

WEEK 1

	Monday	Tuesday	Wednesday	Thursday	Friday
GLOBAL ADVENTURE (MAIN MEAL)	<p style="text-align: center;">German</p> <p style="text-align: center;">Beef Rouladen Braised Beef Rolls with Stuffing</p> <p style="text-align: center;">Mashed Potatoes</p> <p style="text-align: center;">Sautéed Red Cabbage</p>	<p style="text-align: center;">Indian</p> <p style="text-align: center;">Chicken Jalfrezi</p> <p style="text-align: center;">Served on a bed of Pilaf Rice</p>	<p style="text-align: center;">Traditional</p> <p style="text-align: center;">Roast Beef</p> <p style="text-align: center;">Creamed & Roast Potatoes</p> <p style="text-align: center;">Mashed Carrot & Parsnip</p>	<p style="text-align: center;">Cuban</p> <p style="text-align: center;">Ropa Vieja Shredded Beef Tortilla Bread</p> <p style="text-align: center;">Oven Baked Diced Herb Potatoes</p>	<p style="text-align: center;">Classic</p> <p style="text-align: center;">Cod in a Crispy Batter</p> <p style="text-align: center;">Mushy Peas</p> <p style="text-align: center;">Chipped Potatoes</p>
MAIN MEAL	<p style="text-align: center;">Tandoori Chicken Skewer</p> <p style="text-align: center;">Baked Potato & Sweet Corn</p>	<p style="text-align: center;">Chicken Wrap</p> <p style="text-align: center;">Roast Potatoes & Green Beans</p>	<p style="text-align: center;">Salted Chill Chicken</p> <p style="text-align: center;">Stir-fry Noodles</p>	<p style="text-align: center;">WINGS & THINGS</p> <p style="text-align: center;">Special Marinated Roast Chicken Drumsticks with BBQ Sauce Garden Peas & New Boiled</p>	<p style="text-align: center;">Chicken Curry</p> <p style="text-align: center;">Boiled Rice Or Chipped Potatoes</p>
VEGETARIAN	<p style="text-align: center;">Mushrooms with Savoury Stuffing</p>	<p style="text-align: center;">Macaroni Cheese</p>	<p style="text-align: center;">Tempura Vegetables</p>	<p style="text-align: center;">Chickpea & Coriander Burger</p>	<p style="text-align: center;">Falafel Pitta Bread</p>
DESSERTS	<p style="text-align: center;">Chocolate Cracknel & Custard Yoghurt Fresh Fruit</p>	<p style="text-align: center;">Fruit Smoothie Yoghurt Fresh Fruit</p>	<p style="text-align: center;">Yoghurt Fresh Fruit</p>	<p style="text-align: center;">Banana Bread Yoghurt Fresh Fruit</p>	<p style="text-align: center;">Blueberry Muffins Yoghurt Fresh Fruit</p>
MEAL TICKET OPTION (Choose one)	<ul style="list-style-type: none"> • Soup & Main Meal • Main Meal & Dessert • Main Meal & Bottle of Water • Main Meal & Fruit or Yoghurt <p style="text-align: center;">£2.80</p>	<ul style="list-style-type: none"> • Soup & Main Meal • Main Meal & Dessert • Main Meal & Bottle of Water • Main Meal & Fruit or Yoghurt <p style="text-align: center;">£2.80</p>	<ul style="list-style-type: none"> • Soup & Main Meal • Main Meal & Dessert • Main Meal & Bottle of Water • Main Meal & Fruit or Yoghurt <p style="text-align: center;">£2.80</p>	<ul style="list-style-type: none"> • Soup & Main Meal • Main Meal & Dessert • Main Meal & Bottle of Water • Main Meal & Fruit or Yoghurt <p style="text-align: center;">£2.80</p>	<ul style="list-style-type: none"> • Soup & Main Meal • Main Meal & Dessert • Main Meal & Bottle of Water • Main Meal & Fruit or Yoghurt <p style="text-align: center;">£2.80</p>