



University of Brighton

Academies Trust

Relationships and Sex Education Policy

1. Introduction

This policy will reflect the ethos of Pound Hill Infant Academy, where 'every child matters'.

We will:

- cultivate an environment where children are happy and secure and enjoy learning
- provide a broad, balanced and enriched curriculum
- inspire and challenge each child to achieve their full potential and in so doing, lay the foundations for a love of learning.

This policy was written by the Personal, Social, and Health Education (PSHE) co-ordinator in association with children, parents, Principal, staff and members of the Local Board with the support of an advisor from the Local Authority. It aims to cover the needs of the academy in respect of relationships and sex education and to help and enable our children to make informed choices. This policy will also reflect aspects of the Child Protection Policy, the Behaviour Policy and the Health and Safety policy. School staff also take account of other relevant documents and policies e.g. E-Safety.

2. What does Relationships and Sex Education mean at Pound Hill Infant Academy?

At infant school level Relationships and Sex Education should contribute to the foundation of PSHE and Citizenship by ensuring that all children:

- develop confidence in talking, listening and thinking about feelings and relationships
- are able to name parts of the body
- are able to protect themselves and to ask for help and support.

This is the beginning of a lifelong learning about physical, moral and emotional development. It is aimed at:

- helping children understand the world in which they live,
- helping children make choices and form good relationships.

It has 3 main elements

- attitudes and values
- personal and social skills
- knowledge and understanding.

3. Relationships and sex curriculum

Aims –

To ensure that children understand the importance of making good choices that will affect their well-being throughout their daily lives.

The objectives of the curriculum are that children will be able to:

- grow more confident, take more responsibility and use what they do well, in the best way,
- Play a part in taking decisions that will help others,
- Make sure their lives are safe and healthy,
- Make good relationships and respect people's differences.

4. Teaching the curriculum

All teachers are responsible for teaching the Relationships and Sex Curriculum and it is also part of the Science and PSHE curriculums. It has been planned to provide our children with appropriate knowledge, attitudes, values and skills so that they will be able to make informed decisions.

Early Years Foundation Stage and Year One children should learn about:

Differences and diversity

Needs that change with age eg. Babies, toddlers, young people etc.

Personal hygiene

Keeping safe

Importance of relationships

Names of body parts

The 'Underwear Rule'

Year two children should learn about:

Friendships

What is a family?

Stereotyping

Names of body parts

Personal hygiene

The 'Underwear Rule'

It should be remembered that all aspects of learning are appropriate to the age and needs of children.

5. Role of others in Relationships and Sex Education (RSE)

There may be other agencies used in RSE as appropriate, eg. School nurse, school counsellor, police, etc.

6. Role of parents in RSE

Parents are the key people in teaching their own children about relationships, sex and growing up, but many parents find this difficult and we aim to support them in their role as educators. It should be remembered that parents have the right to withdraw their children from all parts of RSE except for those parts included in the Statutory National Curriculum, eg. Science, which in practice means that parents may withdraw their child/ children from PSHE but not Science.

7. Dealing with incidents/disclosures

In any RSE incidents or disclosures the Principal should be informed and it is her responsibility to keep a record and make a decision as to whether or not to report it to the relevant authority (see Child Protection Policy).

8. Dissemination of policy

Information contained in the policy along with any necessary training for staff and the Local Board members will be shared through staff and Local Board meetings. The children will be consulted via discussions in the School Meeting as well as forum groups.

The PHSE co-ordinator will keep staff informed of any changes in the curriculum and will organise attendance on appropriate courses for staff where necessary. This policy will also be published on the academy website.

9. Assessment, monitoring and evaluation

This will be carried out by regular monitoring as well as discussion with the children in School Meetings and forum groups, by the PSHE co-ordinator, who will also annually review the policy.

Policy written: November 2006
Reviewed: November 2018

Glossary of terms

RSE – Relationships and Sex Education

PSHE – Personal, Social and Health Education