

CHINESE 中餐盒饭

Menus may be subject to change due to daily availability of ingredients / 菜单有可能会根据日常原材料的供应状况做相应调整

WEEK 1

DATE

MONDAY

December 2

TUESDAY

December 3

WEDNESDAY

December 4

THURSDAY

December 5

FRIDAY

December 6

 MAIN

Sweet & Sour Pork
with Pineapple
菠萝咕嚕肉

Steamed Chicken
with Mu'er & Mushroom
木耳香菇蒸鸡

Braised Pork with Tofu
豆腐红烧肉

Beef Brisket with Daikon
牛腩烧萝卜

Steamed Fish
With Light Soy Sauce
酱油蒸鱼

 MAIN

Braised Beef with Potatoes
土豆炖牛肉

Stir-fried Pork Slices
with Cauliflower
菜花炒肉片

Stir-fried Duck Breast
with Onion & Black Pepper
洋葱黑椒炒鸭胸

Kung Pao Chicken
宫爆鸡丁

Stir-fried Pork
with Shredded Potatoes
土豆丝炒肉

 SIDE

Braised Tofu
with Tomato & Mushroom
番茄金针菇烩豆腐

Stir-fried Diced Vegetables
香炒七彩丁
(玉米丁, 胡萝卜, 莴笋)

Home-made Marinated Egg
卤蛋

Stir-fried Long Beans
with Preserved Vegetable
榄菜豆角

Scrambled Eggs
with Tomatoes
番茄炒蛋

 SIDE

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

 RICE

Steamed Rice
白米饭

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白米饭

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WEEK 2

DATE

MONDAY

December 9

TUESDAY

December 10

WEDNESDAY

December 11

THURSDAY

December 12

FRIDAY

December 13

 MAIN

Steamed Chicken
with Mushroom
香菇蒸滑鸡

Steamed Eggs with
Shrimps
虾仁蒸蛋

Stir-fried Duck
with Bell Peppers
五彩炒鸭肉

Braised Pork with Potatoes
猪肉炖土豆

 MAIN

Stir-fried Pork Meatball
with Celery
西芹炒猪肉丸

Braised Pork Brisket
with Bean Curds
猪肉焖腐竹

Stir-fried Chicken
with Celery & XO Sauce
XO酱芹菜炒鸡柳

Stir-fried Fish Cake
with Bell Peppers
双椒鱼饼

 SIDE

Sautéed
Shredded Vegetables
清炒脆三丝

Stir-fried Eggplants
& Long Beans
茄子豆角

Braised Mushrooms
with Oyster Sauce
鲍汁烩杂菌

Scrambled Eggs
with Tomatoes
番茄炒蛋

 SIDE

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

Stir-fried Vegetable
小炒蔬菜

 RICE

Steamed Rice
白米饭

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