

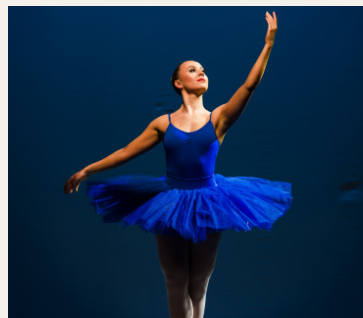
Why try Dance?

Dance is a wonderful way for pupils to express themselves, whilst developing fitness, stamina and co-ordination. Dance gives pupils opportunities to try different styles, to perform and to work as a team in a supportive and fun environment.



Highlights from 2018-19

- The Dance Show *Alice in Wonderland*
- The musical *Sweeney Todd*
- Two pupils gained distinctions in RAD Ballet examinations
- The 'Aspire' group performed at Spring Forward Dance Festival
- Aerial workshops and performance with Cirque De Silk
- Residency, workshops and performance by EDGE Dance Company
- Tea and Dance performances



Who can do it?

All pupils are able to register to take part in dance classes. We generally have around 100 pupils on the dance register, and offer over 30 different classes in Ballet, Modern, Contemporary, Commercial, Jazz and Tap. These classes cater for a wide range of styles and abilities. Classes are typically set in terms of ability and experience, rather than age. Pupils can take graded Royal Academy of Dance exams in Ballet, and currently we have pupils working from Grade 5 to Advanced 2 Vocational level. We also offer the ISTD Modern and Tap exam syllabus. Pupils can audition to join three high-performance dance groups, and if successful they will become full-time dancers.

Head of Dance: Rhian Fox
Email: fox.r@millfieldschool.com
Head of Classical Ballet: Juliet Peach
Dance Instructors: Diane Court, Daisy Shimmin,
Miranda Speed, Katey Leader



Performance programme

Pupils can audition to become Dance Scholars. The pupils in our elite dance groups 'Bazique', 'Lavolta' and 'Veleta' are given a tailored programme to extend and enrich their performance portfolio. The specialist RAD and ISTD examination classes in Ballet, Modern and Tap nurture elite talent. Pupils wishing to pursue a career in dance can apply to be a part of 'Aspire'; our dance company for those who share the ambition to dance professionally. They are also offered vocational workshops, guest speakers and individual coaching, plus support and external performance opportunities.

Maddy Crispin, Upper Sixth, has moved up through our elite dance groups, starting in 'Veleta' in Year 10, moving into 'Lavolta' in Lower Sixth and will move into 'Bazique' for Upper Sixth. She is Dance Captain and extremely committed, as she takes every performance opportunity. Her weekly dance



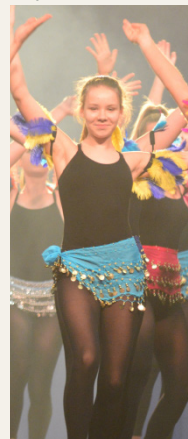
programme includes: Grade 7 Ballet, Contemporary, Jazz and Commercial, and she studies around eight hours of dance a week.

"Millfield Dance has been such a major part of my life at Millfield and I have grown so much as a dancer. Not only that, but I have made some amazing friends that I get to work with throughout the year and perform with at the Dance Show."

Maddy Crispin

Success stories and future stars

Sophie Holmes, Lower Sixth, is one of our talented dancers. She joined as a Dance Scholar in Year 9 and went straight into our high-performance dance group 'Lavolta' and Dance Company 'Aspire'. Now part of 'Bazique', Sophie studies around 12 hours of dance a week which includes Advanced 1 Modern, Intermediate Tap, Advanced Foundation Ballet,



Jazz and Commercial. Sophie excels in Contemporary Dance and through 'Aspire' performs and represents the school at external dance events.

"Since joining Millfield, the Dance Department has been very welcoming. Over the years I feel I have really improved my dance technique as well as my confidence."

Sophie Holmes