulations may apply). All our buildings are accessible. Written requests for interpreters must be made two weeks in advance. Disabled persons who need other special assistance or specific information about a particular activity should contact the Community Education office at 952.707.4110, or contact Project Explore directly, 952.431.8735 (or 952.431.8737 TTY).

Hastings Community Education

Westview Center 1355 So. Frontage Rd. Suite #150 Hastings, MN 55033

Phone 651-438-0880 Fax: 651-437-8081

http://ce.hastings.k12.mn.us/

Special Services Disabilities Program.html

Community Education Special Services actively seeks to improve the quality of life for learners with special needs by providing equitable and accessible lifelong learning opportunities.

River Valley Project Explore

900 Garden View Drive Apple Valley, MN 55124

952-431-8735 TTY: 952-431-8737 http://www.district196.org/ce/projectexplore/

River Valley Project Explore is a program designed to serve adults with physical and developmental disabilities by encouraging inclusion in community activities and providing specialized educational, social and recreational opportunities.

St Paul Community Education

Harding Senior High School 1540 E. Sixth St. Saint Paul, MN 55106

651-293-8733 Fax: 651-293-6562 http://www.commedprograms.spps.org/

SPECIAL NEEDS.html

Provides specialized activities for adults with disabilities. Activities have a social and recreational focus.

COMMUNITY HEALTHCARE

Contact Information

Associated Clinic of Psychology

Main Office

Lake Pointe Corporate Center 3100 West Lake Street, Suite 210

Minneapolis, MN 55416

612-925-6033 Fax: 612-925-8496

Apple Valley

6950 West 146th Street, Suite 100

Apple Valley MN 55124

612-925-6033 Fax: 651-789-5615

St. Paul

Bigelow Building

450 North Syndicate Street Suite 385

St. Paul MN 55104

612-925-6033 Fax: 651-789-5615

West St. Paul

1633 S. Roberts Street Suite A West St. Paul. MN 55118

651-450-0860 Fax: 651-450-0759

www.acp-mn.com/

Description

With a 27 year history the Associated Clinic of Psychology is known throughout Minnesota as a leader in preventing, diagnosing, and treating mental health issues. Our commitment to our clients is to provide a comprehensive suite of mental health services, a single source for all of your mental healthcare needs.

With 85 clinicians, ACP provides:

- Individual Psychotherapy
- Marriage Counseling
- Family Counseling
- Group Counseling Medication
- Management
- Individual Counseling
- Testing
- Consulting
- Workshops Training

<u>Chicanos Latinos Unidos En Servicios (CLUES)</u> Minneapolis

720 East Lake Street Minneapolis, MN 55407

Phone: 612-746-3500 Fax: 612-871-1058

St. Paul

797 East 7th Street St. Paul, MN 55106

651-379-4200 Fax: 651-292-0347

Elder Wellness Office 401 Concord Street St. Paul, MN 55107 651-291-8174 www.clues.org/ CLUES is Minnesota's premier provider of behavioral health and human services to the Latino community. A community builder and a catalyst for change, CLUES provides services that advance and enhance the quality of Latino's lives in Minnesota. We provide a continuum of five core services: Mental Health, Chemical Health, Elder Wellness, Education and Employment and Elder Wellness to achieve the following:

CLUES strengthens Latino families and individuals so that they are financially, mentally, and physically healthier.

CLUES assists Latinos to increase their educational levels, improve their English language proficiency, and overcome other barriers to self-sufficiency.

CLUES helps low-income Latinos to find and retain better jobs with benefits so that they are able support their families and become self-sufficient

Dakota County Crisis Response Unit

Phone: 952-891-7171 www.co.dakota.mn.us

24-hour phone line: **952-891-7171**

If a person is an immediate danger to self or others, call 911.

The Dakota County Crisis Response Unit (CRU) provides 24-hour phone and face-to-face crisis intervention and consultation.

CRU staff are able to hospitalize clients needing that level of care or utilize crisis beds available at a contracted residential treatment provider.

COMMUNITY HEALTHCARE continued

Contact Information

Description

Dakota County Public Health

1 Mendota Rd W Ste 410 West St Paul MN 55118-4771 651-554-6100 Fax 651-554-6130 **Western Service Center** 14955 Galaxie Avenue Apple Valley, MN 55124 952-891-7570

www.co.dakota.mn.us/Departments/PublicHealth/

default.htm

The Dakota County Public Health Department provides services to individuals, families and communities to **prevent** disease and disability and **promote** and **protect** the health of the residents of Dakota County. Our focus is to promote healthy families and communities; support disabled and elderly persons to live independently; and respond to emerging diseases and health threats. We partner with many organizations and community groups to address and resolve health issues and concerns.

Eagan Counseling Clinic

3450 O'Leary Lane Eagan, MN 55123

651-454-0114 Fax: 651-454-3492

Lakeville Clinic 18586 Joplin Ave. Lakeville, MN 55044 651-365-8222

www.eagancounseling.com/about clinic.htm

The mission of Eagan Counseling - a division of MN Mental Health Clinics - is to be the leading provider of mental health services to clients in the Minneapolis and St. Paul metro area. By providing excellent, client centered service; Eagan Counseling promotes client stabilization and empowerment, community integration and helps clients achieve the highest level of functional capacity and personal growth.

Face to Face Health and Counseling Service

1165 Arcade Street Saint Paul, MN 55106 651-772-5555 Fax 651-772-5566 www.face2face.org/index.cfm To help youth overcome impediments Face to Face uses a holistic approach, serving the whole person. Face to Face staff are experts in dealing with youth and are committed to helping each young person who enters Face to Face move toward a healthy, mature, responsible and productive adulthood.

Hmong American Partnership

1075 Arcade Street St. Paul, MN 55106

651-495-9160 Fax: 651-495-1699

www.hmong.org/

Our mission is to help Hmong grow deep roots in America while preserving the strength of our culture. Services include Employment Assistance and Job Placement, Education and Training (ESL and computer classes), After School Enrichment, Mentoring and Youth Activities, Family Support, Counseling, and Elders Program.

Lao Family Community Of Minnesota

320 W. University Avenue St. Paul, MN 55103 651-221-0069. www.laofamily.org/ Responding to the unique needs of Hmong individuals and families, Lao Family's bilingual and bicultural programs strive to empower the Hmong to meet the many challenges of modern American life within a context that honors and preserves their traditions, values, and heritage.

Lupus Foundation of America

275 Market Street, Suite C19 Minneapolis, Minnesota, 55405 612 375-1131 Fax: 612 375-0102 2000 L Street, N.W., Suite 710 Washington, DC 20036

202-349-1155 Fax: 202-349-1156

www.lupus.org

Lupus is an autoimmune disease that can affect various parts of the body, including the skin, joints, heart, lungs, blood, kidneys and brain. Normally the body's immune system makes proteins called antibodies, to protect the body against viruses, bacteria, and other foreign materials. These foreign materials are called antigens.

COMMUNITY HEALTHCARE continued

Contact Information

Description

The Minnesota Department of Human Services

www.dhs.state.mn.us

The Minnesota Department of Human Services helps people meet their basic needs by providing or administering health care coverage, economic assistance, and a variety of services for children, people with disabilities and older Minnesotans.

The Brain Injury Association of Minnesota

34 13th Avenue Northeast, Suite B001 Minneapolis, MN 55413-1005 612-378-2742 or 800-669-6442. http://www.braininjurymn.org/

Today it is still the only statewide nonprofit organization in Minnesota devoted solely to serving the needs of the estimated 100,000 Minnesotans (12,000 children and young adults) who live with disability due to brain injury, their families and the professionals who work with them.

Personal care assistance (PCA) program

http://www.dhs.state.mn.us/main/idcplg? IdcSer-

vice=GET DYNAMIC CONVERSION&RevisionSelection
nMethod=LatestReleased&dDocName=id 003867

The personal care assistance program provides services to persons who need help with day-to-day activities to allow them be more independent in their own home. A PCA is an individual who is trained to help persons with some basic daily routines. A PCA may be able to help you if you have a physical, emotional or mental disability, a chronic illness or an injury.

<u>Provider Care Provider Organizations (PCPO) –</u> Statewide

www.dhs.state.mn.us/main/idcplg?IdcService=GET DYNAMIC CONVERSION&RevisionSelectionMethod =LatestReleased&dDocName=id 054350

Dakota County

http://www.dhs.state.mn.us/licensing/programlists/pdf/flwsdakota.pdf

The Minnesota Department of Human Services, in cooperation with counties, licenses approximately 26,400 service providers and monitors and investigates their compliance with Minnesota laws and rules. The purpose of licensing is to protect the health, safety and rights of those receiving services by requiring that providers meet minimum standards of care and physical environment.

Safe Haven

13780 McKenna Road NW Shakopee, MN 55379 952-288-2688 www.safehavenmn.org/ A residential group home in a suburban neighborhood in Scott County for Twin Cities area boys aged 10-18 who are in transition back into the community. We pride ourselves on being flexible to the needs of the community through focus groups and evaluation feedback from participants, regular contact with county and other nonprofit programs serving youth and creating programs and services in response to gaps in service. Partnerships play a central role in all of our programs.

St. Mary's Health Clinics

1884 Randolph Avenue St. Paul, MN 55105

651-690-7020 Fax: 651-690-7075 http://www.stmaryshealthclinics.org/

For a decade and a half St. Mary's Health Clinics has provided free primary health care to the uninsured in the seven county metropolitan area of St. Paul, Minneapolis and their surrounding suburbs. In that time over 66,000 visits have been recorded at the St. Mary's Health Clinics.

Westside Dental

478 South Robert Street Saint Paul, MN 55107 651-602-7575 Fax: 65

651-602-7575 Fax: 651-602-7518 www.westsidechs.org/programs.php?clinic=6

Most insurance plans are accepted including Medical Assistance, MinnesotaCare, Health Partners, and Delta Dental. Sliding Fee Scale is a discount program available to assist those with no health insurance or high insurance deductibles. Sliding fees are based on your family size and income.

COMMUNITY ORGANIZATIONS

Contact Information

Description

ArcShops

Arc Greater Twin Cities 2446 University Ave. W., Suite 110 St. Paul, MN 55114-1740 952-920-0855 Fax: 952-920-1480

952-920-0855 Fax: 952-920-1489 www.arcgreatertwincities.org info@arcgreatertwincities.org

Workshops and forums on guardianship, employment, housing, community inclusion, direct support workforce issues, making the transition to adulthood, aging concerns and more!

Boy Scouts of America

Hulings Scout Service Center

393 Marshall Avenue Saint Paul, MN 55102

Gabbert Scout Service Center

5300 Glenwood Avenue Minneapolis, MN 55422

763-231-7201 Fax: 763-231-7202

Toll Free: 877-231-7276

(numbers connect to both locations) http://www.northernstarbsa.org/

Northern Star Council, headquartered in the Twin Cities of Minneapolis/St. Paul serves more than 113,000 young people in 21 counties across central Minnesota and four counties in Western Wisconsin. The council is among the five largest in the United States led by over 24,000 volunteers. More than 1,100 community organizations, representing educational, religious, non-profit, civic, and business organizations join in partnership with Northern Star Council by chartering 1,746 Scouting units (packs, troops, teams, crews, posts and groups). The Northern Star Council is the result of the July 1, 2005 merger of the former Viking (Minneapolis) and Indianhead (St. Paul) Councils.

Campfire USA St. Paul/Mpls Council

2610 University Avenue West, Saint Paul, MN 55114-1090

Telephone: 1-888-335-8778 or 651-647-4407

651-632-9180 Fax: 651-647-5717 E-mail: info@campfireusa-mn.org

Website: ttp://campfire.nonprofitoffice.com/

Camp Fire USA's outcome-based programs include youth leadership, self-reliance, after school groups, camping and environmental education and child care. Serving youth from birth to 21, Camp Fire USA helps boys and girls learn - and play - side by side in comfortable, informal settings. Our coed programs allow parents to consolidate schedules for both their daughters and sons.

Dakota County 4-H

UM Ext Dakota County Suite 101 4100 220th St W Farmington, MN 55024-9539

651-480-7700 Fax: 651-480-7794

email: mnext-dakota@umn.edu

http://www.extension.umn.edu/county/template/

index.aspx?pID=0&countyID=19

The mission of Minnesota 4-H Youth Development is to engage youth, in partnership with adults, in quality learning opportunities that enable them to sha-pe and reach their full potential as active citizens in a global community. This mission is achieved by offering out-of-school educational programs that stimulate youth to learn in subject areas they are interested in; engage youth in addressing community and youth-related issues; and encourage youth to reach their full potential in an ever-changing, diverse world.

Description

Girl Scouts of America

Brooklyn Center, Minnesota 55429-3074

(763) 535-4602

Email: girlscouts@girlscoutsmpls.org
Web Site: http://www.girlscoutsmpls.org
Saint Paul, Minnesota 55107-2214
651-227-8835 800-845-0787
Email: girlscouts@girlscoutsev.org
Web Site: http://www.girlscoutsev.org

Girl Scouting builds girls of courage, confidence, and character, who make the world a better place. In partnership with adult volunteers and the generous community, girls develop strong values, leadership skills, social conscience, and conviction about their own potential and self-worth that will serve them all their lives.

Jewish Community Center

JCC of the Greater St. Paul Area

1375 St Paul Ave St Paul, MN 55116-2798

651-698-0751 Fax: 651-698-8591

Website: www.stpauljcc.org

Sabes JCC

4330 Cedar Lake Rd S St Louis Park, MN 55416

952-381-3400 Fax: 952-381-3401

Website: www.sabesjcc.org

In the past, Jewish adults with developmental disabilities have been isolated from family and friends, and not connected with the Jewish community. Since 1990 Caring Connections has offered these men and women an opportunity to take part in Jewish study, holiday celebrations, recreation and social events. The program helps to connect these adults with their heritage and with the Jewish community. Caring Connections is a collaborative effort among JFCS, Jewish Family Service of St. Paul, Sabes Jewish Community Center and the St. Paul Jewish Community Center.

minnhelp.html

http://www.geocities.com/jalars/minnhelp.html

This MinnHelp (Minnesota Help) web page is a meta-listing of directories of organizations for those dealing with addictions, coping with difficult situations, mental health issues, etc. 12-step and non-12-step groups. Also, United Way 211 (Formerly First Call For Help).

<u>University of Minnesota-Institute on Community</u> Integration

University of Minnesota 102 Pattee Hall, 150 Pillsbury Drive SE Minneapolis MN 55455

612-624-6300 Fax: 612-624-9344

http://ici.umn.edu/

At the Institute, we believe that all persons with developmental and other disabilities should live as valued members of local communities. We seek to make this possible through improving the services and social supports available to individuals with disabilities and their families. The Institute carries out this mission through research, professional training, technical assistance, and publishing activities, in collaboration with others across the US and abroad.

AUTISM SERVICES

Contact Information

Description

Alternatives for People with Autism

5624 - 73rd Avenue North Brooklyn Park MN 55429-1176 763-560-5330 Fax: 763-566-8426

http://afpwa.org/about autism.htm

Alternatives for People with Autism, Inc. ("Alternatives") is governed by a Board of members who, because we despised and feared an otherwise hopeless future for Minnesotans with autism, banded together with a covenant to create the first real living options in Minnesota for people severely afflicted with the devastating developmental disability known as "autism."

Arc Minnesota

770 Transfer Road, Suite 26 St. Paul MN 55114 651-523-0823 1-800-582-5256 http://www.thearcofminnesota.org/ The Arc of Minnesota is a private, non-profit, statewide voluntary organization. The mission of The Arc of Minnesota is to support and advocate for people with intellectual and other developmental disabilities and their families as they choose how they live, learn, work and play. We fight for persons with developmental disabilities so they can reach for a brighter, more inclusive future.

Autism Society of America

7910 Woodmont Avenue, Suite 300 Bethesda, Maryland 20814 301.657.0881 or 1.800.328.8476 Minnesota Chapter 2380 Wycliff Street, Suite 102 Saint Paul MN 55114-1257 651-647-1083 Fax: 651-642-1230

http://www.ausm.org

ASA is dedicated to increasing public awareness about autism and the day-to-day issues faced by individuals with autism, their families and the professionals with whom they interact. The Society and its chapters share a common mission of providing information and education, and supporting research and advocating for programs and services for the autism community.

PACER Center, Inc. (Parent Advocacy Coalition for Educational Rights)

8161 Normandale Blvd. Minneapolis, MN 55437-1098

Phone: 952-838-9000 800-537-2237 Fax: 952-838-0199 TTY: 952-838-0190

E-mail: pacer@pacer.org
Website: http://www.pacer.org

With assistance to individual families, workshops, materials for parents and professionals, and leadership in securing a free and appropriate public education for all children, PACER's work affects and encourages families in Minnesota and across the nation.

Minnesota Department of Education (Autism)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/Autism Spectrum Disorders/index.html

DCD SERVICES

Contact Information

Description

Arc Minnesota

770 Transfer Road, Suite 26 St. Paul MN 55114 651-523-0823 or 1-800-582-5256 http://www.thearcofminnesota.org/ The Arc of Minnesota is a private, non-profit, statewide voluntary organization. The mission of The Arc of Minnesota is to support and advocate for people with intellectual and other developmental disabilities and their families as they choose how they live, learn, work and play. We fight for persons with developmental disabilities so they can reach for a brighter, more inclusive future.

Dakota County Social Services

Developmental Disabilities 1 Mendota Road West, Suite 300 West St. Paul, MN 55118-4770 Developmental Disabilities - Adults 651-554-6000

Western Service Center

SocialServices/default.htm

14955 Galaxie Ave
Apple Valley MN 55124-8579
Developmental Disabilities - Children
952-891-7459
http://www.co.dakota.mn.us/Departments/

Social Services provide assessment and case management to people who are vulnerable due to age or disability. Program areas include child protection (abuse or neglect), children's mental health, child care licensing, developmental disabilities for children and adults, adult mental health, chemical health, and long term care/waivered services.

Down Syndrome Association of Minnesota

656 Transfer Road St. Paul, MN 55114 651-603-0720 800-511-3696 http://www.dsamn.org/ Welcome to the Down Syndrome Association of Minnesota. You will find good company here. The Association is composed of some 3,000 members; more than 900 people with Down syndrome, their families and friends, plus health-care, education and developmental professionals. We are the only organization in our region devoted exclusively to the needs of people with Down syndrome and their families.

Fraser Community Services

2400 W. 64th St Minneapolis, MN 55423 612-861-1688 Fax: 612-861-6050 http://www.fraser.org/ A nationally renowned Minnesota nonprofit, Fraser serves children of all abilities and adults with special needs — through comprehensive education, healthcare and housing services. Our vision is a world where all people have equal opportunity and choice to realize their dreams to live, work, learn and play as members of our community.

Minnesota Department of Education (DCD)

http://education.state.mn.us/MDE/Learning Support/Special Education/Categorical Disability Information/Developmental Cognitive Disabilities/index.html

EMOTIONAL BEHAVIORAL DISORDERS (EBD)

Contact Information

Behavioral Institute for Children and

<u>Adolescents</u> 3585 Lexington Ave. N, Suite 163

Arden Hills, MN 55126

651-484-5510 Fax: 651-483-3879 http://www.behavioralinstitute.org/

Description

Children and youth with emotional and behavioral challenges will have access to a full array of effective academic and functional services provided by highly qualified practitioners in school and community settings.

Mission: The Institute promotes the well-being of children and youth with emotional and behavioral challenges through skill-based and transdisciplinary training.

Mental Health Association of Minnesota

2021 East Hennepin Avenue, Suite 412 Minneapolis, MN 55413-2726

phone: 612-331-6840

800-862-1799 Fax: 612-331-1630

www.mentalhea lthmn.org

The Mental Health Association of Minnesota is a 501(c)(3) nonprofit agency that responds to the needs of individuals with mental illnesses, and their family members. We offer services in Advocacy and Education: individual advocacy case services, community support referrals, educational materials, workshops and community presentations.

<u>Minnesota Association for Children's Mental</u> Health

165 Western Avenue North Saint Paul, MN 55102

Phone: 651-644-7333 1-800-528-4511

Fax: 651-644-7391 http://www.macmh.org/

The Minnesota Association for Children's Mental Health (MACMH) began in 1989 as a small group of parents concerned about children with mental health disorders. Driven by the challenges of raising a child with one of the least understood and most stigmatized disabilities, these parents met regularly, defined their mission, and established a formal board of directors.

Minnesota Council for Children with Behavioral Disorders

http://www.mnccbd.org

The Minnesota Council for Children with Behavior Disorders is an organization of professionals dedicated to providing services to children and youth with behavioral disorders. Our Mission_Supporting Educators Through Professional Growth, Venues for Communication and Advocacy At All Levels for Children with Emotional and Behavioral Disorders.

National Alliance for the Mentally III-MN (NAMI-MN)

800 Transfer Road Suite 7A Saint Paul, MN 55114 651-645-2948 1-888-NAMI HELPS

Fax: 651-645-7379 http://www.namimn.org/ NAMI-Minnesota is a non-profit organization dedicated to improving the lives of persons with mental illness (brain disorders) and their families. NAMI-MN offers programs of education, support and advocacy, and supports research efforts. NAMI-MN vigorously promotes the development of community mental health programs and services, improved access to services, increased opportunities for recovery, reduced stigma and discrimination, and increased public understanding of mental illness.

