









# MIDDLE SCHOOL DECEMBER 2019 MENU

**\*\*HARVEST OF THE MONTH \*\***



**CABBAGE**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <u>PIZZA DAY</u> Choice from a VARIETY OF SLICES  GARDEN SALAD	3 CHEDDAR CHEESE STUFFWICH w/CHICKEN NOODLE SOUP	4 ASIAN CHICKEN w/Veggie Rice Steamed BROCCOLI CRISPY EGG ROLL  FORTUNE COOKIE	5 NACHOS w/ Meat, Cheese Refried Beans Salsa, Sour Cream. & Veggie Topping Bar	6 CHICKEN BURGER Breaded or Grilled Choice of Toppings  OVEN FRIES
9 <u>PIZZA DAY</u> Choice from a VARIETY OF SLICES  CAESAR SALAD	10 Sweet Baby Rays BBQ PULLED PORK on a Kaiser Roll TATER TOTS  COLESLAW	11 <u>Late Start</u> Whole Grain CHICKEN CORNDOG w/MAC & CHEESE SUGAR SNAP PEAS	12 TACO EDI-BOWL w/ Turkey Taco Meat, Cheddar Cheese, Rice & Beans Salsa, Sour Cream. & Veggie Topping Bar	13 <u>BURGER BAR</u> Beef Patty w/Cheese Choice of Toppings
16 <u>PIZZA DAY</u> Choice from a VARIETY OF SLICES  GARDEN SALAD	17 BOWTIE PASTA w/MEAT SAUCE & Parmesan Cheese GARLIC TOAST	18 CHICKEN NUGGETS POTATO WEDGES COLESLAW  SMART COOKIES	19 BEEF BURRITO w/ Meat, Cheese Black Beans Salsa, Sour Cream. & Veggie Topping Bar	20 CHICKEN BURGER Breaded or Grilled Choice of Toppings  OVEN FRIES
23 WINTER BREAK NO SCHOOL  	24 WINTER BREAK NO SCHOOL  	25 WINTER BREAK NO SCHOOL  	26 WINTER BREAK NO SCHOOL  	27 WINTER BREAK NO SCHOOL  
30	31 NEW YEARS EVE  			

## BREAKFAST \$1.50

Reduced \$0.00    Adult \$2.00

Includes Entrée Choice,  
Milk, Fruit & 100% Fruit Juice

### Daily Entrée Choices

Cold Cereal, Benefit Bar, Bagel, Muffin  
PBJ OR \*\*Daily Breakfast Special\*\*

## LUNCH \$3.25

Reduced \$0.40    Adult \$4.00

\*Includes Entrée Choice,  
Milk (Skim, 1% or Skim Chocolate)  
&

## FRUIT & VEGGIE BUFFET

Our Fruit & Veggie Bar offers a rotating  
variety of carrots, broccoli, cucumbers,  
tomatoes, green leafy salad mix, radishes  
cauliflower, legumes, apples, oranges, pears,  
bananas, grapes, berries, kiwi, peaches and  
other in season produce

## \*ALTERNATIVE ENTREE OPTIONS\* OFFERED DAILY

\*Deli Sandwiches    \*Entree Salads  
\* Bagel Lunch    \* PB&J  
\* Yogurt Parfait

## **NEW** this year: **MEALTIME ONLINE**

allows you to monitor your student's  
meal account, deposit funds with a  
credit card and set low balance  
notifications. Sign up today @

<https://www.mymealtime.com/>

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