










# ELEMENTARY SCHOOL DECEMBER 2019 MENU

**\*\*HARVEST OF THE MONTH\*\***



**CABBAGE**



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|---|---|--|--|---|
| <b>2</b> Whole Grain<br>1- CHICKEN NUGGETS<br>w/Potato Wedges<br>OR<br>2- PBJ LUNCH<br>(w/String Cheese<br>or Yogurt)             | <b>3</b> <u>Brunch for Lunch</u><br>1- MINI WAFFLES<br>CHEESE OMELET<br>FRUIT YOGURT<br>OR<br>2- BAGELER LUNCH<br>(w/Yogurt & Cheese) | <b>4</b><br>1- MANDARIN<br>ORANGE CHICKEN<br>w/Veggie Rice<br>OR<br>2- Ham & Cheese<br>on Hawaiian Bread                                 | <b>5</b><br>1- CHEESEBURGER<br>on a Whole Grain Bun<br>OR<br>2- YOGURT PARFAIT<br>w/Berries<br>& Muffin or Crackers                | <b>6</b> Whole Grain<br>1- CHEESE PIZZA<br>SLICE<br>OR<br>2- COLD ENTRÉE<br><u>MIX IT UP</u><br>*EE Harvest Day*                    |
| <b>9</b><br>1- Wheat PASTA<br>& Meat Sauce<br>w/ GARLIC TOAST<br>OR<br>2- PBJ LUNCH   | <b>10</b><br>1- QUESADILLA<br>w/Corn, Beans,<br>Lettuce & Salsa<br>OR<br>2- ROUND BAGEL<br>LUNCH                                      | <b>11</b> <u>Early Release</u><br>1- CORNDOG<br>w/Potato Smiles<br>OR<br>2- Turkey & Cheese<br>on a Ciabatta Roll<br>w/Goldfish Crackers | <b>12</b><br>1- CHICKEN BURGER<br>on a Whole Grain Bun<br>OR<br>2- YOGURT PARFAIT<br>w/Berries<br>& Muffin or Crackers             | <b>13</b> Whole Grain<br>1- ROUND GALAXY<br>PEPPERONI PIZZA<br>OR<br>2- COLD ENTRÉE<br><u>MIX IT UP</u><br>*SE Harvest Day*         |
| <b>16</b> Whole Grain<br>1- CHICKEN TENDERS<br>w/Baked Beans<br>OR<br>2- PBJ LUNCH<br><br>ANIMAL COOKIES                          | <b>17</b> Whole Grain<br>HAM & CHEESE<br>RIPPER<br>OR<br>2- BAGELER LUNCH<br><br><u>SE Holiday Program</u><br>Sack Lunch              | <b>18</b><br>COOKS CHOICE<br><br>                      | <b>19</b><br>1- TACO BURRITO<br>w/Lettuce & Salsa<br>OR<br>2- YOGURT PARFAIT<br><br><u>NE Holiday Program</u><br>Sack Lunch        | <b>20</b><br>1- PIZZA DAY<br>OR<br>2- COLD ENTRÉE<br>MIX IT UP<br><br><u>EE Holiday Program</u><br>Sack Lunch                       |
| <b>23</b><br>WINTER BREAK<br>NO SCHOOL<br><br> | <b>24</b><br>WINTER BREAK<br>NO SCHOOL<br><br>     | <b>25</b><br>WINTER BREAK<br>NO SCHOOL<br><br>        | <b>26</b><br>WINTER BREAK<br>NO SCHOOL<br><br> | <b>27</b><br>WINTER BREAK<br>NO SCHOOL<br><br> |
| <b>30</b><br>WINTER BREAK<br>NO SCHOOL  | <b>31</b><br>NEW YEARS EVE<br><br>                 |  |  |   |

## BREAKFAST \$ 1.50

Reduced \$0.00 Adult \$2.00

Includes Entrée Choice,  
White Milk, Fruit & 100% Fruit Juice

Mon: Breakfast Bar

Tues: **Breakfast Pizza**

Wed: Cinnamon Delight

Thursday: **Hot Breakfast**

Friday: Mix it up

Daily Alternative Entrée Choices  
Cold Cereal w/Yogurt or String Cheese

## LUNCH \$ 3.00

Reduced \$0.40 Adult \$4.00

\*Includes Entrée Choice, Milk  
(1% White, Skim or Skim Chocolate)

&  
The

## FRUIT & VEGGIE BAR

Our Fruit & Veggie Bar offers a rotating variety of carrots, broccoli, cucumbers, tomatoes, green leafy salad mix, radishes cauliflower, legumes, apples, oranges, pears, bananas, grapes, berries, kiwi, peaches and other in season produce

**NEW** this year: **MEALTIME ONLINE**

allows you to monitor your student's meal account, deposit funds with a credit card and set low balance notifications. Sign up today @

<https://www.mymealtime.com/>

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