PATH (Professional Association of Treatment Homes/Metro Office)

2324 University Ave W, #120 St Paul, MN 55114, 651-646-3221 877-264-7284

Fax: 651-641-0452 www.pathinc.org PATH (Professional Association of Treatment Homes), a nonprofit organization with a vision about a new, more personalized approach to foster care for children and youth with special emotional, behavioral and medical needs. They believed these children and youth could be better served in family-based settings, rather than in more restrictive institutional placements such as hospitals, group homes, and residential treatment centers.

Minnesota Department of Education (Emotional Disabilities)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/ Emotional and Behavioral Disabilities/index.html

LEARNING DISABILITIES

Contact Information

Description

Family Education Network

501 Boylston St, Suite 900 Boston, MA 02116 212-641-6681 www.familyeducation.com/ Launched in 1996 as the first parenting site on the Web, Family Education has become the Internet's most-visited site for parents who are involved, committed, and responsive to their families' needs. Parents find practical guidance, grade-specific information about their children's school experience, strategies to get involved with their children's learning, free email newsletters, and fun and entertaining family activities.

Family Service, Inc

430 North Canal Street Lawrence, MA 01840 978-683-9505 Fax: 978-683-1026 www.familyserviceinc.com Family Service, Inc. is a non-profit social service agency located in Lawrence, Massachusetts. Originally established in 1854 as a relief society for the area's newly arriving immigrant mill workers, Family Service has grown in recent years from a small mental health clinic (c.1985) to a large and dynamic organization providing over 20 programs and services.

<u>Learning Disabilities Association (LDA Learning Center)</u>

LDA of Minnesota 5354 Parkdale Drive, Suite 200 St. Louis Park, MN 55416 952-922-8374 Fax. 952-922-8102 http://www.ldaminnesota.org/ The mission of Learning Disabilities Association is to maximize the potential of children, youth and adults with learning disabilities or related learning difficulties so that they and their families lead more productive and fulfilled lives.

Minnesota Life College

Minnesota Life College 7501 Logan Avenue S., Suite 2A Richfield, MN 55423 612-869-4008 Fax: 612-0869-0443 http://www.mnlifecollege.org/ Minnesota Life College is a three year postsecondary, lifeskills training program for young adults with learning disabilities. Independent Living and Employment Readiness are at the heart of MLC's unique program; other key curriculum areas include: Decision-Making for Success, Social Skills Development, and Fitness and Wellness. MLC helps each student reach for his/her full potential by providing direct, professional instruction in a safe, easily accessible urban campus.

UMBIDA

PMB 159 5021 Vernon Avenue Minneapolis, MN 55436 651-450-7589 http://www.umbida.org/ The mission of the Upper Midwest Branch of the International Dyslexia Association (UMBIDA) is to inform and educate people about dyslexia and related difficulties in learning to read and write, in a way that supports and encourages, promotes effective change, and gives individuals the opportunity to lead productive and fulfilling lives, which benefits society with the resource that is liberated.

Minnesota Department of Education (Autism)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/Specific Learning Disabilities/index.html

PHYSICAL DISABILITIES

Contact Information

Description

Courage Center

3915 Golden Valley Road
Minneapolis, MN 55422
763 588 0811 Tall from: 1-888 88

763-588-0811 Toll-free: 1-888-8INTAKE

TTY: 763-520-0245 www.courage.org/ Courage Center offers comprehensive rehab services for people of all ages and abilities. We specialize in pain management, brain injury, spinal cord injury and congenital disabilities. We offer accessible fitness centers, aquatic therapy, vocational and community based services, a transitional rehab program, and sports, recreation and camping.

Little People of America, Twin Cities

connor.anthony@gmail.com
http://www.lpadistrict9.org/content/

Little People of America (LPA). LPA is a non-profit organization which supports and provides information for short-statured individuals. District 9 is here to serve little people, their families, and their friends who live in the states of Nebraska, Iowa, Minnesota, North Dakota, and South Dakota.

Muscular Dystrophy Association

National Headquarters 3300 E. Sunrise Drive Tucson, AZ 85718 1-800-FIGHT-MD (344-4863) http://www.mdausa.org/ The Muscular Dystrophy Association is a voluntary health agency -- a dedicated partnership between scientists and concerned citizens aimed at conquering neuromuscular diseases that affect more than a million Americans.

Osteogenesis Imperfecta Foundation, Inc.

804 W. Diamond Ave, Suite 210 Gaithersburg, MD 20878 301-947-0083 800-981-2663

Fax: 301-947-0456

www.oif.org

The Osteogenesis Imperfecta Foundation, Inc. (OI Foundation) is the only voluntary national health organization dedicated to helping people cope with the problems associated with osteogenesis imperfecta. The Foundation's mission is to improve the quality of life for people affected by OI through research to find treatments and a cure, education, awareness, and mutual support.

United Cerebral Palsy of Minnesota, Inc.

1660 L Street, NW, Suite 700 Washington, DC 20036 800-872-5827 202-776-0406

Fax: 202-776-0414 http://www.ucp.org/

1821 University Avenue West #219 South

St. Paul, MN 55104-2892

Phone: 651-646-7588 Fax: 651-646-3045

http://www.ucpmn.org/

United Cerebral Palsy (UCP) is the leading source of information on <u>cerebral palsy</u> and is a pivotal advocate for the rights of persons with any disability. As one of the largest health charities in America, the UCP mission is to advance the independence, productivity and full citizenship of people with disabilities through an affiliate network. <u>Learn</u> more about UCP...

Minnesota Department of Education (Physical)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/Physically Impaired/index.html

SENSORY IMPAIRMENTS

Contact Information

Description

Blind, Inc.

BLIND Inc. 100 East 22nd St. Minneapolis, MN 55404 612-872-0100 1-800-597-9558

Fax: 612-872-9358 http://www.blindinc.org/ BLIND, Incorporated is an adjustment to blindness training center. We teach the skills that blind people need to become independent and employable such as Braille, home management, the use of the white cane, and computers with screen reading software, etc. But just as importantly, we instill in our students the confidence to put these skills into practice.

<u>Communication Services for the Deaf (CSD of Minnesota)</u>

2055 Rice Street St. Paul, Minnesota 55113

Voice/TTY: 651-297-6700 Fax: 651-297-6766

http://www.c-s-d.org/

CSD (also known as Communication Service for the Deaf, Inc.) is a private, nonprofit organization dedicated to providing broad—based services, ensuring public accessibility and increasing public awareness of issues affecting deaf and hard of hearing individuals. Through global leadership and a continuum of quality communication services and human service programs, CSD provides the tools conducive to a positive and fully integrated life.

DeafBlind Services MN (formerly FIND, Inc.)

2344 Nicollet Ave. #420 Minneapolis, MN 55404 612-871-4788 www.deafblindinfo.org DeafBlindInfo.org contains: - An online introduction to deafblindness (combined vision and hearing losses of all kinds). - Information about Minnesota's resources for people who are DeafBlind, as well as resources throughout the USA and in other countries. - Empowerment for DeafBlind individuals, their families, and service providers, both in Minnesota and beyond.

Hearing and Service Dogs of Minnesota

2537 25th Avenue South Minneapolis, MN 55406

612-729-5986 TTY/Fax: 612-729-5914

http://www.hsdm.org/

Hearing and Service Dogs of Minnesota is dedicated to enhancing the quality of life for people who are deaf, hard of hearing or disabled by creating mutually beneficial partnerships with specially trained dogs.

Interpreter Referral Services in Minnesota (MN Dept. of Human Services)

St. Paul office

651-297-1316 TTY: 866-206-6513

dhhs.metro@state.mn.us

People of any age can experience hearing loss. Some people are born with hearing loss, for others it develops later in life. Regardless of the type of hearing loss, all deaf and hard of hearing people have unique needs. The Deaf and Hard of Hearing Services Division (DHHSD), a division in the Minnesota Department of Human Services, is here to help.

Minnesota Association of the Deaf

1824 Marshall Ave. St. Paul, MN 55104 Phone: 651-644-3455 http://www.minndeaf.org/ Minnesota Association of Deaf Citizens (MADC) was established in 1885 and is a non-profit, 501(c)(4) organization. MADC advocates for and promotes a better quality of life and social wellness of Deaf people through its membership, activities and advocacy.

Minnesota Chemical Dependency Program for Deaf & Hard of Hearing Individuals

(MCDPDHHI)

2450 Riverside Avenue South Minneapolis, MN 55454. 1-800-282-3323 (V/TTY) http://www.mncddeaf.org/ The Minnesota Chemical Dependency Program for Deaf and Hard of Hearing Individuals is an inpatient chemical dependency program located within the University of Minnesota Medical Center, Fairview, at the Riverside campus in Minneapolis, Minnesota. Specialized in treatment for Deaf and Hard of Hearing persons, The Program has been providing services nationally since 1989.

SENSORY IMPAIRMENTS Continued

Contact Information

Description

Minnesota DeafBlind T.A. Project

4001 Stinson Blvd., Suite 210 Minneapolis, MN 55421 612-638-1525 or 1526 800-848-4905 TTY: 612-706-0808 Fax: 612-706-0811 http://www.dbproject.mn.org The technical assistance team has been recognized nationally as a truly unique staff consisting of a parent, educator and pediatrician. This combination allows for a holistic look at each child, their family and education team. Project staff are available for on-site visits to homes or schools to provide technical assistance as needed.

Minnesota Speech-Language-Hearing Association

1821 University Ave W, Ste S256 St. Paul, MN 55104 651-999-5350 Fax: 651-917-1835 Founded in 1936, the **Minnesota Speech-Language-Hearing Association** (MSHA) is a nonprofit professional organization of speech-language pathologists and audiologists that promotes the welfare of individuals with communication disorders and represents the professionals who serve them.

National Federation of the Blind of Minnesota Blind, Inc.

100 East 22nd Street Minneapolis, Minnesota 55404 612-872-9363 http://members.tcg.net/nfbmn/ The National Federation of the Blind of Minnesota (NFBM) is the state's largest and oldest organization of the blind. We provide individual counseling, advocacy, and education through a number of programs. Most of our members are blind, and our knowledge of blindness comes from our personal lives and our collective experience. We have learned that the real problem of blindness is not loss of eyesight, but the fear and misunderstandings that surround it. We believe that, if given training and opportunity, blind people can live full and productive lives.

Minnesota Department of Education (<u>Blind-Visually Impaired</u>) http://education.state.mn.us/mde/Learning Support/Special Education/Ca

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/ Visually Impaired/index.html

Minnesota Department of Education (Deaf and Hard of Hearing)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/ Deaf Blind Hard of Hearing/index.html

Minnesota Department of Education (Deaf-Blind)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/Deaf Blind/index.html

Minnesota Department of Education (speech or Language)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/Speech or Language Impairments/index.html

OTHER DISABILITIES

Contact Information

Association of Residential Resources in

Minnesota (ARRM)

1185 North Concord Street, Suite 424 South Saint Paul. Minnesota 55075 651-291-1086 800-551-2211

Fax: 651-293-9389 http://www.arrm.org/

Description

We are an association of 150 Minnesota providers that employ more than 25,000 Direct Support Professionals who provide services and supports for thousands of Minnesotans with disabilities. ARRM is committed to assuring that Minnesota has a viable private provider sector to promote consumer choice, adequate funding, and appropriate regulation. We have experienced staff members whose work is guided by committees of your colleagues.

The Brain Injury Association of Minnesota

34 13th Avenue Northeast, Suite B001 Minneapolis, MN 55413-1005 612-378-2742 or 800-669-6442. http://www.braininjurymn.org/

In 1984 a small group of families and providers came together to form what is now the Brain Injury Association of Minnesota. It was a grassroots effort to advocate for services at a time when resources were limited at best for persons with brain injury and their families. Today it is still the only statewide nonprofit organization in Minnesota devoted solely to serving the needs of the estimated 100,000 Minnesotans (12,000 children and young adults) who live with disability due to brain injury, their families and the professionals who work with them.

Children and Adults with Attention-Deficit/ Hyperactivity Disorder (CHADD)

8181 Professional Place - Suite 150

Landover, MD 20785

301-306-7070 Fax: 301-306-7090

E-mail: webmaster@chadd.org

Website: http://www.chadd.org/AM/Template.cfm?

Section=About CHADD Twin Cities CHADD 952-922-5761

Website: http://www.chaddonline.org/chapters/

chadd172.html

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD), is a national non-profit, tax-exempt organization providing education, advocacy and support for individuals with AD/HD. In addition to our informative Web site, CHADD also publishes a variety of printed materials to keep members and professionals current on research advances, medications and treatments affecting individuals with AD/HD.

Council for Exceptional Children

1110 North Glebe Road, Suite 300,

Arlington, VA 22201

703-620-3660 TTY: 866-915-5000

Fax: 703-264-9494 www.cec.sped.org

The Council for Exceptional Children (CEC) is the largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted. CEC advocates for appropriate governmental policies. sets professional standards, provides continual professional development, advocates for newly and historically underserved individuals with exceptionalities, and helps professionals obtain conditions and resources necessary for effective professional practice.

Cystic Fibrosis Foundation

6931 Arlington Road Bethesda, Maryland 20814 301-951-4422 800-344-4823

http://www.cff.org/ Minnesota Chapter

1611 West County Road B, Suite 221

St. Paul, MN, 55113

651-631-3290 Fax: 651-631-3296 http://www.cff.org/Chapters/minnesota/

The mission of the Cystic Fibrosis Foundation, a nonprofit donor-supported organization, is to assure the development of the means to cure and control cystic fibrosis and to improve the quality of life for those with the disease. The Foundation is the leading organization in the United States devoted to cystic fibrosis.

OTHER IMPAIRMENTS Continued

Contact Information

Description

Epilepsy Foundation

8301 Professional Place Landover, MD 20785 800-332-1000

http://www.epilepsyfoundation.org/ 1600 University Ave W Suite 205 St. Paul, MN 55104 651-287-2300 1-800-779-0777

http://www.efmn.org/

The Epilepsy Foundation is the national voluntary agency solely dedicated to the welfare of the 3 million people with epilepsy in the U.S. and their families. The organization works to ensure that people with seizures are able to participate in all life experiences; and to prevent, control and cure epilepsy through research, education, advocacy and services. In addition to programs conducted at the national level, epilepsy clients throughout the United States are served by local Epilepsy

Family Education Network

501 Boylston St, Suite 900 Boston, MA 02116 212-641-6681 www.familveducation.com/ Launched in 1996 as the first parenting site on the Web, Family Education has become the Internet's most-visited site for parents who are involved, committed, and responsive to their families' needs. Parents find practical guidance, grade-specific information about their children's school experience, strategies to get involved with their children's learning, free email newsletters, and fun and entertaining family activities.

Fraser Community Services

2400 W. 64th St Minneapolis, MN 55423 612-861-1688: Fax 612-861-6050 http://www.fraser.org/

A nationally renowned Minnesota nonprofit, Fraser serves children of all abilities and adults with special needs through comprehensive education, healthcare and housing services. Our vision is a world where all people have equal opportunity and choice to realize their dreams to live. work, learn and play as members of our community.

Goodwill Industries Inc., Easter Seal Society of Minnesota

553 Fairview Avenue North St Paul. MN 55104 651-379-5800 Fax 651-379-5803 www.mnges.easterseals.com

Goodwill/Easter Seals Minnesota provides services for people with barriers to education, employment and independence in achieving their goals. Adults with disabilities and other social and economic disadvantages looking for meaningful employment receive job training, placement and other employment services through Goodwill/Easter Seals.

Hearing and Service Dogs of Minnesota

Hearing and Service Dogs of Minnesota 2537 25th Avenue South Minneapolis, MN 55406 612-729-5986 Fax and TTY: 612-729-5914 http:// www.hsdm.org/

Hearing and Service Dogs of Minnesota is dedicated to enhancing the quality of life for people who are deaf, hard of hearing or disabled by creating mutually beneficial partnerships with specially trained dogs.

University of Minnesota-Institute on Community Integration

University of Minnesota 102 Pattee Hall, 150 Pillsbury Drive SE Minneapolis MN 55455 612-624-6300 Fax: 612-624-8279

http://ici.umn.edu/

The Institute's focus is on developing strategies and resources that strengthen the ability of agencies, programs, and organizations to provide quality services and supports for persons with disabilities. While we do not provide direct services or advocacy for individuals, families, or organizations, we may be able to direct you to resources in your community that can.

March of Dimes National Foundation for Birth Defects

1275 Mamaroneck Avenue White Plains, NY 10605 914-997-4488

http://www.marchofdimes.com/

Minnesota Chapter

5233 Edina Industrial Boulevard

Edina, MN, 55439

952-835-3033 Fax: 952-835-8661 http://www.marchofdimes.com/minnesota/

Our mission is to improve the health of babies by preventing birth defects, premature birth, and infant mortality. We carry out this mission through research, community services, education and advocacy to save babies' lives. March of Dimes researchers, volunteers, educators, outreach workers and advocates work together to give all babies a fighting chance against the threats to their health:

Description

Metropolitan Center for Independent Living

1600 University Ave. W., Suite 16 St. Paul, MN 55104-3834 651-646-8342 TTY: 651-603-2001

Fax: 651-603-2006 http://www.mcil-mn.org/ MCIL is a Twin Cities metro-based, non-profit 501.c.3 consumer-directed organization founded in 1981. MCIL is dedicated to the full promotion of the Independent Living (IL) philosophy by supporting individuals with disabilities in their personal efforts to pursue self-directed lives. Being "consumer-directed" means that the majority of decision-making employees (88%) and members of our board of directors (90%) are individuals with disabilities.

MINCEP Epilepsy Care

5775 Wayzata Boulevard Minneapolis, MN 55416

952-525-2400 Fax: 952-525-1560

http://www.mincep.com/

Our Goal: No Seizures, No Side Effects

prematurity, birth defects, low birth weight.

National Multiple Sclerosis Society, MN Chapter

200 12th Avenue South Minneapolis, MN 55415 Phone: 612-335-7900 www.mssociety.org/ Providing accurate, up-to-date information to individuals with MS, their families, and healthcare providers is central to our mission. Access information on a variety of MS-related basics—for those who are newly diagnosed as well as those who have been living with MS.

PACER Center, Inc. (Parent Advocacy Coalition for

Educational Rights) 8161 Normandale Blvd.

Minneapolis, MN 55437-1098

Phone: 952) 838-9000 800-537-2237 Fax: 952-838-0199 TTY: 952-838-0190

E-mail: pacer@pacer.org
Website: http://www.pacer.org

With assistance to individual families, workshops, materials for parents and professionals, and leadership in securing a free and appropriate public education for all children, PACER's work affects and encourages families in Minnesota and across the nation.

Tourette's Syndrome Association of Minnesota

Tourette Syndrome Association of Minnesota 2233 University Avenue Suite 338

St. Paul, MN 55114

http://www.tsa-mn.org/contact.html

To assist Minnesotan's with Tourette syndrome in achieving their fullest potential through education, support and public awareness programs.

Minnesota Department of Education (Other Health Disabilities)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/Other Health Disabilities/index.html

Minnesota Department of Education (Traumatic Brain Injury)

http://education.state.mn.us/mde/Learning Support/Special Education/Categorical Disability Information/ Traumatic Brain Injury/index.html

SCHOOL DISTRICTS AND SPECIAL EDUCATION DIRECTORS

Contact Information

Burnsville/Eagan/ Savage District 191

Stephanie Corbey,

Director Individualized Student Services Diamondhead Educational Center 202 W. Burnsville Parkway Burnsville, MN 55337

952-707-6261 Fax 952-707-6262 Email: scorbey@burnsville.k12.mn.us

http://www.isd191.org/se3bin/clientschool.cgi?

schoolname=school80

"In our ever-changing world, the Burnsville-Eagan-Savage school district, in partnership with families and our community, is committed to providing a continuum of quality educational services that meet the unique needs of all chil-

Description

dren. We believe all children are entitled to a special education designed to develop skills and knowledge to be-

come productive citizens."

Farmington District 192

Carla Nohr Schulz, **Director of Special Services** 421 Walnut Street Farmington, MN 55024 651-463-5020.

Email: cschulz@farmington.k12.mn.us http://www.farmington.k12.mn.us/

We, the Farmington Public Schools, believe all students with a variety of abilities have value, can learn and are entitled to a quality education. We are here to help those students develop a dream and believe in themselves.

Hastings District 200 Corv Graham. Director of Special Education 1000 West 11th Street Hastings, Minnesota 55033

651-438-0652 Fax: 651-437-3138 E-mail: cgraham@hastings.k12.mn.us Website: http://www.hastings.k12.mn.us The employees of District #200 will promote independence for children and youth with disabilities by, individualizing specially designed instruction and teaching and supporting pro-social behaviors in all educational environments.

Intermediate District 917

Daniel Sullivan Director of Special Education 1300 145th Street East Rosemount, MN 55068-7768

Phone: 651-423-8204 Fax: 651-423-8776 E-mail: daniel.sullivan@isd917.k12.mn.us Website: http://www.isd917.k12.mn.us

The Special Education's mission is to provide special education program options and other services to students with low-incidence disabilities referred by the local school districts served by District 917. These programs and services are offered because the local school districts desire comprehensive and efficient special education services that can be offered cooperatively under the direction of District 917.

Inver Grove Heights District 199

Jane Sansgaard

Director of Special Education

2990 East 80th Street

Inver Grove Heights Minnesota 55076 Phone: 651-306-7827 Fax: 651-306-7295 E-mail: sansgaaj@invergrove.k12.mn.us Website: http://www.invergrove.k12.mn.us/

In Inver Grove Heights, a range of special education services are provided to students from birth to 22 years of age who have had a disability identified. Each building has a team that considers referrals, provides an assessment and then works with parents to develop an individualized education plan (IEP) that will meet the needs of the student.

