

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> <i>Meatless Monday</i> Toasted Cheese Sandwich Creamy Tomato Soup Green Beans Sliced Peaches	<b>3</b> <i>Taco Tuesday</i> Chicken & Cheese Or Cheese Quesadilla Brown Rice Refried Beans Orange Wedges	<b>4</b> WG Rotini Pasta Meatballs Marinara or Alfredo Sauce Garlic & Herb Breadstick Peas Apple	<b>5</b> Chicken Tenders WW Dinner Roll Tater Tots California Blend Vegetables Apple & Grape Waldorf Salad	<b>6</b> French Bread Pizza Crisp Romaine Salad Pear Crisp
<b>9</b> <i>Meatless Monday</i> Cheese Bites Marinara Sauce Green Beans Red & Green Grapes 100% Juice	<b>10</b> WG Nacho Chips Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Orange Wedges	<b>11</b> Twisted Mozzarella Breadsticks Marinara Sauce Steamed Carrots Diced Pears	<b>12</b> Popcorn Chicken Mashed Potatoes Corn Gravy Dinner Roll Banana Split Boats	<b>13</b> French Bread Pizza Crisp Romaine Salad Frozen Blueberries with Whipped Topping
<b>16</b> <i>Meatless Monday</i> Italian Combo Marinara Sauce Garlic & Herb WG Breadstick Seasoned Broccoli Fruit Cocktail	<b>17</b> WG Tortilla Seasoned Beef or Fajita Chicken Cheddar Cheese Sauce Brown Rice Refried Beans Pineapple Cups	<b>18</b> WG Penne Pasta Meatballs Marinara or Cheese Sauce Garlic & Herb Breadstick Green Beans 100% Juice	<b>19</b> Cherry Blossom or Firecracker Chicken Vegetable Fried Rice Steamed Carrots Apple Grin Slices	<b>20</b> <i>Early Release</i> No Lunch Served
<b>23</b> Holiday Recess No School	<b>24</b> Holiday Recess No School	<b>25</b> Holiday Recess No School	<b>26</b> Holiday Recess No School	<b>27</b> Holiday Recess No School
<b>30</b> Holiday Recess No School	<b>31</b> Holiday Recess No School			

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 Cup fruit, 1 Cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Please make checks payable to Stonington Public Schools Food Services or SPS Food Services
- Menu subject to change as needed without notice.
- Applications for free and reduced meals can be submitted at any time during the school year!
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider

