

EDEN PRAIRIE SCHOOLS COMMUNITY EDUCATION

January–May, Winter/Spring 2020



Community | Early Childhood | Preschool | Youth | Adults

www.edenpr.org/epcommunityed



EDEN PRAIRIE SCHOOLS
Community Education

SAVE THE DATE!

**2020-2021 Preschool/ECFE
School Year Registration Opens**
Tuesday, January 28, 2020 at 8 AM
Learn more online at edenpr.org/ECFE

**Summer 2020 Little Eagles
Full-Day Registration Opens**
Tuesday, January 28, 2020 at 8 AM
(Registration closes May 1)
Learn more online at edenpr.org/Preschool

Winter Warm-Up FREE EVENT!
Saturday, February 1, 2020
Education Center

**Summer 2020 Eagle Zone
Registration Opens**
Friday, February 7, 2020 at 8 AM
(Sunday, March 1 – Last day to register
with waived registration fee)
Learn more online at edenpr.org/EagleZone

**2020 EPIC Summer Camps
Registration Opens**
Wednesday, February 19, 2020
Learn more online at edenpr.org/EPIC

**2020-2021 Eagle Zone
School Year Registration Opens**
Monday, March 9, 2020 at 8 AM
(Tuesday, May 31, 2020 – Last day to register
with waived registration fee)
Learn more online at edenpr.org/EagleZone

Friday Fun Day FREE EVENT!
Friday, April 17, 2020
Lower Campus

GIVE Gathering FREE EVENT!
Thursday, April 23, 2020
Eden Prairie City Center

PeopleFest! Party FREE EVENT!
Sunday, August 9, 2020
Staring Lake Park & Amphitheater

WINTER WARM-UP

Feb. 1, 2020 from 10 AM-12 PM
Education Center

*Join us for motor room movement,
puppet show, and more!*



THE GIVE GATHERING

Gather to Inspire Volunteer Engagement

April 23, 2020 • City Center

- ✓ Visit the Volunteer Fair
- ✓ Join in a Group Service Project
- ✓ Sign up to Win Prizes

Find out more at edenpr.org/GIVEGathering



You're Invited to FRIDAY FUN DAY

April 17, 2020 from 5-7 PM
Lower Campus

Vehicle Fair • Food Truck • Games • Face Painting
Join Us for FREE Family Fun!

LOCATION ADDRESSES

**Administrative Services Center/
Lower Campus**
8100 School Road
Eden Prairie, MN 55344

Eden Prairie High School
17185 Valley View Road
Eden Prairie, MN 55346
(use north entrance door #1)

Central Middle School
8025 School Road
Eden Prairie, MN 55344
(use west entrance door #1)

Cedar Ridge Elementary School
905 Braxton Drive
Eden Prairie, MN 55347
(use main entrance door #1)

**Oak Point Elementary/Eagle
Heights Spanish Immersion**
13400 Staring Lake Parkway
Eden Prairie, MN 55347
(use lower level entrance door #12)

The Education Center
8040 Mitchell Road
Eden Prairie, MN 55344
(enter off Technology Drive)

Eden Lake Elementary School
12000 Anderson Lakes Parkway
Eden Prairie, MN 55344
(use main entrance door #1)

Forest Hills Elementary School
13708 Holly Road
Eden Prairie, MN 55346
(use circle drive entrance door #2)

Prairie View Elementary School
17255 Peterborg Road
Eden Prairie, MN 55346
(use southwest entrance door #15)

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REGISTER



ONLINE

www.edenpr.org/epcommunityed



PHONE

952-975-6940



IN PERSON

Education Center
8040 Mitchell Rd.
Eden Prairie, MN 55344
8:00 AM-4:30 PM
Monday through Friday

Para obtener información en español, contáctese con Heriberto Vargas
en hvargas@edenpr.org o 952-975-7068.
Haddii aad ubaahan tahay caawinaad af Somali so wac 952-975-7069.



EDEN PRAIRIE SCHOOLS

Community Education

As a department of Eden Prairie Schools, Community Education inspires lifelong learning by providing opportunities to connect and engage people of all ages, interests and abilities. We offer classes and programs to expand your horizons, hone your talents or introduce you to a new hobby so that learning can be a fun and ongoing process – not limited to a typical school day.

EARLY CHILDHOOD PROGRAMS

Early Childhood Family Education (ECFE)

Parents & Children Birth to 5

ECFE classes strengthen families and support children's healthy growth and development. Ongoing weekly and one time classes provide parenting tips that can be used immediately. Learn more about our upcoming classes on page 14 and online www.edenpr.org/ECFE.

Little Eagles Preschool Ages 3 through 5

Eden Prairie Schools' preschool program provides children with all aspects of developmental preparation. Our program content, highly qualified teachers, and use of best teaching practices earned our preschool program the highest state Parent Aware rating of four stars.

Learn more about our program on page 24 and online at www.edenpr.org/Preschool.

Early Childhood Screening

Screening is a free check on your child's development that is required of all children prior to starting kindergarten. Children can be screened beginning at age 3. See page 31 and visit www.edenpr.org/ECScreening for more information about screening and to learn how to schedule an appointment.

Early Childhood Program Locations

Education Center

(Community Education Office)
8040 Mitchell Road
Eden Prairie, MN 55344

Lower Campus Preschool Center

8100 School Road
Eden Prairie, MN 55344

Cedar Ridge Elementary

8905 Braxton Drive
Eden Prairie, MN 55347

YOUTH PROGRAMS

EPIC Youth Programs Ages 4+

Our EPIC Youth Program ignites interest and challenges students in a fun, safe, and supportive atmosphere. Enrichment and recreational classes are available to students after school and in the summer. Learn more about our wide variety of youth programming opportunities on page 34. More information is also available at www.edenpr.org/EPIC.

Teen Driver Education

Classroom and behind-the-wheel instruction for teens 18 and under are offered after school and in the summer at the high school with certified, licensed teachers. Learn more on page 37.

Parent/Child and Multi-Age Classes

Through a collaboration with our youth and adult programs, we offer a variety of classes intended for both youth and adult participants. Whether you are a parent looking to spend quality time with your child, or you're looking for activities older kids can participate in – check out the available options on pgs. 42–44!

VISIT US: Families are welcome to schedule tours and ask questions! To complete the request form and arrange a tour, go to www.edenpr.org/Preschool and click the "Schedule a Tour" button.



SCHOOL AGE CARE

Eagle Zone School Age Care

The district-wide before and after school child care program is coordinated by Eden Prairie Schools Community Education department. We are excited to offer an affordable, fun, and engaging care option for your K-6 grade child.

Eagle Zone is a choice-based program where students will have the flexibility to choose an activity that interests them throughout the program time. On a daily basis, we incorporate outdoor and gym time; quiet activities such as a reading corner, drawing station or a dramatic play area; and coordinated activities including arts and crafts projects, STEM experiments, cooking and other hands-on activities.

Learn more on page 10 or visit www.edenpr.org/EagleZone.

REGISTER ONLINE

www.edenpr.org/epcommunityed

PHONE

952-975-6940

IN PERSON

Education Center
8040 Mitchell Rd.
Eden Prairie, MN 55344

ADULT PROGRAM

Adult Learning

We believe you are never done learning! Our Community Education program offers hundreds of classes on a wide variety of topics. Rediscover the joy of learning with no grades or papers—just the pure satisfaction of discovering something new. See pages 45-59 to learn more about our classes!

Adults with Disabilities Learning Exchange

A wide variety of classes and support services are offered for adults with disabilities. Classes meet from September to June and are open to residents of Eden Prairie, Bloomington, Edina, and Richfield. See page 61 for more information.

Adult Basic Education and ESL

In partnership with Metro South, we offer classes in Adult English (also called ESL), GED, Diploma, College Prep, and Citizenship. They are offered in Eden Prairie and Bloomington. Check out our ad on page 60 or visit www.metroouth.org.

FACILITIES USE AND RENTAL

Are you looking for a place to meet or play? Most Eden Prairie Schools facilities can be scheduled for a variety of activities during non-school hours. Whether you need a meeting room, a whole gym or something in-between, Community Education can help. Our modest fees and professional on-site staff provide a convenient and high quality experience. Learn more by calling 952-975-6941 or visiting www.edenpr.org/FacilityUse.

FAMILY RESOURCES PROGRAM

Eden Prairie Schools Community Education operates the Family Resources Program to support students and families who live, work, or go to school in our community.

Family Resources Program connects you to community information, resources, and local services. Additional information about resources and services available to those in Eden Prairie is on pages 6 and 7 and online at www.edenpr.org/FamilyResources.

FAMILY LITERACY PROGRAM

Our Family Literacy Program supports parents who want to learn English and their children through Family School (pg. 27), evening English classes (pg. 58), and an online Literacy Toolkit. Learn more at www.edenpr.org/FamilyLit.

VOLUNTEER PROGRAM & SHARING INSPIRATION GUEST SPEAKERS BUREAU

Share your skills and talents! Community Education places dedicated community members in volunteer placements across the district to enhance student learning. Sample opportunities include:

- Early Childhood/Preschool Classroom Volunteer
- Media Center, Cafeteria, or Playground Volunteer
- Sharing Inspiration Guest Speaker
- Special Events Support
- Elementary Classroom Volunteer or Literacy and/or Math Tutor
- Evening Homework Help Volunteer/K-12 Tutor

Learn more on page 8 and at www.edenpr.org/Volunteer.

**FREE
EVENT!**



WINTER WARM-UP








*Come out of the cold for this **FREE** family fun!*



WHERE: Education Center
8040 Mitchell Road
Eden Prairie, MN 55344

WHEN: Saturday, February 1, 2020
10:00 AM-12:00 PM

COST: FREE! No registration necessary.

INCLUDES:  Book Fair
 Kindness activities and crafts
 Motor room movement
and puppet show
 Face Painting
 Beach theme photo stop
and MORE!



Find out more at edenpr.org/Preschool

Eden Prairie Schools WELCOME CENTER



EDEN PRAIRIE SCHOOLS
Inspiring each student every day



New to the area?

Ready to enroll?

**Have questions about
Eden Prairie Schools?**

We're here to help!

Our Welcome Center is your one-stop location
to connect your family with the school district.
We invite you to contact us or visit us in person.

We're located at 8100 School Road in Eden Prairie
Office hours: Monday-Friday, 7:30 a.m. – 4:30 p.m.

Call us at 952-975-7008 or email register4ep@edenpr.org

***Enrollment is now open for Kindergarten through
grade 12 for the 2020-21 school year.***

Save your student's seat today at edenpr.org/enroll

COMMUNITY ENGAGEMENT



Community Engagement Team, left to right: Lydia Nelson, Family Literacy Vista; Molly Patil, Director; Yussuf Issa, Somali Cultural Liason; Melissa Laubach, Volunteer/Youth Office Professional; Reta Johnson, Family Resources Specialist; Cheryl Bridge, Adult Learning/Facilities Coordinator

FAMILY RESOURCES PROGRAM

We at Eden Prairie Schools understand that every family needs help from time to time. Our community has a committed and compassionate group of service providers and nonprofits ready and willing to support families with a variety of needs. The Community Engagement Team's Family Resources Program connects Eden Prairie students and families to resources in the community.

Our staff can answer questions about what services are provided locally and by whom, facilitate connection to other organizations, and help navigate systems and advocate for families in need.

CONNECT WITH US

WE ARE HERE TO HELP! HERE ARE 5 WAYS TO GET STARTED.



CALL

To talk with someone about your needs, call the Family Resources Program at 952-975-7030 Monday-Friday from 8:30 AM-4:00 PM.



EMAIL

Connect with the Family Resources Specialist at family_resources@edenpr.org



SCHEDULE AN APPOINTMENT

Appointments are available by request. Contact the Family Resources Specialist at 952-975-7030 to schedule a time to meet at a location convenient to you.



VISIT US

Visit face-to-face with the Family Resources Specialist. Simply stop by during business hours (8:30 AM-4:00 PM) at the Education Center, located at 8040 Mitchell Rd.



ASK A QUESTION

Submit a question or request for help online at www.edenpr.org/FamilyResources.

STAY INFORMED! Check Out the Family Resources Program

Eden Prairie families are served by a wide range of nonprofits, government agencies, and other service providers. Staying up-to-date on what's available can be time-consuming and difficult to navigate. The Family Resources Program seeks to streamline the process of exploring and accessing local programs and services.

Visit www.edenpr.org/FamilyResources to see an overview of the wide variety of resources available to Eden Prairie residents. There is information about local programs and services by type, as well as links to more information and program contact numbers.

- Before/After School Care
- Child Care
- Drugs & Alcohol
- Education
- Emergency Shelter/Homelessness
- Employment
- Financial
- Food
- Furniture, Clothing, & Other Material & Household Goods
- Homework Help & Tutoring
- Housing
- Immigration & Multicultural Resources
- Information, Referrals, Connection to Services
- Legal Services
- Local Government
- Mama Resources
- Medical/Health
- Mental Health
- Parenting
- Recreation
- Safety and Security
- Seniors
- Special Needs/Services for People with Disabilities
- Summer Fun & Family Activities

Calendar of Community Events

Visit www.edenpr.org/FamilyResources and select the Community Events Calendar. This online calendar includes a wide variety of events taking place in Eden Prairie, most being free, family-friendly, and open to the public. It also serves as a shared access point for organizations that serve Eden Prairie to post events and learn about what's going on in the community.

Sign up for the E-newsletter

The Family Resources Program E-newsletter is a monthly publication intended to build greater awareness of and connection to programs and services available to those in Eden Prairie.

You can view past newsletters and sign up to receive them at www.edenpr.org/FamilyResources.

COMMUNITY ENGAGEMENT IMPACT COUNCIL

Are you or your organization interested in collaborating with Eden Prairie social service providers and nonprofits to create a stronger community? We welcome you to join the Community Engagement Impact Council (CEIC). Learn from one another, explore the needs and gaps in services in Eden Prairie, and discuss how we can leverage resources and develop collective solutions. The group includes a cross-section of the community representing parents, local nonprofits, Eden Prairie Schools, government entities, churches, and other individuals who are interested in creating a vibrant and responsive community. Meetings occur on the second Thursday of every other month starting in September from 4:00–5:30 PM.

For more information visit www.edenpr.org/GetInvolved or contact Molly Patil at mpatil@edenpr.org.



VOLUNTEER WITH US!

At Eden Prairie Schools Community Education, we are passionate about incorporating volunteers into our classrooms, programs, and across the district. Volunteers invigorate each classroom and contribute to a nurturing and vibrant learning environment. With our extraordinary volunteers, we are able to engage and provide more personalized support to our students. Volunteering offers individuals the opportunity to participate in and contribute to the growth of Eden Prairie's young people.

Whether you can volunteer everyday, every week, or once in a while, we would love to work with you. We have volunteer positions that allow for flexibility— some tasks can even be done from the comfort of your own home! Regardless of your availability, you can have a significant impact on our learners, and ultimately, our community. Sign up today at WWW.EDENPR.ORG/VOLUNTEER!

SAMPLE VOLUNTEER OPPORTUNITIES

Early Childhood Family Education (ECFE) Classroom Volunteer

We have opportunities for volunteers to serve as in-class support within our Early Childhood Family Education (ECFE) classes. ECFE classes are for parents and children ages birth through 4 years old and take place at the Education Center and multiple outreach sites across the community. We are always looking for great volunteers to join in on the fun!

Elementary and Middle Schools

We have opportunities for volunteers at each of our 6 elementary schools and at Central Middle School. Opportunities vary by school and range from one-on-one literacy or math tutors to office support and playground and cafeteria volunteers.

*Have questions about volunteering?
Contact Melissa Laubach at mlaubach@edenpr.org or 952-975-6949.*

Little Eagles Preschool

At our Little Eagles Preschool, we have opportunities for volunteers to work with our youngest readers as preschool literacy tutors or providing general classroom support. These classes consist of 3-, 4- and 5-year-old students. Volunteers in these positions work with small groups or individual students on literacy topics such as writing, reading, speaking, and the alphabet. Volunteers also engage students through play and provide assistance with activities and art projects. Preschool classroom opportunities are available at the Education Center, Lower Campus Preschool Center, and Cedar Ridge Elementary.

Special Events

We have several one-day volunteer opportunities at events throughout the year such as Friday Fun Day and Winter Warm-Up. Opportunities range from face-painting, to event set up, to leading activities, and more. Events are posted on our website and on our Facebook page.

Sharing Inspiration Guest Speaker

Are you knowledgeable in a subject you would like to present to students? We have Guest Speaker volunteer opportunities! Come into one of our classrooms and share your passion and expertise as a one-time opportunity, or present to various classrooms throughout the school year. Complete a Sharing Inspiration Speaker Profile to be posted to our volunteer speaker database for teachers across the district to review.

Robotics Volunteers

We have an active robotics program and welcome your involvement! The programs include kids from elementary to high school and incorporate so much more than just robots. In addition to engineering mentors, we have a need for adults with skills in writing, presentation, web design, marketing, and advocacy! We also need parents for team supervision. Sign up to volunteer for robotics by emailing the team at mail@team2502.com.

VOLUNTEER FAQS

How do I sign up?

Complete a short application online at www.edenpr.org/Volunteer.

When can I start?

Positions are available year-round, with many beginning at the start of the school year (typically in early October for new volunteers). Applications are accepted on a rolling basis.

Will I need a background check?

Maintaining a safe environment for both our students and our volunteers is top priority for us, so we do require all volunteers have a background check. The background check will come in the form of an email from Trusted Employees. There is a cost of \$21, that we ask be paid by the volunteer. The background check is valid for as long as you remain an active volunteer.

What support and training is available to volunteers?

All volunteers participate in an orientation that provides all the necessary information to be successful in your volunteer position. Ongoing support is available from our Volunteer Program staff, as well as the classroom teacher or other district staff you serve with.

Have questions about volunteering? Contact Melissa Laubach at mlaubach@edenpr.org or 952-975-6949.

Please note that this district-wide volunteer program is not intended to recruit, train, or place parents who want to volunteer in their own children's classrooms or through the PTO. Please contact your child's teacher or your school's PTO for information on volunteering in that capacity.



I've enjoyed volunteering in Eden Prairie Schools. I look forward to coming each time and helping the kids work on their reading and math. It really is one of the highlights of my week! –Sally

I love volunteering in the schools and being a part of the learning experience for the kids! The experience has been rewarding and it's been great building positive relationships with the kids. The staff I've worked with has been very supportive and helpful as well! –Kathy

EAGLE ZONE

Eagle Zone School Age Care is part of our robust Community Education youth programming. Eagle Zone provides a fun, safe, and enriching environment that allows kids to get involved with engaging activities before and after school.

On a daily basis, Eagle Zone will provide an environment that is respectful, inclusive, and nurturing for youth in Kindergarten through 6th grade. Children will have the freedom to explore their interests, be active and socialize with their peers. Each day, students will have the choice to take part in various activities that promote the love of learning during out-of-school time.

You can register today by visiting the Eden Prairie Community Education webpage at WWW.EDENPR.ORG/EAGLEZONE.



EAGLE ZONE WILL WORK TO:

- * Establish a program that fosters a **sense of belonging** for all who are involved
- * Encourage students to explore their **personal interests** and **individual strengths**
- * Provide **meaningful engagement** between students and staff
- * Continuously introduce new activities that allow children to have **fun** and experience new things
- * Foster **social, academic, physical and emotional development** for all children involved
- * Establish **connections** between families, community members, school staff and children
- * Cultivate an environment that provides a **positive educational experience** for all involved



Eagle Zone offers a fun, safe, and enriching program that provides kids with engaging, exciting activities before and after school.

WHY EAGLE ZONE?

What makes Eagle Zone a positive experience for families?

Eagle Zone employs high-quality staff who are passionate about working with each student. This team is committed to providing excellent care in a safe, nurturing environment. This helps create positive experiences on a daily basis for all children involved in the program.

What do kids experience in Eagle Zone?

The fun, engaging activities and projects will make Eagle Zone an unforgettable experience for our kids. Each day new activities will be introduced with various projects and special events that take place over the course of the year. STEM activities such as rocket building, gooey experiments, maze building, and so many more. There will also be art projects, gym time, dramatic play, cooking activities and quiet activities for reading or doing homework.

What sets Eagle Zone apart from other programs?

Eagle Zone is a place where all children feel they belong. They explore their interests and identify their strengths. Supportive and encouraging staff allow children the opportunity to build independence, think critically, and create learning opportunities that continue the pursuit of learning outside of the school day. This ensures that all children experience individual growth. It is a place where children want to stay at the end of program time.

Where is Eagle Zone located?

The program conveniently takes place in your child's school. In addition, the program is committed to being accessible and inclusive for the families of Eden Prairie. This will include working with teachers, staff and school administrators to ensure that activities and programming aligns with the school in which your child attends.

How can I register?

You can register today by visiting the Eden Prairie Community Education webpage at www.edenpr.org/EagleZone.

