

# SUNRISE PARK MONTHLY NEWSLETTER



## December 2019

Attendance Office [651-653-2706](tel:651-653-2706) | Attendance Hotline [651-653-2723](tel:651-653-2723) | Health Office [651-653-2713](tel:651-653-2713) | Main Office [651-653-2700](tel:651-653-2700)

[Sunrise Park Website](#)

[Sunrise Park Calendar](#)

[Sunrise Park News](#)

### Sunrise Park Upcoming Events

December 6:	3:00-4:45 pm, 7th & 8th Grade Party
December 9:	6:30 pm, 6th & 7th Grade Orchestra Concert, District Auditorium
December 9:	7:30 pm, 8th & 9th Grade Orchestra Concert, District Auditorium
December 10:	6:30 pm, 6th Grade Choir Concert, South Campus Theater
December 10:	7:30 pm, 7th & 8th Grade Choir Concert, South Campus Theater
December 12:	7:15 am, Breakfast of Champions by invitation
December 19:	7:00 pm, Mental Well-Being Presentation, District Center
December 21-January 6:	Winter break, No School

### Quarter One Report Cards

You are now able to view quarter one report cards in Skyward.

- Login to Skyward
- Choose your student
- On the left side of the page click on "student portfolio"

View "2019-2020 Term One Report Card"

### Voters Approve 2019 Bond Referendum



Great news! Voters approved our school district's referendum request for bond funds to address building needs across the district, 57.4% yes to 42.6% no. Specific impact to our school includes ...

- Moving to the former South Campus
- Addition/renovation to become a grades 6-8 Middle School, including an additional gymnasium
- Updated classrooms and media center
- Security upgrades

Read the full press release [here](#). Thank you!

### Drop Off & Pick Up

**Help us keep children safe.** Please DO NOT drop off/pick up on the Cedar side of the building during these times: 7:45 - 8:15 am and 2:45 - 3:15 pm. This creates a dangerous situation as students walk from behind a bus down the side in between the buses when the buses are pulling in and out of the loading zone. Bus drivers have major blind spots all around the buses, and despite their best efforts, they cannot always see students.

**Parents may drop off/pick up students on the east (Jay Lane) and west (Door B and C parking lot) sides of the building during these times.**

### **Staying After School**

Students are only permitted to stay after school to participate in a supervised after school activity or to work with a teacher. Students may not stay after school to do homework or hang out with friends, as these activities are not supervised. FLEX is free after school option for students, Monday - Thursday. Although there is currently a waiting list, parents are encouraged to register their children, as students are added regularly. Click [here](#) or see the district website for additional information.

### **Holiday Angels Program**

The Holiday Angels program gives our community an opportunity to share with those in need while honoring a school district staff person, friend or community member. The Angel Fund provides funding to cover the expense of winter coats, boots, hats and mittens, and more for students and families in need. To participate in the Holiday Angels program:



1. Fill out the [Holiday Angels](#) donation form
2. Send it with your donation to the White Bear Lake Area Education Foundation office by January 1, 2020.

### **White Bear Area Emergency Food Shelf**

Holiday Baking Bag, December 1-31st

Schedule a regular shopping appointment in the month of December and receive a holiday baking bag. Includes: flour, sugar, oil, baking powder or soda, powdered or brown sugar, vanilla, chocolate chips, and a spice.



### **Area Toy Distributions**

White Bear Lake/White Bear Township

Saturday, December 14, 8:30 am - 2:00 pm

Call WBA Foodshelf to make an appointment, 651-407-5310

Solid Ground

Contact Hannah to sign up, 651-846-9024

Maplewood/St. Paul

Contact Merrick Community Services for information, 651-771-9339

Hugo

Saturday, December 14

Contact Hugo Good Neighbor's Foodshelf to sign up, 651-528-6224

Vadnais Heights

Saturday, December 21, 9:00 - 11:00 am

Vadnais Heights Commons

Contact Bob, 651-746-4158

Toys for Tots

Sign up online at

<http://salvationarmynorth.org/community-pages/toy-shop/>

Contact Patrick Kent with questions, 612-713-4824

## Teacher of the Year

It's time to celebrate educator excellence as part of the White Bear Lake Teacher Associations' Teacher of the Year program. The process begins with nominations from community members, parents, students and colleagues. Please take the time to nominate an exceptional educator who goes above and beyond and who makes White Bear Lake Area Schools a great place to send our students every day.