Lakeville District 194

Renae M. Ouillette Director of Special Services 8670 210th Street West Lakeville, Minnesota 55044 952-469-7104 Fax: 952-469-6054

E-mail: rmouillette@isd194.k12.mn.us Website: http://www.isd194.k12.mn.us/

8670 210th Street West Lakeville, Minnesota 55044

Description

That all students who exit our programs:

- Have the academic, communication, and life skills necessary to reach their highest potential;
- Are goal-directed and maintain a healthy balance of productivity, personal interests and lifelong learning;
- Have the ability to develop and maintain meaningful interpersonal relationships;
- Can pursue a vocation that is financially and/or emotionally satisfying;
- Have developed a healthy belief system, positive self-awareness and the ability to self advocate;
- Are adaptable problem-solvers who function effectively in a variety of settings and have the flexibility to withstand change; and
- Have a sense of their place in and contribution to family and community.

Randolph District 195

Rick Green
Director of Special Education
Box 38, 29110 Davisson Ave.
Randolph, MN 55065
507-263-2151

Email: rgreen@randolph.k12.mn.us http://www.randolph.k12.mn.us/ The Randolph Community School, working in partnership with the family and the community, is dedicated to providing a caring, disciplined, challenging environment that enables students to become life-long learners who value themselves, contribute to their community, and succeed in a changing world.

Rosemount/Apple Valley/Eagan District 196

Mary Kreger,

Director of Special Education 14445 Diamond Path W. Rosemount, MN 55068

651-423-7629 Fax: 651-423-7627 E-mail: mary.kreger@district196.org/Website: http://www.district196.org/

State and federal special education mandates require the district to seek out, assess and appropriately serve students with disabilities. We use a comprehensive child study process to systematically screen, assess and, if appropriate, provide special education services to students. Students are entitled to a free appropriate public education in the "least restrictive environment" -- usually the school the child would attend if the child did not have a disability.

South St. Paul District 06

Linda Gardner Director of Special Services 104 Fifth Avenue South South St. Paul, MN 55075

651-457-9466 Fax: 651-457-9485

Email: <u>lgardner@sspps.org</u> http://www.sspps.org South St. Paul Public Schools provides opportunities for all learners. Through talented and caring staff, robust assistive technologies and a supportive community, we strive for excellence in meeting the needs of your child.

West St. Paul District 197

Tom Schoepf.

Director of Special Education 1897 Delaware Avenue Mendota Heights 55118

651-681-2393 Fax: 651-681-9102 E-mail: schoepft@isd197.k12.mn.us Website: http://www.isd197.k12.mn.us/ Special education is specially designed instruction based on the needs of an individual student. As required by law, Independent School District 197 provides a free, appropriate public education to about 900 students with disabilities from birth through age 21 who attend both public and private schools. A team develops, implements and reviews each student's individual program.

TRANSITION PROGRAMS

Contact Information

Description

ISD 191 - Burnsville-Eagan-Savage Transition Programs

Stephanie Corbey, Director Individualized Student Services Diamondhead Educational Center 202 W. Burnsville Parkway Burnsville, MN 55337 952-707-6261 Fax 952-707-6262

Email: scorbey@burnsville.k12.mn.us

http://www.isd191.org/se3bin/clientschool.cgi?

schoolname=school80

It is our mission to educate young adults ages 18 -21 with special needs so that they realize their goals and potential and become productive workers and members of their family and community. The BEST Services is committed to providing a quality educational program focused on developing and enhancing student skills in the five key areas of transition: Jobs and Training, Recreation and Leisure, Community Participation, Home and Daily Living, and Post Secondary Training.

Farmington District 192

Carla Nohr Schulz, Director of Special Services 421 Walnut Street Farmington, MN 55024 (651) 463-5020.

Email: cschulz@farmington.k12.mn.us http://www.farmington.k12.mn.us/ At Farmington, we believe the goals of Transition Planning are a critical and continuous component to the success of each student. We believe special education students should experience a smooth transition from one grade, setting, program, building, case manager and/or community to another. Transition IEP's are written by the time a student reaches the age of fourteen to ensure students are receiving an education through academic and transition programming to better prepare them to move from high school to adult life. Educational planning is set up to build skills in five transition area to help prepare students for the challenges they will face in their future.

Hastings District 200

Cory Graham, Director of Special Education

Phone: 651-438-0652 Fax: 651-437-3138

E-mail: cgraham@hastings.k12.mn.us
Website: http://www.hastings.k12.mn.us

1000 West 11th Street Hastings, Minnesota 55033 In addition to providing academic and behavioral support for students on IEP's, Hastings District #200 offers a number of transitional-focused opportunities. The Work Experience Program assists students in finding and keeping positions through school and community volunteer sites and paid employment with or without a job coach. A school store also provides the opportunity to learn and practice job skills. Home Living and Community Participation skills are emphasized in Home Management and Real Life classes. Recreation/Leisure activities are also explored. Through case management, students are assisted to plan for a variety of post secondary settings and connect with resource agencies or personnel. Self advocacy skills are practiced throughout all activities.

Intermediate District 917

Daniel Sullivan

Director of Special Education 1300 145th Street East Rosemount, MN 55068-7768

Phone: 651-423-8204 FAX: 651-423-8776

E-mail: daniel.sullivan@isd917.k12.mn.us
Website: http://www.isd917.k12.mn.us
Assistant Director of Special Education
Supervisor of TESA, PACES, and DASH

Dr. Terri Trexler Phone: 651-423-8426 Fax: 651/423-8052

terri.trexler@isd917.k12.mn.us

Description

The District 917 TESA program provides special education services for students ages 14-21, with an emphasis on functional academics and transition skills. The purpose of the program is to provide instruction, guidance, and opportunities for students to achieve their maximum levels of independence, and to help students acquire a sense of confidence in daily life situations (home, school, community, and work environments). The involvement of the student, parents and care-givers, the home school district, and other service providers in planning, implementing, and evaluating the individualized program is vital to student growth and success. TESA curriculum areas include: Career exploration and training, home living/independent living skills, communication, self-advocacy, social strategies, functional academics, recreation/leisure skills, and community participation. Speech and language services, occupational therapy, physical therapy, and other support services are available as described by the student's IEP.

Inver Grove Heights District 199

Jane Sansgaard

Director of Special Education

2990 East 80th Street

Inver Grove Heights Minnesota 55076

Phone: 651-306-7827 Fax: 651-306-7295

E-mail: sansgaaj@invergrove.k12.mn.us
Website: http://www.invergrove.k12.mn.us/

Transitions - IGH Middle School and Simley Transition is a huge word for those of us who work in special education. From the time we identify students with special education needs, we begin working on goals that will help them to be more successful as they move through school. In early childhood we are looking toward the elementary years, in elementary we begin preparing our students for middle school and so it goes. Our ultimate goal is to do what is necessary to prepare each student for a successful future. What we do each year is building toward that future. Transition planning was designed to prepare students to make a smooth transition from the world of school to adulthood. Transition services are a coordinated set of activities based on the individual student's needs and takes into account the student's preferences and interests.

Lakeville District 194

Renae M. Ouillette

Director of Special Services 8670 210th Street West Lakeville, Minnesota 55044 Phone: 952-469-7104

Fax: 952-469-6054

E-mail: rmouillette@isd194.k12.mn.us
Website: http://www.isd194.k12.mn.us/

8670 210th Street West Lakeville, Minnesota 55044 Lakeville begins preparing for transition by the time a student reaches the age of fourteen. We work very hard to assure that each students' individual educational plan reflects both their strengths and weaknesses. We also take into close consideration their own personal future goals and match the remaining school programming to help them achieve these individual goals. We work very hard with the students' team to assure the programming both in school and outside the school setting meets the needs of the student. In meeting those needs we collaborate with outside interagency that will play an important role in the students life during the transition years of middle school and high school along with the years after they leave public education. We want to give the students the skills to help them plan and achieve a successful future.

TRANSITION PROGRAMS Continued

Contact Information

Description

Randolph District 195

Rick Green

Director of Special Education Box 38, 29110 Davisson Ave.

Randolph, MN 55065 Phone: 507-263-2151

Email: rgreen@randolph.k12.mn.us http://www.randolph.k12.mn.us/ Transition planning begins at age 14 to address the individual needs of students' IEP goals. The education activities and program targets those IEP goal to help students develop the skills needed for their future. The five areas of transition focuses on employment, post secondary, home and daily living, community participation and recreation and leisure.

Rosemount/Apple Valley/Eagan District 196

Mary Kreger,

Director of Special Education 14445 Diamond Path W. Rosemount, MN 55068 Phone: 651-423-7629

Fax: 651-423-7627

E-mail: mary.kreger@district196.org Website: http://www.district196.org/ District 196 meets the transition needs of learners ages 14 to 21 in a variety of ways. 'Targeting Transition Rubrics', a survey completed by the learner, family members, and licensed staff helps identify strengths and needs of learners in the transition areas. Additional transition assessment tools are used to address individual learner needs. The assessment information is used to develop transition programming for each learner. The district also has transition programs for learners 18 -21 years of age. Participation in the programs is based on individual needs outlined in the IEP.

South St. Paul District 06

Linda Gardner

Director of Special Services 104 Fifth Avenue South South St. Paul, MN 55075 Phone: 651-457-9466 Fax: 651-457-9485

Email: lgardner@sspps.org
http://www.sspps.org

South St. Paul School district begins planning for transition by the time a student reaches the age of fourteen. A student receiving special education will continue to have the opportunity for appropriate academic classes, but in addition will have individual transition needs identified in one or more of the five transition areas. Identified transition needs will lead to the development of an Individual Education Plan (IEP) to help strengthen the area or areas of needs and lead to appropriate and successful future outcome.

W. St. Paul District 197

Tom Schoepf,

Director of Special Education 1897 Delaware Avenue Mendota Heights 55118

Phone: 651-681-2393 Fax: 651-681-9102

E-mail: schoepft@isd197.k12.mn.us
Website: http://www.isd197.k12.mn.us/

Transition planning begins at age 14 for students receiving special education in the West St. Paul, Mendota Heights, and Eagan School District. The student's IEP team designs a graduation plan; identify the student's interests, preferences and skills in the areas of home living, community participation, post-secondary education, employment, and leisure time activities. For most students they will complete their graduation plan in four years by completing the standard graduation requirements at Henry Sibley High School and any additional requirements established by their IEP Team. For students not meeting the standard high school graduation requirements they will work on completing an alternative graduation plan established through the IEP process. The additional programs and/or activities will have a focus on one or more of the five transition areas as described in the student's IEP.

POST SECONDARY EDCUATION RESOURCE

http://www.isd917.k12.mn.us/Post%20Secondary%20Education-edit%202.pdf

This booklet is designed to be a resource for Parents/guardians and more importantly students to continue to use throughout a student's high school years along with their post secondary education experiences.

www.actstudent.org

Everything you want to know about the ACT Assessment - students with disabilities, test prep, test sites and dates, college search, financial aid information, and much more. http://www.collegeboard.com/splash/

Everything you want to know about the SAT Assessment - students with disabilities, test prep, test sites and dates, college search, financial aid information, and much more.

www.collegeboard.com/highered/apr/accu/accu.html

Provides general information related to the ACCUPLACER assessment used by most community and technical colleges to determine a student's ability to benefit from educational programs. There are many free online sample test sites. Simply enter "ACCUPLACER" into Google or similar search engine and choose the site you prefer.

www.socialsecurity.gov

A valuable resource about all social security programs. Apply for benefits, get addresses of local offices, request forms, and make connecting links to other social security online services.

www.fafsa.ed.gov

FAFSA stands for "Free Application for Federal Student Aid." It is easier and quicker to complete, and response is much faster if submitted online though paper copy is also available. The form is very similar to completing an income tax form and information is required on parents and the student. Completing this form can qualify a student for federal grants, loans, or work study. It should be completed as early as possible after the first of the year.

www.ed.gov/about/offices/list/ocr/transition.html

Government website provides information on the rights and responsibilities of a student with a disability upon entering a postsecondary educational institution.

http://www.ed.gov/about/offices/list/ocr/transition.html Office of Civil Rights

www.mnscu.edu/campuses/index.html

A state map with the location of all Minnesota State Colleges and Universities. Click on the site of interest and it will provide you with information and web links related to the school, its programs, and services.

<u>www.washington.edu/doit/brochures/academics/cprep.html</u>

Preparing for College: an Online Tutorial -- Many resources on the Internet can be used to help high school students with disabilities prepare for college, but they can be difficult to locate. A new DOIT publication guides students through a set of preparatory experiences.

www.c3online.org

Maps and provides access information for services for youth with disabilities within the state of Minnesota.

www.apprenticeship.org

Describes apprenticeships. Provides requirements in a variety of fields. Gives contact information by location in state, and links to similar sites.

http://www.isd917.k12.mn.us/ctic.htm

Dakota County Community Transition Interagency Committee (CTIC)

http://iseek.org

Minnesota's gateway to career, education, employment and business information

Workforce Center

952-895-7625 FAX

Vocational Rehabilitation (VR) is for people with disabilities who need our services to prepare for work, or to find and keep a job.

Minnesota Workforce Center - Dakota County-Western Area

MN Workforce Center Rehabilitation Services South Cross Commons Center IV 2900 W County Road 42, Suite 140 Burnsville, MN 55306 952-895-7600 Voice 952-895-7661 TTY

Minnesota Workforce Center - Dakota County-Northern Area

MN Workforce Center Rehabilitation Services 1 Mendota Road West, Suite #170 West Saint Paul, MN 55118-4768 651-554-5955 Voice 651-554-6565 FAX

EXPLANATION OF EMPLOYMENT OPTIONS AND PROGRAMS

Rehabilitation Services

Rehabilitation Services works with individuals who have disabilities, providing a variety of services. The services include but are not limited to: vocational planning, employment information and referral services. They also provide guidance in maintaining employment.

Services are delivered by 355 branch staff and 140 state certified community agencies though three major statewide programs.

<u>Vocational Rehabilitation Services</u>: basic vocational rehabilitation services to consumers including vocational counseling, planning, guidance and placement. specialized services based on individual needs are also provided. <u>Extended Employment</u>: on-going employment support services to individuals in a variety of work settings including community rehabilitation program sites, community-based group sites, and community-based individual sites. <u>Independent Living</u>: comprehensive services to people with severe disabilities to enhance their ability to live independently, function in their homes and with their families and to participate in their communities.

Funding Source and Allocation: Funding is through federal grants, <u>Department of Education</u> funds, and state and local funds.

Statutory Authority: Minnesota Statutes 268A and the Federal Rehabilitation Act of 1973 as amended; and the Social Security Act.

For More Information on Rehabilitation Services Programs near you click here, or contact:

Kimberley Peck, Director

Department of Employment and Economic Development

Rehabilitation Services Branch
First National Bank Building
332 Minnesota Street, Suite E200
St. Paul, Minnesota 55101
651-259-7366 800-328-9095 Fax 651-297-5159
TTY 651-296-3900 800-657-3973

800-627-3529 Minnesota Relay Service 877-672-3848 Speech-to-Speech Telephone Re-Voice

Website: http://www.deed.state.mn.us/rehab/rehab.htm

What is Supported Employment?

Supported employment facilitates competitive work in integrated work settings for individuals with the most severe disabilities (i.e. psychiatric, mental retardation, learning disabilities, traumatic brain injury) for whom competitive employment has not traditionally occurred, and who, because of the nature and severity of their disability, need ongoing support services in order to perform their job. Supported employment provides assistance such as job coaches, transportation, assistive technology, specialized job training, and individually tailored supervision. Supported employment is a way to move people from dependence on a service delivery system to independence via competitive employment. Recent studies indicate that the provision of on-going support services for people with severe disabilities significantly increases their rates for employment retention. Supported employment encourages people to work within their communities and encourages work, social interaction, and integration.

Definitions

A job coach is a person who is hired by the placement agency to provide specialized on-site training to assist the employee with a disability in learning and performing the job and adjusting to the work environment.

Natural supports are support from supervisors and co-workers, such as mentoring, friendships, socializing at breaks and/or after work, providing feedback on job performance, or learning a new skill together at the invitation of a supervisor or co-workers. These natural supports are particularly effective because they enhance the social integration between the employee with a disability and his/her co-workers and supervisor. In addition, natural supports may be more permanent, consistently and readily available, thereby facilitating long-term job-retention.

Basic Components Supported employment services should achieve the following outcomes: opportunity to earn equitable wages and other employment-related benefits, development of new skills, increased community participation, enhanced self-esteem, increased consumer empowerment, and quality of life. The types of supported employment services used depend on the needs of individual consumers. The following are the basic components of supported employment:

Paid Employment--Wages are a major outcome of supported employment. Work performed must be compensated with the same benefits and wages as other workers in similar jobs receive. This includes sick leave, vacation time, health benefits, bonuses, training opportunities, and other benefits. Employment must be for at least 18 hours per week.

Integrated Work Sites--Integration is one of the essential features of supported employment. Individuals with disabilities should have the same opportunities to participate in all activities in which other employees participate and to work alongside other employees who do not have disabilities.

Ongoing Support--A key characteristic which distinguishes supported employment from other employment programs is the provision of ongoing support for individuals with severe disabilities to maintain employment. Supported Employment Models

Several supported employment models are being used to provide the benefits of work for people with severe disabilities

Individual Placement Model--A person with a disability is placed in a job in a community business which best suits his/her abilities and preferences. Training is provided on the job site in job skills and work related behaviors, including social skills, by a job coach. As the employee gains skills and confidence, the job coach gradually spends less time at the worksite. Support is never completely removed. The private or public vocational rehabilitation agency furnishing the job coach is always available to the employer for retraining for new assignments, assisting in dealing with challenging behaviors, supplying periodic consultations with co-workers and employer, giving orientation and training for co-workers.

Mobile Work Crew--A small crew of persons with disabilities (up to 6) works as a distinct unit and operates as a self-contained business that generates employment for their crew members by selling a service. The crew works at several locations within the community, under the supervision of a job coach. The type of work usually includes janitorial or grounds keeping. People with disabilities work with people who do not have disabilities in a variety of settings, such as offices and apartment buildings.

Small Business Model--Within a small business, there may be up to six employees with disabilities, but not more than the number of employees without disabilities. The small business operates like any business, generating work and paying employees from revenues received. The small business is located within the community. Benefits to Employers; no fee to employer, thoroughly screened applicants, employees' abilities matched to job Requirements, on-site job training by professionals, additional training, as necessary, follow-up services for the

Website: http://www.dol.gov/odep/archives/fact/supportd.htm

Where Can I Go for Additional Information?

Rehabilitation Services Administration Switzer Building 330 C Street, S.W. Washington, D.C. 20202 202-205-9297

duration of employment

Virginia Commonwealth University
Rehabilitation Research and Training Center
on Supported Employment
1314 West Main Street; P.O. Box 842011
Richmond, VA 23284-2011
804-828-1851

Office of Disability Employment Policy 1331 F Street, N.W. Washington, D.C. 20002 202-376-6200 TTY: 202-376-6205

Administration on Developmental Disabilities Department of Health and Human Services 200 Independence Avenue, S.W. Washington, D.C. 20201 202-690-5504

Children's Hospital Institute for Community Inclusion 200 Longwood Avenue Boston, MA 02115 617-735-6506

EXPLANATION OF EMPLOYMENT OPTIONS AND PROGRAMS Continued

Day Training and Habilitation (DT&H)

What is Day Training and Habilitation?

Day Training and Habilitation (DT&H) are licensed supports to help adults:

- Develop and maintain life skills
- Participate in community life
- Engage in proactive and satisfying activities of their own choosing

DT&H services are located in 81 counties in Minnesota and serve over 12,000 persons.

Who is eligible for DT&H services?

Eligibility for DT&H services is determined through a screening process. To be eligible for DT&H services a person must meet all of the following conditions:

- Be 18 years of age or older and have a diagnosis of mental retardation or a related condition
- Receive a screening for home and community-based services or reside in an Intermediate Care Facility for Persons with Mental Retardation or Related Conditions (ICF/MR)
- Have their health and safety in the community addressed in their plan of care
- Make an informed choice to receive DT&H as part of their Individual Service Plan (ISP)

For persons who receive DT&H services under the MR/RC Waiver, they must have at least one residential service offered through the waiver.

Persons who reside in an ICF/MR now have a choice of day services as do persons who receive a home and community-based waiver.

What services are provided by a DT&H?

- Supervision, training and assistance in the areas of self-care, communication, socialization and behavior management
- Supported employment and work-related activities
- Community integrated activities, including the use of leisure and recreation time
- Training in community survival skills, money management and therapeutic activities that increase the adaptive living skills of an individual
- Non medical transportation services to enable persons to participate in above listed services (DT&H sites have a separate transportation rate.)

How can I get more information about DT&H services?

Persons who are interested in DT&H services should contact their local county social services agency. For more information, contact your local county agency.

Website: http://www.dhs.state.mn.us/main/idcplg?

IdcService=GET DYNAMIC CONVERSION&RevisionSelectionMethod=LatestReleased&dDocName=id 003515

Extended Employment

Welcome to Extended Employment - Ongoing Supports for Minnesotans with Disabilities

We are excited about the employment services in Minnesota, our partners in the public and private sectors, and the outstanding opportunities that Minnesota's healthy economy offers to so many people who want to work, but require ongoing supports to be successful. David Sherwood-Gabrielson Director, Community Partnerships

Mission

The purpose of Extended Employment is to provide the ongoing support services necessary for Minnesotans with disabilities and other significant barriers to employment to maintain and advance in jobs and careers. To learn more about how we accomplish this mission, select <u>Services</u>.