REGISTRATION DETAILS

FEE INFORMATION*, SCHOOL YEAR 2019-20

SESSIONS	FEE	
Before School Session	\$12.75/day	Starting at 6:30 AM until school starts.
After School Session	\$12.75/day	From the time school ends until 6:00 PM.
Drop-in Care	\$17/day	Drop-in care is considered any day that is requested within 7 calendar days of date of care.
Non-School Day (prior to deadline)	\$41/day	Any request made 7+ calendar days prior to date of care.
Non-School Days (Non-school day only & after deadline)	\$51/day	Any request made within 7 calendar days of date of care or when care is only needed on non-school days.

* All fees are per child. Drop-in care and requests made after deadlines are pending availability.

CONTRACT REGISTRATION FEE

# OF CHILDREN	FEE
1 Child	\$50
2 Children	\$65
3+ Children	\$75

(one-time charge per family)

FEE INFORMATION*, SUMMER 2020

SESSIONS	FEE	
Summer Care	\$49/day	Any request made 7+ calendar days prior to date of care.
Drop-in Summer Care	\$55/day	Any request within 7 calendar days of date of care.

CONTRACT REGISTRATION FEE

# OF CHILDREN	FEE
1 Child	\$35
2 Children	\$50
3+ Children	\$60

(one-time charge per family)

ADDITIONAL PROGRAM FEES

Finders Fee	\$10
Late Pick-Up Fee	\$1/Minute Late
Late Payment Fee	\$15
Failed Payment Fee	\$20

EAGLE ZONE

EAGLE ZONE SCHEDULE

Monday–Friday, Eagle Zone begins at 6:30 AM. The morning session goes until the start of school at each given site. The afternoon session then starts at the end of the school day for each site, and goes until 6:00 PM, when Eagle Zone ends. Each site will follow the hours included below:

Cedar Ridge Elementary

Before School6:30–8:45 AM
After School 3:05–6:00 PM

Oak Point Elementary/ Eagle Heights Spanish Immersion

Before School 6:30–9:05 AM
After School 3:25–6:00 PM

Eden Lake Elementary

Before School6:30–9:25 AM
After School 3:45–6:00 PM

Choosing a Schedule

Families can pick their days of care as needed. There is a minimum of three days per month for the session of care that is being requested.

Financial Assistance

We will work with Hennepin County Childcare Assistance to provide financial support to qualified families.

Billing

Billing is done monthly. Invoices will be sent out the first week of the month after care has been provided. Payments are due on the 15th of that month.

Prairie View Elementary

Before School6:30–9:25 AM
After School 3:45–6:00 PM

Forest Hills Elementary

Before School6:30–8:45 AM
After School 3:05–6:00 PM

Eagle Zone also provides Non-School Day Care for most non-school days in the district.

Non-School Day Program Hours: 6:30 AM–6:00 PM

Each Year, Eagle Zone is closed on the following days:

- Labor Day
- Thanksgiving Day
- Day After Thanksgiving Day
- Christmas Eve
- Christmas Day
- New Year's Eve
- New Year's Day
- Memorial Day



EAGLE ZONE: WHAT YOU NEED TO KNOW

IS BREAKFAST AVAILABLE FOR MY CHILD?

Breakfast is available from the school's food service program every day school is in session. Students participating will use their school lunch account to purchase breakfast.

IS THERE A SNACK PROVIDED FOR MY CHILD?

Eagle Zone will provide an afternoon snack for all children enrolled in Eagle Zone in the afternoon session.

HOW DOES CHECK-IN AND CHECK-OUT WORK?

Parents/guardians must sign their child in to the program for the before school session. You must also sign-out your child when picking them up during the after school session. An ID may need to be presented by whomever is picking up the child. You are also required to provide permission for anyone other than a parent/guardian to pick up your child. When you register for Eagle Zone, you will be asked to name persons authorized to pick-up your child. You can add authorized individuals for pick-up through your online account as needed.

WHAT IS NEEDED FOR A NON-SCHOOL DAY?

Program participants are asked to bring various items to non-school days. Please make sure that all items are labeled with the name of the child bringing the item. For all non-school days, children should bring:

- Lunch & Beverage
- Morning & Afternoon Snack
- Swimsuit & Towel, on field trip days that include swimming
- Appropriate Clothing for Outdoor Play
- Appropriate Clothing for Arts & Crafts

IS THERE A FEE FOR NON-SCHOOL DAY FIELD TRIPS?

Costs of activities and field trips are included in the registration fee. Transportation will be provided by the Eden Prairie Schools Transportation Department, or a designated charter company, according to school district policy. Eagle Zone t-shirts must be worn for field trip days. T-shirts can be purchased on-site. One t-shirt is provided with registration.

EAGLE ZONE SUMMER: WHAT YOU NEED TO KNOW

IS THERE AN EARLY REGISTRATION PERIOD?

There is an early registration period, meaning the registration fee will be waived if a child is enrolled within that window of time. The early registration period for the 2020 summer program is Friday, February 7th, 2020 at 8:00 AM until Sunday, March 1st, 2020. Starting on March 2nd, the normal registration fees will be applied.

ARE MEALS PROVIDED FOR MY CHILD?

Meals are not provided at Eagle Zone. Please make sure that your child has had breakfast prior to attending Eagle Zone in the summer, and pack a lunch daily. There may be some field trips throughout the course of the summer when Eagle Zone can provide a lunch. Parents will be notified ahead of time of the lunch option and parents/guardians can choose to still provide a lunch for their child on those days.

IS THERE A SNACK PROVIDED FOR MY CHILD?

Eagle Zone will provide a morning and afternoon snack for all children enrolled in Eagle Zone. If you feel that your child will need an alternative or additional snack, you can provide one for your child. Please notify staff if you are planning on doing so.

HOW DOES CHECK-IN AND CHECK-OUT WORK?

Parents/guardians must sign their child in and out of the program. Providing a photo ID may be requested by staff in the situation that staff do not recognize the individual picking up a child. Permission from a parent/guardian is required in situations where someone other than an authorized individual (listed on your online account) is picking up a child. Authorized individuals can be added to your online account at any time.

WHAT IS NEEDED FOR THE SUMMER PROGRAM?

Program participants are asked to bring the following items to the summer program. Please make sure that all items are labeled with the name of the child of whom the item belongs to. All children should bring:

- Non-Perishable Packed Lunch & Beverage
- Towel and swimsuit on field trip days that include swimming (a swim shirt will be provided by Eagle Zone on-site)
- Appropriate clothing for outdoor play, including appropriate active shoes.
- Appropriate clothing for Arts & Crafts

Please leave all other items at home, unless otherwise requested by program staff.

EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

You are your child's first and most important teacher! Early Childhood Family Education (ECFE) classes help you be the best parent you can be. ECFE classes are designed for you and your child, age birth to five. ECFE is unique to Minnesota and is a program of Eden Prairie Schools Community Education.

It is never too early to start stimulating your baby's mind in ways that promote healthy development and build on your relationship with your child. Our staff will show you ways to nurture your child's development physically, emotionally, and mentally. We have an inspiring curriculum that offers opportunities for you to learn with your child. There is also time for parent-only discussions where you will find answers to questions and meet other parents.

WHAT CAN I EXPECT AT A TYPICAL ECFE CLASS?

Parent-Child Activity: Time for you and your child to learn and play together, with songs, stories, and developmentally appropriate activities you can do at home.

Parent Discussion: Spend time with other parents discussing the joys and challenges of parenting while learning effective, research-based parenting strategies. A licensed parent educator will guide the discussion and share information about child development.

Children's Learning Time: In classes where children and parents separate for the parent discussion, children will stay with licensed early childhood teachers. Children will learn social-emotional skills while playing and learning with other children.



PARENT RESOURCES

Do you have questions about tantrums, sibling relationships, bedtime routines, healthy eating, or developmental milestones?

Schedule a confidential one-on-one consultation with an experienced parent educator who will connect with you by phone, email, at home, or at the Education Center. This consultation is free to all Eden Prairie families with children ages birth through 5 years old. Parents of a K-12 child may also request a consultation for a \$35 per hour fee.

Call 952-975-6940 or email ComEd@edenpr.org to learn more and schedule your free appointment.

Parent Networks

Invite 6-12 of your friends to your home for an hour-long personalized parent education session. Together with early childhood professionals, you will choose a date, time and topic for your group. Staff will bring materials and facilitate a discussion.

Fee is \$100 per session. Call 952-975-6940 to schedule a session.

ECFE FAQs

When do ECFE classes start and end?

School Year-long Classes begin on Sept. 5 and run through May 8. This aligns with the school district calendar for non-school days. Registrations are accepted year round based on availability and fees are pro-rated.

10-Week Sessions are scheduled in three segments though the school year. They align with the school district calendar for non-school days. There are new 10-week classes that start in September, November, and February.

What is the difference between 10-week and school year-long classes?

ECFE classes run in two separate schedules to give your family flexibility. The school year-long schedule allows the same group of families to stay together for the full school year. The 10-week schedule allows increased flexibility for your calendar. Both the 10-week and school year-long classes will cover similar topics and lessons.

Can I take more than one 10-week class? Yes, you can sign up for one or all three in a school year. Class content and topics will vary based on class attendees. Please note, some content may repeat.

What is the difference between a non-separating, gradual separating, and separating class?

In a non-separating class, parents stay with their children for the entire class. In gradual separating, there is a transition from parent/child time to separate time over the course of the class. Our separating classes include some parent discussion time held in a separate room.

Where are classes held? All ECFE classes (except Preschool Sampler) are held at the Education Center at 8040 Mitchell Road, Eden Prairie.

What resources are available for children with special needs?

Early Childhood and Family Education classes are inclusive of all children and families. Our program staff have strong collaborations with Early Childhood Special Education and work together as a team, including parents, to best meet the learning and developmental needs of all children in our classes.

How much do ECFE classes cost? The cost of classes are based on the sliding fee scale below. They are designed to be affordable for all families to attend.

Sliding Fee Scale for ECFE Classes

Yearly Household Income	10-Week Class Fee	Year-Long Class Fee	Sib Care 10-Week Class Fee	Sib Care Year-Long Class Fee	ECFE classes are priced on a sliding fee scale based on your household income. Payment for 10-week classes are made in full at time of registration. For year-long classes, payment is charged on September 2, November 25, and February 17.
\$100,000 and Above	\$133	\$399	\$63	\$189	
\$75,000–\$99,999	\$113	\$339	\$53	\$159	
\$50,000–\$74,999	\$93	\$279	\$43	\$129	
\$25,000–\$49,999	\$73	\$219	\$33	\$99	
Under \$25,000	\$33	\$99	\$13	\$39	

What if I have other children who need care during class (i.e. Sibling Care)?

Care is available for siblings of children registered in ECFE classes. Babies through 5-year-olds grow by leaps and bounds in our child centered sibling care classrooms. Staff provide a flexible, fun learning environment which includes a theme-based curriculum explored through games, songs, art activities, and child-directed play.

Our experienced staff provide a safe, secure environment for your child that includes:

- Gentle, loving care
- Sleeping room for napping
- Feeding and diapering per parent request

Registration is required; fees are listed on the sliding fee scale below.




EARLY CHILDHOOD FAMILY EDUCATION (ECFE)

EARLY CHILDHOOD FAMILY EDUCATION SCHEDULE 2019-2020


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
9:15-10:45 AM	8:30-10 AM	9:15-10:45 AM		9:15-10:45 AM	
		Small Wonders *			
Tiny Explorers	Tiny Explorers	Tiny Explorers *		Tiny Explorers	
Movers and Shakers	Movers and Shakers	Movers and Shakers*		Movers and Shakers	
Little Learners					
11 AM-12:30 PM	10:15-11:45 AM	11 AM-12:30 PM	10:15-11:45 AM		9:30-11:30 AM
	Small Wonders*		Small Wonders*		Daddy and Me*
Tiny Explorers	Tiny Explorers		Tiny Explorers *		
Movers and Shakers	Movers and Shakers		Movers and Shakers*		
	5:30-7:00 PM		5:30-7:00 PM		
	Tiny Explorers		Small Wonders*		
	Movers and Shakers		Tiny Explorers *		
	Little Learners*		Movers and Shakers*		

KEY Age by Sept. 1, 2019

 Less than 1 year

 1 Year

 2 Year

 3-4 Year

 Birth-5 Year

* Indicates a 10-week class

ECFE classes are held at the Education Center at 8040 Mitchell Road, Eden Prairie, MN 55344.

Classes run September through May.

10-Week Classes run September–November, November–February, and February–May. Sign up for one, or all three!

Small Wonders

Less than 1 yr. (by Sept. 1, 2019)

Enjoy this relaxing, informative class for children who are less than one year old. This class is designed to be your time to slow down, enjoy your little one and develop a supportive network with other parents. Parents and children enjoy songs, puppets, musical instruments and other fun activities in our bright and baby-safe classroom. A knowledgeable parent educator will lead interactive discussions on feeding, sleeping, safety, brain development, balancing your life as a new parent and more. *Non-Separating. Cost: See sliding fee scale on page 15.*

10 Weeks (Feb.-May)

#1202-09 Tues. 10:15–11:45 AM
#1202-10 Wed. 9:15–10:45 AM
#1202-11 Thurs. 10:15–11:45 AM
#1202-12 Thurs. 5:30–7:00 PM

Tiny Explorers

Age 1 yr. (by Sept. 1, 2019)

Toddlers grow, change and try new things at a rapid pace. Join this class where eager students turn a whirl of activity into learning that inspires confidence. You will learn songs, games, stories and activities to extend your child's learning at home. There will be parent discussion time to explore what is behind your toddler's endless energy and enthusiasm. *Child-Led Separation.*

The curriculum covered will have some repetition from prior 10-week sessions and will focus on each child/family's needs. *Cost: See sliding fee scale on page 15.*

School Year-long

#1203-01 Mon. 9:15–10:45 AM
#1203-02 Mon. 11:00 AM–12:30 PM
#1203-03 Tues. 8:30–10:00 AM
#1203-04 Tues. 10:15–11:45 AM
#1203-05 Tues. 5:30–7:00 PM
#1203-06 Fri. 9:15–10:45 AM

10 Weeks (Feb.-May)

#1203-13 Wed. 9:15–10:45 AM
#1203-14 Thurs. 10:15–11:45 AM
#1203-15 Thurs. 5:30–7:00 PM

Movers and Shakers

Age 2 yr. (by Sept. 1, 2019)

Two year olds use experimentation to help interpret their world. Join this class and watch your child explore every learning opportunity with curiosity and passion. Children will practice social skills such as taking turns, listening to the teacher and following in line while experiencing a fun and loving classroom environment. Parents will meet and discuss topics like healthy eating habits, toilet training and how to set limits with love. Enjoy parent/child time including songs, activities and games that will help your child thrive in every way. Relax and enjoy the parent support and discussion time while building a network of friends for your child and family. *Separating.*

*Please note that 10-week classes may not separate. Separation is not our first priority due to the variety of experience and age range of the children. The curriculum covered will have some repetition from prior 10-week sessions and will focus on each child/family's needs. *Cost: See sliding fee scale on page 15.*

School Year-long

#1204-01 Mon. 9:15–10:45 AM
#1204-02 Mon. 11:00–12:30 PM
#1204-03 Tues. 8:30–10:00 AM
#1204-04 Tues. 10:15–11:45 AM
#1204-05 Tues. 5:30–7:00 PM
#1204-06 Fri. 9:15–10:45 AM

10 Weeks (Feb.-May)

#1204-13 Wed. 9:15–10:45 AM
#1204-14 Thurs. 10:15–11:45 AM
#1204-15 Thurs. 5:30–7:00 PM

Little Learners

Age 3 to 4 yr. (by Sept. 1, 2019)

Three and four year olds are excited to explore the world and meet new friends! The preschool years are full of discovery, but can also be a parenting challenge. Your child will build positive self esteem, confidence, and independence while they are in the classroom. Parents will learn more strategies for successful and effective parenting. *Separating. Cost: See sliding fee scale on page 15.*

School Year-long

1208-01 Mon. 9:15–10:45 AM

9 Weeks (Feb.-May)

1208-04 Tues. 5:30–7:00 PM

Looking to connect with other parents? Want to have more time for social-emotional development for your child?

Come and Play

Birth-5 Years

Explore, create, and discover fun and friends! Time in the classroom and gym will provide opportunity for socialization and purposeful play. All classes are held on a Thursday from 9:00–10:00 AM.

#1212-05 Jan. 9
#1212-06 Feb. 13
#1212-07 Mar. 12
#1212-08 April 9
#1212-09 May 7

Education Center, Multipurpose Room
Cost: \$5 per child or \$10 per family

Preregistration is required.

Open to all families.



Music and Movements

Age 6 month-4 years by the Start of Class

You and your child will explore the basic building blocks of music through movement and dance, instrument play, and singing! Music and Movement classes are designed as an opportunity to enrich growth and development for children ages 6 months to 4 years. \$55 per class.

#1216-07	Age 1.5-2.5 years	Wednesdays, Jan. 29-March 4	9:30-10:15 AM
#1216-08	Age 1.5-2.5 years	Thursdays, Jan. 30-March 5	9:30-10:15 AM
#1216-09	Age 2.5-4 years	Wednesdays, Jan. 29-March 4	10:30-11:15 AM
#1216-10	Age 2.5-4 years	Thursdays, Jan. 30-March 5	10:30-11:15 AM
#1216-11	Age 5-18 months	Wednesdays, Jan. 29-March 4	11:30 AM-12:00 PM
#1216-12	Age 5-18 months	Thursdays, Jan. 30-March 5	11:30 AM-12:00 PM
#1216-13	Age 1.5-2.5 years	Wednesdays, March 11-April 29	9:30-10:15 AM
#1216-14	Age 1.5-2.5 years	Thursdays, March 12-April 30	9:30-10:15 AM
#1216-15	Age 2.5-4 years	Wednesdays, March 11-April 29	10:30-11:15 AM
#1216-16	Age 2.5-4 years	Thursdays, March 12-April 30	10:30-11:15 AM
#1216-17	Age 5-18 months	Wednesdays, March 11-April 29	11:30 AM-12:00 PM
#1216-18	Age 5-18 months	Thursdays, March 12-April 30	11:30 AM-12:00 PM



Managing Multiples

Birth-5 Years

Are you the parents of twins, triplets, or more? Join this once a month multiples class for support from other parents of multiples, parent education, and play time for the children. Sign up for one or all the classes, \$10 per class.

Register only one child for this class and the remaining children birth to 5 are free!

#1214-05	Friday, Jan. 17	11:00 AM-12:30 PM
#1214-06	Friday, Feb. 21	11:00 AM-12:30 PM
#1214-07	Friday, Mar. 20	11:00 AM-12:30 PM
#1214-08	Friday, April 10	11:00 AM-12:30 PM
#1214-09	Friday, May 1	11:00 AM-12:30 PM

Preschool Sampler

Age 3 by the Start of Class

This class is designed for the children to ease into the world of preschool. Children will "practice" preschool during this drop-off class. Students will strengthen their independence and will be ready to soar as a Little Eagle into preschool! **Preschool Sampler is held at the Lower Campus.**

(Beginning February 11-12, 2020)

#1206-03	Wednesdays	9:00-11:30 AM
#1206-04	Tue/Thu	9:00-11:30 AM

1-Day Cost: \$175 | 2-Day Cost: \$350



Daddy and Me

Birth-5 Years

This class provides time for interactions between dad and child or children. Boost your parent bond through planned activities, circle time, music, gym time and more. Relax and enjoy the parent discussion time while building a network of friends for your child and family. Register only one child for this class and the remaining children birth to 5 are free! *Cost: See Sliding Fee Scale on pg. 15.*

10 Weeks (Feb.-May)

#1213-02	Saturdays	9:30-11:30 AM
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Want to try an ECFE class for FREE?

Welcome babies! Give your baby a strong start. These classes are for newborns through babies age 12 months and their significant caregivers: mom, dad, grandparents, etc. These baby classes are offered free of charge, but pre-registration is required. A variety of dates and times are offered throughout the year. All classes are held at the Education Center.

FREE Dinner and Story Time

Bring your family to celebrate your new family member with a Dinner and Story Time. Enjoy a free meal with other Eden Prairie families that also have a new baby and share a story time with songs and helpful information. Each family will leave with a free children's book to read to your newest family member. These events are offered in partnership with Helping Us Grow (HUG). *Please register your baby first and all additional family members that will be attending the dinner.*

Events are from 6:00–7:15 PM.

- #1321-03 Monday, Feb. 3
- #1321-04 Monday, March 23
- #1321-05 Monday, May 4

FREE Breakfast and Baby Storytime

Bring your family to celebrate your new family member with a Breakfast and Story Time. Enjoy a free meal with other Eden Prairie families that also have a new baby and share a story time with songs and helpful information. Each family will leave with a free children's book to read to your newest family member. These events are offered in partnership with Helping Us Grow (HUG). *Please register your baby first and all additional family members that will be attending the meal.*

Events are from 9:30–10:45 AM.

