



# December

2019

## In Season Grapefruit

In just 1/2 (100g) of a grapefruit, there's roughly 60% daily value for vitamin C! That's more than half of your daily need in less than a cup!



### Monday

Beef or Cheese Nachos 2  
Pepperoni Pizza 🐷  
Spicy Chicken Burger  
**GRAB & GO:**  
Chicken Caesar Salad

### Tuesday

Macaroni & Cheese 3  
Cheese Quesadilla  
Buffalo Chicken Pizza  
Spicy Chicken Burger

### Wednesday

Thai Chicken Satay Over Rice 4  
Hawaiian Pizza\*  
Spicy Chicken Burger  
**GRAB & GO:** Hummus Plate

### Thursday

100% Beef Cheeseburger w/Wedges 5  
Vegetarian Burger w/Wedges  
Homestyle or Spicy Chicken Burger w/Wedges

### Friday

Chicken Tortilla Soup 6  
Cheese Pizza  
Spicy Chicken Burger  
**GRAB & GO:**  
Chicken Caesar Wrap

Beef or Cheese Nachos 9  
Pepperoni Pizza 🐷  
Spicy Chicken Burger  
**GRAB & GO:**  
Chicken Caesar Salad

Chicken Teriyaki With Noodles 10  
Cheese Quesadilla  
Buffalo Chicken Pizza  
Spicy Chicken Burger

Korean BBQ Pork Rice Bowl 🐷 11  
Hawaiian Pizza\*  
Spicy Chicken Burger  
**GRAB & GO:** Hummus Plate

100% Beef Cheeseburger w/Wedges 12  
Vegetarian Burger w/Wedges  
Homestyle or Spicy Chicken Burger w/Wedges

Chicken Enchilada 13  
Cheese Pizza  
Spicy Chicken Burger  
**GRAB & GO:**  
Chicken Caesar Wrap

Beef or Cheese Nachos 16  
Pepperoni Pizza 🐷  
Spicy Chicken Burger  
**GRAB & GO:**  
Chicken Caesar Salad

Turkey Gravy with Mashed Potatoes 17  
Cheese Quesadilla  
Buffalo Chicken Pizza  
Spicy Chicken Burger

Chicken Curry w/Rice 18  
Hawaiian Pizza\*  
Spicy Chicken Burger  
**GRAB & GO:** Hummus Plate

100% Beef Cheeseburger w/Wedges 19  
Vegetarian Burger w/Wedges  
Homestyle or Spicy Chicken Burger w/Wedges

Chicken & Waffles 20  
Cheese Pizza  
Spicy Chicken Burger  
**GRAB & GO:**  
Chicken Caesar Wrap

23  
**Winter Break**

24  
**Winter Break**

25  
**Winter Break**

26  
**Winter Break**

27  
**Winter Break**

30  
**Winter Break**

31  
**Winter Break**

🐷 = Contains pork  
\* = Turkey Ham products containing 100% turkey - no pork ingredients

## Announcements

**Included with All Lunches**  
Fruit & Vegetable Garden Bar  
1% White or NF Chocolate Milk

*Menu selections may change based on product availability.*

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## Meal Prices

<i>Breakfast</i>	
Elementary	\$2.05
Secondary	\$2.30
Reduced K-12	Free
Adult	\$2.70
<i>Lunch</i>	
Elementary	\$3.30
Secondary	\$3.55
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.30
Milk Only	\$0.50