



Don't wait until it's too late

Teen vaping health risks and dangers

E-cigarette use poses a significant — and avoidable — health risk to young people in the United States. Besides increasing the possibility of addiction and long-term harm to brain development and respiratory health, e-cigarette use is associated with the use of other tobacco products that can do even more damage to the body. Even breathing e-cigarette aerosol that someone has exhaled poses potential health risks.

Know the health risks for your children:

- Brain development risks
- Pulmonary disease
- Addiction
- Behavior risks
- Use of two or more tobacco products
- Aerosol and other risks

E-cigarettes are considered tobacco products because most of them contain nicotine, which comes from tobacco. Besides nicotine, e-cigarettes can contain harmful and potentially harmful ingredients including:

- Ultrafine particles that can be inhaled deep into the lungs
- Flavorants such as diacetyl, a chemical linked to serious lung disease
- Volatile organic compounds
- Heavy metals, such as nickel, tin and lead

Check out the science about e-cigarettes and youth at: [e-cigarettes.surgeongeneral.gov](https://www.e-cigarettes.surgeongeneral.gov)



Ascension

Ascension Michigan

© Ascension 2019. All rights reserved. 9484 (10/21/19)

Turn to Ascension primary care doctors for all your family's healthcare needs

Associates in Internal Medicine

18263 E. Ten Mile Road, Suite C
Roseville, MI 48066

t 586-552-8696

Waheed Ishaqsei, MD
Majeed Paduvana, MD

Cornerstone Pointe Family Physicians

20225 E. Nine Mile Road, Suite 100
St. Clair Shores, MI 48080

t 586-779-8700

Ali Tarif Bazy, DO
Cecilia Kitakufe, MD
David LaRose, MD
Tihomir Mihaylov, MD
Barbara Tess, MD
Penelope Barker, DO
Amanda Williams, MD

Douglas G. Hames, MD

22850 Kelly Road
Eastpointe, MI 48021

t 586-779-9899

Douglas G. Hames, MD

Greater Mack Primary Care

22050 Greater Mack
St. Clair Shores, MI 48080

t 586-738-9430

Victoria Cohen, DO

Harper Family Practice

19901 E. Ten Mile Road
St. Clair Shores, MI 48080

t 586-777-1277

Paul Burgoyne, MD
Laurie Burgoyne, MD
Anthony Panicia, MD

Jefferson Family Practice

15050 E. Jefferson Ave., Suite 101
Grosse Pointe Park, MI 48230

t 313-823-4682

Durga Mulpuri, MD

Konstantinos Kapordelis, MD

21421 Kelly Road
Eastpointe, MI 48021

t 586-779-9899

Konstantinos Kapordelis, MD

Lakeside Internal Medicine

21000 Twelve Mile Road, Suite 105
St. Clair Shores, MI 48081

t 586-498-3610

Sean Casselman, DO
Majed Rammouni, MD

Masonic Medical Center

21099 Masonic
St. Clair Shores, MI 48082

t 586-296-6213

Kwame Francis, MD
Chandrika Iyer, MD
Rachel O'Byrne, MD
Veena Panthangi, MD
Barry Scofield, MD
Jeanette Wilson, MD

Premier Family Physicians

24100 Little Mack
St. Clair Shores, MI 48080

t 586-443-4063

Farzin Namei, MD

Shores Primary Care

28001 Harper Ave.
St. Clair Shores, MI 48081

t 586-772-7180

Janaina Zilli, MD
Ronald Barnett, DO

St. Clair Adult Medicine Specialists

17141 Kercheval Ave.
Grosse Pointe, MI 48230

t 313-642-4990

Sarah Rosso, MD
Parveen Siddiqui, MD
Julia Tesch, DO
Sara Castronova, NP

St. John Center for Wellness

18303 E. Ten Mile Road, Suite 500
Roseville, MI 48080

t 586-498-5200

Edward Pazuchowski, MD
Lydia Rayes, DO
James Whitmyer, MD

St. John Family Medical Center

24911 Little Mack, Suite C
St. Clair Shores, MI 48080

t 586-777-2050

Ana Farhat, MD
Sarah Hagle, MD
Maryann Murphy, MD
Jeffrey Parcells, MD
Mark Paschall, MD
Eileen Reickert, MD
Jenese Reynolds-Gibbs, MD

St. John Internal Medicine

19251 Mack Ave., Suite 333
Grosse Pointe Woods, MI 48236

t 313-343-7280

Elizabeth Bankstahl, MD
Jason Donaghue, MD
Paul Fozo, MD
Ronald Hertz, DO
Raymond Hilu, MD
Raghavendra Kamath, MD
Farah Kamran, MD
Frederick Michael, DO
Donald Rozzell, MD
Rajaninder Sharma, MD
Michael Yacoub, MD
Virginia Zacharias, MD