- #1320-02 Friday, Feb. 7
- #1320-03 Friday, May 8

FREE Infant Massage

Are you wondering what you can do to help your new baby's digestive system work better, or help relieve congestion? You will learn some helpful techniques from a physical therapist certified in infant massage. Start with a short five-minute routine each day that will help comfort and soothe your baby, as you get to know each other better.

Monday classes are 6:00–7:00 PM.

- #1322-07 Monday, Jan 13
- #1322-09 Monday, March 9
- #1322-12 Monday, April 20
- #1322-13 Monday, May 11

Friday classes are 10:00–11:00 AM.

- #1322-08 Friday, Jan. 17
- #1322-10 Friday, March 13
- #1322-11 Friday, April 17
- #1322-14 Friday, May 15

FREE Parent and Baby Yoga

Are you feeling a need for some time to de-stress by stretching and moving with your baby to help you both relax? No previous yoga experience is needed to join this class, just wear comfortable clothes and bring a blanket for your baby.

Classes are 10:30–11:30 AM.

- #1324-03 Friday, Jan. 10
- #1324-04 Friday, Feb. 21
- #1324-05 Friday, March 27
- #1324-06 Friday, May 1

FREE Baby Sign Language

Would you like to explore some helpful ways to communicate with your baby? This class will introduce you to some of the basic signs that will help you navigate the frustration that babies and parents experience.

Classes are 6:00–7:00 PM.

- #1323-02 Monday, Feb. 24
- #1323-03 Monday, April 20

FREE Baby Shower

You and your new baby, or you and the baby you are expecting are invited to this Baby Shower! We want to celebrate this special time with you and share the resources available through the Early Childhood Family Education (ECFE) program here in Eden Prairie. We will have information, refreshments, and a special gift for you!

Classes are 10:30–11:30 AM.

- #1325-02 Friday, March 6

FREE Baby Play & Parent Learning

Are you wondering what your baby needs now and what you can do to help? Meet other families and enjoy time interacting with them. Learn from a professional and have time to ask questions PLUS get answers.

Classes are 10:00–11:00 AM.

- #1326-02 Friday, Jan. 24
- #1326-03 Friday, April 24

ECFE OUTREACH CLASSES-FREE!

Early Childhood Family Education is a wonderful resource for Eden Prairie families. Finances or transportation should not be a barrier for families interested in learning more about how to best support your child's growth and development. In an effort to make ECFE classes available to all families, we host outreach classes that are taught throughout the community which includes time to connect with Early Childhood staff and parent educators. *Please note—we only have space for each family to enroll in ONE section of Outreach. To enroll in a class, you must be a resident of the complex.*

BRIARHILL OUTREACH

#1224 Briarhill
Mondays, 1:00–2:30 PM
Briar Hill Apartments
7025 Woodland Dr.
Eden Prairie, MN 55346

CASCADE

#1224 Cascade
Wednesdays, 1:00–2:30 PM
Cascade Apartments
12100 Singletree Lane
Eden Prairie, MN 55344

FOUNTAIN PLACE

#1224 Fountain Place
Thursdays, 1:00–2:30 PM
Fountain Place Apartments
8564 Magnolia Trail
Eden Prairie, MN 55344

PRESERVE OUTREACH

#1224 Preserve Center
Tuesdays, 9:30–11:00 AM
The Preserve
11221 Anderson Lakes Pkwy.
Eden Prairie, MN 55344

Classes are held throughout the school year. A detailed schedule is available at class. Pre-registration is requested.

Additional outreach locations may be added throughout the year. Check our website to learn more! Register for free online at www.edenpr.org/epcommunity or call 952-975-6940.

EARLY CHILDHOOD FAMILY EDUCATION PARENTING SEMINARS

Parenting is hard work, but you don't have to go it alone. Join us for a variety of seminars throughout the school year to help you deal with common struggles! You'll gain insight on what's developmentally appropriate, and tips to implement at home. **Cost is \$10 to attend. Advanced registration is required. Sibling Care available.**

Anxiety in Young Children

We will discuss typical fears and anxiety during the early childhood years. Ideas of parents' role in supporting their child in times of stress will also be discussed.

#1470-01 | Thursday, January 16 | 5:30–7:00 PM | \$10



Parenting Together

Parenting is hard work and can take a toll on a couple's relationship. We will discuss how to effectively work together and keep your relationship a top priority when raising young children.

#1480-01 | Thursday, February 20 | 5:30–7:00 PM | \$10/single, \$15/couple

Let's Talk About Play

Play is essential to a child's healthy growth and development, we all know that right? And yet, when we look at the current landscape of childhood, play and the time for it are getting harder and harder to find. Join us for a community conversation that will inspire you to find more time for play in your family.

#1490-01 | Thursday, March 19 | 5:30–7:00 PM | \$10



Sibling Care cost is \$10 per child. A pizza dinner will be available from 5:00 - 5:30 pm. The cost is \$2 per slice and is also available to children enrolled in sibling care. If you are interested, please enroll in this class along with the Pizza Purchase class.

Celebrate PREGNANCY, BIRTH and PARENTHOOD

Parents (including expectant!) – Join us for education, giveaways, goodies and FUN!

★ The Do's and Don'ts of Pregnancy

Wondering if your pregnancy experience is normal? Overwhelmed with information on what's safe and what to avoid?

Join us for an expert-led discussion all about pregnancy, fetal growth, and self-care to put your mind at ease and guide you through the length of your pregnancy. Find support with families going through similar experiences and get your questions answered in a safe space by a certified midwife and registered public health nurse.

Classes are 8:00–9:30 AM.

For parents only (including expectant)

#1400-02 Saturday, January 25

#1400-03 Saturday, May 16

NEW! Prenatal Fitness for Expecting Mamas

Learn how to safely move and strengthen your body for a positive birth experience and easier postpartum recovery.
Learn more on page 52.

★ Childbirth: Labor and Delivery 101

Nervous or have questions about labor and delivery? Let us help you enter childbirth feeling prepared and informed!

We'll cover a range of topics on the process of labor – including signs of active labor, strategies used to cope during labor and routine care in the process. We'll discuss common complications of labor, possible medical interventions (including Cesarean birth) and recovering in the hospital. We'll also talk about what to expect the first few days for mom and baby as they transition home, as well as possible feeding challenges when breastfeeding, pumping, or using formula. Find support with families going through similar experiences and get your questions answered in a safe space by a certified midwife and registered public health nurse.

Classes are 10:00 AM–12:30 PM.

For parents only (including expectant)

#1410-02 Saturday, January 25

#1410-03 Saturday, May 16

★ Postpartum Prep: Caring for You and Baby the First 12 Weeks

It's hard to be fully prepared to welcome home a new baby, but knowing what to expect can reduce anxiety and build confidence. We will discuss maternal recovery and warning signs of complications. We'll also talk about newborn care including sleep, feeding, parenting, development, and more.

Classes are 1:30–4:00 PM.

For parents only (including expectant)

#1420-02 Saturday, January 25

#1420-03 Saturday, May 16

**Register online and pay for all 3 prenatal classes in one transaction and receive a \$21 DISCOUNT!*



Kathy is a Licensed Parent Educator with a Masters in Education. She has worked for Eden Prairie for 13 years teaching ECFE classes and providing individual consultations to parents. She loves teaching the baby classes and helping parents feel confident and connected.



Lani is a Certified Nurse Midwife, Public Health Nurse, and Early Childhood Licensed School Nurse. She has worked with families and infants in a variety of roles including prenatal care, labor and birth, postpartum, and early childhood. She enjoys sharing knowledge and experience to help families become informed self advocates.

Join us for a FREE performance of

POST-IT, BABY!

A POSTPARTUM JOURNEY THROUGH ANXIETY AND DEPRESSION

by Lauren Drasler, followed by an optional community dialogue about the show



Saturday, February 8
10:00 AM - 12 noon
Historic Gym at ASC
FREE

Need childcare? Childcare is available for children 6 weeks -10 years for a fee of \$5/child (benefitting PPSM). Pre-registration required for childcare only. Email lolivas@edenpr.org by Tuesday, February 4 to secure your spot. Space is limited.

Post-It, Baby! is being offered by Community Education's Family Resources Program with generous support from Pregnancy & Postpartum Support MN (PPSM).

"Prepare for laughs! Prepare for tears! A fun and hilarious show surrounding difficult subject matter (e.g depression). These are the stories that we need to hear more of!

Lauren is quirky, musical and silly as she shares her personal journey of becoming and being a mom. An entertaining balance of comedy, drama, physical theater and music."-Brian T.

"It was funny and heartwarming and so relatable! I saw a lot of my experiences reflected in your show and thank you for shining a light on such an important topic!"-Laura C., Mom

**FREE
EVENT!**

Inviting all families to join us for

FRIDAY FUN DAY!



WHERE: EPS Community Education
Lower Campus
8100 School Road
Eden Prairie, MN 55344

WHEN: Friday, April 17, 2020
5:00–7:00 PM

COST: FREE! No registration necessary.

INCLUDES:

- ✳ Vehicle fair
- ✳ Food trucks
- ✳ Open gym and playground
- ✳ Book Fair
- ✳ Participate in activities and crafts

and MORE!



Find out more at edenpr.org/Preschool

LITTLE EAGLES PRESCHOOL

WHY CHOOSE LITTLE EAGLES PRESCHOOL?

Little Eagles Preschool is a program of Eden Prairie Schools Community Education and provides an innovative classroom where creativity and imagination soar! Our diverse classrooms help students discover a love for learning in an interactive and academically rich environment. Your child will be immersed in a stimulating learning environment filled with fun, challenging, and creative learning activities! Join us to get a jump-start on kindergarten readiness.

There are many preschool options available to families in Eden Prairie, but Little Eagles Preschool program is the only one that aligns with Eden Prairie Schools K-12 curriculum and the overall K-12 system. We work closely with Early Childhood Special Education and kindergarten staff to foster a successful transition from preschool to kindergarten.

Curriculum Focused on Personalized Learning

At Eden Prairie Schools, our mission is to inspire each student every day. Our preschool is designed to create excitement around education and provide a foundation for lifelong

learning. We use Creative Curriculum, which is a balanced approach of all social-emotional and academic areas. We focus on personalized learning for your child. Lessons are designed around your child's skills to prepare them for kindergarten and beyond. Throughout the school year, staff conduct assessments using the whole child approach utilizing the Teaching Strategies GOLD observation based assessment tool.

Preschool Dates

The preschool calendar aligns with the school district with classes being held September 3, 2019–June 9, 2020. The calendar is available online at: www.edenpr.org/Preschool. On most days when school is not in session, we will have non-school day opportunities (for Full-day Preschool).

WHAT MAKES OUR PROGRAM GREAT?

- ★ We have **HIGHLY TRAINED STAFF** who participate in continuous professional development training through the Eden Prairie School District.
- ★ We **INTEGRATE TECHNOLOGY** into the classroom. Teachers and students use SMART Boards and iPads, which have been proven to support learning.
- ★ We use **CREATIVE CURRICULUM** to deliver a curriculum rich in math, reading, science, and art geared for kindergarten success and aligned with the K-12 system.
- ★ We **PERSONALIZE LEARNING** and provide **NURTURING SUPPORT** for your child.
- ★ We are **INCLUSIVE** and specifically designed to bring together typically developing children and those with special needs to learn and grow together. Staffing patterns are determined by the individual needs of each classroom.
- ★ We provide **PARENT EDUCATION** and **CONNECTION RESOURCES** throughout the year including five Parent Days that include parent/child activities as well as a facilitated discussion lead by licensed parent educators.
- ★ We include an **INTRODUCTION TO THE SPANISH LANGUAGE**. Weekly lessons use a curriculum based on the monthly English themes and skills.
- ★ **KINDERGARTEN READINESS** information and Teaching Strategies GOLD assessment data is shared with EPS elementary schools to help ensure a **SMOOTH TRANSITION**.

CAN I STILL REGISTER MY CHILD FOR PRESCHOOL?

Registration is open year-round, but preschool classes fill quickly! Below are the options for the 2019-2020 school year. Families love our flexible options! Choose from 3 to 5 days per week. Choose to add extended day programming to your afternoon preschool class. Need more flexibility? Our full-day preschool runs from 6:30 AM to 6:00 PM. See the next page to learn more!

WHAT ARE YOUR PRESCHOOL OPTIONS?

SELECT YOUR CLASSES BASED ON YOUR CHILD'S AGE BY SEPT. 1, 2019.

Families love our flexible options! Choose from 3 to 5 days per week. You can add non-school days and summer programming, too. Need more flexibility? Our full-day preschool extends learning and care times from 6:30 AM to 6:00 PM.

Location	Lower Campus Half-Day Preschool	Cedar Ridge Half-Day Preschool	Education Center Full-Day Preschool	5 K-Prep at Cedar Ridge Full-Day Preschool
Time(s)	9:30 AM–12:00 PM 1:00–3:30 PM	10:15 AM–1:15 PM	6:30 AM–6:00 PM	6:30 AM–6:00 PM
Extended Day	3:30–6:00 PM	Not available.	Not applicable.	Not applicable.
Days	M/W/F T/TH/F M/T/W/TH M/T/W/TH/F	M/T/W/TH/F	M/T/W/TH/F	M/T/W/TH/F
Cost	3 days \$225/month 4 days \$295/month 5 days \$375/month	\$435/month	\$52.80/day	\$52.80/day
Meals and Snacks	Children bring their own snack.	School lunch is available for purchase.	A snack is provided. School lunch is available for purchase.	A snack is provided. School lunch is available for purchase.
Bus Transportation	May be available based on qualifying factors.	Available for children living within the Eden Prairie School District.	Not available.	Not available.
Ages	3–5 year olds	4–5 year olds	3–5 year olds	5 year olds
Registration Notes	Spaces are filled on a first come, first served basis.	Spaces are filled on a first come, first served basis.	Spaces are filled on a first come, first served basis.	Children must be age 5 by Sept. 30 to be eligible.

PRESCHOOL DATES

The preschool calendar aligns with the school district with classes being held Sept. 3, 2019–June 9, 2020. The calendar is available on line at www.edenpr.org/Preschool. For full-day preschool, we will have non-school day opportunities for your child.

LITTLE EAGLES PRESCHOOL

HALF-DAY PRESCHOOL

SELECT YOUR CLASSES BASED ON YOUR CHILD'S AGE BY SEPT. 1, 2019.

3s PRESCHOOL AT LOWER CAMPUS

Give your child an introduction to school through Little Eagles half-day preschool program. Our developmentally appropriate program supports your learner with personalized instruction and a strong focus on social and emotional development.

3 Year Old Section Options

DAYS	TIME	COST PER MONTH
M/W/F	9:30 AM-12:00 PM	\$225
M/W/F	1:00-3:30 PM	\$225
T/TH/F	9:30 AM-12:00 PM	\$225

3 and 4 Year Old Section Options

DAYS	TIME	COST PER MONTH
M/T/W/TH	9:30 AM-12:00 PM	\$295
M/T/W/TH	1:00-3:30 PM	\$295
M/T/W/TH/F	9:30 AM-12:00 PM	\$375
M/T/W/TH/F	1:00-3:30 PM	\$375

4s PRESCHOOL AT CEDAR RIDGE ELEMENTARY

Families can expect children in Little Eagles Preschool at Cedar Ridge to experience the same interactive, stimulating, and academically rich programming that you have become accustomed to, with the added bonus of 30 additional minutes than a typical half-day program. Students get to practice for kindergarten by having lunch as a part of their preschool day. You have the option of bringing a lunch from home or purchasing a school lunch for an additional fee. We have dedicated preschool transportation to and from school for children living within the Eden Prairie School district boundary.

DAYS	TIME	COST PER MONTH
M/T/W/TH/F	10:15 AM-1:15 PM	\$435

SCHEDULE A TOUR

We would love to meet you and show you how your child will grow and thrive with Little Eagles Preschool. Set up a tour to explore our classrooms, meet our teachers and learn about our programs.

To complete the request form and arrange a tour, go to www.edenpr.org/Preschool and click the "Schedule a Tour" button.

EXAMPLE DAILY SCHEDULE

- Free choice time with teacher (includes dramatic play, writing and listening center)
- Gym/motor room or outside activities
- Snacks/lunch
- Large group activity
- Music and movement
- Small group activities: literacy and writing
- Read aloud and vocabulary
- Large group activity
- Rest/nap and quiet time activity
- Free choice and art
- Large group Smart Board activity
- Snack and reading
- Small group activities: math, science, and sensory
- Outside activities
- Story time
- Gym and free choice

**Parent Aware
Rated Program**



Highest Possible Rating

Our program is rated with the **Parent Aware** highest rating of four stars!

EXTENDED DAY AT LOWER CAMPUS

Expand your child's Little Eagles Preschool experience at Lower Campus through our extended day option. Our skilled staff will provide additional enriching activities and individualized instruction through structured play. Extended day is available after your child's afternoon preschool class from 3:30 to 6:00 PM. Create your own custom schedule! Choose anywhere from 1 to 5 consistent days per week.

1 day/week = \$40 per month 4 days/week = \$160 per month
 2 days/week = \$80 per month 5 days/week = \$200 per month
 3 days/week = \$120 per month



FAMILY SCHOOL FOR ENGLISH LANGUAGE LEARNERS

Escuela Familiar, Clases de Inglés como Segundo Idioma // Dugsiga Qoyska ee Dadka Barta Afka Ingiriisga

Learn English while your children participate in early childhood programming! Our afternoon Family School program still has openings for adults and children under three years old.

Family School offers English classes for adults at Lower Campus alongside early childhood programming for young children, starting in September and running through June 9. Class takes place from 1:00pm-3:15pm on Mondays and Wednesdays for the beginning class or Tuesdays and Thursdays for the advanced class. Regular attendance is expected.

To register for Family School or reserve a spot on the wait list, enroll online, then call Metro South Adult Basic Education to schedule the required pre-test. For more information, **visit www.edenpr.org/familylit** or contact Lydia Nelson at 952-975-6968.



Aprenda inglés mientras sus niños participan de los programas de Early Childhood (primera infancia)! Nuestro programa de Family School (Escuela Familiar) aun cuenta con vacancias para adultos y niños menores de tres años.

Family School ofrece clases de inglés para adultos en Lower Campus junto con los programas de Early Childhood para niños pequeños, iniciando en Septiembre y hasta el 9 de Junio. Las clases se desarrollan de 1:00 pm a 3:15 pm los Lunes y Miércoles para el Nivel Inicial o los Martes y Jueves para el Nivel Avanzado. Asistencia regular es esperada.

Para registrarse en Family School o reservar un lugar en la lista de espera, inscribese online, luego comuníquese con Metro South Adult Basic Education, para programar la prueba previa requerida. Para obtener más información, visite www.edenpr.org/familylit o comuníquese con Lydia Nelson al 952-975-6968.

Barro Ingiriisida iyada oo caruurtaaduna ay ka qeyb qaadanayaan barnaamijka waxbarashada hore ee caruurta! Barnaamijyadayada galabtii ee Dugsiga Qoysku waxa wali ka banaan boosas dadka waaweyn ah iyo caruurta da'doodu ka yartahey sadex jir.

Dugsiga Qoysku wuxuu ku bixiyaa Lower Campus-ka fasallo Ingiriisi ah oo dadka waaweyna iyo barnaamijyo caruurta yaryar ah, kuwaas oo bilaabma bisha September dhamaadana June 9-keeda. Waxey baxaan fasalada oo dhami saacadaha 1:00pm ilaa 3:15pm. Isniinta iyo Arbacada waxaa baxa fasalada heerka bilowga ah, halka Salaasada iyo Khamiistana ay baxaan kuwa heerkeedu sareeyo.

Si aad isaga diiwaan galisid Dugsiga Qoyska ama aad u gashid diiwaanka sugayaasha, iska diiwaangali shabakadayada barta internet-ka, ka dibna teleefan u dir qolada Metro South Adult Basic Education si aad u qaadatid imtixaanka qiimeynta ee qasabka ah. Si aad u heshid macluumaad dheerad ah, tag barta shabakada ee www.edenpr.org/familylit ama la hadal Lydia Nelson, 952-975-6968 ama Yussuf Issa, 952-975-7254.

Know someone who may be interested in attending Family School? Spread the word and share this information with them! Register at edenprairie.ce.eleyo.com, course Number #5800-01.

Literacy Toolkit

Access free online storybooks, information about literacy development, and toolkits and strategies for promoting reading and writing skills! The Literacy Toolkit is Community Education's new online resource for parents, teachers, and volunteers who are supporting literacy skill-building. Resources span a wide range of settings, from reading with toddlers and preschoolers at home to tutoring adult English learners in the classroom. Visit www.edenpr.org/literacytoolkit to find free worksheets, articles, events, and more.