For an overview of Extended Employment programs, legislative appropriations, outcomes, publications, and statutory authority, select <u>Programs</u>.

A Community of Partnerships

We share a commitment to Minnesotans who require ongoing support services to work and fully participate in their communities; to employers who rely on extended employment program providers for a reliable source of well-

matched, trained, and supported workers; and to the private, nonprofit community rehabilitation organizations that satisfy the business needs of local employers while teaching persons with disabilities to recognize their own strengths, abilities and interests through person-centered planning, performance measurement, and feedback on goals. There is no charge to Minnesota residents for these services. The person served is the key participant in the vocational rehabilitation process and we welcome and encourage the participation of persons served, parents and advocacy organizations as we continue to develop statewide policy and procedures for state-of-the-art employment services. To deliver statewide services we contract with a network of 29 community rehabilitation organizations to provide the individualized ongoing employment support services necessary. There is no charge to Minnesotans for these services. Our public partners include local workforce centers, county social services agencies, the Department of Children, Family and Learning, the Department of Human Services, and the Vocational Rehabilitation Program, also within the Department of Employment and Economic Development, Rehabilitation Services.

Quality and Accountability

Service providers must be certified annually and are required to achieve and maintain the highest levels of service standards and accountability to the persons served.

Application for State Certification of Extended Employment Providers

The certification process includes obtaining and maintaining national accreditation by the Commission on Accreditation of Rehabilitation Facilities (CARF). CARF is considered the preemptive national standard-setting and accrediting body in the United States for vocational rehabilitation programs. CARF's *Employment and Community Services Standards* are reviewed and updated annually to reflect best practices obtained from service providers and national affiliates. For more information, visit the CARF Homepage.

Organizations providing Extended Employment services are audited annually by independent certified public accountants in accordance with Generally Accepted Auditing Standards contained in AICPA professional standards. Download the <u>report of compliance and outcomes</u> for persons served for the past state fiscal year, ending June 30, 2006.

Download Extended Employment Audit Standards for the current state fiscal year, ending June 30, 2007.

More Information

The Extended Employment Program is a statewide service that operates in a public arena. Information collected and produced is available to the public, with the exception of data that falls under the provisions of the Minnesota Data Privacy Act.

We also have staff available to answer your questions. You can reach us by telephone, TTY, email, or U.S. postal service. We are here to assist you if:

- You are having difficulty keeping a job
- You are an employer looking for dedicated people who want to work
- You are employed by community rehabilitation organization in Minnesota
- You are receiving services from a community rehabilitation organization
- You are unhappy with your current community rehabilitation organization
- You want to learn about Extended Employment in Minnesota

Department of Employment and Economic Development

Rehabilitation Services Branch
First National Bank Building
332 Minnesota Street, Suite E200
St. Paul, Minnesota 55101
651-259-7366
800-328-9095
651-296-3900 TTY
800-657-3973 TTY
651-297-5159 Fax
800-627-3529 Minnesota Relay Service
877-672-3848 Speech-to-Speech Telephone Re-Voice

EMPLOYMENT DT&H

Contact Information

CHRESTOMATHY OF DAKOTA COUNTY

1820 E 122ND ST BURNSVILLE, MN 55337 952-974-0339

http://www.chrestomathyinc.org

Description

Chrestomathy is a day training and habilitation service for adults with developmental disabilities. The three program sites are located in Minneapolis, Minnesota and in the nearby suburbs of Eden Prairie and Burnsville. The staff ratio is enriched: one staff for every two clients. Unlike most other programs serving this population, Chrestomathy is a specialized and relatively small company. In total, Chrestomathy serves a little over 100 individuals across all three sites. Founded in 1985, our success can be attributed to our commitment to excellence, our commitment to working with individuals with complex needs and our positive, proactive approach to working with the individuals we serve.

East Suburban Resources

1754 Washington Ave. Stillwater, MN 55082

651-351-0190 Fax: 651-351-0192

http://www.esrworks.org/

Empowering adults with disabilities through community supported employment is one of the ways in which East Suburban Resources changes lives each and every day. Our belief that people who want to work should have the opportunity to do so has propelled the agency into the top tier of service providers in the metro area. Established in 1964, the agency serves adults with developmental disabilities and other special needs by meeting their individual employment goals and helping them become more fully integrated into their community. Our highly trained and dedicated staff focus on really getting to know the person before developing a job that meets that individual's desires and abilities. Skills training, goal setting and ongoing job coaching are just a few of the ways ESR partners with consumers to increase their self-sufficiency, their self-worth and assist them in contributing to their communities.

Kaposia, Inc.

380 East Lafayette Freeway South Suite 212

St. Paul, MN 55107-1216

651-224-6974 Fax: 651-224-7249

http://www.kaposia.com/

Kaposia provides comprehensive, customized employment, training and consultation services to individuals with barriers to successful employment, employers and other customers. Connecting job seekers with jobs, employers with workers and providing ongoing support to both is the primary business focus. Retirement services assist customers in connecting with their communities as they leave the workforce or reduce their work focus. Support services assist all customers in achieving success.

LIFEWORKS

Administrative office

2965 Lone Oak Drive, Ste. 160 Po

Eagan, MN 55121

651-454-2732 Fax: 651-454-3174

Burnsville

12237 Wood Lake Drive Burnsville, MN 55337

952-808-1483 Fax: 952-808-9174

Eagan

2965 Lone Oak Drive, Ste. 160 Po

Eagan, MN 55121

651-365-3794 Fax: 651-365-3792

Hastings

Westview Center

1355 South Frontage Road, #101

Hastings, MN 55033

651-437-8762 Fax: 651-437-7239

Lifeworks is a nonprofit organization that helps people with disabilities live fuller lives that are integrated into the flow of community experience. Through employment at area businesses, social enrichment opportunities, and customized support services, Life works provides the tools clients need to build the lives they want to live. For more than 40 years, we have collaborated with employers, volunteers, and government agencies to create expanded opportunities for people with disabilities.

MIDWEST SPECIAL SERVICES

900 Ocean Street St. Paul, MN 55106

651-778-1000 Fax: 651-772-4352

Apple Valley 14779 Energy Way Apple Valley, MN 55124 952-891-5345 Fax: 952-891-1922

Eagan

3265 Northwood Circle Suite 180

Eagan, MN 55121

651-454-9010 Fax: 651-454-9011 http://www.mwsservices.org/

Description

We have grown over the years from a small storefront on Saint Paul's east side to five locations, serving more than 400 individuals each year. We remain focused on meeting the needs and aspirations of each person we serve.

Our vision for the agency is to be the premier provider of vocational and day training services for adults with disabilities. To this end, we never stop looking for ways to improve the quality of our programs. Our customer service philosophy is to hire the most qualified and committed staff, listen closely to our stakeholders, and strive to always be one step ahead of your expectations.

MRCI-Burnsville

15191 Boulder Court Rosemount , MN 55068 651-423-8900 MRCI WorkSource is currently the largest provider of both community-based supported employment and center-based extended employment in Minnesota. We offer more than 65 distinct programs that serve more than 3,000 people from Southern Minnesota and the Southern Metro areas. Of that number a record 517 people were employed last year in the competitive job market and were able to leave MRCI WorkSource services and 1137 additional people worked in supported employment.

Minnesota State Operated Community Services (MSOCS)

444 Lafayette Road N. St Paul, MN 55155-3818

651-634 2300 TTY: 1-800-627-3529 http://www.dhs.state.mn.us/main/idcplg?

IdcSer-

vice=GET DYNAMIC CONVERSION&RevisionSelectionMeth od=LatestReleased&Redirected=true&dDocName=id 003503

Serving the people of Minnesota. Building community capacity to support people at home, at work and in the community. MSOCS strives to provide the best in consumer-directed community supports that are tailor-made for each individual's needs. We focus on people, not programs. We are responsible for the common good. We recognize and act upon our mutual responsibility to each other. We provide safety nets and ladders up for the people we support. We are partners with communities to mobilize supports that help people function and succeed

Opportunity Partners

5500 Opportunity Court Minnetonka, MN 55343

952-938-5511 Fax: 952-930-4279

TTY: 952-930-4293

http://www.opportunities.org/

Opportunity Partners supports people with disabilities and other special needs in their effort to improve their self-sufficiency at work, at home, and in the community. Every day, Opportunity Partners provides personalized employment, housing and education services to more than 1,300 individuals in the Twin Cities with developmental disabilities, brain injury, autism and other special needs. We empower individuals with disabilities and special needs to achieve maximum self-sufficiency in the community.

PROACT INC

3195 Neil Armstrong Blvd. Eagan, MN 55121

651-686-0405 Fax: 651-686-0312

http://www.proactinc.org/

ProAct is an organization dedicated to serving people with disabilities and other challenges with a range of client services that enhance employment skills and self-sufficiency capabilities. At the same time, ProAct provides employers located along the Mississippi River corridor, from Minnesota's Twin Cities into Wisconsin and southern Minnesota with quality workplace employees and assembly, packaging and light manufacturing products and services. Headquartered in Eagan, Minn., the organization has two additional key Minnesota facilities in Red Wing and Zumbrota.

OTHER EMPLOYMENT OPTIONS

Description

Access to Employment Access to Employment Too, Inc.

5075 Wayzata Boulevard, Suite 180 Golden Valley, MN 55416 763-543-6980

www.deed.state.mn.us/rehab/crp/accesstoo.htm

This Operating Agreement pertains to the expenditure of Vocational Rehabilitation funds governed by the Rehabilitation Act of 1973, as amended, and the arrangements under which services are purchased for consumers of that program.

AccessAbility, Inc.

360 Hoover Street NE Minneapolis, MN 55413

612-331-5958 Fax: 612-331-2448

AccessAbility, Inc. is a not-for-profit, diversified training, employment and production facility. We provide training, work and recreational opportunities for individuals with disabilities and economic disadvantages who have barriers to employment and community inclusion.

Our goal is self-sufficiency.

<u>Association for Persons in Supported</u> Employment

1627 Monument Ave. Richmond, VA 23220

804-278-9187 Fax: 804-278-9377

http://www.apse.org/

Supported employment (SE) enables people with disabilities who have not been successfully employed to work and contribute to society. SE focuses on a person's abilities and provides the supports the individual needs to be successful on a long-term basis. It allows people experiencing disabilities, their families, businesses, and their communities to experience the successes of people with disabilities. The partnership that SE has established between individuals experiencing disabilities and their communities is having a lasting impact on the way the public perceives people with disabilities. SE affords the public the opportunity to see the person for who they are rather than seeing the disability.

Career Builder

866-438-1485

Website: http://www.careerbuilder.com

We are changing the way companies around the world recruit their most important asset: their people. Our mission is to be the global leader in online recruitment advertising by being an employee-driven, customer-focused organization that provides the best rate of return to our shareholders.

Courage Center

3915 Golden Valley Road Golden Valley, MN 55422

612-588-0811 Fax: 612-520-0577 Website: http://www.courage.org/

Since 1928, Minneapolis-based Courage Center, a non-profit rehabilitation and resource center, has had a legacy of advancing the lives of people experiencing barriers to health and independence. Our continuum of care includes rehabilitation therapies, transitional rehabilitation, pain management, vocational and community-based services, and camping and sports and recreation programs for people of all ages and abilities.

Contact information

1754 Washington Ave. Stillwater, MN 55082

651-351-0190 Fax: 651-351-0192

East Suburban Resources

http://www.esrworks.org/

Description

Empowering adults with disabilities through community supported employment is one of the ways in which East Suburban Resources changes lives each and every day. Our belief that people who want to work should have the opportunity to do so has propelled the agency into the top tier of service providers in the metro area. Established in 1964, the agency serves adults with developmental disabilities and other special needs by meeting their individual employment goals and helping them become more fully integrated into their community. Our highly trained and dedicated staff focus on really getting to know the person before developing a job that meets that individual's desires and abilities. Skills training, goal setting and ongoing job coaching are just a few of the ways ESR partners with consumers to increase their self-sufficiency, their self-worth and assist them in contributing to their communities.

Goodwill Industries Inc./Easter Seals

553 Fairview Avenue St. Paul, MN 55104

651-646-2591 Fax: 651-649-0302

Website: http://mnges.easterseals.com/site/PageServer?

pagename=MNDR services

Adults with disabilities and other social and economic disadvantages looking for meaningful employment receive job training, placement and other employment services through Goodwill/Easter Seals.

Iseek

Toll-free 1-800-657-8372 Website: WWW.ISEEK.org Minnesota's gateway to career, education, employment and business information

Kaposia, Inc.

380 East Lafayette Freeway South Suite 212 St. Paul, MN 55107-1216

651-224-6974 Fax: 651-224-7249

http://www.kaposia.com/

Kaposia provides comprehensive, customized employment, training and consultation services to individuals with barriers to successful employment, employers and other customers. Connecting job seekers with jobs, employers with workers and providing ongoing support to both is the primary business focus. Retirement services assist customers in connecting with their communities as they leave the workforce or reduce their work focus. Support services assist all customers in achieving success.

Lambert Vocational Services

375 East Kellogg Boulevard Saint Paul, Minnesota (MN) 55101-1411 651-225-9425 Lambert Vocational Services is dedicated to assisting individuals who have a disability, have been injured, or are disadvantaged, to obtain and maintain enriching career opportunities that enhance the quality of their life. Lambert Vocational Services is an innovative leader in the field of vocational rehabilitation. We serve individuals, employers, insurers, government agencies, health care providers and attorneys by providing expert and ethical, timely and respectful case management.

Lifetrack Resources

709 University Avenue West

St. Paul, MN 55104

651-227-8471 Fax: 651-227-0621

Website: http://www.lifetrackresources.org

As a community-based service organization, Lifetrack Resources has distinguished itself in our ability to work holistically with individuals, families and children to change lives and create new possibilities. Lifetrack's strategies for improving lives come from our core competency in serving people overcoming multiple obstacles such as physical and mental disabilities, poverty, lack of education, trauma and isolation.

OTHER EMPLOYMENT OPTIONS continued

Contact Information

Description

LIFEWORKS DAKOTA REGION

Administrative office:

Lifeworks Services, Inc. 1120 Centre Pointe Drive, #100 Mendota Heights, MN 55120 651-454-2732 Fax: 651-454-3174

http://www.lifeworks.org

Burnsville

12237 Wood Lake Drive Burnsville, MN 55337

952-808-1483 Fax: 952-808-9174

Hastings

Westview Center

1355 South Frontage Road, #101

Hastings, MN 55033

651-437-8762 Fax: 651-437-7239

Mendota Heights

1120 Centre Pointe Drive, #400 Mendota Heights, MN 55120 651-365-3790 Fax: 651-365-3792 Our mission is to serve our community and people with disabilities as we live and work together.

We are passionately committed to fostering a greater understanding of people with disabilities so that they are heard, their interests are respected, and their contributions valued. Lifeworks provide customized services for people with disabilities that help them to live full and meaningful lives. We do this by listening to the people we serve and their families to determine what is important to them. We understand that in order to listen we must first learn how each person communicates. We plan with each person in order to follow their lead, rather than direct their path. We consider their interests and gifts, and build relationships with their families and friends, employers, coworkers, funders, and the community. A meaningful life means something different for every person and encompasses time and experiences beyond just the hours that we spend with them. We must look at the whole person, and connect them to resources and relationships beyond what Lifeworks provides.

MRCI-Burnsville

15191 Boulder Court Rosemount , MN 55068 651-423-8900 MRCI WorkSource is currently the largest provider of both community-based supported employment and center-based extended employment in Minnesota. We offer more than 65 distinct programs that serve more than 3,000 people from Southern Minnesota and the Southern Metro areas. Of that number a record 517 people were employed last year in the competitive job market and were able to leave MRCI WorkSource services and 1137 additional people worked in supported employment.

Midwest Special Services

14779 Energy Way Apple Valley, MN 55124

952-891-5345 Fax: 952-891-1922

MSS Eagan Center

3265 Northwood Circle Suite 180

Eagan, MN 55121

651-454-9010 Fax: 651-454-9011 Website: http://www.mwsservices.org/

Job Search & Placement assists people who want to work at a competitive level in the community. Candidates for whom this program works best, have already acquired job skills and are ready to find and keep the job that best suits their interests and abilities.

Minnesota Jobs.com

Trumor Inc.

MinnesotaJobs.com Division 607 Hwy 10, Suite 204 Blaine, MN 55434

Toll-free: 866-801-9182

Website: http://www.minnesotajobs.com/

We are honored to be a valuable part of the community since 1995. We have helped thousands of job seekers and employers make employment connections over the years. Our easy to use employment advertising resource continues to be the top in our market as we strive to provide impeccable customer service, promote our service extensively and make your success as job seeking and employment clients our highest priority.

Minnesota Workforce Centers Dakota County-Northern Area 1 Mendota Road W., Suite 170

West St. Paul, MN 55118

651-554-5955 Fax: 651-554-5928

TTY: 651-554-5914

Dakota County-Western Area Southcross Commons Center IV 2900 W County Road 42, Suite 140

Burnsville, MN 55337

952.895.7600 Fax: 952.895.7660

TTY: 952-895-7661

Website: http://www.mnwfc.org/

Description

Minnesota's WorkForce Center System is the product of government agencies rethinking of how to deliver employment and training services. It is the result of an analysis of the structures and systems which too frequently were characterized by fragmentation and duplication, and which frustrated potential users by a bureaucratic maze of programs and services. From the analysis of workforce development structures and service delivery system, a vision emerged in which comprehensive, integrated, individualized services would be the outcome. WorkForce Centers represent a move from red tape to results, focusing on providing information and resources that enable individuals to achieve economic security and employers to successfully compete in today's economy.

Minnesota Department of Rehabilitation Services

Dakota County-Northern Area 1 Mendota Road W., Suite 170 West St. Paul, MN 55118

651-554-5955 Fax: 651-554-5928

TTY: 651-554-5914

Dakota County-Western Area Southcross Commons Center IV 2900 W County Road 42, Suite 140

Burnsville, MN 55337

952-895-7600 Fax: 952-895-7660

TTY: 952-895-7661

Website: http://www.deed.state.mn.us/rehab/

You may be able to get vocational rehabilitation services from Rehabilitation Services (RS) if you have a disability that makes it hard for you to get a job. VR is for people with disabilities who need our services to get ready for work, or to find or keep a job. To help decide if you can get services, your counselor will ask you if it's okay to look at reports from your doctor or other people who may know about you.

National Center on Secondary Education and Transition

Institute on Community Integration University of Minnesota 6 Pattee Hall

150 Pillsbury Drive SE Minneapolis MN 55455

612-624-2097 Fax: 612-624-9344 Website: http://www.ncset.org/

The National Center on Secondary Education and Transition (NCSET) was established to create opportunities for youth with disabilities to achieve successful futures. NCSET provides technical assistance and disseminates information focused on four major areas of national significance for youth with disabilities and their families.

National Collaborative on Workforce and Disability (NCWD) For Youth

c/o Institute for Educational Leadership 1001 Connecticut Ave., NW, Suite 310

Washington, DC 20036

Toll-free: 877-871-0744 TTY: 877-871-0665

Website: http://www.ncwd-youth.info

The National Collaborative on Workforce and Disability for Youth (NCWD/Youth) assists state and local workforce development systems to better serve youth with disabilities. NCWD/Youth strives to ensure that youth with disabilities are provided full access to high quality services in integrated settings in order to maximize their opportunities for employment and independent living.

Opportunity Partners

5500 Opportunity Court Minnetonka, MN 55343

952-938-5511 Fax: 952-930-4279

TTY: 952-930-4293

http://www.opportunities.org/

Opportunity Partners supports people with disabilities and other special needs in their effort to improve their selfsufficiency at work, at home, and in the community. Every day. Opportunity Partners provides personalized employment, housing and education services to more than 1,300 individuals in the Twin Cities with developmental disabilities, brain injury, autism and other special needs. We empower individuals with disabilities and special needs to achieve maximum self-sufficiency in the community.

OTHER EMPLOYMENT OPTIONS continued

Contact Information

Description

Pathways to Employment (PTE)

http://www.deed.state.mn.us/pte/

The mission of Pathways to Employment is to increase competitive employment of people with disabilities and meet Minnesota's workforce needs by bringing together people with disabilities, employers, businesses, government and providers. Three Minnesota state agencies (Minnesota Department of Human Services, Minnesota Department of Employment and Economic Development, and the Minnesota State Council on Disability) have partnered to develop and implement Pathways to Employment, a comprehensive employment Medicaid infrastructure grant funded through the Ticket to Work and Work Incentive Improvement Act of 1999 (Public Law 106-170).

PROACT INC

3195 Neil Armstrong Blvd. Eagan, MN 55121

651-686-0405 Fax: 651-686-0312

http://www.proactinc.org/

ProAct is an organization dedicated to serving people with disabilities and other challenges with a range of client services that enhance employment skills and self-sufficiency capabilities. At the same time, ProAct provides employers located along the Mississippi River corridor, from Minnesota's Twin Cities into Wisconsin and southern Minnesota with quality workplace employees and assembly, packaging and light manufacturing products and services. Headquartered in Eagan, Minn., the organization has two additional key Minnesota facilities in Red Wing and Zumbrota.

Resource, Inc.

1900 Chicago Ave. S. Minneapolis, MN 55404

612-752-8000 Fax: 612-752-8001 Website: http://www.resource-mn.org/

Our organization is shaped by real people, connecting with each other to change lives. Our enthusiastic and dedicated team of 260 staff people works in close collaboration with hundreds of donors and volunteers to provide meaningful and effective services to more than 16,000 people a year. Our mission is to empower people to achieve greater personal, social and economic success. We are committed to undoing racism and promoting diversity.

RISE,INC

8406 Sunset Road NE

Spring Lake Park, MN 55432-1387

763-786-8334 TTY Fax: 763-786-0008

Website: http://www.rise.org/

Rise supports people who have disabilities and other barriers to employment in attaining their personal measure of safe and affordable housing, vocational achievement, self-sufficiency, and belonging in their communities. Rise is dedicated to building a community which is more accepting of all of its citizens and we support the development of creative partnerships with businesses, government agencies, and the general public to meet

Tasks Unlimited

2419 Nicollet Avenue South Minneapolis, MN 55404-3450

Phone: 612-871-3320 Fax: 612-871-0432 Website: http://www.tasksunlimited.org/

Tasks Unlimited is a group of not-for-profit organizations committed to helping adults with serious and persistent mental illness and brain disorder improve their status by promoting their self-sufficiency. Programs serve residents of Minnesota and are located in Anoka, Dakota, Hennepin and Ramsey Counties.

Description

Tree Trust

2350 Wycliff Street Suite 200 Saint Paul, MN 55114

651-644-5800 Fax: 651-644-1469 Website: http://www.treetrust.org/

Tree Trust has a variety of training programs for youth and adults with special needs living in the Twin Cities metro area. These are actual work or service experiences. Some pay wages. All help participants learn basic job skills while they serve their communities by carrying out community projects. Our training programs are well-known for the quality work our trainees do in the fields of landscape installation, landscape construction and tree care.

TSE Inc.

Administration office 2027 Rice St. Roseville, MN 55113

651-489-2595 Fax: 651-489-0410

Work Ahead St Paul

1919 University Ave. Suite 116

St. Paul. MN 55101

651-379-5290 Fax: 651-379-5292 Website: http://www.tse-inc.org/

TSE strives to actively involve individuals in their communities. This includes regular and meaningful interaction with non-disabled peers who are not their paid service providers. TSE also provides opportunities to enhance a person's independence with age appropriate and functional training in the least restrictive environment.

OTHER EMPLOYMENT OPTIONS continued

Additional supported employment services licensed by Minnesota Department of Human Services

Vocational Support Services, Inc.

1680 E Cliff Road Burnsville, MN 55337 952-736-1600

Dungarvin Minnesota, LLC

1110 Centre Point Curve, Suite 100 Mendota Heights, MN 55120 651-699-6050

Dakota Communities, Inc.

952-431-1664

680 ONeill Dr Eagan, MN 55121 651-688-8808 Allen's Community Service, Inc. 14350 Eveleth Ave. Apple Valley, MN 55124 Supported Employment Services Supported employment services are provided to people for whom competitive employment at or above the minimum wage is unlikely, and who, because of their disabilities, needs intensive ongoing support to perform in a work setting. The person receiving services must be in a paid employment situation.

The following is a list of CARF accredited Community Rehabilitation Programs with whom Vocational Rehabilitation Services has an Operating Agreement. Each program's page contains Informed Choice and a summary of services purchased by Vocational Rehabilitation, and a link to Extended Employment.

Community Rehabilitation Program	Location	Performance-Based Agreements Approved	Extended Employment
Ability Building Center	Rochester, MN	Yes	<u>Yes</u>
Access to Employment	Minneapolis, MN	Yes	
Access to Employment Too, Inc.	Golden Valley, MN	Yes	
AccessAbility	Minneapolis, MN	Yes	<u>Yes</u>
Achieve Services, Inc	Blaine, MN	Yes	
Business Partners Network (See Susan Luce)	Afton, MN		
Cedar Valley Services	Austin, MN	Yes	<u>Yes</u>
Choice Unlimited	Duluth, MN	Yes	
Christensen, Nancy	N Hudson, WI	Yes	
Complete Career Services	St. Cloud, MN	Yes	
Courage Center	Golden Valley, MN	Yes	<u>Yes</u>
East Suburban Resources, Inc.	Stillwater, MN	Yes	
Epic Enterprises, Inc	Dundas, MN	Yes	
<u>Functional Industries</u>	Buffalo, MN	Yes	<u>Yes</u>
Goodwill/Easter Seals	St. Paul, MN	Yes	<u>Yes</u>
Goodwill/GIVE	Duluth, MN	Yes	<u>Yes</u>
Guild, Inc.	West St. Paul, MN	Yes	
Hennepin County Vocational Services	Minneapolis, MN	Yes	<u>Yes</u>
Human Development Center	Duluth, MN	Yes	

DAKOTA COUNTY CTIC

Community Rehabilitation Program (cont)	Location	Performance-Based Agreements Approved	Extended Employment
Independent Vocational Services	Rochester, MN	Yes	
Industries, Inc.	Mora, MN	Yes	<u>Yes</u>
Jewish Vocational Services	Minnetonka, MN	Yes	<u>Yes</u>
Jones, Liz and Associates	Little Canada, MN	Yes	
Kaposia, Inc.	St. Paul, MN	Yes	
K.C.Q., Inc.	Faribault, MN	Yes	<u>Yes</u>
Le Sueur County DAC	Waterville, MN		
Lifetrack Resources (Formerly S.P.R.C.)	St. Paul, MN	Yes	<u>Yes</u>
<u>Lifeworks</u>	Mendota Heights, MN	Yes	
MRCI	Mankato, MN	Yes	<u>Yes</u>
Midway Training Services	St. Paul, MN	Yes	
Midwest Special Services	St. Paul, MN	Yes	<u>Yes</u>
Minnesota State Operated Community Services	St. Paul, MN	Yes	
Occupational Development Center	Thief River Falls, MN	Yes	<u>Yes</u>
Opportunity Partners, Inc.	Minnetonka, MN	Yes	<u>Yes</u>
Opportunity Services	Red Wing, MN	Yes	<u>Yes</u>
O.R.C Winona	Winona, MN	Yes	<u>Yes</u>
Phase, Inc.	Sandstone, MN	Yes	
ProAct, Inc	Eagan, MN	Yes	<u>Yes</u>
Productive Alternatives	Fergus Falls, MN	Yes	<u>Yes</u>
Resources, Inc.	Minneapolis, MN	Yes	<u>Yes</u>
Rise, Inc.	Spring Lake Park, MN	Yes	<u>Yes</u>
Rising Phoenix	Wadena, MN	Yes	<u>Yes</u>
Riverfront, Inc.	La Crosse, WI	Yes	
Service Enterprises, Inc.	Redwood Falls, MN	Yes	<u>Yes</u>
Susan Luce, Business Partners Network	Afton, MN		
Tasks Unlimited	Minneapolis, MN	Yes	<u>Yes</u>
Transitional Supported Employment of Minnesota	Moorhead, MN	Yes	
TSE, Inc.	St. Paul, MN	Yes	
Wacosa	Sauk Centre, MN	Yes	Yes
Webber Placement Services	St. Paul, MN	Yes	
West Central Industries, Inc.	Willmar, MN	Yes	<u>Yes</u>
Zumbro Valley Mental Health Center	Rochester, MN	Yes	Yes

FUNDING

Contact Information

Description

Dakota County Collaborative

Dakota County Western Service Center Social Services 14955 Galaxie Ave. Apple Valley, MN 55124

Phone: 952-891-7449 Fax: 952-891-7473 Web Site: www.co.dakota.mn.us/HealthFamily/CaringFor/InfoForParents/Collaboratives.htm The Dakota County Collaborative is an integrated Children's Mental Health and Family Services collaborative. Partners include parents, community agencies, schools, and County staff. The purpose of the Dakota County Collaborative is to establish an integrated system of services for children. The partnership was formed more than ten years ago to enhance the stability and health of children and families.

<u>Community Alternatives for Disabled Individuals</u> (CADI) Waiver

Dakota County Community Services Administration Northern Service Center 1 Mendota Rd W., Ste 500 W St. Paul, MN 55118-4773 651-554-5611 Fax: 651-554-5948

651-554-5611 Fax: 651-554-5948 Web Site <u>www.co.dakota.mn.us</u>

The Community Alternatives for Disabled Individuals Waiver provides funding for home and community-based services for children and adults, who would otherwise require the level of care provided in a nursing facility. CADI Waiver services may be provided in a person's own home, in his/her biological or adoptive family's home, in a relative's home (e.g. sibling, aunt, grandparent etc.), a family foster care home or corporate foster care home, a board and lodging facility or in an assisted living facility. If married, a person may receive CADI Waiver services while living at home with his or her spouse.

Community Alternative Care (CAC) Waiver

Dakota County Community Services Administration Northern Service Center 1 Mendota Rd W., Ste 500 W St. Paul, MN 55118-4773 651-554-5611 Fax: 651-554-5948 Web Site www.co.dakota.mn.us The Community Alternative Care Waiver provides funding for home and community-based services for children and adults who are chronically ill. The CAC Waiver is designed to serve persons with disabilities who would otherwise require the level of care provided in a hospital. CAC Waiver services may be provided in a person's own home, in his/her biological or adoptive family's home, in a relative's home (e.g. sibling, aunt, grandparent etc.), in a family foster care home or corporate foster care home. If married, a person may receive CAC Waiver services while living at home with his or her spouse.

Consumer Support Grant (CSG)

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155 651-297-3933 TDD: 1-800-627-3529 http://www.dhs.state.mn.us/ The Consumer Support Grant program is a state-funded alternative to Medicaid home care services of home health aide, <u>personal care assistance</u> and/or <u>private duty nursing</u>. The Consumer Support Grant Program allows a recipient to convert the state portion of payments for specific home care services into a cash grant. Eligible participants receive monthly cash grants to replace fee-for-service home care services payments.

Developmental Disability Waiver

Dakota County Community Services Administration Northern Service Center 1 Mendota Rd W., Ste 500 W St. Paul, MN 55118-4773

651-554-5611 Fax: 651-554-5948 Web Site www.co.dakota.mn.us

The DD Waiver provides funding for home and community-based services for children and adults with mental retardation or related conditions. Assessed waiver service needs, as identified in the person's service plan, may be provided in a person's own home, in his/her biological or adoptive family's home, in a relative's home (e.g., sibling, aunt, grandparent, etc.), in a family foster care home or corporate foster care home.

Description

Family Support Grant (FSG)

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155

651-297-3933 TDD: 1-800-627-3529

http://www.dhs.state.mn.us/

The Family Support Grant program provides state cash grants to families of children with certified disabilities. The goal of the program is to prevent or delay the out-of-home placement of children with disabilities and promote family health and social well-being by facilitating access to family-centered services and supports.

General Assistance Medicare Care

DHS Central Office 444 Lafayette Road North 651-431-2670 TTY: 800-627-3529 or 711 http://www.dhs.state.mn.us/ Minnesota's General Assistance Medical Care (GAMC) program pays for medical care for some 27,000 low-income Minnesotans who don't qualify for Medicaid or other state or federal health care programs — primarily low-income adults between the ages of 21 and 64, who don't have dependent children. GAMC is 100 percent statefunded. The Minnesota Department of Human Services oversees the program, administered locally by counties.

Medical Assistance for Employed Persons with Disabilities (MA-EPD)

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155 651-431-2670 TTY: 800-627-3529 or 711 http://www.dhs.state.mn.us/ Medical Assistance for Employed Persons with Disabilities is a work incentive that promotes <u>competitive employment</u> and the economic self-sufficiency of people with disabilities by assuring continued access to Medical Assistance for necessary health care services. MA-EPD allows working people with disabilities to qualify for MA under higher income and asset limits than standard MA. The goal of the program is to encourage people with disabilities to work and enjoy the benefits of being employed.

MinnesotaCare

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155 651) 297-3862 (Twin Cities metro area) 800-657-3672 (outside Twin Cities metro area) 651-282-5100 (fax) TTY: 800-627-3529 or 711 MinnesotaCare is a subsidized health care program for people who live in Minnesota and do not have access to health insurance. There are no health condition barriers, but applicants must meet income and program guidelines to qualify.

Enrollees pay a monthly premium for their health coverage. The premium is based on income and family size.

Enrollees get all their services from a health care plan, which they choose when they enroll in the program.

Coverage includes medical care (clinic and hospital), dental care, mental health and chemical dependency services, and prescription drugs.

Minnesota Comprehensive Health Association

Customer Service, Mail Route CP555 401 Carlson Parkway Minnetonka, MN 55305-5387 http://www.mchamn.com/html/contact.php MCHA was established in 1976 by the Minnesota Legislature to offer policies of individual health insurance to Minnesota residents who have been turned down for health insurance by the private market, due to pre-existing health conditions. MCHA is sometimes referred to as Minnesota's "high risk pool" for health insurance or health insurance of last resort. Currently, about 30,000 Minnesota residents are insured by MCHA throughout the State of Minnesota.

FUNDING Continued

Contact Information

Description

Minnesota Children with Special Health Needs (MCSHN)

Minnesota Children with Special Health Needs Minnesota Department of Health 85 East Seventh Place / P.O. Box 64882 St. Paul, MN 55164-0882

651-201-3650 or 1-800-728-5420

website: http://www.health.state.mn.us/divs/fh/mcshn/

contact.htm

Finding necessary services for children with special health needs can be a puzzling job. The MCSHN Information and Assistance Line can help you find the right resources to meet special needs. The service is free and confidential. The Information and Assistance Line is for families, health care providers, public health nurses, teachers, social workers and anyone who needs help identifying and locating resources for children with special health needs. It offers information on services and resources provided by public and private agencies. Both national and state information is available.

Minnesota Department of Human Services -Medical Assistance (MA) (Minnesota's Medicaid Program)

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155

651-431-2670 TTY: 800-627-3529 website: http://www.dhs.state.mn.us/

Medical Assistance is Minnesota's Medicaid program for low-income families with children, seniors and people with disabilities. Children, parents and pregnant women make up the largest MA group (70 percent), but they account for only 25 percent of expenditures. The remaining 75 percent of expenditures is for people who are elderly or have a disability. MA is funded jointly with state and federal funds.

Minnesota's home and community-based waivers

DHS Central Office 444 Lafayette Road North St. Paul. MN 55155

651-297-3933 TDD: 1-800-627-3529 website: http://www.dhs.state.mn.us/

Minnesotans with disabilities or chronic illnesses who need certain levels of care may qualify for the state's home and community—based waiver programs. Minnesota has chosen to enter into a number of waiver agreements in order to provide Minnesotans with more choice in their services. There are some differences in the services available in each waiver and the amount of money that a person can use to purchase supports.

Minnesota Supplemental Aid (MSA)

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155

651-297-3933 TDD: 1-800-627-3529 website: http://www.dhs.state.mn.us/

Minnesota Supplemental Aid (MSA) is a state funded program that provides a monthly cash supplement to people who are aged, blind or disabled and who receive federal Supplemental Security Income (SSI) benefits. Some recipients who do not receive SSI because their other income is too high may still be eligible for MSA if they meet MSA eligibility criteria and their income is below the MSA standard. MSA participants are also eligible for help with medical costs through the Medical Assistance (MA) program and for Food Support. Applications for MSA must be made through your local county human services agency.

Rehabilitation Services

Department of Employment and Economic Development Rehabilitation Services Branch First National Bank Building 332 Minnesota Street, Suite E200 St. Paul. Minnesota 55101

651-259-7366 Fax: 651-297-5159 TTY: 651-296-3900 or 800-657-3973 website: <u>www.deed.state.mn.us/**rehab/**</u> Rehabilitation Services helps people with disabilities to achieve their employment and independent living goals. These services are available through Minnesota Work-Force Centers across the state. You may be eligible for VR if you have a physical or mental disability which makes it difficult for you to find or keep a job, and if you require VR services to prepare for, secure, retain, or regain employment.

DAKOTA COUNTY CTIC

Contact Information

Semi-Independent Living Services

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155

651-297-3933 TDD: 1-800-627-3529

http://www.dhs.state.mn.us/

Description

Semi-independent living services are services that include training and assistance in managing money, preparing meals, shopping, personal appearance and hygiene and other activities needed to maintain and improve an adult with mental retardation's capacity to live in the community. A goal of SILS is to support people in ways that will enable them to achieve personally desired outcomes and lead self-directed lives.

Social Security

Social Security Administration
Office of Public Inquiries
Windsor Park Building
6401 Security Blvd.
Baltimore, MD 21235
1-800-772-1213 TTY 1-800-325-0778
Local Contact:
Social Security
190 5th St. E STE 800
St. Paul, MN 55101

Website: http://www.ssa.gov/

Social Security pay disability benefits under two programs: The Social Security disability insurance program pays benefits to you and certain family members if you worked long enough and paid Social Security taxes.

Your adult child also may qualify for benefits on your earnings record if he or she has a disability that started before age 22. The Supplemental Security Income (SSI) program pays benefits to disabled adults and children who have limited income and resources. SSI benefits also are payable to people 65 and older without disabilities who meet the financial limits.

Supplemental Security Income (SSI)

Social Security 190 5th St. E STE 800 ST PAUL, MN 55101

1-800-772-1213 TTY 1-800-325-0778

Website: http://www.socialsecurity.gov/ssi/index.htm

Supplemental Security Income (SSI) is a cash assistance program funded and administered by the Federal Government. The program is authorized by Title XVI (Supplemental Security Income for the Aged, Blind, and Disabled) of the Social Security Act. Beginning in January 1974, SSI replaced the Federal/State matching grant program of adult assistance to the aged, blind, and disabled. Under SSI, there is no minimum age limit for establishing eligibility based on blindness or disability.

Traumatic Brain Injury (TBI) Waiver

Dakota County Community Services Administration Northern Service Center 1 Mendota Rd W., Ste 500 W St. Paul, MN 55118-4773 651-554-5611 FAX: 651-554-5948

651-554-5611 FAX: 651-554-5948 Web Site www.co.dakota.mn.us

The Traumatic Brain Injury Waiver provides funding for home and community-based services (HCBS) for children and adults who have an acquired or traumatic brain injury. TBI Waiver services may be provided in a person's own home, in his/her biological or adoptive family's home, in a relative's home (e.g. sibling, aunt, grandparent etc.), in a family foster care home, in a corporate foster care home, in a board and lodging facility or in an assisted living facility. If married, a person may receive TBI Waiver services while living at home with his or her spouse.

TEFRA (Tax Equity and Financial Responsibility Act of 1982)

DHS Central Office 444 Lafayette Road North St. Paul, MN 55155

651-296-7675 TTY: 800-627-3529 or 711 Website: http://www.dhs.state.mn.us/

Children with disabilities who live with their families. To qualify for TEFRA, a child must meet ALL of the following conditions:

- · live with at least one parent
- be under 18,
- have a disability determination from the State Medical Review Team.
- need a certain level of home health care to stay at home which compares to the level of care provided in a hospital, nursing home or an intermediate care facility for the mentally retarded
- the cost for home care must not be more than the cost for care in a medical institution.

DAKOTA COUNTY SERVICES

Contact Information

<u>Dakota County Collaborative</u> County Adult Mental Health Services

14955 Galaxie Ave Apple Valley MN 55124-8579

Dakota County Main Numbers 651-437-3191 800-247-1056

Social Services

952-891-7400 952-891-7459 Fax: 952-891-7473

Collaborative Coordinator

952-891-7449

<u>24 Hour Crisis Response Line 952-891-7171</u> <u>Dakota County Attorney's Office</u>

651-438-4438 Fax: 651-438-4499

Website: http://www.co.dakota.mn.us/HealthFamily/ CaringFor/InfoForParents/Collaboratives.htm

Description

The Dakota County Collaborative is an integrated Children's Mental Health and Family Services collaborative. Partners include parents, community agencies, schools, and County staff. The purpose of the Dakota County Collaborative is to establish an integrated system of services for children. The partnership was formed more than ten years ago to enhance the stability and health of children and families.

Programs & Services Supported by the Collaborative Each year the Dakota County Collaborative will distributes funding to support early intervention and prevention services for children and families in Dakota County. The following are services and programs that the Collaborative supports:

NAMI - Minnesota

Support, education and leadership training for families of children with mental illness. For more information go to http://www.namimn.org/ or contact the Dakota County Parent Organizer at 651-645-2948 x102 or at sscheele@nami.org.

Wraparound

A family-driven team process of working with children and their families to plan supports for child's mental health or behavioral issues. Dakota County Social Services, Wrap Access Coordinator, 952-891-7425.

Dakota Healthy Families

Countywide home visiting program supporting families from pregnancy through the preschool years. Contact Dakota County Public Health at 651-554-6219 for more information.

Early Intervention Mental Health Services

Mental health services for children, age newborn to 6 years old, with emotional or behavioral difficulties. For more information, contact your school district Early Childhood Special Education department or CAP Agency Head Start Program.

Partner's for Success® Family Support Workers

Family support workers bridge the gap between home and school by providing resources, services and support to families. Go to http://www.communityactioncouncil.org/ or contact the Community Action Council at 952-985-5300.

Information and Referral

Collaborative members help families find resources and services in the community.

For more information about contacts in your area, <u>e-mail</u> the Collaborative Coordinator or call 952-891-7449.

