




December

2019

In Season Grapefruit

In just 1/2 (100g) of a grapefruit, there's roughly 60% daily value for vitamin C! That's more than half of your daily need in less than a cup!



Monday

Beef/Chicken Nachos 2
 Beef/Chicken Taco Salad
 Beef/Chicken Burrito
 Mini Corn Dogs*
 Chicken Caesar Wrap
 Chicken Caesar Salad

Beef/Chicken Nachos 9
 Beef/Chicken Taco Salad
 Beef/Chicken Burrito
 Mini Corn Dogs*
 Chicken Caesar Wrap
 Chicken Caesar Salad

Beef/Chicken Nachos 16
 Beef/Chicken Taco Salad
 Beef/Chicken Burrito
 Mini Corn Dogs*
 Chicken Caesar Wrap
 Chicken Caesar Salad

23
Winter Break

30
Winter Break

Tuesday

Egg Roll with Fried Rice 3
 Thai Chicken Satay over Rice
 Chicken Tenders & Wedges
 Chicken Caesar Wrap
 Chicken Caesar Salad

Chicken Teriyaki with Rice or Noodles 10
 Korean BBQ Pork Rice Bowl 🐷
 Chicken Tenders & Wedges
 Chicken Caesar Wrap
 Chicken Caesar Salad

Chicken Curry 17
 over Rice
 Baked Potato with Chili
 Chicken Tenders & Wedges
 Chicken Caesar Wrap
 Chicken Caesar Salad

24
Winter Break

31
Winter Break

Wednesday

Buffalo Chicken Tot'chos 4
 Alfredo Chicken Pasta
 Mini Calzones with Marinara Sauce
 Chicken Caesar Wrap
 Chicken Caesar Salad

Turkey Gravy with Mashed Potatoes 11
 Pasta with Meat Sauce
 Mini Calzones with Marinara Sauce
 Chicken Caesar Wrap
 Chicken Caesar Salad

Holiday Ham with Macaroni & Cheese 18
 Mini Calzones with Marinara Sauce
 Chicken Caesar Wrap
 Chicken Caesar Salad

25
Winter Break

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Thursday

Chicken Tortilla Soup 5
 with Chips
 Big Wild Alaska Fish Taco
 Chicken Tenders & Wedges
 Chicken Caesar Wrap
 Chicken Caesar Salad

Cheesy Bread Rippers 12
 w/ Tomato Soup
 Chicken Enchiladas
 Chicken Tenders & Wedges
 Chicken Caesar Wrap
 Chicken Caesar Salad

Cheesy Bread Rippers 19
 w/Homemade Potato Soup
 Chicken & Waffles
 Chicken Tenders & Wedges
 Chicken Caesar Wrap
 Chicken Caesar Salad

26
Winter Break

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Friday

Beef/Chicken Nachos 6
 Beef/Chicken Taco Salad
 Beef/Chicken Burrito
 Wild Alaska Fish Burger
 Mini Corn Dogs*
 Chicken Caesar Wrap
 Chicken Caesar Salad

Beef/Chicken Nachos 13
 Beef/Chicken Taco Salad
 Beef/Chicken Burrito
 Wild Alaska Fish Burger
 Mini Corn Dogs*
 Chicken Caesar Wrap
 Chicken Caesar Salad

Beef/Chicken Nachos 20
 Beef/Chicken Taco Salad
 Beef/Chicken Burrito
 Wild Alaska Fish Burger
 Mini Corn Dogs*
 Chicken Caesar Wrap
 Chicken Caesar Salad

27
Winter Break

🐷 = Contains pork
 * = Turkey Ham products containing 100% turkey - no pork ingredients

Announcements

Offered Daily

Deli Sandwich*, Cheese or Pepperoni 🐷
 Pizza, Cheeseburger, Chicken Burger,
 Veggie Burger, Yogurt Lunch AND
 Hummus Plate

Included with All Lunches

Fruit & Vegetable Garden Bar
 1% White or NF Chocolate Milk

Menu selections may change based on product availability.

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Meal Prices

Breakfast

Elementary	\$2.05
Secondary	\$2.30
Reduced K-12	Free
Adult	\$2.70

Lunch

Elementary	\$3.30
Secondary	\$3.55
Reduced K-3	Free
Reduced PK, 4-12	\$0.40
Adult	\$4.30
Milk Only	\$0.50