LITTLE EAGLES PRESCHOOL

FULL-DAY PRESCHOOL, AGES 3-5

Looking for a quality preschool, but need flexibility? Our full-day preschool offers traditional preschool curriculum along with full-day programming that extends preschool learning throughout the day. Attend Little Eagles Preschool for a full day of learning and fun!

We focus on social, emotional, physical, and intellectual growth appropriate for 3 to 5 year olds to provide a solid foundation for lifelong learning. A team of teachers and staff will teach and support your child throughout the day.

The district food service provides an optional lunch to families interested in purchasing one for their child. You'll receive a menu each month so you can plan ahead for your family. Students eat in the Garden Room cafeteria-style to help better prepare them for lunch at the elementary school. We also have two snack times a day, one we provide and the other we ask you to send along with a water bottle.

DAYS	M/T/W/TH/F
DATES	Sept 3, 2019– June 9, 2020
OPEN TIMES	6:30 AM–6:00 PM
COST	\$52.80/Day
AGE	For children ages 3–5
LOCATION	Education Center 8040 Mitchell Road

5K PREP FULL-DAY PRESCHOOL, AGE 5

5K Prep is specifically designed to meet the needs of students who are just missing the cut-off to kindergarten, or need another year of preschool prior to heading off to kindergarten. Students will have the opportunity to grow and develop skills to prepare them for kindergarten and beyond. We focus on social-emotional learning and personalized instruction to challenge each child to their full potential and be successful in kindergarten: Attending 5K Prep will ensure a smooth transition for your little learner! Children must be age 5 by Sept. 30 to register. Prior childcare or preschool experience preferred.

Students will start and end their day in our new Eagle Zone school age care program at Cedar Ridge Elementary School. They will have an opportunity to learn and play with fellow classmates as well as positive role models within the school.

Classroom teachers will transition students from Eagle Zone to the classroom where they will begin their day with a morning meeting. Their morning will consist of small group and large group instruction, free choice time, world language, and social-emotional learning.

Students will eat lunch in the cafeteria with half-day preschoolers and Cedar Ridge kindergarteners. Lunch will be available for purchase. The afternoon includes a visit to the school's playground, a quiet rest time, and a visit to the school's media center. Afternoon snack will be provided.

DAYS	M/T/W/TH/F
DATES	Sept 3, 2019– June 9, 2020
OPEN TIMES	6:30 AM–6:00 PM
COST	\$52.80/Day
AGE	For children age 5 by Sept. 30, 2019
LOCATION	Cedar Ridge 8905 Braxton Drive

* NON-SCHOOL DAYS FOR FULL-DAY STUDENTS

Looking for an exciting option for your child when school is not in session? Little Eagles Preschool follows the district school-year calendar. Days when the district is not in session, we do not have classes, but your child can sign up for non-school day activities. The non-school day hours are 6:30 AM–6:00 PM at a cost of \$47 per day.

Our non-school days are fun-filled, themed days including special in-house activities and occasional field trips. We want these days to be fun for the kids as it's their day off as well.

Once registered, you will receive a calendar, so you know when all of the non-school days are held. You will also receive monthly emails with upcoming non-school day details along with registration deadlines.

PRESCHOOL FAQs

Can I take a tour?

Yes! Families are welcome to schedule tours and ask questions. To complete the request form to arrange a tour, go to www.edenpr.org/Preschool and click the "Schedule a Tour" button.

Preschool classes are held at:

HALF-DAY PRESCHOOL

Lower Campus—8100 School Road, Door #1B

Cedar Ridge Elementary—8905 Braxton Drive

FULL-DAY PRESCHOOL

Education Center—8040 Mitchell Road

What options are available for parent involvement in preschool?

All Little Eagles Preschool classes have opportunities for parents to be actively involved by volunteering, participating in field trips, and attending the parent days. Parent days are offered during the year. These days are a unique opportunity for you to see your child's class in action and also to network and learn with other parents.

Why are there no two-day preschool options?

Best practices show preschool has the biggest impact when children attend for four and five days; so, we have added more four- and five-day preschool options for both three and four-year-olds. There are lasting benefits from quality preschool education; more hours in the preschool classroom now will help them be better prepared for full-day kindergarten.

Is transportation available?

Lower Campus: Busing may be available for half-day preschool based on qualifying factors.

Cedar Ridge: For half-day preschool, busing is available for all children living within the Eden Prairie School District boundary.

Are special education resources available?

Eden Prairie Schools Community Education works with children of all abilities. Our staff work with enrolled families to provide reasonable accommodations as needed for each child. The goal for all children is to have independent, meaningful participation in the program. All children participating in programming must consistently demonstrate the ability to follow adult direction, show readiness for large group activities, including the ability to remain with the group, and follow safety rules.

Children need to meet state eligibility criteria in order to receive Early Childhood Special Education services. Questions and concerns regarding your child's development are welcomed. For additional information, contact the Early Childhood Special Education Office at 952-975-6979.

Does my child need to be toilet trained?

Children should be potty trained or must be actively potty training before entering preschool meaning they have:

- the ability to identify and verbalize the urge to use the restroom in a timely manner
- the ability to manage all self-help/toileting skills independently
- the ability to manage their preschool day including rest time without a pull-up

We are aware that it is developmentally appropriate for children of this age to have accidents from time to time. In the event that your child needs additional support through toilet training, classroom staff and Parent Educator will work with you and your child.

What if my child wasn't 3 by Sept. 1, 2019? Are there other preschool options for them?

Our ECFE program has an option for children who will turn 3 during the school year.

PRESCHOOL SAMPLER

This class is designed for the children to ease into the world of preschool. Children will "practice" preschool during this drop-off class. Students will strengthen their independence and will be ready to soar as a Little Eagle into preschool!

Preschool Sampler is held at the Lower Campus.

(Beginning February 11-12, 2020)

#1206-03 Wednesdays 9:00–11:30 AM

#1206-04 Tue/Thu 9:00–11:30 AM

1-Day Cost: \$175, 2-Day Cost: \$350

Is fee assistance available?

Financial assistance is available for full-day preschool through the county you live in for families who qualify. Learn more at www.edenpr.org/FeeAssistance.

For half-day preschool, fee assistance is available based on financial need or family factors. As you register online, you will be asked a series of questions to indicate if financial assistance is needed.

What if I need a year-round preschool option for my child?

Full-day preschool summer options are also available. Registration opens in January.

We have summer youth program options for ages 4+ through Community Education's EPIC program. The program is designed to be flexible and meet your family's needs!

What if I have more questions?

Please contact us by email (ComEd@edenpr.org), phone (952-975-6940), or stop by our office with any questions you may have!

RESOURCES FOR FAMILIES

EARLY CHILDHOOD SPECIAL EDUCATION

Eden Prairie Schools strives to ensure that each student reaches his/her full potential by working to meet the unique educational needs of every student who walks through our doors. One way Eden Prairie Schools meets the needs of students is through Early Childhood Special Education—programs and services that meet an individual child's needs for children with disabilities from birth to age 5.

Early Childhood Special Education includes:

- Early Intervention Services for children birth through age 2;
- Comprehensive assessment of development for children ages birth through age 5;
- Direct and consultative services for children with special education needs (birth through 5), including possible services of ECSE teachers, speech and language therapy, and motor specialists;
- Parent support and education regarding special services, community resources and child development;
- Children with special needs are served in a variety of natural and inclusive settings such as home, childcare, or preschool;

For more information about ECSE, please contact the Early Childhood Special Education office at (952) 975-6979.

SOMALI CULTURAL SPECIALIST

We are happy to share that we have additional support available for Somali speaking families participating in early childhood programs. Our Somali Cultural Specialist can assist with a variety of things like registration, teacher communication, conferences, and general program questions or concerns.

To talk to the Somali Cultural Specialist, call 952-975-7254 or visit Lower Campus at 8100 School Road, Eden Prairie.

FAMILY HOME VISITING

Do you have a question about tantrums, sibling relationships, bedtime routines, or healthy eating? Do you want to talk about developmental milestones or would you like to learn more about community resources?

Our licensed parent educator staff can connect with you by phone, email, home visit, or by appointment at either of our locations at no cost to you. We offer confidential, one-on-one discussion at no cost to Eden Prairie families with children ages birth through 5 years. Email ComEd@edenpr.org or call 952-975-6940 to learn more.

WHAT IS THE EARLY CHILDHOOD ADVISORY COUNCIL?

The Early Childhood Advisory Council is a lot like a PTO for Early Childhood and Little Eagles programming. It is very easy to be a part of our group. There is no membership process and no requirement to attend meetings. In a nutshell, it's a group for parents and guardians to connect and learn more about early childhood while also supporting the programming through fundraisers and grants.

Advisory Council participants have a channel to make their voice heard, weigh in on Early Childhood and Family Education (ECFE) and Little Eagles planning and programming, participate in organizing and promoting school fundraisers and help organize and vote in the annual Advisory Council Grant Program for ECFE and Little Eagles teachers. Meeting attendees also hear from educators, District Superintendent, or legislators throughout the year as well. Free childcare is available for all meetings, if reserved in advance. Contact kkeenana@edenpr.org AND lolivas@edenpr.org a week in advance of each meeting to reserve.

Because the Advisory Council is always evolving and transforms to best serve the needs of parent participants each year, it's hard to summarize the group's purpose and activities. We encourage you to attend an upcoming meeting to learn more in person!

Have questions? Email us at info@EPAdvisoryCouncil.com.

Do you have concerns about your baby's development?

Help Me Grow provides resources for families to understand developmental milestones and learn if there are concerns. This helps families take the lead in seeking additional support or referring their child for a comprehensive, confidential screening or evaluation at no cost. Help Me Grow is an interagency initiative of the State of Minnesota Department of Education, Department of Health and Department of Human Services. We partner with all local service agencies.

Free help is available through Help Me Grow. Call or visit their website to learn more and have your questions answered. Your baby's development can be evaluated at no cost to you.

www.HelpMeGrowMN.org
1-866-693-GROW



HAVE YOU SCHEDULED YOUR CHILD'S EARLY CHILDHOOD SCREENING? SCHEDULE TODAY!



Join us at Early Childhood Screening as soon as your child turns 3! This is a FREE and simple check of how your child is growing and developing. It is a requirement of the State of Minnesota for all preschool-aged children.

WHAT AGE SHOULD MY CHILD BE SCREENED?

If your child is between the ages of 3 and 5, it is time to schedule his/her Early Childhood Screening to check all areas of development including hearing, vision, speech, and motor abilities.

WHERE IS SCREENING HELD?

Screening appointments are held at the Education Center at 8040 Mitchell Road, Eden Prairie.

HOW DO I SCHEDULE AN APPOINTMENT?

The state of Minnesota requires that all children be screened before they enter kindergarten. Schedule your appointment today:

- Online at WWW.EDENPR.ORG/ECSCREENING
- Call **952-975-6940**

Questions? Please call or email us at ComEd@edenpr.org.

WHAT DATES ARE SCREENING APPOINTMENTS CURRENTLY AVAILABLE?

Screening appointments are available on various dates and times including evenings. Check our website or call to find out about a date and time that will work for your schedule.

WHAT INFORMATION IS GATHERED AT SCREENING?

Screening questions are tailored specifically to your child's age. Discover more about your child's development and learning, such as:

- Thinking, language, and communication skills
- Social and emotional development
- Large and small muscle coordination
- Height, weight, hearing, and vision

Early Childhood Screening is one way to support children in their early years of growth and development. It is also a way to identify children who may benefit from early childhood special services before they enter school and connects families with the appropriate resources and programs.

WHAT DOES SCREENING COST?

Early childhood screenings are FREE!

ARE INTERPRETERS AVAILABLE?

Yes! If you or your child needs interpreter assistance, please let us know when registering for your child's screening appointment.

WHAT TAKES PLACE AT A SCREENING APPOINTMENT?

The screening process looks at a number of things including the following:

- Preschool concepts
- Communication skills
- Motor skills
- Social skills



Make Your **FREE** Appointment Today WWW.EDENPR.ORG/ECSCREENING

JOIN US!

READY! for Kindergarten

Saturday, Jan. 25, 2020

Saturday, May 9, 2020

9:30 AM–12:00 PM

Education Center

MY CHILD IS...

READY!

for Kindergarten®

www.ReadyForKindergarten.org



READY!

for Kindergarten®

You're Invited to join us for **READY! For Kindergarten**. Learn the skills to help your child succeed + receive **FREE** learning tools!

Designed for families with children age 3 to 5.5 years old, **READY! for Kindergarten** is a nationally recognized program shown to give parents and caregivers the skills and tools to help children enter kindergarten at or above grade level. This class will include training on reading, writing, and social-emotional skills children need to thrive in school. It is for parents and guardians, and taught by a licensed early childhood parent educator.

Every educator who attends a **READY! for Kindergarten** session receives a high-quality collection of learning tools to further children's progress towards school readiness. *(This is a professional development opportunity for educators to earn CEU credits.)*

Yearly Household Income	READY!
\$40,001 and Above	\$60
\$0-\$40,000	FREE

READY! for Kindergarten is part of our ECFE program for which classes are priced on a sliding fee scale based on your household income. Payment is made in full at time of registration.

REGISTER Call 952-975-6940 or visit www.edenpr.org/READY

It's time to register for 2020-21

Kindergarten



Will your child be five years old on or before Sept. 1, 2020?
If so, it's time to register for Kindergarten!

Why do families love Eden Prairie Schools?

- **Low class sizes** – Eden Prairie Schools is committed to low class sizes and is among the lowest average kindergarten and 1st grade class sizes in the west metro.
- **High parent approval ratings** – Our outstanding teaching staff has a 97% approval rate among parents.
- **Spanish immersion** – A comprehensive Spanish immersion elementary school is a choice for your child to receive a high-quality bilingual education.
- **A+ Rating** – Eden Prairie Schools received the highest possible rating of “A+” from *Niche.com*.

How can I register?

Visit edenpr.org/kindergarten to see our registration checklist and view options for submitting your child's registration.

Join us in January

Our Kindergarten Registration Nights are a chance for parents/guardians to get help with registration, turn in forms, tour the building and hear from current parents at your child's school. Find your neighborhood elementary school at edenpr.org/school-locator and join us at one of the events listed below. **All events begin at 6 p.m.**

Cedar Ridge: Jan. 13
Forest Hills: Jan. 21

Eagle Heights: Jan. 16
Oak Point: Jan. 23

Eden Lake: Jan. 14
Prairie View: Jan. 28



EDEN PRAIRIE SCHOOLS
Inspiring each student every day

EPIC AFTERSCHOOL

EPIC afterschool programming aims to connect students to learning outside of the classroom in a variety of innovative ways, tailored to YOUR child's interests. Whether your child enjoys sports or science, creativity in art class or robotic challenges—we offer programs that will ignite new interests and challenge your student in a fun, safe, and supportive atmosphere.

Everyone is welcome to participate! In order to best serve your child, please disclose any special needs, allergies, or disabilities when registering. In the event of school closure due to weather, all EPIC programs will be canceled. If you need to cancel your registration, please call 952-975-6940. A full refund will be provided minus a \$5 processing fee. Refunds cannot be provided after class has begun. For information about fee assistance, call 952-975-6940 or visit www.edenpr.org/FeeAssistance.

** Indicates an evening or weekend opportunity.*

ACADEMIC ENRICHMENT

Babysitter Training*

Would you like to be a babysitter? Learn the skills needed to be a responsible caregiver! This Red Cross Babysitter's Training course will provide you with the tools you need. Designed for boys and girls, ages 10-16 this 8 hour course will cover age-specific child care and development, safety, basic first-aid, plus, how to find jobs, communicate with parents and run your own babysitting business! By the end, you will be ready and skilled to be a great child care worker! *Instructor: Allison Curtis(#7100A/#7100B) and Vicky Sarahan (#7100C).*

Ages 10-16.

#7100A

Mon-Wed, Feb. 10-Feb. 12

5:30 to 8:30 PM

Central Middle School, Room 319

3 Sessions - \$99

#7100C

Saturdays, Feb. 29-Mar. 7

9:00 AM to 12:30 PM

Central Middle School, Room 319

2 Sessions - \$99

#7100B

Mon-Wed, Mar. 23-Mar. 25

5:30 to 8:30 PM

Central Middle School, Room 319

3 Sessions - \$99



EXCITED TO ATTEND A CLASS?

Invite your friends to join you!

It is our desire that all EPIC classes and events take place as listed. However, if a class does not meet the minimum number of registrations in order to run, it will be canceled. The decision to run a class will be made the week before its start date.

Subscribe to our weekly email list at edenpr.org/EPIC to stay up-to-date on new classes and announcements!

ACADEMIC ENRICHMENT cont.

Grandmasters of Chess

New and returning students invited. Our winter session focuses on advanced beginner and intermediate concepts. The {YEL!} Teach It!...Practice It!...Play It! method keeps chess students progressing through 60+ chess lessons and thousands of puzzles as well as guided games and in-class tournaments. Class fee includes ChessKid.com membership for the session (\$49 annual value). Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. *Instructor: Youth Enrichment League. Grades 1-6.*

#2606-PV

Mondays, Feb. 3-Mar. 9

No Class Feb. 17

5 Sessions - \$89

#2606-EL

Thursdays, Feb. 6-Mar. 12

No Class Feb. 13

5 Sessions - \$89

#2606-CR2

Wednesdays, Apr. 15-May 13

5 Sessions - \$89

#2606-CR

Wednesdays, Feb. 5-Mar. 4

5 Sessions - \$89

#2606-PV2

Mondays, Apr. 13-May 11

5 Sessions - \$89

#2606-EL2

Thursdays, Apr. 16-May 14

5 Sessions - \$89

Grandmasters of Chess w/ US Master Nathan Hoover

Nathan's chess acumen rivals any coach in MN. He is a US Master and has experience teaching chess to hundreds of students who excel at local and state tournaments. A dynamic coach, Nathan strives to engage students of any level at every lesson. Newcomers will be introduced to the basics and returning students will receive lessons, puzzles at their level as well as playing against competitive students each class. Due to the popularity of this class, we are offering two classes at the same time with Nathan Hoover and another instructor. Nathan will teach each class 50% of the time in each class. *Instructor: Youth Enrichment League. Grades 1-6.*

#2616-OPEH A1

Thursdays, Jan. 30-Mar. 26

No Class Feb. 13

8 Sessions - \$119

#2616-OPEH B1

Thursdays, Apr. 9-May 28

8 Sessions - \$119

#2616-OPEH A2

Thursdays, Jan. 30-Mar. 26

No Class Feb. 13

8 Sessions - \$119

#2616-OPEH B2

Thursdays, Apr. 9-May 28

8 Sessions - \$119

Kidpreneur! Be the Boss

Become the boss! Learn how to be an entrepreneur! Open a lemonade stand, be a children's book author, a greeting card maker or explore another business idea. Learn how to find customers and how to run your own kid-sized company! Join us and meet other kidpreneurs in this fun-filled class. *Instructor: The Artistic Edge. Grades 3-6.*

#7716-CR

Mondays, Feb. 24-Mar. 16

4 Sessions - \$69

#7716-FH

Thursdays, Apr. 9-Apr. 30

4 Sessions - \$69

#7716-EL

Thursdays, Mar. 19-Apr. 16

No Class Apr. 2

4 Sessions - \$69

#7716-PV

Mondays, Apr. 13-May 4

4 Sessions - \$69

#7716-OPEH

Tuesdays, Apr. 7-Apr. 28

4 Sessions - \$69



ACADEMIC ENRICHMENT cont.

Make Your Own Board Game

If you look forward to game night, this class is right up your alley! Brainstorm a unique game of your own or recreate one in your own style using mixed media such as board, paint, markers and other fun materials. The only limit is your imagination! This class is taught by the Eden Prairie Art Center! *Instructor: Eden Prairie Art Center.*

Grades 1-4.