County Adult Mental Health Services

14955 Galaxie Ave Apple Valley MN 55124-8579

Dakota County Main Numbers

651-437-3191 800-247-1056

Social Services

952-891-7400 952-891-7459 Fax: 952-891-7473

Adult Mental Illness Intake Reporting

651-554-6424

24 Hour Crisis Response Line 952-891-7171

Website: http://www.co.dakota.mn.us/HealthFamily/ CaringFor/FIndMH/default.htm

Description

What is Mental Illness?

Mental illnesses are biochemical brain disorders that affect a person's thinking and emotions, and may impact their ability to manage life on a day-to-day basis. Mental health diagnoses include depression, bipolar disorder, schizo-phrenia, and anxiety disorders. People of any age, race, or gender can be affected by mental illness. For more information on mental illness, please visit the links listed under Quicklinks to the right.

Can Mental Illness Be Treated?

Yes, mental illness can be treated through a variety of methods. Many people need a combination of psychiatry services (medication management), therapy and rehabilitative / supportive services to successfully manage their illness.

Co-Occurring Mental Illness and Substance Abuse

It is estimated that 60% of people who experience a mental illness also experience an addiction to alcohol or drugs.

If you or a family member needs help...

If you or a family member needs help with a mental health issue, first call your doctor or health plan provider. You can also call the Dakota County Crisis Response Unit, which provides 24-hour telephone or on-site response, as well as referrals, to residents in a mental health crisis.

Crisis Response Unit: 952-891-7171

If someone is an immediate danger to self or others, call 911.

Eligibility for County Adult Mental Health Services

Mental Health Services are provided to Dakota County residents who meet financial and medical eligibility requirements and:

Have been hospitalized due to a mental illness within the last year

Have a mental health diagnosis

Do not have mental health services covered by private health insurance

Qualify for Medical Assistance

DAKOTA COUNTY SERVICES continued

Contact Information

Youth Transitioning to Adult Mental Health Services

14955 Galaxie Ave Apple Valley MN 55124-8579

Dakota County Main Numbers 651-437-3191 800-247-1056

Social Services

952-891-7400 952-891-7459

Fax: 952-891-7473

Children's Mental Health Intake Reporting

952-891-7459

Adult Mental Health Intake Reporting

651-554-6424

952-891-7171

Bottom of Form 24 Hour Crisis Response Line

Website: http://www.co.dakota.mn.us/HealthFamily/ CaringFor/FIndMH/YouthTransitionProgram.htm

Description

Youth Transitioning to Adult Mental Health Services Children and Family Services provides assistance to adolescents until they are 18 years of age. These services can be extended until they are 21 years old if the adoles-

cent is attending high school or an equivalent educational program.

SELF Program

The SELF Program is a Transition program designed to work with adolescents who are 16 and older and are in permanent long-term placement settings. The focus of this program is to assure smooth transition into an appropriate adult program upon turning 18. Many times this is needed because most of these youth have varying degrees of disabilities and needs, or have no community supports upon leaving the child welfare system.

QUEST Program

The Quest Program is an independent living skills program for older adolescents who have experienced an out-ofhome placement, and is sponsored by the SELF Program. The focus of this program is to help the adolescent prepare for independent living.

Transition Team

Dakota County Social Services has established a Transition Team directed to facilitate effective transition from child to adult services and to identify needed resources. The Transition Team has representation from following Dakota County departments or divisions:

Children and Family Services

Adult Mental Health

Adult Protection

Developmental Disabilities

Corrections

Planning and the Supportive Housing Unit.

The Transition Team plans for youth exiting the child welfare system, homeless youth, and vulnerable youth. The Team identifies the needs of youth and young adults and initiates action to expand resources in the community. Services and resources will be tailored to meet the specific goals and needs of each youth/young adult.

MINNESOTA SERVICES

Contact Information

ormation

Chemical health

651-431-2460

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Minnesota Prevention Resource Center (MPRC)

2720 Highway 10 Mounds View, MN 55112 763-427-5310 800-782-1878 Email: mprc@miph.org

Chicano/Latino Resource Center

Chicano Latinos Unidos En Servicio (CLUES) Chicano Latino Resource Center 797 East 7th Street St. Paul, MN 55106

651-379-4200

African American Resource Center

2616 Nicollet Avenue South Minneapolis, MN 55408 612-871-7878

Southeast Asian Resource Center

Lao Family SEAPIN Resource Center 320 West University Avenue St. Paul, MN 55103 651-221-0069

Minnesota Indian Women's Resource Center

2300 15th Avenue Minneapolis, MN 55404 612-728-2000

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

The Chemical Health Division is the state alcohol and drug authority responsible for defining a statewide response to drug and alcohol abuse. This includes providing basic information on chemical health. It also includes planning a broad-based community service system, evaluating the effectiveness of various chemical dependency services, and funding innovative programs to promote reduction of alcohol and other drug problems and their effects on individuals, families and society.

Information and resources

Minnesota has resource centers that offer prevention services statewide. The services offered range from prevention materials and resources to guidance on access to treatment, with a few resource centers focusing on specific communities of people. Minnesota has also dedicated funding to a variety of other prevention and treatment support projects throughout the state.

Assessment

According to a national survey, more than 4.6 million Americans who meet the criteria for needing treatment do not recognize they have a problem. Frequently it is family and friends of the person needing alcohol or drug treatment that identify the chemical abuse. Chemical dependency is an illness that usually requires treatment. The best way to determine if someone's use/abuse of chemicals requires treatment is to get a chemical dependency assessment through a professional. If you have talked to your family member or friend about seeking treatment and they are resistive, there are intervention professionals and resources that can help.

Where do you begin?

Many family members and friends of chemically dependent people may try to talk with the person about their chemical use and have been met with resistance. Oftentimes, family and friends try to connect with the person on different levels before going to a more formal resource, like an intervention. They call on friends and associates in their immediate surroundings to get information and discuss how to help their family member/friend. They may reach out to other resources, such as a school counselor, church pastor or coach to get help. When those options do not work they turn to more formal approaches to get help. The Department of Human Services also funds programs that are designed to serve specific populations. Find out more about the programs available to these populations. There are many places you can start: your physician, employee assistance programs, health plans, county, treatment facilities and information and referral services.

Counties

In Minnesota, the county is responsible for providing public chemical dependency treatment services. County staff can help you identify where to begin and have staff knowledgeable about providers in your county and the services they provide.

For more information call your county or visit their Web site

MINNESOTA SERVICES Continued

Contact Information

Description

Website: http://www.c3mn.org/

C³MN, an interactive resource map that connects youth, families, professionals and employers to local opportunities that can help transition age youth be more successful after high school.

Consumer Support Grant (CSG) Program Minnesota Department of Human Services

444 Lafavette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000 **Western Service Center**

14955 Galaxie Ave **Apple Valley MN 55124-8579 County Main Numbers** 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Consumer Support Grant (CSG) Program Background

The Consumer Support Grant program is a state-funded alternative to Medicaid home care services of home health aide, personal care assistance and/or private duty nursing. Medicaid is a service system that mixes together both state and federal money. The Consumer Support Grant Program allows a recipient to convert the state portion of payments for specific home care services into a cash grant. Eligible participants receive monthly cash grants to replace fee-for-service home care services payments. With county assistance, consumers can manage and pay for a variety of home and community-based services. The CSG Program provides consumers with greater flexibility and freedom of choice in service selection, payment rates, service delivery specifications and employment of service providers. Parents, spouses, family members, trusted neighbors or friends can be paid for service, as well as employees of traditional home care provider agencies. Who is eligible for the Consumer Support Grant? To be eligible for CSG, a person must meet all these crite-

- Be recipients of or eligible for Medical Assistance
- Be eligible to receive home care services from the Medical Assistance Home Care Program
- Demonstrate limitations in everyday functioning, such as, self-care, language, learning, mobility, self direction, capacity for independent living and economic self-sufficiency
- Require ongoing supports to live in the community
- · Live in a natural home setting

Consumers cannot concurrently receive the Consumer Support Grant and coverage through the state's managed care program, a Home and Community-Based Service Waiver, Alternative Care or private duty nursing, personal care assistant or home health aide services through the Medical Assistance Home Care Program.

For more information, contact your local county agency.

Developmental Disabilities

Northern Service Center

1 Mendota Rd W

West St Paul MN 55118

651-554-6000

Western Service Center

14955 Galaxie Ave

Apple Valley MN 55124-8579 County Main Numbers

952-891-7400 952-891-7459

Fax: 952-891-7473

Developmental Disabilities - Adults

651-554-6000

Developmental Disabilities - Children

952-891-7459

24 Hour Crisis Response Line

952-891-7171

http://www.co.dakota.mn.us/HealthFamily/CaringFor/ CareForDD/default.htm

Description

Eligibility for Developmental Disability Services

Dakota County can assist families with developmentally disabled adults or children based on eligibility for services.

Children ages 0 to 5 Years

Children in this age group are considered eligible for county services when they have:

Test scores showing a risk of mental retardation, OR A diagnosis of significant developmental delays, **OR** Limitations in three or more of the following:

Self care

Understanding and use of language

Learning

Mobility

Self direction or judgment

Daily living skills **OR**

Diagnosis of a Related Condition

Related Conditions may include:

Cerebral Palsy

Autism

PDD

Epilepsy

Prader-Willi Syndrome

Traumatic Brain Injury

Fetal Alcohol Syndrome (FAS) or Fetal Alcohol Effects (FAE)

Children Ages 5 to 18 Years

Children over 5 years must have an IQ Test showing a score of 70 or lower or be diagnosed with a Related Condition (see above). IQ testing may be available through your school district or private medical insurance, or by contacting our intake screeners at 952-891-7459.

Adults (Over 18 Years)

To be eligible for county services, and adult must be a person with mental retardation or a Related Condition (see above). Mental retardation means the person has a IQ under 70 and has limited functioning before the age of 22.

MINNESOTA SERVICES Continued

Contact Information

<u>Disability Services Division collaboratives and initiatives</u>

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459 Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

Minnesota has a strong commitment to providing home and community-based support options for persons with disabilities and special health care needs. Over the last 20 years, the Minnesota Department of Human Services has created a long-term care system of supports so people with disabilities could live where they choose in the community and with whom they choose. An effort to provide a consumer driven support system in which people:

- Choose how they want to live their lives
- · Control how they use resources

Why use a consumer-driven support system? People are able to:

- Hire workers and decide how much to pay them
- Hire workers that know their own language, culture and traditions
- Hire family, friends, neighbors and others, as well use provider agencies
- Plan their services with help if needed

Contact Information

Family Support Grant (FSG) Program

Minnesota Department of Human Services
444 Lafavette Road

St. Paul, MN 55155-3814

651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118

651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

The Family Support Grant program provides state cash grants to families of children with certified disabilities. The goal of the program is to prevent or delay the out-of-home placement of children with disabilities and promote family health and social well-being by facilitating access to family-centered services and supports.

Who is eligible for the Family Support Grant?

- Families of children with a certified disability, under age 21 years, living in their biological or adoptive home
- Children currently residing in a licensed residential facility who would return to their family home if a grant was awarded are also eligible. As of Jan. 1, 2008, families with an annual adjusted gross income of \$88,170 or less are eligible for the FSG Program except in cases where extreme hardship is demonstrated. Considerations may include size of the family, presence of a disability in other family members and substantial debt due to the child's disability. Children who are on a Community Alternative Care, Community Alternatives for Disabled Individuals or Traumatic Brain Injury waiver can receive a Family Support Grant if they meet the eligibility criteria for the grant. Currently, families receiving home and community-based waiver services for persons with developmental disabilities (DD Waiver) are NOT eligible for the Family Support Grant. A family receiving services under the DD Waiver may apply for a Family Support Grant. However, if a grant becomes available to the family and they choose to participate in the program, they must discontinue receiving services under the DD Waiver.

Federally funded initiatives

Minnesota Department of Human Services

444 Lafayette Road

St. Paul, MN 55155-3814

651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers

952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

Disability Services Division is currently engaged in three initiatives through federal grant funding from the Centers for Medicare and Medicaid Services:

Stay Well, Stay Working: Minnesota's Demonstration to Maintain Independence and Employment

The Minnesota Department of Human Services received a \$54 million grant from the federal Centers for Medicare and Medicaid Services to fund Stay Well, Stay Working: Minnesota's Demonstration to Maintain Independence and Employment. Stay Well, Stay Working is a research initiative that provides a comprehensive set of health care and employment-related supports to employed people with serious mental illness.

Pathways to Employment

Pathways to Employment is a collaboration with consumers, advocates and other stakeholders to help Minnesotans with disabilities successfully enter the workforce and retain health care access. The Department of Human Services Disability Services Division manages publicly funded programs that support people with a wide variety of disabilities including developmental disabilities, chronic medical conditions, acquired or traumatic brain injuries and physical disabilities.

Pathways to Choice

The Consumer-Directed Personal Assistance Program and Systems Change Initiative Grants have ended. Final reports and materials have been developed and are now available.

Contact Information

Home Care Services

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave

Apple Valley MN 55124-8579 County Main Numbers

952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

Home care provides medical and health-related services and assistance with day-to-day activities to people in their home. It can be used to provide short-term care for people moving from a hospital or nursing home back to their home, or it can also be used to provide continuing care to people with ongoing needs. Home care services may also be provided outside the person's home when normal life activities take them away from home.

Medical Assistance covers the following home care services:

- Equipment and supplies, such as wheelchairs and diabetic supplies
- · Home health aide
- Personal care assistant
- Private duty nursing
- Skilled nursing visits, either face to face or via telehome care technology
- Therapies (occupational, physical, respiratory and speech)

All home care services require authorization from the Department of Human Services except for home care therapy services (physical therapy, occupational therapy, speech therapy and respiratory therapy) and the first nine skilled nurse visits per calendar year.

MINNESOTA SERVICES Continued

Contact Information

Description

Minnesota's Home and Community-Based Waivers

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814

651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Minnesotans with disabilities or chronic illnesses who need certain levels of care may qualify for the state's home and community—based waiver programs.

What are the home and community-based waiver programs available in Minnesota?

Minnesota has chosen to enter into a number of waiver agreements in order to provide Minnesotans with more choice in their services. There are some differences in the services available in each waiver and the amount of money that a person can use to purchase supports. Home and community-based waiver programs available to persons who meet the eligibility criteria include:

- Alternative Care is a program that supports certain home and community-based services for older Minnesotans, age 65 years and over, who are at risk of nursing home placement and have low levels of income and assets (AC is administered by the DHS Aging and Adult Services Division)
- Community Alternative Care (CAC) Waiver for chronically ill and medically fragile persons who need the level of care provided in a hospital
- Community Alternatives for Disabled Individuals (CADI) Waiver for persons with disabilities who require the level of care provided in a nursing facility
- Elderly Waiver (EW) for people over the age of 65 years who require the level of care provided in a nursing facility (EW is administered by the DHS Aging and Adult Services Division)
- Mental Retardation or Related Condition (MR/RC) Waiver for persons with mental retardation or a related condition who need the level of care provided in an Intermediate Care Facility for Persons with Mental Retardation or Related Conditions (ICF/MR)
- Traumatic Brain Injury (TBI) Waiver for persons with acquired or traumatic brain injuries who need the level of care provided in a nursing facility that provides specialized (cognitive and behavioral supports) services for persons with brain injury or neurobehavioral hospital.

Intermediate Care Facility for Persons with Mental Retardation or Related Conditions (ICF/MR)

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

An Intermediate Care Facility for Persons with Mental Retardation or Related Conditions is a residential facility licensed to provide services to persons who have mental retardation or a related condition as a supervised living facility under Minnesota Statute. ICF/MRs are located in 62 counties in Minnesota and serve from four to 64 persons.

What services are provided in an ICF/MR?

An ICF/MR must provide a continuous active treatment program that includes outcome-based services in response to the consumer's identified needs as specified in the Individual Service Plan. Services must:

- Be based on the needs and preferences and personal goals of the consumer
- Be consistent with the principles of the least restrictive environment and self-determination
- · Include opportunities to participate in the community
- Include functional skill development, reduced dependency on care providers and opportunities for the development of decision—making skills

Contact Information

Medical Assistance for Employed Persons with Disabilities (MA-EPD)

Minnesota Department of Human Services
444 Lafayette Road
St. Paul, MN 55155-3814

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services

Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

Medical Assistance for Employed Persons with Disabilities is a work incentive that promotes competitive employment and the economic self-sufficiency of people with disabilities by assuring continued access to Medical Assistance for necessary health care services. MA-EPD allows working people with disabilities to qualify for MA under higher income and asset limits than standard MA. The goal of the program is to encourage people with disabilities to work and enjoy the benefits of being employed.

MINNESOTA SERVICES Continued

Contact Information

Description

<u>Semi-Independent Living Services</u> <u>Minnesota Department of Human Services</u>

444 Lafayette Road St. Paul, MN 55155-3814

651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers

952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Semi-independent living services are services that include training and assistance in managing money, preparing meals, shopping, personal appearance and hygiene and other activities needed to maintain and improve an adult with mental retardation's capacity to live in the community. A goal of SILS is to support people in ways that will enable them to achieve personally desired outcomes and lead self -directed lives.

Who is eligible for SILS?

To be eligible to receive SILS, the recipient must meet all these criteria:

- Be 18 years of age or older
- Be determined to have mental retardation or a related condition
- Be unable to function independently without semiindependent living services

What services are available through SILS?

Reimbursable costs include training and assistance in:

- First aid and obtaining assistance in an emergency
- Learning and exercising rights and responsibilities of community living
- Nutrition, meal planning and preparation
- · Obtaining and maintaining a home
- Personal appearance and hygiene
- Self-administration of medication
- Shopping
- Social, recreation and transportation skills, including appropriate social behavior
- Using the phone and other utilities

Additional ways to use SILS include:

- Contract with unlicensed providers who are not related to the person to provide support services
- Issue vouchers or cash grants to enable persons to pay providers for their services
- Provide one-time housing allowances of up to \$1,500 to cover some of the costs related to damage or security deposits for housing rentals, utility deposits and connection costs, household furnishings and other items necessary to enable the participant to secure a home in which to receive semi-independent living services

How can persons apply for SILS?

You can contact your local county agency. The amount, type, cost and expected outcomes of SILS to be provided, must be indicated when services are authorized.

FEDERAL SERVICES

Contact Information

Description

A Guide to Disability Rights Laws

U.S. Department of Justice

Civil Rights Division

Website: http://www.usdoj.gov/crt/ada/cguide.htm

This guide provides an overview of Federal civil rights laws that ensure equal opportunity for people with disabilities. To find out more about how these laws may apply to you, contact the agencies and organizations listed below.

The Council for Exceptional Children (CEC)

1110 North Glebe Road, Suite 300,

Arlington, VA 22201

703-620-3660 TTY: 866-915-5000

Fax: 703-264-9494

E-mail: service@cec.sped.org
Internet: www.cec.sped.org

The Council for Exceptional Children (CEC) is the largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted. CEC advocates for appropriate governmental policies, sets professional standards, provides continual professional development, advocates for newly and historically underserved individuals with exceptionalities, and helps professionals obtain conditions and resources necessary for effective professional practice.

DisabilityInfo.gov

Website: www.disabilityinfo.gov

DisabilityInfo.gov is the federal government's one-stop Web site for people with disabilities, their families, employers, veterans and service members, workforce professionals and many others. A collaborative effort among twenty-two federal agencies, **DisabilityInfo.gov** connects people with disabilities to the information and resources they need to actively participate in the workforce and in their communities.

Visit any of the nine subject areas at the top of this page to find disability-related resources, and then click on the State and Local Resources map to locate programs and information in your state.

IDEA Web Site

Website: http://idea.ed.gov/

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities.

The National Alliance for Secondary Education and Transition (NASET)

Website: www.nasetalliance.org

The National Alliance for Secondary Education and Transition (NASET), a recently established voluntary coalition of over 40 organizations, has developed standards and indicators with the assistance of NCSET into a unified publication complete with tools for administrators and practitioners, as well as a Web site.

FEDERAL SERVICES Continued

Contact Information

Description

National Center on Secondary Education and Transition

Institute on Community Integration University of Minnesota 6 Pattee Hall 150 Pillsbury Drive SE Minneapolis MN 55455

612-624-2097 n Fax: 612-624-9344

Email: ncset@umn.edu

Website: http://www.ncset.org/

The National Center on Secondary Education and Transition (NCSET) was established to create opportunities for youth with disabilities to achieve successful futures. NCSET provides technical assistance and disseminates information focused on four major areas of national significance for youth with disabilities and their families —

- Providing students with disabilities with improved access and success in the secondary education curriculum.
- Ensuring that students achieve positive postschool results in accessing postsecondary education, meaningful employment, independent living and participation in all aspects of community life.
- Supporting student and family participation in educational and postschool decision making and planning.
- Improving collaboration and system linkages at all levels through the development of broad-based partnerships and networks at the national, state, and local levels.

Office of Special Education and Rehabilitative Services (OSERS)

U.S. Department of Education 400 Maryland Avenue, SW Washington, D.C. 20202 1-800-USA-LEARN (1-800-872-5327) Spanish speakers available (se habla español)

Fax: 202-401-0689 TTY 1-800-437-0833

Website: http://www.ed.gov/about/offices/list/osers/

index.html?src=mr

The Office of Special Education and Rehabilitative Services (OSERS) is committed to improving results and outcomes for people with disabilities of all ages. In supporting President Bush's *No Child Left Behind* agenda and the *New Freedom Initiative*, OSERS provides a wide array of supports to parents and individuals, school districts and states in three main areas: special education, vocational rehabilitation and research.

