

# January Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6</p> <p>All White Meat Chicken Nuggets</p> <p>Cheese (V) or Pepperoni Pizza Rippers</p>	<p>7</p> <p>Buffalo or Crispy Layered Chicken Bowl</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p>	<p>8</p> <p>Sweet and Sour Chicken Bowl with Rice</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>	<p>9</p> <p>Chicken Soft Taco</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p>	<p>10</p> <p>Macaroni and Cheese (V)</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>
<p>13</p> <p>Rib B Que Sandwich</p> <p>Cheese (V) or Pepperoni Pizza Rippers</p> <p><b>Tater Tots offered with all meals</b></p>	<p>14</p> <p>Buffalo Chicken Tater Bowl</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p>	<p>15</p> <p>Teriyaki Beef Bowl with Brown Rice</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>	<p>16</p> <p>Corn Dog</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p> <p>Toasted Cheese Sandwich (V)</p> <p><b>Cookie Treat</b></p>	<p>17</p> <p>Chicken Alfredo Pasta</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>
<p>20</p> <p><b>No School Today</b></p>	<p>21</p> <p>Chicken and Waffles</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p>	<p>22</p> <p>Orange Chicken Bowl with Noodles</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>	<p>23</p> <p>Chicken or Beef or Vegetarian Nachos (V)</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p>	<p>24</p> <p>Pasta with Meat Sauce</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>
<p>27</p> <p><b>No School Today</b></p>	<p>28</p> <p>Country Steak with Mashed Potatoes and Gravy</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p>	<p>29</p> <p>General Tso's Chicken Bowl with Noodles</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>	<p>30</p> <p>Chicken Drumstick with Tater Tots</p> <p>Bosco Cheese Stuffed Breadsticks (V)</p> <p>Toasted Cheese Sandwich (V)</p>	<p>31</p> <p>Lasagna Roll Ups (V)</p> <p>Roadrunner Cheese or Pepperoni Pizza (V)*</p>

## Offered Daily

- Buffalo or Crispy Chicken Sandwich
- Hamburger or Cheeseburger
- Peanut Butter and Jelly Sandwich (V)
- Variety of Deli Sandwich
- Variety of Prepared Salads
- Yogurt and Granola Cup (V)

Lunch Prices  
 Paid: \$3.25  
 Reduced: No Charge  
 Adult: \$4.50  
 Milk: \$0.50

V=Vegetarian  
 \* = Pork

For online access, to view and make deposits into your student's meal account and to sign up for meal benefits, log onto [www.schoolcafe.com](http://www.schoolcafe.com).

Follow us on Facebook: @BeavertonSDNutritionServices  
 Follow us on Instagram: @bsdnutritionservices  
 Follow us on Twitter: @BeavertonSDCafe  
 Visit our Website:  
<http://www.beaverton.k12.or.us/home/departments/nutrition-services/>

**What is included in your students lunch meal?** Included with all lunches are a Meat or Meat Alternate Entrée, choice of 1% White Milk, or Non-fat Chocolate Milk, Bread or Grain item, and a variety of Fruits and Vegetables.

We are an **Offer Versus Serve** program. "Offer vs. Serve" means that you are always *offered* a full lunch, but if you don't want it all, you don't have to take every item that is offered. Students must choose from at least 3 food groups and must choose at least 1/2 cup of fruits or vegetables.

**Menus subject to change.**

"This institution is an equal opportunity provider"

Are you interested in working for Beaverton School District Nutrition Services? This is fun, fast paced work you can do while your student is in school!  
 Just go to  
<https://www.beaverton.k12.or.us/depts/hr/applicants/Pages/Openings.aspx?category=SUB+FOOD+SERVICE> click and apply!