#4001-OPEH
Thursdays, Feb. 27-Mar. 26
5 Sessions - \$99

Nature Explorer Club

This outdoor nature class offers children what they really need; time spent outside, actively learning and exploring in the natural world. Sessions will engage children in active, hands-on experiences throughout the changing seasons. Participants should dress for adventure and the changing weather! *Instructor: Jen Heyer (#3004-CR1/#3004-CR2), Maria Villavicencio (#3004-EL1/#3004-EL2).* **Grades 1-2.**

#3004-CR1
Mondays, Feb. 3-Mar. 9
No Class Feb. 17
5 Sessions - \$109

#3004-EL1
Mondays, Feb. 3-Mar. 9
No Class Feb. 17
5 Sessions - \$109

#3004-CR2
Mondays, Apr. 13-May 11
5 Sessions - \$109

#3004-EL2
Mondays, Apr. 13-May 11
5 Sessions - \$109

Prepare for the ACT: 4+ Point Increase*

The most in-depth and thorough ACT preparation course available in Minnesota! Dive deep into each section of the ACT (Reading, Science, Math, English and Writing), learning not only general strategies but also specific tips and tricks to help you ace the ACT. Taught by an expert tutor who's scored a 36 himself, students won't just learn the content of the ACT but will also take a full-length practice exam each week to "get used" to the real text. Class meets on Tuesdays and included practice tests are held on Saturdays. *Instructor: Max Dupslaff.*

#2710-EPHS
Tue, Sat, Jan. 11-Feb. 18
No Class Feb. 4 and Feb. 8
10 Sessions - \$595

Stormy Weather

Celebrate all that Mother Nature has to offer by making weather-activated ART. Discuss different natural elements and discover how to create artworks that come alive during particular types of weather. Wind chimes, sun catchers, invisible drawings that can only be seen when it is raining are a few of the projects! Weather or not, we will be creating great projects! PLEASE NOTE: This class is 1.5 hours long. *Instructor: Eden Prairie Art Center.* **Grades 1-4.**

#4020-EL
Tuesdays, Apr. 14-May 12
5 Sessions - \$99

Subscribe to our weekly email list at edenpr.org/EPIC to stay up-to-date on new classes and announcements!

ART & CREATIVITY

Adventures in Clay!

The Eden Prairie Art Center comes to EPIC afterschool with this popular class on clay. Learn to make clay pots, animals, houses and more from a skilled instructor who will also teach about the history of clay and its uses in ancient cultures. Learn about decorating techniques too and then pick out the color of underglaze for your finished project. See your masterpiece arrive back in the classroom fired and ready to show off. Come and meet new friends, learn a little history while you mold, shape, sculpt and more! PLEASE NOTE: Each class is 1.5 hours long. *Instructor: Eden Prairie Art Center.* **Grades 2-5.**

#3635-FH
Tuesdays, Jan. 28-Feb. 25
No Class Feb. 11
4 Sessions - \$89

#3635-OPEH
Wednesdays, Apr. 15-May 6
4 Sessions - \$89

#3635-PV
Tuesdays, Mar. 3-Mar. 24
4 Sessions - \$89



ART & CREATIVITY cont.

Beginner Guitar

School of Rock in Eden Prairie comes to EPIC afterschool! This no-pressure, non-competitive class is strictly about immersing yourself in the joys of playing guitar. The guitar teacher has several years experience teaching youth who are beginner guitar players. Patience, enthusiasm and positive reinforcement are at the heart of all the activities in this camp. Learn about the guitar parts, basics of playing including proper strumming and picking. We will also dabble in the riffs most often used in rock-n-roll and learn a few classic rock songs! *Instructor: School of Rock.*

Grades 1-6.

#4022-EL

Thursdays, Feb. 20-Mar. 26

6 Sessions - \$109

L.O.L Surprise! Doll Extravaganza

Do you love L.O.L Surprise! dolls? Come play all things L.O.L. Surprise! Crafts, puzzles, glitter and games. A time to meet new friends who love L.O.L Surprise! *Instructor: The Artistic Edge.* **Grades K-3.**

#7714-FH

Tuesdays, Jan. 28-Feb. 25

No Class Feb. 11

4 Sessions - \$69

#7714-PV

Wednesdays, Feb. 26-Mar. 18

4 Sessions - \$69

#7714-CR

Wednesdays, Jan. 29-Feb. 19

4 Sessions - \$69

#7714-EL

Tuesdays, Mar. 3-Mar. 24

4 Sessions - \$69

#7714-OPEH

Thursdays, Feb. 20-Mar. 12

4 Sessions - \$69

DRIVER EDUCATION

Community Education offers teen driver education in cooperation with Safeway Driving School. Safeway Driving School has been graduating teen drivers in the Twin Cities area for over 45 years. Classroom instruction prepares the student to take the Minnesota permit test and begin the responsibility of driving. Behind-the-wheel instruction includes six hours of driving in three, two-hour private lessons. All of Safeway's instructors are licensed by the Minnesota Department of Public Safety.

Cost: \$399 Teen Driving Package
(classroom and behind the wheel instruction)
\$249 Classroom Instruction only

Location: Eden Prairie High School

Offered in partnership with Eden Prairie Community Education. To register call 952-975-6940 or visit edenprairie.ce.eleyo.com.

NEW! Looking for something to do together?

Mother/Daughter Jewelry Making*

Find more information on this and other parent/child classes on page 42-44.

SPRING BREAK! Maker Space

Design, create, build, tinker, imagine, and make with us! Dig into a range of materials in this student-centered, art-based maker space. Bring your imagination, creativity and an exploratory mindset. We'll bring the cardboard, glue, paper, rubber bands, popsicle sticks, piper cleaners, ribbon, tape and challenges to inspire your creativity. *Instructor: Improv Parenting.* **Grades 1-4.**

#7708-NSD

Tue-Thu, Mar. 31-Apr. 2

3 Sessions - \$69

Unscripted You!

Improv for Tweens

Like laughing? Playing games? Telling stories? Join us for an introduction to improv - an unscripted, made-up in the moment form of theater that is fun, and funny. It's more than that! We will laugh together as we practice teamwork, finding our voices, communication and processing skills and more. Join us for six weeks of having fun and creating cool stories! *Instructor: Improv Parenting.* **Grades 2-6.**

#7712-EL

Tuesdays, Feb. 18-Mar. 24

6 Sessions - \$89

#7712-OPEH

Tuesdays, Apr. 7-May 12

6 Sessions - \$89

#7712-PV

Wednesdays, Apr. 8-May 13

6 Sessions - \$89

* Indicates an evening or weekend opportunity.

SPORTS AND FITNESS

Fencing Gr. 2-5

Get pumped and primed for the year end, Spring Fencing Championship. Coaches will also hold an in-class tournament toward the end of the session. Each YEL! fencing class follows four basic components: Teach It! Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum. Practice It! Students pair up and practice the fencing move or concept, rotate partners and repeat. Move It! Students then participate in fencing matches using only the moves taught so far. Play It! Students fence with multiple fencers at their skill level during each class. Spring sessions include an in-class tournament. All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with YEL! Spring Fencing Championship invites students from all over the state. There is a separate fee. Students are encouraged to attend, but not required. *Instructor: Youth Enrichment League. Grades 2-5.*

#2704-A

Thursdays, Jan. 9-Mar. 26

No Class Feb. 13, Feb. 27, Mar. 5 & Mar. 12

8 Sessions - \$125

#2704-AA

Thursdays, Apr. 9-May 28

8 Sessions - \$125

Fencing Gr. 6-12

Join this fast growing Olympic sport. Each {YEL!} fencing class follows four basic components: •Teach It!...Hall of Fame Olympic Fencing Coach Ro Sobalvarro crafts our lessons and curriculum. •Practice It!...Students pair up and practice the fencing move or concept, rotate partners and repeat. •Move It!...Students then participate in fencing matches using only the moves taught so far. •Play It!...10-15 minutes each class students fence with multiple fencers at their skill level. All equipment provided. Sign up today to THINK, LEARN and PLAY WELL with {YEL!}. The {YEL!} Fencing Team will be working toward competing in dual meets and the State High School Championship. Students are not required to compete in these team events, but may be encouraged by their coach. The {YEL!} Fencing Team will be made up of three or more members in the following divisions: Men's Foil, Women's Foil, Men's Epee and Women's Epee. *Instructor: Youth Enrichment League. Grades 6-12.*

#2705-A

Thursdays, Jan. 9-Mar. 26

No Class Feb. 13, Feb. 27, Mar. 5 & Mar. 12

8 Sessions - \$149

#2705-AA

Thursdays, Apr. 9-May 28

8 Sessions - \$149

Golf Squad

Golf Squad for elementary students is a five week, after school club that meets once a week for an hour with a golf industry professional. All participating families receive weekly emails detailing students progress and class outline. All essentials are provided during class. Simply register, show up and build the foundation to enjoy golf for a lifetime. *Instructor: Golf Squad. Grades 2-6.*

#2665-OPEH

Tuesdays, Feb. 18-Mar. 24

6 Sessions - \$159

#2665-PV

Mondays, Apr. 13-May 18

6 Sessions - \$159

#2665-OPEH2

Tuesdays, Apr. 21-May 26

6 Sessions - \$159

#2665-FH

Thursdays, Apr. 23-May 28

6 Sessions - \$159



NEW! Looking for something to do together?

Meditation for a Happy Family*

-or-

Father/Daughter (& Mother/Son) Dance Class*

Find more information on this and other parent/child classes on page 42-44.

SPORTS AND FITNESS cont.

Junior Basketball

Fundamentals and fun are in store with YEL! Junior Basketball. Emphasis is placed on basic skills development of dribbling, shooting, passing, sportsmanship and teamwork. We then use engaging and dynamic games to cement students' growth including our unique three-on-three style game. This is a high-octane class with an inclusive atmosphere. But hurry, the shot-clock is running down!

Instructor: Youth Enrichment League. Grades K-3.

#2703-CR

Mondays, Feb. 3-Mar. 9

No Class Feb. 17

5 Sessions - \$69

#2703-PV

Wednesdays, Feb. 5-Mar. 4

5 Sessions - \$69

#2703-OPEH

Thursdays, Feb. 6-Mar. 12

No Class Feb. 13

5 Sessions - \$69

#2703-FH

Tuesdays, Feb. 4-Mar. 10

No Class Feb. 11

5 Sessions - \$69

Kung Fu-Wu Shu for Self-Defense & Fitness

Not just punching and kicking, experience the life-long benefits of Kung Fu (the Chinese martial art of self-defense and fitness) and build muscle, power, flexibility and agility. Join a fun, progressive, full-participation class, which will focus on skill building exercises that will strengthen the mind and body. Certification is available. *Instructor: National Treasure Kung Fu. Grades K-6.*

#2632-OPEH 1

Thursdays, Jan. 23-Mar. 12

No Class Feb. 13

7 Sessions - \$85

#2632-OPEH 2

Thursdays, Apr. 9-May 21

7 Sessions - \$85

Meditation, Fitness and Yoga Boot Camp

This fun boot-camp has a little of everything for boys and girls. Have fun with obstacle courses, trampolines, tunnels, ladders and fun fitness activities! Study and practice different poses and participate in yoga challenges. Through these we will learn balance, flexibility, agility, and coordination. Each class includes meditation, and discussions on being positive, respectfulness, kindness, and mind/body wellness. Join us to meet new fitness friends in this fun class!

Instructor: Fitness Boomers. Grades 2-6.

#2607-EL

Tuesdays, Feb. 18-Mar. 10

4 Sessions - \$59

#2607-OPEH

Thursdays, Apr. 9-Apr. 30

4 Sessions - \$59

#2607-CR

Tuesdays, Mar. 17-Apr. 14

No Class Mar. 31

4 Sessions - \$59

Soccer

Get outside and get kickin'!

We teach the fundamentals of dribbling, passing, receiving and scoring. Emphasis is on teamwork, fundamentals, safety and fast-paced action. Get your pulse pounding today.

Instructor: Youth Enrichment League.

Grades K-3.

#2631-CR

Mondays, Apr. 27-Jun. 1

No Class May 25

5 Sessions - \$69

#2631-EL

Tuesdays, Apr. 28-May 26

5 Sessions - \$69

#2631-PV

Wednesdays, Apr. 29-May 27

5 Sessions - \$69

#2631-OPEH

Thursdays, Apr. 30-May 28

5 Sessions - \$69



STEM

All Things LEGO®: Cranes, Trains and Automobiles

What can you do with over 10,000 LEGO® parts? Design and build as never before! Explore concepts in physics, engineering and architecture as we build Rail Racers, Automobiles and Forklifts. Bring your craziest idea too! This is hands-on, minds-on learning. *Instructor: Play-Well TEKnologies.*

Grades 2-6.

#7710-FH

Thursdays, Jan. 30-Mar. 12

No Class Feb. 13

6 Sessions - \$99

#7710-CR

Mondays, Mar. 9-Apr. 27

No Class Mar. 30 and Apr. 6

6 Sessions - \$99

#7710-OPEH

Wednesdays, Mar. 11-Apr. 22

No Class Apr. 1

6 Sessions - \$99

SPRING BREAK! Camp REM5: Exploring Virtual Reality

Join us on a field trip to REM5 in St. Louis Park to experience Virtual Reality. Discuss and experience all things VR ranging from the history, how the technology actually works, and the differences between the wide range of hardware that's currently available. And of course, there will be plenty of time in the headsets experiencing content ranging from entertainment to education and storytelling. Whether this is your first time or you are an experienced VR user, join us for a fun afternoon. This class will begin and end at Oak Point / Eagle Heights. *Instructor: REM5. Grades 4-6.*

#4050NSD

Tuesday, Mar. 31

1 Session - \$30

SPRING BREAK! Multiplayer Minecraft: Colosseum Builder

NEW! Become the architect of three mini-game battle arenas! Build your own spleef arena, capture the flag base, and king of the hill stadium, then challenge your friends! Battle it out in spleef, plan your base in capture the flag, and have a snowball fight in king of the hill! Students will get a copy of the world map to take home and expand on. We will be using the PC/Java edition of Minecraft. This class will begin and end at Oak Point / Eagle Heights. *Instructor: Tech Academy.*

Grades 3-6.

#2708-NSD

Thu, Fri, Apr. 2-Apr. 3

2 Sessions - \$89

SPRING BREAK! Robotic Builders: Gamer-bots

Let the games begin! Designed by experts at M.I.T., LEGO WeDo Robotics' unique system teaches you about simple machines, engineering, programming and more. We will learn programming concepts while working with sensors, motors, and special technics components. Join us to build and program smart robots, based on popular games such as Angry Birds, Hockey, Just Dance, Duck Hunt and more! This class will begin and end at Oak Point / Eagle Heights. *Instructor: Tech Academy. Grades K-2.*

#2610-NSD

Thu-Fri, Apr. 2-Apr. 3

2 Sessions - \$89

We have Multi-Age classes open to youth and adults!

- Kung Fu - Wu Shu
- Make (Turn) a Wooden Bowl
- Make a Wood Strip Cutting Board
- Build a Ukulele
- Make a Wood Pen
- Bob Ross Paint-it-And-Take-It Landscape Oil Painting Class
- Instant Guitar for Hopelessly Busy People
- Instant Piano for Hopelessly Busy People

Find out more on page 43-44!

NEW! Looking for something to do together?

Cookies for Kids & Adults*

-or-

Parent/Child Cake Decorating Wars*

Find more information on this and other parent/child classes on page 42-44.



*It's never too early
to start dreaming of summer!*

EPIC SUMMER CAMP





.....➤ [FOR AGES 4-16]

2020 SUMMER
REGISTRATION
OPENS
FEBRUARY 19!



JUNE 22 – AUGUST 10

Continue the fun! EPIC camps run all summer long for youth ages 4–16 with new camps offered every week. Camp programming is designed to meet your needs with over 300 camps to choose from! There are half-day and full-day options with flexible drop off and pick up times to meet Eden Prairie families' needs.

-  **FUN FOR KIDS** With more classes being offered this year and eight weeks of programming, your child is sure to find something they are interested in.
-  **FLEXIBLE FOR FAMILIES** Summer camps are scheduled Monday-Thursday with half-day and full-day options. Drop off times start at 8:00 AM and pick up by 5:00 PM.
-  **AFFORDABLE** We offer a wide variety of classes and prices to fit your family's needs. Fee assistance and payment plans are available. Call 952-975-6940 to learn more.
-  **TARGETED** Students who have been referred by their teacher for Targeted Services are invited to participate in select camps at no cost throughout the summer. Academic and social-emotional goals are an important component of these camps.

PARENT/CHILD CLASSES

All adult/youth pairs welcome; class is not limited to parent/child pairs.

Parent/Child

Cake Decorating Wars

Have you ever wanted to decorate a cake like a professional? Do you like competitions? Then you will definitely want to participate in this class! Your youth/adult team of two will brainstorm designs then strategically decorate your team's 2-layer, 8-inch cake. Use colorful bags of icing, decorating metal tips, and other materials to create your masterpiece. Cakes will be judged and prizes awarded! This is a friendly competition where everyone gets to have their cake and eat it too! **PLEASE NOTE:** All adult/youth (Grades 2-6) pairs welcome; class is not limited to parent/child pairs. **Grades 2 - 6.**

#4030 - Thursday, Mar. 19
6:00 to 8:00 PM
Education Center, Room 320
1 Session - \$40.00 per adult/child team

Cookies for Kids & Parents

Kids and parents and cookies... what a terrific combination! Designed for kids age 6+ with an adult, you will create and take home 6 kinds of cookies. Rolled Sugar Thins will be ready for you to paint original designs. Kids and parents will mix, shape and bake the famous Peanut Butter Balls. Already mixed and ready for shaping will be Chocolate Mint, Peppernuts, Sugar Drop to be dipped in assorted sprinkles, and finally multi-colored Spritz cookies. Bring containers to transport your cookies home. Cost for food (\$14/pair) will be collected in class. **PLEASE NOTE:** All adult/youth (age 6+) pairs welcome; class is not limited to parent/child pairs. Each person must register. Instructor: Laurel Severson. **Ages 6+.**

#4834-01 - Saturday, Mar. 7
9:00 AM to 12:00 PM
Eden Prairie High School, Room 163
1 Session - \$29 per person

Mother/Daughter

Jewelry Making

Spend time with your 5th-6th grade child learning art skills by making jewelry out of clay and metal. You will be guided through the process of working with clay and wire to produce truly unique pieces, from layered earrings to handmade necklaces. No experience necessary. **PLEASE NOTE:** This course is designed for youth with an adult. All adult/youth pairs welcome; class is not limited to parent/child. Each person must register. **Grades 5-6.**

#4050 - Wednesdays, Apr. 29-May 6
6:00 to 8:00 PM
Oak Point/Eagle Heights
2 Sessions - \$42 per person

Father/Daughter (& Mother/Son)

Dance Class!

Get ready for the City's Feb. 8 Father/Daughter Sweetheart Dance or just enjoy a night of fun with your child learning swing and other dance moves. Jay's students have described him as, "Patient, fun, helpful, and the best instructor ever!" He is recruited by cruise lines around the world and is one of the metro area's best dance instructors. **PLEASE NOTE:** All adult/youth (kindergarten +) pairs welcome; class is not limited to parent/child pairs. Each person must register. Instructor: Jay Dudding.

#5315-01 - Saturday, Feb. 1
10:00 to 11:30 AM
Central Middle School, Gym, Auxiliary
1 Session - \$19 per person

Meditation for a Happy Family

Experience the benefits and impact of meditation on family life! Bond with your loved ones as you participate in fun activities, games, and meditation exercises. Please join Arvind and Ashwini Naik, long-term meditators, who have been leading meditation programs for families for the last 15 years for this interactive workshop. This class is for families with youth ages 5-12 and their parents or guardians. Instructor: Arvind Naik.

#4704-02 - Saturday, Feb. 15
9:30 to 11:45 AM
Central Middle School, North Cafeteria
1 Session - \$19 per family



MULTI-AGE CLASSES

These classes are open to youth (minimum ages vary) and adult participants. Registration fees are per person.