Selective Service

Registration Information Office

Selective Service System Data Management Center P.O. Box 94638

Palatine, IL 60094-4638 Phone: 847-688-6888 TTY: 847-688-2567

Website: http://www.sss.gov/

Almost all male U.S. citizens, and male aliens living in the U.S., who are 18 through 25, are required to register with Selective Service.

DISABLED MEN

Disabled men who live at home must register with Selective Service if they can reasonably leave their homes and move about independently. A friend or relative may help a disabled man fill out the registration form if he can't do it himself. Men with disabilities that would disqualify them from military service still must register with Selective Service. Selective Service does not presently have authority to classify men, so even men with obvious handicaps must register now, and if needed, classifications would be determined later.

Description

US Department of EducationUS Department of Education

U.S. Department of Education 400 Maryland Avenue, SW Washington, D.C. 20202 1-800-USA-LEARN (1-800-872-5327)

Spanish speakers available (se habla español)

Fax: 202-401-0689 TTY 1-800-437-0833

Website: www.ed.gov

ED was created in 1980 by combining offices from several federal agencies. ED's mission is to promote student achievement and preparation for global competitiveness by fostering educational excellence and ensuring equal access.

Youthhood

Website: http://www.youthhood.org/

This site is a place for you, your friends, and other teens. It's a welcoming community for all youth and a place where all youth belong. We want you to be here. This is your place, your space. Here you can start thinking about what you want to do with the rest of your life. This Web site was built to help you plan for the future. What will you do after high school? Will you work? Go to college? Live in a place of your own? By using this Web site, you can plan for your future right now!

HOME LIVING

In Home Family Support

Home care provides medical and health-related services and assistance with day-to-day activities to people in their home. It can be used to provide short-term care for people moving from a hospital or nursing home back to their home, or it can also be used to provide continuing care to people with ongoing needs. Home care services may also be provided outside the person's home when normal life activities take them away from home.

Contact Information

The personal care assistance program Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000 Western Service Center 14955 Galaxie Ave

Apple Valley MN 55124-8579 County Main Numbers

952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

The personal care assistance program provides services to persons who need help with day-to-day activities to allow them be more independent in their own home. A PCA is an individual who is trained to help persons with some basic daily routines. A PCA may be able to help you if you have a physical, emotional or mental disability, a chronic illness or an injury.

For a list of PCA Choice Provider list:

http://www.dhs.state.mn.us/main/groups/county_access/documents/pub/dhs_id_027985.pdf

For a list of Personal Care Provider Organization (PCPO) Provider List

http://www.dhs.state.mn.us/main/groups/county_access/documents/pub/dhs_id_027986.pdf

Private Duty Nursing Services: (PDN)

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Description

Private duty nursing services are more extensive than a skilled nurse visit and can include:

Professional nursing care based on an assessment of the consumer's medical needs

Ongoing professional nursing observation, monitoring, intervention and evaluation

Private duty nursing services can be provided by:

- A registered nurse (RN) or licensed practical nurse (LPN) employed by either a home health agency or PDN Class A licensed agency that are enrolled with Minnesota Health Care Programs.
- An independent RN who is enrolled with Minnesota Health Care Programs.
- An independent LPN with a Class A license and who is enrolled with Minnesota Health Care Programs.
 A parent of a minor child, spouse, non-corporate legal guardian or conservator who is a licensed nurse employed by a home care agency and has an approved Hardship Waiver.

How can persons get private duty nursing?

You can call a home care agency or your county public health nurse to request an assessment for nursing services. To find a home care agency in your area, look in the yellow pages of your local calling area telephone book under Home Health Services.

Skilled nurse visits (SNVs)

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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A skilled nurse visit is a nursing visit to initiate and complete a professional nursing task as assessed to meet the person's needs in his or her home.

A skilled nurse visit can include the following services:

- "Hands on" nursing care
- Health care training to the consumer and/or their family
- Observation and assessment of the consumer's physical status

Who can provide a skilled nurse visit?

Only a registered nurse or licensed practical nurse employed by a Medicare-certified agency may provide this service.

How can I get skilled nurse visits?

You can call a home health agency or your county public health nurse if you think you could benefit from a skilled nurse visit. To find a home health agency in your area, look in the yellow pages of your local calling area telephone book under Home Health Services.

HOME LIVING Continued

Contact Information

Description

Respite Care

Dakota County Social Services
Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459 Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

The service provides short-term care to a person when the family member(s) or primary caregiver cannot be there or needs a rest from his/her responsibilities. People eligible for the program vary widely in terms of age, disability, and level of care. Respite care may be provided in the person's home or in a different residence that has been approved by the county.

Semi-Independent Living Skills (SILS)

Minnesota Department of Human Services 444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us
Dakota County Social Services
Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers 651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Semi-independent living services are services that include training and assistance in managing money, preparing meals, shopping, personal appearance and hygiene and other activities needed to maintain and improve an adult with mental retardation's capacity to live in the community. A goal of SILS is to support people in ways that will enable them to achieve personally desired outcomes and lead self-directed lives.

Supervised Living Facility (SLF)

Minnesota Department of Human Services

444 Lafayette Road

St. Paul, MN 55155-3814

651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Description

Facility that provides supervision, lodging, meals, counseling, developmental habilitation or rehabilitation services under a Minnesota Department of Health license to five to more adults who are mentally retarded, chemically dependent, mentally ill or physically handicapped.

Supported Living Services

Minnesota Department of Human Services

444 Lafayette Road St. Paul, MN 55155-3814 651-297-1316 Fax 651-215-6388

TTY: 1-888-206-6513

Email: dhhs.metro@state.mn.us

Dakota County Social Services Northern Service Center

1 Mendota Rd W West St Paul MN 55118 651-554-6000

Western Service Center

14955 Galaxie Ave Apple Valley MN 55124-8579 County Main Numbers 952-891-7400 952-891-7459

Fax: 952-891-7473

Dakota County Main Numbers

651-437-3191 800-247-1056

Website: http://www.dhs.state.mn.us/main/idcplg?

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Services designed to assist persons in acquiring, retaining and improving the self-help, socialization and adaptive skills necessary to reside successfully in home and community-based settings provided to persons who require daily staff intervention due to severe behavior problems, medical conditions, physical deficits and/or lack of adequate survival skills.

HOME LIVING Continued

The Minnesota Department of Human Services, in cooperation with counties, licenses approximately 26,400 service providers and monitors and investigates their compliance with Minnesota laws and rules. The purpose of licensing is to protect the health, safety and rights of those receiving services by requiring that providers meet minimum standards of care and physical environment. Lists of licensed waiver

Name	Address	City	State	Zip	Phone
ACR Homes, IncDakota Co.	2437 Rice St	Roseville	MN	55113	651-484-5897
Active Self Reliance Services, Inc.	750 S Plaza Dr Ste 213	Mendota Heights	MN	55120	651-686-0424
Allen's Community Services, Inc.	14350 Eveleth Ave.	Apple Valley	MN	55124	952-431-1664
Alliance Health Care-Dakota Co.	2260 Cliff Rd	Eagan	MN	55122	651-895-8030
Axis Alternatives, IncDakota Co.	2345 Rice St, Suite 112	Roseville	MN	55113	651-774-5940
Behavioral Support Strategies, Inc.	16862 Interlachen Blvd	Lakeville	MN	55044	952-432-5272
Berget Foster Care	893 Christensen Ave	Mendota Heights	MN	55118	612-681-9287
Capstone Services-Dakota	1410 Energy Park Dr, Suite 10	St Paul	MN	55108	651-641-0042
Cenneidigh, IncDakota SLS	402 Heritage Place	Faribault	MN	55021	507-334-4347
Community Involvement Programs-Dakota Co.	1600 Broadway St NE	Minneapolis	MN	55413	612-632-4403
Comprehensive Services, Inc Dakota Co.	1210 Concord St S	South St Paul	MN	55075	651-451-5853
Cooperating Community Programs-Dakota Co.	475 Cleveland Ave N, Suite 130	St Paul	MN	55104	651-644-3140
Creative Care Resources	14985 Glazier Ave #105	Apple Valley	MN	55124	952-432-7710
Dakota Communities, IncDakota Co.	680 ONeill Dr	Eagan	MN	55121	651-688-8808
Designing Dreams, Inc.	12915 Johnson Memo- rial Dr	Shakopee	MN	55379	952-402-0200
EMSOCS Eastern Minnesota perated Community Services	444 Lafayette RD N	St Paul	MN	55155	651-634-2300
Encell Services	3350 Alden Pond Ln	Eagan	MN	55121	651-454-1966
Endeavors at Waterford	1249 Merganser Ct	Eagan	MN	55123	651-683-9545
Fraser	2400 W 64th St	Richfield	MN	55423	612-798-8300
Glenway, Inc.	18283 207th St E	Welch	MN	55089	651-437-2438
Global Home Health Services, Inc.	2147 University Ave W #109	St Paul	MN	55114	651-983-6214
Hendrickson's Place	4120 Lexington Ave S Apt 211	Eagan	MN	55123	651-406-9053
Homeward Bound, Inc.	8401 Wayzata Blvd. Suite 300	Minneapolis	MN	55426	763-525-3186
Howry Residential Services	475 Cleveland Ave N #130	St Paul	MN	55104	651-641-0041
Infinity Independent Living Services LLC	100 W County Rd C Suite 100	Little Canada	MN	55117	651-633-6297

Name	Address	City	State	Zip	Phone
Kota Connections, Inc.	8500 210th St W, Suite 148	Lakeville	MN	55044	952-469-1555
Lifeworks Services, Inc.	1120 Centre Pointe Drive #100	Mendota Heights	MN	55121	651-365-3701
LEW, Inc.	309 13th Ave S	South St Paul	MN	55075	651-457-7334
Libra Support Services LLC	18295 Everton Ct	Farmington	MN	55024	651-402-9826
Lifetime Resources, Inc.	1652 River Bluff	Eagan	MN	55121	612-325-0143
Macson Services, Inc.	3737 4th Ave S	Minneapolis	MN	55409	612-597-1871
Mains'l Services, IncDakota Co.	6900 Wedgwood Rd N #250	Maple Grove	MN	55311	763-494-4553
Meridian Services, IncDakota Co.	44 N 28th Ave, Suite D	St Cloud	MN	56303	320-203-7028
Metro Social Services, Inc.	345 University Ave W Suite A	St Paul	MN	55103	651-647-0647
New Challenges, Inc.	4670 Slater Road	Eagan	MN	55122	
Opal In-Home Services, Inc Dakota Co.	4635 Nicols Rd Suite 100	Eagan	MN	55122	651-454-8501
Owakihi, IncDakota Co.	201 N Concord Ex- change	South St Paul	MN	55075	651-451-2889
Peaceful Acres	Eleanore Naomi Warn- sholz	Welch	MN	55089	651-438-9990
Phoenix Residence, Inc.(The)	14144 Drexel Court	Apple Valley	MN	55124	952-431-0676
Pinnacle Services, Inc.	6009 Wayzata Blvd, Suite 1A	St Louis Park	MN	55416	952-544-2787
Premier Care Home Services, Inc.	1938 Dodd Road, Suite 201	Mendota Heights	MN	55118	651-452-5781
Progressive Individual Resources, Inc.	152 Wildwood AVE	St Paul	MN	55110	651-290-0905
REM River Bluffs, IncDakota Co.	919 Vermillion St Ste 110	Hastings	MN	55033	651-480-4710
Roommates	18669 Esquire Way	Farmington	MN	55024	651-463-4916
Segue Foster Care	4857 Dominica Way	Apple Valley	MN	55124	952-423-2795
Star Services	475 Cleveland Ave N Suite 130	St Paul	MN	55104	651-644-3140
Stepping Out, Inc.	603 W Third St	Hastings	MN	55033	651-438-0122
Thomas Allen, IncDakota Co.	1550 Humboldt Ave	West St Paul	MN	55118	651-450-1802
Thomas J. Apartments-Dakota Co.	13084 Eveleth AVE	Apple Valley	MN	55124	952-431-6521
Toledo Healthcare-Eagan House	4690 Nicols Road	Eagan	MN	55122	651-688-0517
Trebesh, Inc.	2125 White Bear Ave	Maplewood	MN	55109	651-779-8003
Working on Life's Fulfillment, Inc.	8782 Ironwood Ave S	Cottage Grove	MN	55016	651-340-4429

Recreation and Leisure-ARTS

Contact Information

Description

Family Institute for Creative Well-being

1745 Birmingham St. Maplewood, MN 55109

Office Address: (By Appointment Only) Family Institute for Creative Well-Being

2131 Fairview Ave. N. Roseville, MN 55113 Phone: 651-639-2527 www.familyinstitute-cwb.org/ Our programs focus on managing the roller coaster of thoughts and emotions that accompany demanding health conditions. These are conditions such as disabilities or chronic illnesses that have an impact on daily life. It could be brain injury, cancer or cystic fibrosis just to mention a few of many, many life-changing health conditions. Family Institute programs use creative ways to address the tough stuff like anger, sorrow, stress, fear and the whole truck load of emotions that come with these conditions. Creative forms of expression are important tools in helping us to think about difficult question such as "why me?" Creative arts give us ways to explain what is happening to us when ordinary words fail. They help us to feel "normal".

Interact Center for the Visual and Performing Arts

212 3rd Ave N #140 Minneapolis, MN 55401 612-339-5145 www.interactcenter.com/ Founded in 1992 as a professional theater company that included actors with disabilities, Interact expanded its vision in 1996 to become a recognized center for both the performing and visual arts. Today, Interact Center is the only center nationally that offers professional-level training, performances, and exhibitions in multiple artistic disciplines, for artists with a wide range of disabilities, from physical to developmental to mental to behavioral. At Interact, adult artists with disabilities explore and expand their creativity as actors, writers, painters, sculptors and musicians.

MacPhail Center for the Arts

MacPhail Apple Valley
Paideia Academy
7200 147th Street West
Apple Valley, MN 55124
612-321-0100
www.macphail.org/index flash.html

MacPhail Center for Music is an extraordinary community asset. During its near-century long history, MacPhail has become a vital part of the fabric of organizations that make the Twin Cities a vibrant arts community and a uniquely wonderful place to live and work. Exceptional instruction for individuals, groups, and ensembles as well as partnerships with schools and arts organizations enable MacPhail to transform the lives of people of all ages, in the greater Twin Cities area and beyond.

The Uniquely Abled Dance Center

120 E. Butler Ave. West St. Paul, MN 55118 651-457-4942 www.raddatzdance.com/uadc.html The Uniquely Abled Dance Center, Inc., is a center designed to teach the disabled how to dance. Those included in our program are the blind and visually impaired, deaf and hearing impaired, children and adults with Down's Syndrome, those confined to wheelchairs, and developmentally delayed. All classes are custom designed to the abilities of each group. All forms of dance including jazz, ballroom, tap, and classic ballet are taught.

VSA arts of Minnesota

Hennepin Center for the Arts 528 Hennepin Avenue, Suite 305 Minneapolis, Minnesota 55403 612-332-3888 800-801-3883

TTY: 612-332-3888 www.vsarts.org/ VSA arts is an international, nonprofit organization founded in 1974 by Ambassador Jean Kennedy Smith to create a society where all people with disabilities learn through, participate in and enjoy the arts.

Recreation and Leisure-Camps

Contact Information

Description

Camp Buckskin

Winter:

4124 Quebec Ave N Suite 300 Minneapolis, MN 55427 763-208-4805 Fax 763-208-8668

Summer: PO Box 389 Elv. MN 55731

218-365-2121 Fax 218-365-2880

www.campbuckskin.com

Greetings! We are an overnight summer camp program that specializes in serving boys and girls ages 6 - 18 who are experiencing social skill and academic difficulties. While not an entrance requirement, the majority of our campers have a primary diagnosis of AD/HD, Learning Disabilities, or Aspergers while others may have a secondary or related diagnosis.

Camp Confidence

Confidence Learning Center 1620 Mary Fawcett Memorial Drive East Gull Lake, MN 56401

Phone: 218-828-2344 Fax: 218-828-2618

http://www.campconfidence.com

To provide a unique year-round opportunity, facility, and professional staff for persons with developmental disabilities.

- To enhance the ability and self-confidence of people of all ages with developmental disabilities, with particular emphasis on persons with mental retardation, wherever they may be
- To educate through "hands-on" outdoor and recreation experiences while meeting individual needs.
- To facilitate exceptional learning experiences for families, direct care staff, interns, and professionals in the field of developmental disabilities.

Camp Courage

3915 Golden Valley Road Golden Valley, MN 55422

763-520-0504 866-520-0504

Fax:763-520-0577

http://www.couragecamps.org

Courage Camps offer safe, accessible, natural environments where children and adults with physical disabilities, sensory and language impairments, and other disabilities or illnesses discover abilities they never knew they had or they thought they had lost. Campers make new friends, and are often introduced to sports or hobbies they develop further at home or at school. Their self confidence grows and their attitudes improve. Speech/language services are available at Camp Courage for campers on the active caseload of a school Speech/Language Pathologist.

Camp Discovery

Autism Society of Minnesota 2380 Wycliff Street, Suite 102 St. Paul, MN 55114 651-647-1083 fax 651-642-1230 http://www.ausm.org/camps/discovery.asp Situated near Itasca State Park and the Headwaters of the Mississippi River, Camp Discovery is located at Camp Courage North in beautiful Lake George, MN. This camp is designed for youth with Asperger Syndrome who are looking for a summer camp experience but would benefit from a high degree of structure and small group activities.

Recreation/Leisure-Camps Continued

Contact Information

Description

Camp Friendship Ventures

10509 108th St. NW Annandale, MN 55302 952-852-0101 320-274-8376 1-800-450-8376

Three camps

Camp Edenwood
Camp Friendship
Camp New Hope

http://www.friendshipventures.org/

Friendship Ventures is a non-profit agency that creates unique educational, recreational and social opportunities for people of all ages with mental and physical developmental disabilities. We also offer conference and retreat services and professional team-building programs to the communities we serve. Programs are designed for people who have mental retardation or developmental disabilities related to autism, cerebral palsy, brain injury, and Down, Tourette, and other syndromes. Many clients also have physical disabilities, hearing or vision impairment, and medical conditions such as diabetes or epilepsy. Siblings and friends without disabilities may also participate in many of our programs.

Girl Scouts of America

Brooklyn Center, Minnesota 55429-3074 763-535-4602

Email: girlscouts@girlscoutsmpls.org
Web Site: http://www.girlscoutsmpls.org

Saint Paul, Minnesota 55107-2214

651-227-8835

800-845-0787 - Local Toll Free Phone Email: girlscoutscv.org Web Site: http://www.girlscoutscv.org

Three Camps

Camp Elk River Camp Greenwood Camp Lockeslea Summer Camp Is For Every Girl!

Girls know that Girl Scout Summer Camp is cool-- it's about fun and friends and all the great stuff that summers were made for! Summer Camp is also about growing up. It's about learning new skills and building self-esteem. The benefits of a Girl Scout Summer Camp experience are more than cool, they're fundamental to a girl's development.

Camp Hand in Hand

Autism Society of Minnesota 2380 Wycliff Street, Suite 102 St. Paul, MN 55114 651-647-1083 Fax 651-642-1230 http://www.ausm.org/camps/handInHand.asp This camp features beautiful woodland settings with modern air-conditioned cabins and bathrooms. Nutritious meals are served in a group dining room.

Activities will include swimming, horseback riding, fishing, crafts, archery, nature hikes and music therapy with a focus on social interaction and communication. Campers will be divided into groups by age, gender and interests. Staff camper ratio is 1:1.

Camp Knutson

Camp Knutson and Knutson Point Retreat Center

Center 11169 Whitefish Ave

Crosslake, MN 56442 218-543-4232 http://www.lssmn.org/camp/ Camp Knutson was donated in 1953 by Minnesota Congressman Harold Knutson to be used as a summer retreat for "neglected, unfortunate, deprived and handicapped children." Today the purpose of the camp has been expanded and currently serves:

Children with Skin Disease

Children with Autism

Children with Down Syndrome Children with Heart Diseases

Families affected by or infected with HIV/AIDS members

Description

Camp Needlepoint

American Diabetes Association, MN Area 715 Florida Ave. S. Suite 307 Minneapolis, MN 55426 1-888-DIABETES (MN only) ext. 6596 1-763-593-5333 ext. 6596

http://ncpad.com/programs/index.php?
id=26&state=Minnesota&city=Minneapolis

Camp Needlepoint is in its 50th year and serves over 400 campers in its numerous programs. Facilities and activities include tennis, basketball, soccer, archery, climbing wall, rope course and horseback riding. The beach is equipped for volleyball, canoeing, sailing, kayaking and swimming. Nutrition activities, blood glucose monitoring and injections/medications are integrated into the camp program. Campers challenge their abilities, make unforgettable memories and meet friends who also have diabetes.

Camp Odayin

P.O. Box 2068 Stillwater, MN 55082 651-351-9185 1-866-963-2946 Camp Odayin's Residential program is for children with heart disease between 8 and 17 years of age, who would benefit from connecting with other young people who may share similar health, emotional, and social concerns. Camper eligibility is determined upon recommendation by a pediatric cardiologist and approval by the Camp Odayin Medical Director. The camp director and your child's cardiologist can help you assess if your child should apply to attend camp.