Former Teachers of the Year Nick Marty and Abby Kath are coordinating this year's process. Nominations are open until January 10th, 2020, at 4:00 pm. Once the nominees are announced, they will have the option to continue to participate in the WBLTA Teacher of the Year selection process by submitting their responses to a series of questions regarding teaching and learning. Of those teachers aspiring to represent our district as the 2020 WBLTA Teacher of the Year, six will be chosen as finalists. All nominees and finalists will be honored at the South Campus Theater on April 23rd when the White Bear Lake Teacher of the Year will be announced.

[This nomination form](#) is also being included in official White Bear Lake Area School district communications, but you are encouraged to share this link with all staff, parents and students who might want to nominate an amazing member of the White Bear Lake Teachers Association.

## Optimist Essay Contest

Students who were under the age of 19 as of October 1, 2019 and who are not enrolled as degree-seeking students at a post-secondary institution may write a 700- to 800-word essay around the topic "Is Optimism the Key to Achieving the Dreams you iMagine?" for a chance to win a cash prize and a \$2,500 scholarship. The Optimist Club of West St. Paul will award medallions and cash prizes to the authors of the best essays. The club's winning essay will be sent to the Optimist district (Dakotas, Manitoba, & Minnesota), and the winner of that contest will receive a \$2,500 scholarship. There is no minimum age to enter the contest. The deadline for mailing the materials and sending the electronic essay is Monday, January 13, 2020. Additional rules are at [https://www.optimist.org/Forms/19-20\\_Essay\\_Application.pdf](https://www.optimist.org/Forms/19-20_Essay_Application.pdf). For more information, see the attached form or contact Cheryl Bergstrom at [ckbergstrom@hotmail.com](mailto:ckbergstrom@hotmail.com).

## Yearbooks

New this year, we will offer a soft cover yearbook for a lower price. Purchase your yearbook before 12/31/19 and lock in your price of \$20.00 and you will be guaranteed a copy. **The price will increase to \$25.00 on January 1, 2020.** Another new feature, customized covers! For an additional fee, you can add personalized text and icons to make your yearbook truly yours. Order forms are available in 105B and on the [website](#). Purchase your yearbook on [FeePay](#) or in 105B.

## FLEX

FLEX is a free after school program at Central and Sunrise Park Middle School. The program includes a variety of opportunities for students, including academic support, recreation time, clubs, and service opportunities. Clubs are teacher-led as well as youth-generated. The program runs Monday-Thursday after school only. Students can take the activity bus home, walk, or be picked up by a guardian. All students must be registered for the program.

More Information:

<https://communityservices.isd624.org/youth/flex>

Register online:

<http://bit.ly/SunriseFLEX>

## **Community Mental Well-Being Series**

### **Mental Health Issues and How We Can Make a Difference**

**Date:** December 19, 2019

**Time:** 7:00-8:30 pm

**Location:** District Center Community Room (112)

**Description:** Michelle Uetz, a teacher and Certified Family Peer Specialist, will discuss mental illness from a personal, family member, parent and teacher perspectives. Michelle has life experience in each of these areas and will share her knowledge and experience with attendees. Michelle will discuss warning signs, stigma, how to help teens, when behavior is "normal teen behavior" and when it is something to be concerned about, how teachers can create mental health-friendly classrooms, how parents can advocate for their child, mental health resources, self-care and suicide prevention.

**Hosted by:** Certified Family Peer Specialist Michelle Uetz

LUS CEEB TOOM! Yog koj xav tau daim ntawv no, txhais ua lus Hmoob, thov hu rau Mas Lias Xyooj (651) 407-7626 los yog hu rau Xw Xyooj (651) 407-7623.

ATENCIÓN: Si usted necesita hablar con una persona que hable Español, por favor, llame al (651) 407-7625.