Bob Ross Paint-it-And-Take-It Landscape Oil Painting Class

[Ages 13 to Adult]

Paint your own Bob Ross replica landscape oil painting! Enjoy the step-by-step approach to complete your painting on a 20x16 canvas. Bring a friend and be amazed to know the true Joy of Painting. *Instructor: Michael Tischendorf.*

#5120-01 (Moonlit Seascape)
Monday, Feb. 24
5:30 to 9:00 PM
Central Middle School, Room 324
1 Session - \$59

#5120-04 (Northern Lights)
Wednesday, Apr. 22
5:30 to 9:00 PM
Central Middle School, Room 324
1 Session - \$59

Build a Ukulele

[Ages 14 to Adult]

Build a quality ukulele in this class over 4 weeks. Instruments will be constructed from the Stewart MacDonald Soprano, Concert or Tenor ukulele kits. Instruction includes construction methods, techniques, theory and open work time. Instructor will contact participants 2 weeks prior to the start of class for ukulele options and selection. \$80-110 for Ukulele kit and consumables is payable to instructor in class. Cost varies depending on choice of Soprano, Concert or Tenor Ukulele kit. *Instructor: Lyons Creations - Chris Lyons.*

#6102-03
Mondays, Mar. 2-Mar. 23
6:00 to 8:30 PM
Central Middle School, Room 209
4 Sessions - \$139

Kung Fu - Wu Shu: Beginner to Green Belt [Ages 5 to Adult]

Learn effective kicking, punching & self-defense skills to strengthen the mind and body. Join a fun, progressive class & build muscle, power, flexibility, coordination, and agility. Optional uniform, certification from White Belt to Black Belt available. *Instructor: National Treasure Kung Fu - Sandra Lam.*

#4712-02
Tuesdays, Jan. 21 - Mar. 17
No Class Feb 25 and Mar 3
6:15 to 7:00 PM
Central Middle School, Gym, Auxiliary
7 Sessions - \$85.00

#4712-03
Tuesdays, Apr. 14 - May 26
6:15 to 7:00 PM
Central Middle School, Gym, Auxiliary
7 Sessions - \$85.00

Kung Fu - Wu Shu: Green to Black Belt [Ages 5 to Adult]

Learn effective kicking, punching & self-defense skills to strengthen the mind and body. Join a fun, progressive class & build muscle, power, flexibility, coordination, and agility. Optional uniform, certification from White Belt to Black Belt available. *Instructor: National Treasure Kung Fu - Sandra Lam.*

#4717-02
Tuesdays, Jan. 21 - Mar. 17
No Class Feb 25 and Mar 3
7:00 to 7:45 PM
Central Middle School, Gym, Auxiliary
7 Sessions - \$85.00

#4717-03
Tuesdays, Apr. 14 - May 26
7:00 to 7:45 PM
Central Middle School, Gym, Auxiliary
7 Sessions - \$85.00

Make (Turn) a Wood Bowl

[Ages 16 to Adult]

Learn the basics of turning your own bowl in a woodshop. Learn about different techniques and approaches to bowl turning from scratch and make your own piece to walk out with. Beginner to intermediate experience levels are welcome. *Instructor: Lyons Creations - Chris Lyons.*

#6101-05
Saturday, Jan. 11
9:00 AM to 1:00 PM
Central Middle School, Room 209
1 Session - \$79

#6101-06
Saturday, Feb. 8
9:00 AM to 1:00 PM
Central Middle School, Room 209
1 Session - \$79

#6101-07
Saturday, Mar. 14
9:00 AM to 1:00 PM
Central Middle School, Room 209
1 Session - \$79

#6101-08
Saturday, Apr. 18
9:00 AM to 1:00 PM
Central Middle School, Room 209
1 Session - \$79

#6101-09
Saturday, May 9
9:00 AM to 1:00 PM
Central Middle School, Room 209
1 Session - \$79

MULTI-AGE CLASSES

These classes are open to youth (minimum ages vary) and adult participants. Registration fees are per person.

Wood Strip Cutting Board

[Ages 14 to Adult]

Learn the basics of making your own woodstrip cutting board in a woodshop. Explore different techniques for making cutting boards and basic woodworking. Beginner to intermediate experience levels are welcome. *Instructor: Lyons Creations - Chris Lyons*

#6103-02

Mon, Tue, Apr. 6–Apr. 7

6:00 to 8:30 PM

Central Middle School, Room 209

2 Sessions - \$79

Instant Guitar for Hopelessly

Busy People [Ages 13 to Adult]

In just a few hours, learn some basic chords and start playing along with your favorite songs right away! Bring your acoustic guitar. Fee includes the online book and online videos. *Instructor: IKI - Greg Sampson.*

#5309-02

Monday, Feb. 10

6:30 to 9:00 PM

Central Middle School, Room 610D

1 Session - \$59

Instant Piano for Hopelessly

Busy People [Ages 16 to Adult]

In just a few hours, learn all the chords you'll need to play any song. Fee includes the online book and online videos. *Instructor: IKI - Jim Anderson.*

#5305-02

Monday, Apr. 13

6:30 to 9:30 PM

Central Middle School, Room 610D

1 Session - \$59



It's time for a change. We need to hear from YOU!

- We hope to reduce waste, lower expenses and better serve our customers by streamlining our communications.
- We're currently reviewing how we share information about our programs with the community. Your feedback is important in shaping how our catalogs and electronic communications are delivered!
- Complete our three minute survey for a chance to **win \$50 toward any Community Education program!**

To access the survey digitally, scan the QR code or visit edenpr.org/CESurvey.
For a paper survey, stop by the Education Center.



ADULT LEARNING

Become a lifelong learner with Eden Prairie Community Education! Adult Learning offers a variety of high quality, reasonably priced, enrichment opportunities in a number of subject areas. We have quality instructors and classes offered at convenient times and locations to fit your busy schedule. General topics include computer courses, dance, financial planning, fitness, hobbies, music, language, personal growth, cooking, health and wellness and more. Learners from any community are welcome to register for an Eden Prairie Community Education Class—there's no need to live in Eden Prairie to participate.

Winter is coming! Make sure your email address is accurate in the Eleyo registration system. This is how we will communicate cancelled and rescheduled classes due to the inclement weather.

ADULT ACADEMY

Discover Spain and Portugal: From the Moors to Columbus

Experience Spain and Portugal from the 700's when the Moors arrived in Spain, through the Reconquista (reconquest) of the Christians to the Age of Exploration (1400's). Journey through the complex stories of wars, royal families and religion that make up the history of the Iberian Peninsula. Have fun learning from one of Eden Prairie's favorite retired history teachers! *Instructor: Pam Skaar Meier.*

#4926-01

Tuesday, Jan. 14

6:30 to 8:00 PM

Eden Prairie High School, Room 129

1 Session - \$19

How to Teach a Community Education Class

Discover how to effectively share your passion and expertise with our community! Have a hobby, skill, or a trade you would like to pass on to others? It could become a class in this catalog! We can help you put your ideas into action! Learn what separates content experts from great Community Ed instructors! Whether you are already teaching, have always wanted to teach, or are looking for new ways to get involved in the community, join us for this informational session on teaching adults and youth through our program.

#4893-01

Tuesday, Jan. 14

6:30 to 7:30 PM

Education Center, Room 320

1 Session - FREE

#4893-02

Thursday, Mar. 26

6:30 to 7:30 PM

Education Center, Room 201

1 Session - FREE

What You always Wanted to Know about Islam and Muslims

Gain a better understanding of what Islam teaches and what Muslims practice. The class will introduce basic terminology, demographics, religious celebrations, and differences between religion and culture. Get your questions answered firsthand in a safe and open environment. *Instructor: Islamic Resource Group.*

#4908-02

Monday, Mar. 9

6:30 to 8:00 PM

Education Center, Room 201

1 Session - \$19



COMMUNICATION AND WRITING

Creative Writing

Paint a picture in words stressing content, construction, and clarity for the reader. Write and share work with classmates using description, dialogue, humor and insight. Develop stories of real life memories, fiction, poetry, essays, rants. Enjoy constructive discussions with other writers sharing common goals. *Instructor: Nancy Thompson.*

#4124-02
Tuesdays, Jan. 7-Feb. 25
1:00 to 3:00 PM
Senior Center, Room 209
8 Sessions - \$75

#4124-03
Tuesdays, Apr. 7-May 26
1:00 to 3:00 PM
Senior Center, Room 209
8 Sessions - \$75

From Memories to Stories: Beginning Memoir Class

Give your loved ones a gift only you can give. Transform your memories into cherished stories of your life and times. Document your personal concept of life's wins and losses in a supportive environment. *Instructor: Nancy Thompson.*

#4115-02
Tuesdays, Jan. 7-Feb. 25
10:00 AM to 12:00 PM
Senior Center, Room 209
8 Sessions - \$75

#4115-03
Tuesdays, Apr. 7-May 26
10:00 AM to 12:00 PM
Senior Center, Room 209
8 Sessions - \$75

Poetry Play

Explore writing poetry or enhance your writing. Each week will include: a mini-lesson on a poetic topic, time for generating new poetry, and time for respectfully workshoping poems that we create. Discover creative ways to share our work with others. Bring pens and a notebook. Other materials will be provided. *Instructor: Beth Spencer.*

#4130-01
Tuesdays, Apr. 14-May 5
10:00 to 11:30 AM
Education Center, Room 320
4 Sessions - \$79



COMPUTER AND TECHNOLOGY

Intro to Excel

Discover how Excel can simplify tasks and help you organize information and data. Explore Excel's built-in screen elements and master the basics of this computer program: creating a spreadsheet, making basic changes, formatting it for emphasis or to make it attractive, and printing it. For those new to Microsoft Excel or wanting to learn more about what it can do. *Instructor: Carol Guncheon.*

#4378-02
Mondays, Feb. 3-Feb. 10
6:30 to 8:30 PM
Education Center, Room 207
2 Sessions - \$75

Maximizing Excel: Excel Formulas & Functions

Get the most out of Excel! Improve your efficiency with formulas and functions. Create an arithmetic formula from scratch, explore the potential of built-in "functions", link worksheets and/or workbooks and format your spreadsheet based on values within it. For those with Microsoft Excel experience. *Instructor: Carol Guncheon.*

#4241-02
Mondays, Mar. 16-Mar. 23
6:30 to 8:30 PM
Education Center, Room 207
2 Sessions - \$75

Maximizing Excel: Now What?

Explore the full potential of Excel! Learn to sort your data, filter it to display only necessary information, subtotal it, group it, and summarize it in a Pivot Table or Pivot Chart. For those with Microsoft Excel experience. *Instructor: Carol Guncheon.*

#4374-02
Mondays, Apr. 27-May 4
6:30 to 8:30 PM
Education Center, Room 207
2 Sessions - \$75



CULINARY CREATIONS

Please note we cannot accommodate for food allergies. Should you have a question about allergens at a particular class, please contact our Adult Program Coordinator at 952-975-6941.

Asian Favorites

Begin by preparing delicious egg rolls stuffed with pork, shrimp and vegetables served with both hot mustard and sweet and sour sauce for dipping. Then fix up fried rice using chicken, shrimp, fresh vegetables and the secret sauce. Classic pork chow mein follows, served with crispy egg noodles as well as chicken egg foo young.

Instructor: Jeff Sandino.

#4879-01

Tuesday, Jan. 21

6:00 to 9:00 PM

Eden Prairie High School, Room 163,
FACS Room

1 Session - \$35

Fabulous Fish Dishes

Grill fresh tuna steaks with a fabulous Mediterranean style relish served with pasta tossed with garlic in olive oil. Slow bake moist, flaky Atlantic salmon with oven dried tomato and dill butter sauce. Pan fry Walleye Pike to a crispy golden brown served with homemade tartar sauce and mashed potatoes. Finish with Key lime pie topped with fresh whipped cream. *Instructor: Jeff Sandino.*

#4876-01

Tuesday, Mar. 17

6:00 to 9:00 PM

Eden Prairie High School, Room 163,
FACS Room

1 Session - \$35

Instant Pot Basics - #1 Intro to the Instant Pot

Get comfortable with your Instant Pot. Make three appetizers and discuss incorporating the pressure cooker in your meal planning. Whether you're debating a purchase, have one sitting in a box, or have an Instant Pot on your counter, come explore what it's all about! Cost of food (\$5) will be collected at class. *Instructor: Kirsten Olson Madaus.*

#4880-01

Tuesday, Jan. 28

6:00 to 7:30 PM

Eden Prairie High School, Room 163,
FACS Room

1 Session - \$29

Instant Pot Basics - #2 Cooking From Frozen

Master how to cook frozen meats under pressure while we make—and eat—Creamy Chicken & Wild Rice Soup. Walk away with tips for how to prepare larger cuts so they are ready to go, direct from freezer to Instant Pot! Cost of food (\$5) will be collected at class. *Instructor: Kirsten Olson Madaus.*

#4881-01

Tuesday, Feb. 4

6:00 to 7:30 PM

Eden Prairie High School, Room 163,
FACS Room

1 Session - \$29

Magnificent Muffins & Popovers

Serve freshly-baked breads in less than 1 hour. We'll feature remarkable recipes to taste in class and take home, PLUS tips, techniques and equipment to ensure success every time. Recipes include 8 varieties of muffins, flavored butters, and a variety of glazes/toppings. Popovers are perfect - serve them alone or insert your favorite filling to create a special meal. Cost of food (\$11) will be collected at class.

Instructor: Laurel Severson.

#4850-01

Tuesday, May 19

6:00 to 9:00 PM

Eden Prairie High School, Room 163,
FACS Room

1 Session - \$29

Phyllo Pastry - Appetizers, Main Dishes, Desserts

Don't be afraid of the paper-thin pastry! Prepare an assortment of appetizers (like hot puffy feta cheese triangles), main dishes (like chicken broccoli cheese) and desserts (like Baklava loaded with nuts and honey syrup). Conquer your fear, plus receive an easy tip sheet to create perfect results every time for other phyllo recipes. Cost of food (\$19) will be collected at class.

Instructor: Laurel Severson.

#4853-01

Tuesday, Mar. 10

6:00 to 9:00 PM

Eden Prairie High School, Room 163,
FACS Room

1 Session - \$29

**NEW! Looking for
something to do together?**

**Cookies for
Kids & Adults
-or-
Parent/Child Cake
Decorating Wars**

Find more information
on this and other
parent/child classes
on page 42-44.

CULINARY CREATIONS cont.

Super Easy and Delicious Indian Chicken Curry

With a few simple ingredients, discover how to make this popular Indian dish that is guaranteed to satisfy a foodie palate. *Instructor: Sudeshna Sen.*

#4757-01
Tuesday, Apr. 28
6:30 to 8:30 PM
Eden Prairie High School, Room 163, FACS Room
1 Session - \$35

Tantalizing Thai Cuisine

Prepare Vietnamese summer rolls served with hoisin and peanut sauce, Vietnamese spring rolls with pork, shrimp, and glass noodles stuffed in rice paper and fried to a golden brown. Then create Pad Thai blending the vibrant flavors of Thailand. For dessert, enjoy a Thai lime custard topped with fresh whipped cream. *Instructor: Jeff Sandino.*

#4877-01
Tuesday, Apr. 14
6:00 to 9:00 PM
Eden Prairie High School, Room 163, FACS Room
1 Session - \$35



DANCE

Adult Tap Dancing - Beginning

Slip into a pair of tap shoes and make music with your feet. Learn how to shuffle, flap, ball change, shuffle-off-to-buffalo, and shuffle-hop-step plus some simple tap combinations. Plan to take Beginning Tap for the entire school year. Bring a pair of flat tap shoes. *Instructor: Brenda Jerich.*

#5330-02
Tuesdays, Jan. 14–Mar. 24
No Class Jan. 28, Feb. 25 & Mar. 3
7:30 to 8:30 PM
EP High School, Rehearsal Hall 243
8 Sessions - \$75

#5330-03
Tuesdays, Apr. 14–Jun. 9
7:30 to 8:30 PM
EP High School, Rehearsal Hall 243
9 Sessions - \$75

Adult Tap Dancing - Intermediate

Improve the basic tap steps learned in Beginning Tap and enjoy challenging yourself with more complex combinations! Bring a pair of flat tap shoes. Prerequisite: At least one full year of multiple sessions of Beginning Tap or consent of the instructor. *Instructor: Brenda Jerich.*

#5331-02
Tuesdays, Jan. 14–Mar. 24
No Class Jan. 28, Feb. 25 & Mar. 3
6:15 to 7:15 PM
EP High School, Rehearsal Hall 243
8 Sessions - \$75

#5331-03
Tuesdays, Apr. 14–Jun. 9
6:15 to 7:15 PM
EP High School, Rehearsal Hall 243
9 Sessions - \$75

First Wedding Dance

Wow your guests with your first dance at your wedding or special occasion! Get your feet moving to the Waltz, East Coast Swing, Rumba, and Hustle. Perfect for the bride and groom's first dance, the father/bride dance, or mother/son dance. Bring the whole family, so you all will be comfortable on the dance floor! *Instructor: Jay Dudding.*

#5322-01
Mondays, May 4–May 18
7:45 to 9:00 PM
Central Middle School, Gym, Auxiliary
3 Sessions - \$29 per person

Latin Dance: Let's Begin

Learn Rumba, Salsa, Cha-Cha, Tango and Samba dance steps! Reviewing dance steps helps achieve success. Jay compliments ALL students. You'll receive individual attention. Singles welcome. *Instructor: Jay Dudding.*

#5390-02
Mondays, Jan. 13–Feb. 3
7:45 to 9:00 PM
Central Middle School, Gym, Auxiliary
4 Sessions - \$39 per person

#5390-03
Mondays, Apr. 6–Apr. 27
7:45 to 9:00 PM
Central Middle School, Gym, Auxiliary
4 Sessions - \$39 per person

DANCE cont.

Swing Dance – 1 Night Of Fun

One night. One dance. A lifetime of fun! An "Arch" and a "Loop" are just two of the patterns that can take you from the sidelines onto the dance floor. Couples only, please.

Instructor: Monica Mohn.

#5396-02

Wednesday, Mar. 25

7:30 to 9:30 PM

Central Middle School, Gym, Auxiliary

1 Session - \$19 per person

Swing and Ballroom Dance: Let's Begin

Learn East Coast Swing, Hustle, & Waltz dance steps! Reviewing dance steps helps achieve success. Jay compliments ALL students. You'll receive individual attention. Singles welcome. *Instructor: Jay Dudding.*

#5389-02

Mondays, Jan. 13–Feb. 3

6:30 to 7:45 PM

Central Middle School, Gym, Auxiliary

4 Sessions - \$39 per person

#5389-03

Mondays, Apr. 6–Apr. 27

6:30 to 7:45 PM

Central Middle School, Gym, Auxiliary

4 Sessions - \$39 per person

Swing and Ballroom Dance: Let's Continue

Continue to perfect and review your dance steps! Reviewing dance steps helps achieve success. Jay compliments ALL students. You'll receive individual attention. Singles welcome. *Instructor: Jay Dudding.*

#5392-02

Mondays, May 4–May 18

6:30 to 7:45 PM

Central Middle School, Gym, Auxiliary

3 Sessions - \$29 per person

**NEW! Looking for
something to do together?**

Father/Daughter (& Mother/Son) Dance Class

Find more information on this
and other parent/child classes
on page 42–44.

Wedding Dance - It's Not Too Late To Look Great!

You thought about it! You wanted to! But where did the time go? Not to worry. In this 2-hour workshop learn fun moves and simple tips to have you feeling comfortable and looking great on that special day! Couples only, please. *Instructor: Monica Mohn.*

#5393-02

Wednesday, May 6

7:00 to 9:00 PM

Central Middle School, Gym, Auxiliary

1 Session - \$19 per person

"Romance for Two" - Social Dance Workshop

Enjoy simple, easy romantic moves that will have you spinning, turning and twirling together before you know it! Be comfortable in any setting - even if it's your own home! By the end of the evening you won't want to let go! Couples only, please. *Instructor: Monica Mohn.*

#5361-01

Wednesday, Jan. 29

7:00 to 9:00 PM

Central Middle School, Gym, Auxiliary

1 Session - \$19 per person

FINANCIAL

Estate Planning Solutions

Explore the differences between wills, trusts, health care directives & powers of attorney. Learn ways to avoid probate. Discussion of common mistakes will help you avoid unwanted consequences. *Instructor: Bonnie Wittenburg.*

#5639-03

Wednesday, Feb. 5

6:30 to 7:30 PM

Education Center, Room 207

1 Session - \$15

Life After Work: How to Create a Good Life in Retirement

Do you understand the primary sources of retirement income, popular withdrawal strategies, and how retirement income is taxed? Discover how to transition from work life to retired life. Develop a retirement income action plan to ensure you know where your income will come from and how to make it last! *Instructor: Robert Stai Davis.*

#5634-01

Monday, Feb. 10

6:30 to 8:30 PM

Education Center, Room 201

1 Session - \$15



FINANCIAL cont.

Prepare Your Own Will

Who will raise your children if you die, or what will happen to your possessions? Without a will, the laws in Minnesota and a judge make all of the decisions. You will leave class with a simple will prepared and have new peace of mind. Instruction and all the necessary forms, witnesses and notaries are provided. Couples are welcome, though each person will prepare his/her own will. The price is per person.

Instructor: Adam Altman.

#5640-01

Wednesday, Feb. 26

7:00 to 9:00 PM

Education Center, Room 207

1 Session - \$39 per person

#5640-04

Wednesday, Apr. 29

7:00 to 9:00 PM

Education Center, Room 207

1 Session - \$39 per person

Savvy Social Security Planning for Couples

The Social Security decisions made when couples are in their 60s will determine the amount of total income they will receive over their lifetime. This workshop will cover some little-known rules that can help married couples get more out of the Social Security system. *Instructor: Robert Stai Davis.*

#5632-02

Monday, Feb. 3

6:30 to 8:30 PM

Central Middle School, Room 405

1 Session - \$15 per person

#5632-04

Monday, Apr. 6

6:30 to 8:30 PM

Central Middle School, Room 405

1 Session - \$15 per person

#5632-03

Monday, Feb. 24

6:30 to 8:30 PM

Central Middle School, Room 405

1 Session - \$15 per person

Savvy Social Security Planning for Widowed and Divorced

Understanding Social Security is critical to your retirement. Discussion includes factors to consider when deciding when to apply for benefits, what to do if your marital status changes, or an ex-spouse dies, and other strategies. *Instructor: Robert Stai Davis.*

#5629-02

Monday, Apr. 27

6:30 to 8:30 PM

Central Middle School, Room 405

1 Session - \$15

What to Do Before and After the Funeral

Ease the burden of losing a loved one by being prepared. After a death, family members are bombarded with decisions that must be made before and after the funeral. Working through questions ahead of time will prevent additional stress and conflict. Learn when probate is and isn't needed.