Camp Oz

Epilepsy Foundation of Minnesota

1600 University Ave W Suite 300 St Paul, MN 55104 651-287-2310 http://www.efmn.org/index.asp? Type=B BASIC&SEC=%7B8CCACF6C-86F5-4325Camp Ozawizeniba (Oz, for short) is a fun, week-long overnight camp for boys and girls, ages 8 - 18, whose primary medical condition is epilepsy and other seizure disorders. Campers enjoy a wonderful summertime experience, gain a better understanding of epilepsy, and meet others who know what it's like to live with seizures. Kids will have fun, learn new skills and realize that they are not the only child that has seizures. Camp Oz combines a traditional camp experience with the security of specially trained medical and behavioral staff. Families feel at ease knowing that their child will be well cared for at Oz.

Camp Winnebago

9A39-19BD55CD9EE7%7D

19708 Camp Winnebago Road Caledonia, MN 55921 507-724-2351 Fax: 507-724-3786 www.campwinnebago.org We are a private, non-profit organization established and dedicated to serving the recreational needs of adults and children with mental retardation and other developmental disabilities. All individuals with mental retardation and other developmental disabilities, six years of age and older are eligible to attend. Our goal is to enhance, through a diversity of experiences, the self-worth, independence, and quality of life for people with mental retardation and other developmental disabilities.

Minnesota Zoo Day Camps

13000 Zoo Boulevard Apple Valley, MN 55124 952-431-9200

http://www.mnzoo.com/education/camp/zcamp.asp

With over 20 years of experience, the Minnesota Zoo prides itself on offering one of the most educational and entertaining summer day camp experiences in the Twin Cities. Our naturalist educators are specially trained to help toddlers through 12th grade students explore the natural world and the Minnesota Zoo through games, activities, crafts, animal demonstrations and behind-the-scenes tours. Come join us for some fun and learning this summer. We can't wait to meet you!

^{*} Check individual community Organization for other possible camps or day camps

Recreation and Leisure-Horseback riding

Contact Information

Description

and the horse is exciting.

Agape Acres

3033 160th St. E Rosemount, MN 55068 651-423-2377 www.agapeacres.com Agape Acres is more than a place to go to receive muscle therapy. It is a feeling that one enters into where people are encouraged to go beyond their limitations and to accomplish that which their heart is prepared to try. Therapeutic riding strengthens weak muscles and relaxes tight, spastic ones. The horse's stride simulates the normal motion of walking, thus encouraging that movement in the rider. Therapeutic riding also improves posture, balance, and coordination. This form of therapy is effective and FUN! The bond between the rider

Courage Riders

Courage Center
3915 Golden Valley Road
Minneapolis, MN 55422
763-588-0811 888-846-8253 TTY: 763-520-0245
http://www.courage.org/volunteer/default.asp?id=151

Horseback riding is widely recognized as one of the most beneficial forms of recreational therapy for people with disabilities. Riding develops selfawareness, builds confidence and improves concentration and self-discipline. It also relaxes, strengthens and tones muscles; increases joint mobility; and improves posture, balance and coordination. Riding is especially beneficial to people who use wheelchairs because the motion of horseback riding produces hip and back action that perfectly simulates a human's walking gait. Riding also provides students with a unique source of trust and reassurance prompting many of them to gain new incentives for learning through interaction with their horses. Students also gain a sense of freedom and awareness of their bodies that cannot be duplicated in conventional therapy. Overall, horseback riding gives each student a tremendous boost in self-esteem.

Echo Valley RR

35280 53rd Avenue Cannon Falls MN 55009 507-263-3788 Provides therapeutic horseback riding to children and adults with special medical/developmental disabilities. Training includes evaluation by Physical Therapist. Seasonal recreational activities and family retreats available.

Majestic Hills Ranch

24580 Dakota Ave. Lakeville, MN 55044 952-888-6077 or Cell 952-426-5688 http://majestichillsranch.com/ Majestic Hills for Children provides therapeutic riding to children with special needs. Many children are either born with a disability or obtain it through an accident.

We Can Ride PO Box 1102 Minnetonka, MN 55345-0102 952-934-0057 http://www.wecanride.org/	We Can Ride, founded in 1982, offers therapeutic horse-back riding and carriage driving to adults and children living with disabilities. We Can Ride follow strict operating standards to provide reputable, safe, and enjoyable therapeutic riding. We currently operate from 4 locations: St. Paul, Minnetonka, Delano, Marine on St. Croix, and Chaska
West Metro Horse Camp 961 Garrison Ave. N.E. Buffalo, MN 55313 763-682-1046 http://www.westmetrohorsecamp.com/	At West Metro Horse Camp, in order to be a good "horse hand" we start with the basics and teach the children about why the horse acts and does what he does. This is the key to communication and how to get the results you want. Success with the horse depends on whether someone knows this or not.

Recreation and Leisure-Special Olympics

Contact Information	<u>Description</u>
Area 12 Special Olympics STATE OFFICE Special Olympics Minnesota 100 Washington Avenue South, Suite 550 Minneapolis, MN 55401 612-333-0999 or toll-free: 800-783-7732 Fax: 612-333-8782 http://www.specialolympicsminnesota.org/	Special Olympics Minnesota is founded on the belief that people with intellectual disabilities can, with proper instruction and encouragement, learn, enjoy and benefit from participation in individual and team sports, adapted as necessary to meet the needs of those with intellectual and physical disabilities.

Area 12 Delegation

Delegation Name	Location	Туре	
RAVE	Rosemount/Apple Valley/Eagan	Community	
Bears	White Bear Lake	Community	
Blazing Stars	Woodbury	Community	
Flames	Roseville	Community	
Forest Lake Rangers	Forest Lake	Schools	
Hastings Sharks	Hastings	Community	
Lake Owasso Flyers	Shoreview	Community	
Phoenix Residence	St. Paul	Group Home	
Ramsey Rams	St. Paul	Group Home	
Special Olympics Burnsville	Burnsville	Community	
Special Olympics Oakdale	Oakdale	Community	
St Croix Valley Lumberjacks	Stillwater Area	Community	
Skate-Tastics	Minneapolis	Community	
South Region Stars	Inver Grove Height	Community	
White Bear Lake	White Bear Lake	School	

Sports Offered at the State Level

Alpine Skiing	Alpine skiing is an exciting winter sport that challenges an athlete's balance and coordination.
Aquatics	Individual events in <u>aquatics</u> range from 15 to 400 meters and most distances are offered in all strokes. Special Olympics aquatics competitions are fast-paced and hold something for everyone.
Athletics Athletics	Athletics events range from a 10-meter assisted walk to the 1,500-meter run, from shot put to high jump and from long jump to relays. For athletes of lower ability levels, there are walking, throwing and wheelchair events.
Basketball	One of the world's most popular sports, <u>basketball</u> is a big favorite in Special Olympics. The sport enables athletes to learn teamwork while improving athletic ability.
Bocce Bocce	Bocce is a game of skill and strategy that can be played almost anywhere and throughout one's lifetime. There can be two to eight players in a game.
Bowling	Special Olympics <u>bowling</u> is one of the movement's largest sports. Although there are some modifications made for athletes with physical disabilities, most athletes compete under the same rules as athletes on a professional tour.
Equestrian	Special Olympics athletes who compete in <u>equestrian</u> events learn to ride, develop sports skills and gain the self-confidence to direct and control a horse. Athletes are able to compete in a variety of English- and Western-style events.
Figure Skating	Figure skating is one the few judged Special Olympics sports. Special Olympics figure skating features single's and pair's jumps, lifts and various feats of strength and precision. Ice dancers concentrate on interpreting the rhythm and tempo of music through dance steps on the ice.
Golf	Among Special Olympics sports, <u>golf</u> provides one of the greatest opportunities for our athletes to train and compete among and alongside community members. The public setting of a golf course is a great venue for our athletes to demonstrate their skills and passion for the game.
Gymnastics	Special Olympics gymnastics combines strength, flexibility and artistry. Competitions are offered for men in the artistic events and women in artistic and rhythmic events.
Poly Hockey	Poly hockey (floor hockey played with a polyurethane puck) is adapted from the games of ice hockey and ringette. It is a sport that has ability-appropriate levels ranging from beginner to high-level athletes.
Powerlifting	Special Olympics <u>powerlifting</u> includes three basic lifts: the squat, the bench press and the dead lift. Training for this sport improves an athlete's overall physical fitness while giving him or her the experience of being on a team.

Sports Offered at the State Level (continued)

Roller Skating	Roller skating is a Special Olympics sport with many facets. Athletes are given the option to compete in artistic and speed events. In addition to the choice of sport, athletes may choose to use in-line or quad skates, depending on their strengths.
Snowboarding	The physical demands of this fast-paced sport are challenging for any athlete. At a minimum, <u>snowboarding</u> requires a combination of quick reflexes, good balance and strong physical fitness.
Softball	Softball is an exciting team sport in Special Olympics. Athletes play slow-pitch softball, which involves two teams of 10 players. Athletes who cannot yet play the game have the opportunity to participate in tee-ball or individual skills competitions with events that emphasize the basics of the game, such as base running.
Table Tennis	This is a fast-paced sport that requires excellent hand-eye coordination. There are elements of power and finesse which athletes must possess in order to play <u>table</u> <u>tennis</u> . A "kill" can reach speeds of 60 miles per hour, while a classic spin shot may send the ball spinning at hundreds of revolutions per minute.
Volleyball	Athletes participating in <u>volleyball</u> benefit from the camaraderie that evolves from a team sport as well as the training that enables them to successfully serve and return the ball.

Sports Offered at the Area or Local Level*

Soccer	Soccer is one of the world's most popular sport for children and adults. Similarly, it is one of the most popular sports for Special Olympics athletes. Playing soccer requires very little equipment, and because it is easy to learn, is appropriate for a wide range of age and ability levels.
Tennis	Widely favored by millions of people as a leisure activity, <u>tennis</u> is a sport Special Olympics athletes can delight in and benefit from even when not competing in an official Special Olympics competition. Tennis gives athletes the opportunity to learn and perform a variety of skills that can be played throughout life.
Cross Country Skiing	<u>Cross country skiing</u> is a winter sport that promotes superior physical conditioning while providing enjoyment for athletes of all ages. Cross country skiing is appropriate for all ability levels and requires little more than skis, boots, poles and a desire to exercise throughout the winter months.
	Special Olympics Motor Activities Training Program (MATP) is designed for people with severe or multiple disabilities who may not yet possess the physical and/or behavioral skills necessary to participate in official Special Olympics sports. MATP provides motor activity and recreation training for participants.

^{*}Not every local delegation offers training in every sport.

Other Sports & Recreation

Courage Center

3915 Golden Valley Road Minneapolis, MN 55422 763-520-0594 www.courage.org

A variety of seasonal sports and recreational classes, teams and activities are available in the Twin Cities metro area, including Golden Valley, Stillwater and Burnsville, as well as Duluth. Our programs are geared for youth and adults with physical disabilities and visual impairments. Not every activity is available in each location. Courage also offers a wide range of creative arts, Youth Lead-

ership Academy and wellness and fitness programs and classes at several locations for youth and adults.

Fall & Winter **Spring & Summer**

Alpine and Nordic skiing Adventure Day Camp (August) Archery Archery Curling **Bocce** Dog sledding Fishing clinic

Fitness Training Golf Goal ball Handcycling - Biking

Horseback riding Ice fishing Martial arts Kayaking Quad rugby Marksmanship

Sled hockey, skating Metro Sports Day Camp

Wheelchair basketball, (June)

Paralympic Academy Sports youth & adults

Power wheelchair soccer

Rock climbing Rowing Sailing Scuba Swim team Track and field Waterskiing

Wheelchair softball, youth &

adults

River Valley Project Explore

900 Garden View Drive Apple Valley, MN 55124 952-431-8735 TTY 952-431-8737

River Valley Project Explore is a program designed to serve adults with physical and developmental disabilities by encouraging inclusion in community activities and providing specialized educational, social and recreational opportunities.

Classes include:

Cooking Crafts

Music and Fine Arts Health and Wellness

Volunteering Educational

Entertainment

On-Going Arts

Out on the Town

Just the Guys

Dances Music

Sports

Transportation (Public)

Contact Information

Description

DARTS

1645 Marthaler Lane. West St. Paul. MN 55118 Administration: 651-455-1560

Transit: 651-455-1339 TDD: 651-234-2288

http://www.darts1.org

DARTS provides transportation and supportive services to individuals and their families in Dakota County, Minn., and beyond. We make connections and create possibilities for people experiencing transitions in their lives.

Hastings TRAC Bus Service

101 4th Street East Hastings, MN 55033 651-480-2350

http://www.ci.hastings.mn.us/CityServices/TRAC/

TRACService.html

TRAC is an intra-city bus service that provides Transportation Around the City. With service starting in 1978, TRAC has almost thirty years of helping to provide transportation throughout the City of Hastings. Operation of TRAC is supported through rider fees and state and federal grant money.

Just Friends

121 East Third Street Hastings, MN 55033 651-437-7134

Just Friends is a volunteer program working to maintain the dignity and enhance the quality of life for people in the Hastings community. It provides a variety of services to help people with needs that are often outside their physical capabilities because of illness, age, disability or life circumstance. Just Friends is a program of Hastings Family Service and works with community organizations, health care providers and congregations to reach out to our neighbors.

Metro Mobility

390 Robert St. N. St. Paul, MN 55101

651-602-1000 · TTY: 651-291-0904

http://www.metrocouncil.org/transportation/paratransit/

intro.htm

ADA paratransit service is public transportation for certified riders who are unable to use the regular fixed-route bus due to a disability or health condition. Rides are provided for any purpose. Whether a rider is traveling to a doctor's appointment, going shopping or meeting friends for dinner, all trips are treated equally. Rides are shared by multiple passengers, with routes and schedules designed to transport multiple passengers at one time to multiple destinations. The rides are "first-door-through-first-door" transportation. Drivers will ensure that riders get safely from the first door at their pickup to the first door at their destination. Riders who need additional assistance when they reach their destination may bring a personal care attendant with them at no charge.

Contact Information	<u>Description</u>
Metro Transit (Bus) 390 Robert St. N. St. Paul, MN 55101 612-373-3333 651-602-1000 · TTY: 651-291-0904 http://www.metrocouncil.org/transportation/paratransit/ intro.htm	Every bus has a wheelchair lift, and drivers are trained to help customers use the lift and secure their wheelchairs safely. Customers with disabilities should board first and exit last. By ADA* definition, a wheelchair is a mobility aid belonging to any class of three or four-wheeled devices, usable indoors, designed for and used by individuals with mobility limitations, whether operated manually or powered.

Metro Transit (Light rail)

390 Robert St. N. St. Paul, MN 55101

651-602-1111 TTY ; 651-291-0904

http://www.metrocouncil.org/transportation/paratransit/intro.htm

The Hiawatha Line offers fast, quiet light-rail service to 17 stations between downtown Minneapolis and Mall of America. Hiawatha Line trains offer step-free boarding, and are equipped with designated sections for customers using wheelchairs. In addition, all station platforms are fully accessible. By ADA* definition, a wheelchair is a mobility aid belonging to any class of three or four-wheeled devices, usable indoors, designed for and used by individuals with mobility limitations, whether operated manually or powered.

MVTA (Minnesota Valley Transit Authority)

100 E. Highway 13 Burnsville, MN 55337 (952) 882-7500 http://www.mvta.com

http://www.mvta.com/ADA Policy.html

Public transportation alternatives for Apple Valley, Burnsville, Eagan, Rosemount and Savage. It is the policy of the Minnesota Valley Transit Authority to implement the legal requirements of the Federal and State governments in a manner so as to meet the following goals:

- 1. To encourage individual and dignified use of the transit system with minimal assistance from transit system employees, contractors, and other users.
- 2. To expedite the safe and efficient boarding, transporting, and alighting of all passengers, regardless of mobility status.
- 3. To adapt to a wide range of mobility aids within the physical limitations of current vehicles and available commercial standard equipment.
- 4. To minimize any potential damage to mobility aids from the onboard securement system.

Minneapolis MN 55404-2202

612-332-2888

Transportation (others)

•	,
Contact Information	<u>Description</u>
Achieved Mobility of Lakeville 8500 210th St W # 140f Lakeville MN 55044 952-469-1909 http://www.minnesota.com/lakeville/handicapped-transportation-service/achieved-mobility	Local passenger transportation for handicapped and elderly transportation services.
107	10 10 10 10 10 10 10 10 10 10 10 10 10 1
AC Transportation (rides) 2021 E Hennepin Ave Minneapolis MN 55413 612-331-1881	General (for people with various disabilities)
Ashioved Mobility Inc	General (for people with various disabilities)
Achieved Mobility Inc 8500 210 th St W Lakeville MN 55044-5707 952-469-1909	General (for people with various disabilities)
All Carving Transportation	General (for people with various disabilities)
All Service Transportation Bloomington MN 952-888-8886	General (for people with various disabilities)
Angle Top and (dde.)	1 0 1 (f 1
Apple Transport (rides) 952-854-0999	General (for people with various disabilities)
Associated Rollx Vans (vehicles)	General (for people with various disabilities)
6591 W Hwy 13 Savage MN 55378 800-956-6668 associated@rollxvans.com http://www.rollxvans.com	donoral (for people with various disastillas)
1	
Better Care Lines Inc (rides) 2500 Washington Ave N * Minneapolis MN 55411 * 612-529-5019, 612-529-3450	General (for people with various disabilities)
One Oak (videa)	
Care Cab (rides) 800-450-4546	General (for people with various disabilities)
Cities Post Transportation Inc (rides)	General (for people with various disabilities)
Cities Best Transportation Inc (rides) 763-535-0760	General (for people with various disabilities)
Complete Mobility Systems (vehicles) 1915 W County Rd C Roseville MN 55113 651-635-0655, 800-733-7479 fax: 651-635-9237 http://www.completemobility.com	General (for people with various disabilities)
Contamposary Transportation (vides)	Conoral (for poople with verieur dischillities)
Contemporary Transportation (rides) 904 19 th Av S	General (for people with various disabilities)

Contact Information

Description

Discover Ride (rides) 612-823-6000	General (for people with various disabilities)
HealthEast Transportation (rides) 481 Front St St Paul MN 55117 651-232-5893, 800-887-6221 http://www.healtheast.org/transportation	General (for people with various disabilities)
Healthworks Home Medical Inc (rides) 114 SE 5 St Minneapolis MN 55414-1145 612-617-9562	General (for people with various disabilities)
Med-Cab Twin Cities (rides) 887 Pierce Butler Rte St Paul MN 55104 651-488-8822	General (for people with various disabilities)
Medi-Van (rides) 800-422-0976	General (for people with various disabilities)
Mobility of Disabled & Elderly (MODE) Special Transportation (rides) 3032 Minnehaha Ave S Minneapolis MN 55406 612-722-0030 fax: 612-722-4320 mode@visi.com	General (for people with various disabilities)
Northland Transportation 11990 N Riverwood Dr Burnsville MN 55337-1505 952-885-0580	General (for people with various disabilities)
Peace Transportation Inc. 6009 Wayzata Blvd St Louis Park MN 55426 952-595-9030	General (for people with various disabilities)
Rainbow Taxi Chair Cabs Minneapolis MN 612-332-1615	General (for people with various disabilities)
Regional Transit Board 230 E 5 th St St Paul MN 55101 651-292-0593	General (for people with various disabilities)
Sanders Special Transportation (rides) 501 N Dale St #203 St Paul MN 55103-1914 651-290-2100	General (for people with various disabilities)

Transportation (others) *Continued*

Contact Information	<u>Description</u>
TLC Special Transportation 900 W 128 St Burnsville MN 55337-2455 952-882-0535	General (for people with various disabilities)
Tranby Health Ride Transportation	General (for people with various disabilities)
1631 E 79 th St #140	,
Bloomington MN 55420 952-854-5007	
Transit Team Inc 1154 N 5 th St	General (for people with various disabilities)
Minneapolis MN 55411	
612-332-3323	
Twin Cities Genuine Care (rides)	General (for people with various disabilities)
1885 University Ave W	denotal (for people was various disassinass)
St Paul MN 55104-3489 651-645-3575	
651-645-3575	
VIP Transportation Inc	General (for people with various disabilities)
7750 Bona Rd Mounds View MN 55112-6208	
651-628-9797	
We Care Transportation Inc.	General (for people with various disabilities)
612-590-7866	Signature (con poop to than tanoate areas mass)
White Knight Transportation	General (for people with various disabilities)
801 W 106 th St	
Bloomington MN 55420-5639 952-854-1111	
302-007-1111	

Dakota County CTIC

Our Mission:

To promote effective transition services through community collaboration for youth that will prepare them for adult life.

Our Vision:

Youth with disabilities will have opportunities for full participation in the community.

Transition is:

- Planning for Housing
- Planning for Employment
- Planning for Transportation
- Planning for Recreation/Leisure
- Planning for Post Secondary Education

What are CTIC's Responsibilities?

- Identify current services, programs and funding sources provided within the community for secondary and post-secondary aged youth with disabilities and their families.
- Facilitate the development of multi-agency teams to address
- present and future transition needs of individual students on their individual education plans.
- Develop a community plan to include mission, goals and
- objectives and an implementation plan to assure that transition needs of youth with disabilities are met
- Recommend changes or improvements in the community system of transitions services.
- Exchange agency information such as appropriate data,
- effectiveness studies, special projects, exemplary programs, and creative funding of programs.
- Prepare a yearly summary assessing the progress of transition services in the community and disseminate it to all adult service agencies involved in the planning and to the Commissioner of Education by September 1st of each year.