Instructor: Bonnie Wittenburg.

#5638-02

Monday, Mar. 9

6:30 to 8:00 PM

Education Center, Room 207

1 Session - \$15



EXCITED TO ATTEND A CLASS?
Invite your friends to join you!

It is our desire that all Adult Learning classes and events take place as listed. However, if a class does not meet the minimum number of registrations in order to run, it will be canceled. The decision to run a class will be made the week before its start date.

FITNESS

Healing and Balance Yoga

An informal and informative class drawing from Eischens Yoga, functional movement, alignment and body mechanics. Simple poses. Clear instruction. Partner work. Prerequisite: ability to get down to/up from the floor. Please bring a yoga mat and two blocks. *Instructor: Lynn Shuck*

#4755-04

Mondays, Jan. 13–Mar. 23

No Class Feb. 17 and Mar. 16

6:45 to 8:00 PM

Education Center, Multi Purpose Room

9 Sessions - \$89

#4755-06

Thursdays, Jan. 16–Mar. 26

No Class Mar. 19

12:00 to 1:15 PM

Education Center, Room 207

10 Sessions - \$99

#4755-08

Fridays, Jan. 17–Mar. 27

No Class Mar. 20

9:00 to 10:15 AM

Education Center, Room 207

10 Sessions - \$99

#4755-05

Mondays, Apr. 13–May 11

6:45 to 8:00 PM

Ed Center, Multi Purpose Room

5 Sessions - \$49

#4755-07

Thursdays, Apr. 16–May 21

No Class May 14

12:00 to 1:15 PM

Education Center, Room 207

5 Sessions - \$49

#4755-09

Fridays, Apr. 17–May 22

No Class May 15

9:00 to 10:15 AM

Education Center, Room 207

5 Sessions - \$49

Movement for Healthy Feet

Most of us have feet that lack mobility and strength. This is directly linked to alignment issues and joint pain in other parts of the body. This two-hour event will address some of the common causes of those tight, stiff feet. Dress for some simple movement. We will work barefoot. Bring a yoga mat or blanket. Come learn how to improve foot function and health. Healthier feet = healthier you. *Instructor: Lynn Shuck.*

#4756-02

Tuesday, Mar. 10

6:30 to 8:30 PM

Education Center, Room 201

1 Session - \$39

#4756-03

Tuesday, May 5

6:30 to 8:30 PM

Education Center, Room 201

1 Session - \$39

MULTI-AGE Kung Fu - Wu Shu: Beginner to Green Belt [Ages 5 to Adult]

Learn effective kicking, punching & self-defense skills to strengthen the mind and body. Join a fun, progressive class & build muscle, power, flexibility, coordination, and agility. Optional uniform, certification from White Belt to Black Belt available. *Instructor: National Treasure Kung Fu - Sandra Lam.*

#4712-02

Tuesdays, Jan. 21–Mar. 17

No Class Feb. 25 and Mar. 3

6:15 to 7:00 PM

Central Middle School, Gym, Auxiliary

7 Sessions - \$85

#4712-03

Tuesdays, Apr. 14–May 26

6:15 to 7:00 PM

Central Middle School, Gym, Auxiliary

7 Sessions - \$85

MULTI-AGE Kung Fu - Wu Shu: Green to Black Belt [Ages 5 to Adult]

Learn effective kicking, punching & self-defense skills to strengthen the mind and body. Join a fun, progressive class & build muscle, power, flexibility, coordination, and agility. Optional uniform, certification from White Belt to Black Belt available. *Instructor: National Treasure Kung Fu - Sandra Lam.*

#4717-02

Tuesdays, Jan. 21–Mar. 17

No Class Feb. 25 and Mar. 3

7:00 to 7:45 PM

Central Middle School, Gym, Auxiliary

7 Sessions - \$85

#4717-03

Tuesdays, Apr. 14–May 26

7:00 to 7:45 PM

Central Middle School, Gym, Auxiliary

7 Sessions - \$85



FITNESS cont.

Prenatal Fitness for Expecting Mamas*

Learn how to safely move and strengthen your body for a positive birth experience and easier postpartum recovery. We will focus on proper alignment to help relieve common pregnancy discomfort in your hips, back, and joints while building, strengthening, and protecting key muscles specifically your core for delivery and recovery. Join like-minded mamas for education, support, and community during this beautiful transition into motherhood. Must have doctor's approval to participate. Bring a yoga mat, water bottle, towel, and snack if needed. *Instructor: Abby Neuens.*

#4710-02
Tuesdays, Jan. 21-Mar. 17
No Class Feb. 25 and Mar. 3
6:45 to 7:45 PM
Eden Prairie High School, Studio 229
7 Sessions - \$49

#4710-04
Tuesdays, Apr. 14-May 26
6:45 to 8:00 PM
Eden Prairie High School, Studio 229
7 Sessions - \$49

* See additional prenatal offerings on pgs. 21-22.

Tai Chi Chuan for Health and Wellness

This gentle SUN family form improves mental and physical capacity as well as relaxation, balance and vitality! The postures are done in a slow, gentle, continuous sequence. Tai Chi has proven through numerous scientific studies to relieve pain, increase range of motion and improve quality of life. Arthritis foundations around the world and the CDC are recommending it for arthritis and fall prevention. This form is suitable for most physical conditions and can be done sitting or standing. Please wear flat shoes and loose, comfortable clothing. Sandals not recommended. *Instructor: Christine T. Morgan.*

#5077-03
Tuesdays, Jan. 14-Feb. 18
2:00 to 3:00 PM
Education Center, Room 207
6 Sessions - \$59

#5077-04
Tuesdays, Apr. 14-May 19
2:00 to 3:00 PM
Education Center, Room 207
6 Sessions - \$59

Tai Chi for Energy

This unique, non-martial exercise is comprised of the SUN and Chen styles. Chen is a more rigorous form consisting of fast and slow movements. SUN style is more gentle and incorporates qigong into the form. Together they create a powerful synergy. As with all Tai Chi, this form will help you achieve better health, wellness, and internal and external balance. Not suitable for some physical conditions. Wear flat shoes and loose, comfortable clothing. No sandals please. *Instructor: Christine T. Morgan.*

#5078-01
Wednesdays, Jan. 15-Feb. 19
6:30 to 7:30 PM
Education Center, Multi Purpose Room
6 Sessions - \$59

#5078-02
Wednesdays, Apr. 15-May 20
6:30 to 7:30 PM
Education Center, Multi Purpose Room
6 Sessions - \$59

HEALTH AND WELLNESS

Acupressure Facelift

Here's a facelift you can do at home! Stimulating facial acupressure points help erase years from your face, decrease puffiness and eye bags, reduce lines and prevent new lines from forming. It even decrease headaches, relieve eye strain, soothe nerves and increase relaxation. Come learn how it's done! *Instructor: Janice Novak, MS.*

#5070-01
Wednesday, Jan. 29
6:00 to 7:30 PM
Education Center, Room 207
1 Session - \$35

ONLINE! A Happier and Healthier You!: A Self-paced Program to Build Sustainable Wellness & Nutritional Habits

Receive weekly health coaching videos full of tangible tips and challenges delivered straight to your inbox! This 4-week, self-paced program will motivate you to make small wellness and nutritional changes that result in lasting gains. Weekly topics include finding your motivation, grocery shopping, staying determined when things get busy, and meal prepping. Videos are brief and can be viewed on your own time! *Instructor: Courtney Leivermann*

#6010-02
Mondays, Jan 6-Jan 27
8:00 AM
Online
4 "Sessions" - \$19



American Heart Association CPR and AED Certification Course

Learn to act quickly and effectively in a life-threatening situation. Become trained in CPR and Airway Obstruction for adults, children, and infants by practicing your skills with manikins and AED (Automated External Defibrillators) trainers. An American Heart Certification eCard will be issued upon completion. *Instructor: Kim Austin-Moe.*

#5019-05
Wednesday, Jan. 22
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$65

#5019-08
Monday, Apr. 20
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$65

#5019-06
Monday, Feb. 24
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$65

#5019-09
Monday, May 18
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$65

#5019-07
Wednesday, Mar. 18
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$65

American Heart Association Heartsaver - First Aid

Are you ready to act in an emergency? Learn a plan of action to recognize and deal with sudden illnesses, injuries, and environmental emergencies. Gain skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. *Instructor: Kim Austin-Moe.*

#5035-05
Wednesday, Feb. 5
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$49

#5035-07
Monday, Apr. 13
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$49

#5035-06
Monday, Mar. 2
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$49

#5035-08
Wednesday, May 13
5:00 to 9:00 PM
Education Center, Room 201
1 Session - \$49

Women, Weight and Hormones

Experiencing yearly weight gain, most of which is deposited directly around mid section? Finding methods of weight management that worked before are now ineffective? Learn multiple ways to help restore balance and lose weight again. *Instructor: Janice Novak, MS.*

#5031-01
Monday, Feb. 24
6:00 to 7:30 PM
Education Center, Room 207
1 Session - \$35

Heath Rhythms: Drumming for Your Health

Experience how drumming is beneficial to health and wellness through both lecture and hands on practice. You will also have the opportunity to craft a simple rhythm instrument. Supply fee of \$5.00 paid to instructor. Open to all; no experience necessary. Bring your drum, otherwise instruments are provided. *Instructor: Monica Peterson.*

#4894-02
Mondays, Apr. 20, May 4, and May 18
No Class Apr. 27 and May 11
6:00 to 7:30 PM
Education Center, Room 319
3 Sessions - \$49

Help Your Teens, Tweens & 20-Somethings Clear Their Skin

Help your kids clear and prevent future acne and blemishes effectively without medications. Discover which raw materials are needed to build healthy skin cells and how delicious smoothies can protect skin from the inside out. Also learn what to look for in SPF lotions and explore acupressure points for skin. *Instructor: Janice Novak, MS.*

#5028-01
Wednesday, May 20
6:00 to 7:30 PM
Education Center, Room 201
1 Session - \$35

Metabolism Boosters and Busters

Rev up your metabolism and burn more calories every day! Lose fat, boost energy and feel stronger. Learn 20 SIMPLE things you can do every day to boost your metabolism and burn as much as 30% more calories every day. *Instructor: Janice Novak, MS.*

#5072-01
Monday, Apr. 27
6:00 to 7:30 PM
Education Center, Room 201
1 Session - \$35

HOBBIES

MULTI-AGE Bob Ross Paint-it-And-Take-It Landscape Oil Painting Class [Ages 13 to Adult]

Paint your own Bob Ross replica landscape oil painting! Enjoy the step-by-step approach to complete your painting on a 20x16 canvas. Bring a friend and be amazed to know the true Joy of Painting. *Instructor: Michael Tischendorf.*



#5120-01 - Moonlit
Seascape
Monday, Feb. 24
5:30 to 9:00 PM
Central Middle School,
Room 324

1 Session - \$59 per person



#5120-04 -
Northern Lights
Wednesday,
Apr. 22
5:30 to 9:00 PM

Central Middle School, Room 324
1 Session - \$59 per person

MULTI-AGE Build a Ukulele

[Ages 14 to Adult]

Build a quality ukulele in this class over 4 weeks. Instruments will be constructed from the Stewart MacDonald Soprano, Concert or Tenor ukulele kits. Instruction includes construction methods, techniques, theory and open work time. Instructor will contact participants 2 weeks prior to the start of class for ukulele options and selection. \$80-110 for Ukulele kit and consumables is payable to instructor in class. Cost varies depending on choice of Soprano, Concert or Tenor Ukulele kit. *Instructor: Lyons Creations - Chris Lyons.*

#6102-03
Mondays, Mar. 2-Mar. 23
6:00 to 8:30 PM
Central Middle School, Room 209
4 Sessions - \$139

How to Cut the Cable Cord

Cable (or satellite) television is the single most expensive utility for many households. Discover the many viewing options that are free or much lower cost than cable. Learn the pros and cons of cable, how to get internet without cable, and much, much more. *Instructor: Ron Timm.*

#5195-02
Tuesday, Mar. 24
7:00 to 8:30 PM
Central Middle School, Room 405
1 Session - \$29

MULTI-AGE Make a Wood Pen

[Ages 16 to Adult]

Learn the basics of turning your own pens in a woodshop with a fun and welcoming atmosphere. Make 2 different pens to walk out with. A variety of woods to choose from will be provided. Beginner to intermediate experience levels are welcome. *Instructor: Lyons Creations - Chris Lyons.*

#6102-01
Monday, Jan. 20
6:00 to 8:30 PM
Central Middle School, Room 209
1 Session - \$69

#6102-02
Monday, Apr. 13
9:00 AM to 1:00 PM
Central Middle School, Room 209
1 Session - \$59



Photo Organization - Print & Digital

Have photos in boxes, your phone, computer, camera chip, etc.? Are they securely backed up? Discover how to SAVE-ORGANIZE-SHARE your photos. Get every printed & digital photo/video in one location. Leave with options to access/share all your photos. *Instructor: Susan H. DeJute.*

#5176-02
Tuesday, Mar. 10
7:00 to 9:00 PM
Education Center, Room 207
1 Session - \$24

#5176-03
Tuesday, May 5
7:00 to 9:00 PM
Education Center, Room 207
1 Session - \$24



HOBBIES cont.

MULTI-AGE Make (Turn) a Wood Bowl [Ages 16 to Adult]

Learn the basics of turning your own bowl in a woodshop. Learn about different techniques and approaches to bowl turning from scratch and make your own piece to walk out with. Beginner to intermediate experience levels are welcome. *Instructor: Lyons Creations - Chris Lyons.*

#6101-05

Saturday, Jan. 11

9:00 AM to 1:00 PM

Central Middle School, Room 209

1 Session - \$79

#6101-06

Saturday, Feb. 8

9:00 AM to 1:00 PM

Central Middle School, Room 209

1 Session - \$79

#6101-07

Saturday, Mar. 14

9:00 AM to 1:00 PM

Central Middle School, Room 209

1 Session - \$79

#6101-08

Saturday, Apr. 18

9:00 AM to 1:00 PM

Central Middle School, Room 209

1 Session - \$79

#6101-09

Saturday, May 9

9:00 AM to 1:00 PM

Central Middle School, Room 209

1 Session - \$79



MULTI-AGE Wood Strip Cutting Board [Ages 14 to Adult]

Learn the basics of making a own woodstrip cutting board in a woodshop. Explore different techniques for making cutting boards and basic woodworking. Beginner to intermediate experience levels are welcome. *Instructor: Lyons Creations - Chris Lyons.*

#6103-02

Mon, Tue, Apr. 6-Apr. 7

6:00 to 8:30 PM

Central Middle School, Room 209

2 Sessions - \$79

Bridge: Book Four "Commonly Used Conventions"

Expand your knowledge and use of the most common conventions in Bridge. This knowledge will improve your game and introduce new levels of the game. Must have completed Books, 1, 2, and 3. *Instructor: Mignon Nearmyer.*

#5104-01

Mondays, Mar. 30-May 18

9:30 to 11:30 AM

Senior Center, Room 201

8 Sessions - \$65



Bridge: Book Three, "Defense"

Learn how to defeat opponents using legal signals and techniques. Must have completed Books 1 and 2. Instructor is a Silver Life Master. Course text is available from the instructor for \$20. *Instructor: Mignon Nearmyer.*

#5103-01

Mondays, Jan. 27-Mar. 23

No Class Feb 17

9:30 to 11:30 AM

Senior Center, Room 201

8 Sessions - \$65

Shuffle, Deal, and Play Bridge

Play randomly dealt hands in a class setting. Ask questions about bidding, play and defense with the guidance of the instructor. Each class starts with a Q & A session. This class helps you to improve your understanding of the game. *Instructor: Mignon Nearmyer.*

#5116-03

Fridays, Jan. 31-Mar. 20

9:30 to 11:30 AM

Senior Center, Room 201

8 Sessions - \$65

#5116-04

Fridays, Apr. 3-Jun. 5

No Class Apr. 17 and Apr. 24

9:30 to 11:30 AM

Senior Center, Room 201

8 Sessions - \$65

**Senior Center is located at
8950 Eden Prairie Rd, Eden
Prairie, MN 55347.**

MUSIC

MULTI-AGE Instant Guitar for Hopelessly Busy People

[Ages 13 to Adult]

In just a few hours, learn some basic chords and start playing along with your favorite songs right away! Bring your acoustic guitar. Fee includes the online book and online videos.

Instructor: IKI - Greg Sampson.

#5309-02

Monday, Feb. 10

6:30 to 9:00 PM

Central Middle School, Room 610D

1 Session - \$59

MULTI-AGE Instant Piano for Hopelessly Busy People

[Ages 16 to Adult]

In just a few hours, learn all the chords you'll need to play any song. Fee includes the online book and online videos. *Instructor: IKI - Jim Anderson.*

#5305-02

Monday, Apr. 13

6:30 to 9:30 PM

Central Middle School, Room 610D

1 Session - \$59



PERSONAL GROWTH

Adulting in America: Skills for an Easier Life

Learn how to stay organized, financially stable and safe. Take home tools and strategies that will make your life easier. This 6 week course includes all materials and will cover:

- The MUSTs of Organizing Life & Finding Time
- Basics to a Clean Space & Cooking Tips
- Papers: When, Where, & Safe Keeping, Consumer Protection
- Health and Financial/Legal Affairs
- Budget & Spending Plans
- Managing Emotions, Pay It Forward, Personal Portfolio

Instructor: Denice Gibson.

#6012-01

Wednesdays, Feb. 12-Mar. 18

6:30 to 8:30 PM

Education Center, Room 207

6 Sessions - \$139

Become a Community Resource Navigator

New to the area? Looking for community resources to help your family or friends in need? Want to find more family-friendly activities for you and your children to participate in? Then this class is for you! Become an expert on local programs and services! Learn how to find and navigate the array of resources and activities that Eden Prairie and Hennepin County have to offer! Whether you're looking for yourself, or you want to help others, join us for this fun and informative workshop.

#4730-01

Wednesday, Jan. 29

11:00 to 11:45 AM

Education Center, Room 207

1 Session - FREE

#4730-03

Tuesday, Apr. 14

6:30 to 7:15 PM

Education Center, Room 201

1 Session - FREE

#4730-02

Tuesday, Mar. 24

11:00 to 11:45 AM

Education Center, Room 201

1 Session - FREE

Create a Meaningful Vocation

Are you dissatisfied with your vocation and unsure of what to do next? Learn how you can tap into your soul's innate wisdom to discover your natural gifts; move past the issues keeping you stuck; and implement a plan to manifest your vision. *Instructor: Barb Brodsho.*

#5170-02

Monday, Jan. 27

6:30 to 8:30 PM

Education Center, Room 207

1 Session - \$35

#5170-03

Wednesday, Apr. 29

6:30 to 8:30 PM

Education Center, Room 201

1 Session - \$35

PERSONAL GROWTH *cont.*

Deeper into Meditation

Learn the most natural and effective techniques of meditation, while receiving useful directions for deepening and stabilizing your meditation practices to gain more inner bliss and peace. Need to have some previous meditation experience. *Instructor: Arvind Naik.*

#4703-01

Tuesdays, Feb. 4–Feb. 11

6:30 to 8:00 PM

Eden Prairie High School, Room 212

2 Sessions - \$29

Meditation: A Tool to Balance Your Life

Reduce stress, gain a sense of fulfillment and foster physical, emotional and spiritual well-being! The practice of meditation contributes to a positive, healthy lifestyle. Discover the key to deeper concentration, relaxation and personal growth. *Instructor: Arvind Naik.*

#4702-02

Tuesdays, Jan. 14–Jan. 28

6:30 to 8:00 PM

Eden Prairie High School, Room 212

3 Sessions - \$39

Volunteering in Eden Prairie

Discover ways to enrich your life and others' right here in our community. Tap into your strengths and expertise, and learn how you can give back while experiencing a sense of fulfillment. Understand what opportunities are available through the Eden Prairie Schools district-wide volunteer program, the Sharing Inspiration Guest Speakers Bureau, and beyond! All are welcome at this no-pressure information session.

#4707-01

Monday, Jan. 13

10:30 to 11:30 AM

Education Center, Room 201

1 Session - FREE

#4707-02

Thursday, Jan. 23

6:30 to 7:30 PM

Education Center, Room 201

1 Session - FREE



WORLD LANGUAGES

American Sign Language - Introduction

Learn to hear with your eyes and speak with your body. Study the basics of ASL including alphabet, numbers, simple phrases, culture and history. Join us in exploring one of the most captivating languages "spoken" in America. *Instructor: Tami Olson.*

#4422-02

Wednesdays, Feb. 5 - Mar. 25

5:30 to 7:00 PM

Education Center, Room 320

8 Sessions - \$89

#4422-03

Wednesdays, Apr. 15 - Jun. 3

5:30 to 7:00 PM

Education Center, Room 320

8 Sessions - \$89

American Sign Language - Level 2

Building off of the basics learned in Intro to ASL, improve your grammar and sign bank in this class. No textbook required. Note taking encouraged. Prerequisite: Introduction to American Sign Language or instructor consent. *Instructor: Tami Olson.*

#4423-02

Wednesdays, Feb. 5–Mar. 25

7:00 to 8:30 PM

Education Center, Room 320

8 Sessions - \$89

#4423-03

Wednesdays, Apr. 15–Jun. 3

7:00 to 8:30 PM

Education Center, Room 320

8 Sessions - \$89

NEW! Looking for
something to do together?

Meditation for a Happy Family

Find more information on this
and other parent/child classes
on page 42–44.

WORLD LANGUAGES

Eagles Adult English

Practice your English conversation and grammar skills with us! Offered through a partnership with Metro South Adult Basic Education, this class is for adults who are learning English and test into a beginning or intermediate level class. Eagles Adult English meets on Tuesdays from 6pm-8pm at Central Middle School.

Registration is through Metro South ABE and requires an English test. For more information, call Lydia Nelson at 952-975-6968. To register for a testing appointment, call Metro South at 952-681-6170 and ask about Eagles Adult English.

See page 60 for more information about Metro South English classes in Eden Prairie.

French I

Parlez-vous français? If you don't speak French and want to learn the secrets of surviving in a French-speaking country for business or pleasure, come and learn the basics of the French language. Textbook to be announced at class. *Instructor: Fatima Ali Zeidan.*

#4430-01
Wednesdays, Jan. 15-Mar. 18
6:00 to 7:30 PM
Central Middle School, Room 409
10 Sessions - \$119

French II

Develop basic communicative proficiency in French for speaking, listening, reading, some limited writing, and familiarize yourself with cultural aspects of the French-speaking world. Main emphasis will be on grammar and pronunciation. Textbook will be announced at the first class. *Instructor: Fatima Ali Zeidan.*

#4431-01
Wednesdays, Jan. 15-Mar. 18
7:35 to 9:05 PM
Central Middle School, Room 409
10 Sessions - \$119

#4431-03
Wednesdays, Apr. 15-May 27
6:00 to 7:30 PM
Central Middle School, Room 409
7 Sessions - \$85

French III

Improve your skills in speaking and reading, listening and writing in French. *Instructor: Fatima Ali Zeidan.*

#4432-01
Wednesdays, Apr. 15-May 27
7:35 to 9:05 PM
Central Middle School, Room 409
7 Sessions - \$85

German I

Sprechen Sie Deutsch? Learn the basics of listening, speaking, reading, and writing German! We will focus on the everyday aspects of the cultures of German-speaking countries. The \$30 textbook cost will be collected in class. *Instructor: Martin Hidy.*

#4440-01
Wednesdays, Feb. 5 - Mar. 25
6:00 to 7:30 PM
Central Middle School, Room 511
8 Sessions - \$79

German II

Continue to learn how to listen, speak, read, and write German! We will emphasize the everyday aspects of the cultures of German-speaking countries. If you have not taken German I, the \$30 cost of the textbook will be collected at the first class. *Instructor: Martin Hidy.*

#4441-01
Wednesdays, Apr. 15 - May 27
6:00 to 7:30 PM
Central Middle School, Room 511
7 Sessions - \$69

German Seminar

This class is designed for participants who have completed Eden Prairie German III or have other advanced experience. We will be reading longer texts, viewing a German film, and speaking German. The \$25 textbook cost will be collected in class. *Instructor: Martin Hidy.*

#4443-02
Wednesdays, Feb. 5-Mar. 25
7:35 to 9:05 PM
Central Middle School, Room 511
8 Sessions - \$79

#4443-03
Wednesdays, Apr. 15 - May 27
7:35 to 9:05 PM
Central Middle School, Room 511
7 Sessions - \$69

EXCITED TO ATTEND A CLASS? Invite your friends to join you!

It is our desire that all Adult Learning classes and events take place as listed. However, if a class does not meet the minimum number of registrations in order to run, it will be canceled. The decision to run a class will be made the week before its start date.

Norwegian Seminar

For students with previous Norwegian language experience. Har du studert norsk før? Forstår du for det meste part hvordan mann bøyer verb på norsk? Kan du bruke substantiv i bestemt og ubestemt entall og flertall? Bli med på Norwegian Seminar da! Vi skal jobbe på grunnnivå grammatikk og muntlig og skriftlig norsk. Vi skal også jobbe mer med lytteforståelse. *Instructor: Stacie Luttschwager.*

#4480-03

Wednesdays, Jan. 22–Mar. 25

7:00 to 9:00 PM

Central Middle School, Conf. Room B
10 Sessions - \$120

#4480-04

Wednesdays, Apr. 15–May 27

7:00 to 9:00 PM

Central Middle School, Conf. Room B
7 Sessions - \$85



Advanced Spanish Level 2

Let's continue to improve your Spanish comprehension and speaking skills in a fun and caring atmosphere. Remember to bring a composition notebook. Prerequisite: Advanced Spanish Level 2 or pre-approval from the instructor. *Instructor: Mary Greening.*

#4568-01

Mondays, Apr. 13–Jun. 1

No Class May 25

10:00 to 11:30 AM

Education Center, Room 320
7 Sessions - \$99

Intermediate Spanish Level 2

Continue to improve your Spanish comprehension and speaking skills in a fun and caring atmosphere. Please bring a lined notebook with you to class. Prerequisite: Intermediate Spanish Level 2 or pre-approval from the instructor. *Instructor: Mary Greening.*

#4570-01

Mondays, Apr. 13 - Jun. 1

No Class May 25

6:00 to 7:30 PM

Education Center, Room 320
7 Sessions - \$99



¡Hablemos Español!

Advanced Spanish Club

Continue to improve your Spanish comprehension and speaking skills within this club setting. This course is for those who have completed Advanced Spanish and are simply looking to practice conversational Spanish with others. This club will NOT have an instructor. Club members will be responsible for the structure, facilitation, and content of club meetings.

#4579-02

Wednesdays, Jan. 15–Mar. 25

10:00 to 11:30 AM

Education Center, Room 320
11 Sessions - \$33

#4579-03

Wednesdays, Apr. 15–Jun. 3

10:00 to 11:30 AM

Education Center, Room 320
8 Sessions - \$24



A number of FREE adult English classes are offered in Eden Prairie through Metro South Adult Basic Education (ABE).

These classes include:

Many levels of classes at Hennepin Technical College, including morning, evening, and Saturday classes. Even more classes are available at Metro South in Bloomington.

The following classes are offered through a partnership between Metro South ABE and Eden Prairie Community Education specifically for Eden Prairie parents:

- Eagles Adult English, Tuesday evenings at Central Middle School for those testing into a beginning to low intermediate level.
- Family School for English language learners, weekday afternoons at Lower Campus for those testing into beginning and intermediate levels; includes afternoon preschool for qualifying children and care for younger siblings. See page 27.

All classes require pre-testing and application. For more information, contact Metro South at 952-681-6170.

Tirooyin fasallo kala duwan oo ah barashada afka Ingiriiga ayey Metro South Adult Education ku bixisaa Eden Prairie gudaheeda. Waxaa ku jira fasaladan:

Fasallo badan oo kala darajo ah oo lagu bixiyo Hennepin Technical College, oo ay ku jiraan qaar arrootii ah, galabtii iyo Sabtidii.

Fasalo ay ku bahoobeen, wada jirna ay u bixiyaan Metro South Adult Basic Education iyo Eden Prairie Community Education.

Fasalada Salaasada fiidkii baxa ee Ingiriisiga dadka waaweyn ee Eagles Adult English, oo loogu talo galey dadka afkoodu yahey bilow ilaa dhexe-hoose.

Dugsiga Qoysaska ee Dadka Barta Ingiriisiga, oo baxa maalmaha dugsiga la dhigto, galinka dambe, looguna talo galey dadka aqoonta Ingriisidoodu tahey bilow ilaa hoose-dhexe; waxaa kale oo ku jira waxbarashada hore ee caruurta yaryar ee xaq u leh in preshool-ka la qorri karo. Ka ee bogga 27.

Dhamaan fasaladan waxaa lagu xidhaa imtixaan la qaato iyo arji la buuxiyo. Wixii macluumaad dheeraad ah, kala hadal halkan 952-681-6170 Metro South.

CLASSES
AVAILABLE IN
EDEN PRAIRIE!



Metro South | Education
ESL • ADULT DIPLOMA • GED

**FREE ADULT CLASSES
TO REGISTER –
CALL 952-681-6170!**

- ESL
- ADULT DIPLOMA
- GED PREP
- COLLEGE PREP
- CAREER PATHWAYS

2575 W. 88th St. Bloomington, MN 55431 • metrosouth.org

Help students learn English, earn a GED or Adult Diploma or prepare for college. Help adults with disabilities in social & life skills classes. **To volunteer call 952-681-6109.**

This program is partially funded with a grant from the Minnesota Department of Education using state and/or federal funding, Minnesota Statute Section 124D.522 and/or CFDA 84.002, Adult Basic Education- Grants to States.

LEARNING EXCHANGE

Customized Community Education Classes Serving Adults with Disabilities as part of AR&LE

A wide variety of classes are offered through Learning Exchange for adults with disabilities. Classes this term run January through March, with a Spring/Summer catalog to follow, and are based in the four cities of Bloomington, Edina, Eden Prairie, and Richfield. For more information, call Janet at 952-681-6121 or email jclarke@isd271.org

Learning Exchange classes are for adults, 18 years old and older.

On-line Registration Site and AR&LE Website

For on-line registration, go to <https://bloomington.ce.eleyo.com> and login or create an account. To link to our web page, go to www.ARLEMN.org, go to the bottom of the page and click on Learning Exchange. For registration by phone, call Learning Exchange at 952-681-6109 between 9 am and 3 pm Monday through Friday.

Register at least 2 weeks before the class—many classes fill, early registration recommended.

FEATURED EVENT:



EAT SMARTER!

**All adults, 18 and older,
welcome! FREE!**

Come join us for an engaging evening discussing healthy meal options at restaurants, surprising sources of sugar,

fat and salt plus fun ways to eat your veggies! This presentation will provide helpful, practical tips to improving your daily nutrition habits. Presented by: Minnesota Independence College and Community (MICC)

Date/Time: Thursday, April 16, 2020
7:00-8:30 PM

Location: Woodlake Church, Rooms C & D
2120 76th St. W; Richfield

Cost: **Free!** Pre-registration requested, space limited

Register: by Monday, April 13

On-line link for registration:
<https://tinyurl.com/Eat-Smarter>

By phone: Judy Stelmazek, 952-681-6109

Watch for more free workshops in future catalogs!

PERSONAL LEISURE & HEALTHY LIFESTYLES

- Minute to Win It, Feb. 6, \$5
- Friendship Skills: What to do when you disagree, Feb. 13, \$9
- Wildlife Near and Far!, Mar. 26, \$9
- Uptown Funk Line Dance, Mar. 30, \$11
- Wacky Words and You!, Mar. 31, \$9
- Shooting Pool, Mar. 23, \$9
- Mindfulness of Martial Arts, twice a month, \$21 per session
- Chair Yoga and Relaxation, once a month, \$16
- Hope and Wonder Theater Workshop, April 4
- Safety Out and About, April 6 & 13

Plus Monthly Cooking Classes and Crafts!



Dance classes are a blast!

For more information or to volunteer at our fun classes, email Janet at jclarke@isd271.org or call 952-681-6121.

REGISTRATION FAQs

CANCELLATION POLICY

If you need to cancel, please notify us in advance at 952-975-6940 and we will refund your tuition minus a \$5 processing fee. No refunds will be given on or after the starting date of class. Refer to your parent handbook for cancellation information for Little Eagles Preschool and Eagle Zone programs.

Please note Little Eagles Preschool and Eagle Zone registration fees are non-refundable. No refunds are given for emergency or weather closings or for days missed due to illness or vacation.

FEE ASSISTANCE

Fee assistance varies by program and must be approved in advance. Eligibility guidelines are posted at www.edenpr.org/FeeAssistance or visit the office for more information.

INCLEMENT WEATHER

If school closes during the day due to bad weather, Community Education will cancel all activities. Announcements will be made on local TV news channels and on the school district website at www.edenpr.org. In most cases enrichment classes will be rescheduled.

Make sure your email address is accurate in the Eleyo registration system. This is how we will communicate cancelled and rescheduled classes due to the inclement weather.

ADULTS WITH DISABILITIES

For deaf or hard of hearing, call the MN Relay Service at 1-800-627-3529.

If you need a sign language interpreter or other accommodations to participate in Community Education classes, call Learning Exchange at 952-681-6121 or email jclarke@isd271.org at least 10 business days before your class.

IMMUNIZATION LAW

All students in Minnesota must have immunizations up-to-date and on record with the school before the child starts class. Immunization forms are available online at www.edenpr.org/ECFE.

PHOTO POLICY

Participants in our programs may be photographed, filmed, or interviewed and the pictures, videos and quotes may be used by Eden Prairie Community Education and/or local news media.

If you would prefer not to have you or your child photographed, filmed, or interviewed, please contact our office after registering at 952-975-6940 so we may honor your wish.

DIRECTIONS TO CLASSES

Visit our website at www.edenpr.org/epcommunityed for detailed directions to all Eden Prairie Schools locations.

INTERESTED IN TEACHING AN ADULT OR YOUTH ENRICHMENT CLASS?

Community Education is centered around learning and sharing. Have you ever thought about teaching a class? Attend our *How To Teach a Community Education Class* workshop (see pg. 45) to discover how to put your ideas into action! Submitting a proposal is easy. Fill out the short course proposal form during open proposal times in the Teach a Class dropdown section at www.edenpr.org/GetInvolved.

BIRTH DATE GUIDELINES

For both ECFE and preschool classes, please select your class based on your child's age by Sept. 1, 2019. This age requirement aligns with district kindergarten age requirements.

BIRTH CERTIFICATE

Please submit a copy of your child's birth certificate for any child participating in ECFE or preschool. They can be emailed to ComEd@edenpr.org or dropped off at the Community Education office.

Have additional questions?

Please contact us by phone, email or stop by our office with any questions you may have!

952-975-6940 | ComEd@edenpr.org

Para obtener información en español, contáctese con Heriberto Vargas en hvargas@edenpr.org o 952-975-7068.

Haddii aad ubaahan tahay caawinaad af Somali so wac 952-975-7069.

THE QUICKEST WAY TO REGISTER IS ONLINE!

We have one convenient place to register for all Community Education programs from early childhood through adult classes! Create an account to register yourself and your family members for a class or activity. The registration site makes it easy for you to register for a class, make a payment, and manage your account all in one convenient place.

To register, please follow these steps:

- Go to www.edenpr.org/epcommunityed and click on "Register" in the menu bar.
- Click on "Sign In."
- If needed, then create an account and fill in your personal information.
- After this step, you will be able to add family members to your family profile. You are now ready to register online.

Computers and iPads are available at both the Education Center and Lower Campus for registration. Our staff is also happy to assist you over the phone or in person.





SAVE THE DATE

PeopleFest! Party

Sunday, August 9, 2020

Staring Lake Park & Amphitheater

Eden Prairie's third annual PeopleFest! community celebration of culture will take place again this summer with 3 weeks of fun events, including the PeopleFest! Party—the celebration's largest event!

Cultural Performances • Interactive Art • Informational Booths • Ethnic Food

LEARN MORE AT EDENPR.ORG/PEOPLEFEST

THE GIVE GATHERING

Gather to Inspire Volunteer Engagement

Visit the Volunteer Fair • Join in a Group Service Project • Sign up to Win Prizes

April 23, 2020
City Center
6:00–8:00 PM



The fourth annual GIVE Gathering Volunteer Fair is a collaborative effort put on by the City of Eden Prairie, the Eden Prairie Community Foundation, and Eden Prairie Schools Community Education. This free event is an easy way for community members to explore volunteer opportunities for the entire family with over 30 organizations who serve our Eden Prairie. Attendees also participate in a group service project and can enter to win prizes donated by some of Eden Prairie's best restaurants and local businesses.

Join us, whether you are looking for volunteers to support your organization or are seeking ways to give back!

LEARN MORE AT EDENPR.ORG/GIVEGATHERING

More Opportunities

AT EDEN PRAIRIE HIGH SCHOOL

Our outstanding teaching staff has a **97%** approval rating among parents

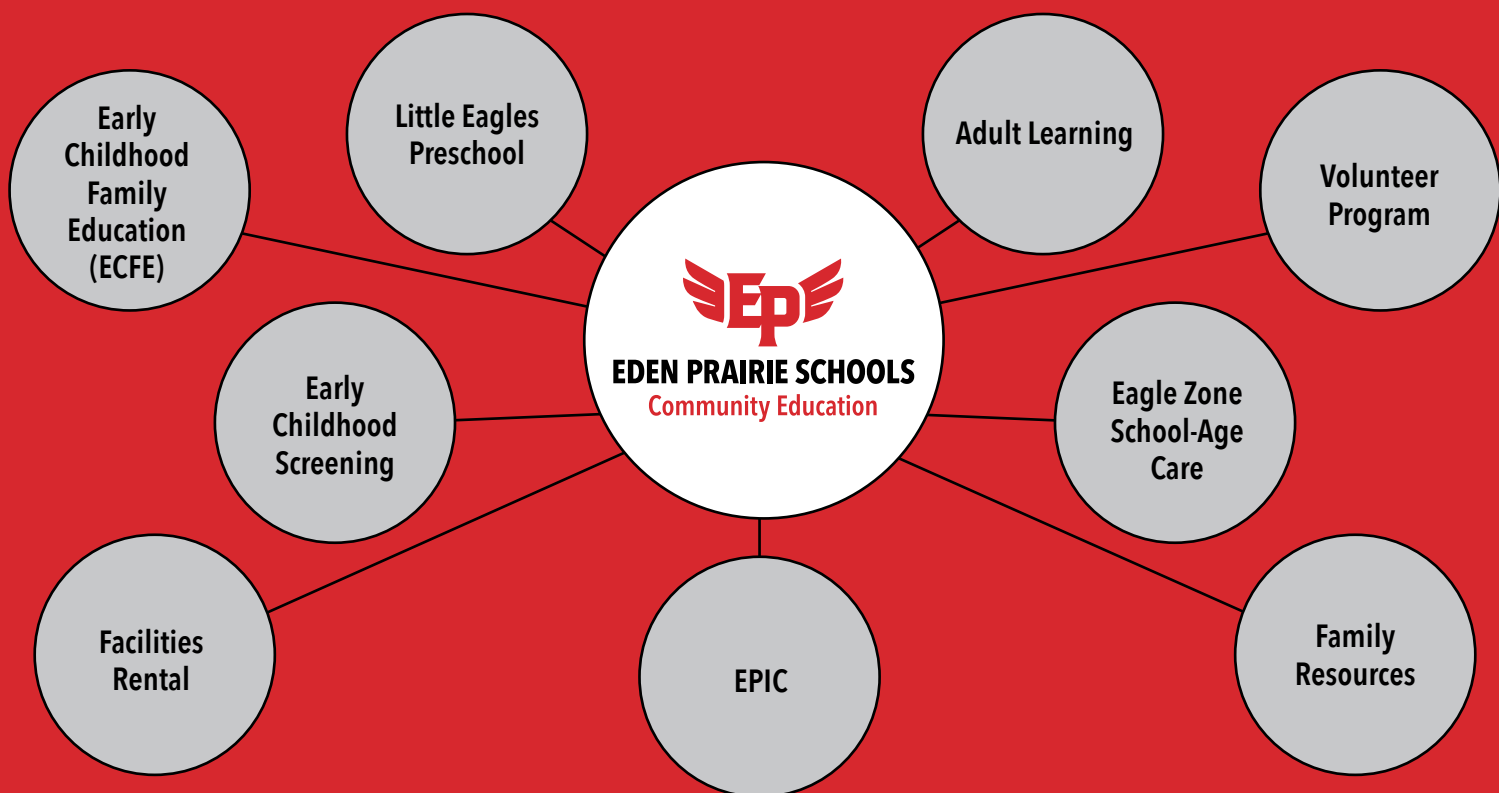
The Eden Prairie School District received the highest possible rating of "**A+**" from *Niche.com*

Our students have access to the **widest variety** of athletic, academic and music options in the state

From the moment your student enters our halls until they walk down the aisle in cap and gown, our focus is to ensure an excellent education that will help them achieve their personal best.

We invite you to visit our school and learn more about the outstanding opportunities available to your student. Schedule a tour online at www.edenpr.org/tour or call our office directly at 952-975-8000. We look forward to meeting you and your student!





Community Education inspires lifelong learning by providing opportunities to connect and engage people of all ages, interests and abilities.

WWW.EDENPR.ORG/EPCOMMUNITYED