

Monday

2
 Cheese Bites
 Marinara Sauce
 Garlic Knot
 Seasoned Broccoli
 Crisp Romaine Salad
 Fruit Cocktail & 100% Juice

9
 Waffle Cut Fries
 3-Bean Chili & Cheese
 Seasoned Broccoli
 Dinner Roll
 Apple & Grape Waldorf Salad
 100% Juice

16
 Italian Combo
 California Blend Vegetables
 Crisp Romaine Salad
 Garlic & Herb Breadstick
 Fruit Cocktail
 100% Juice

23
*Holiday Recess
 No School*

30
*Holiday Recess
 No School*

Tuesday

3
 WW Tortilla
 Seasoned Beef or Fajita Chicken
 Shredded Cheddar Cheese
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Orange Wedges & 100% Juice

10
 WG Nacho Chips
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese Sauce
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Strawberries & 100% Juice

17
 WG Nacho Chips
 Seasoned Beef or Fajita Chicken
 Cheddar Cheese Sauce
 Brown Rice
 Refried Beans
 Salsa & Lettuce
 Strawberries & 100% Juice

24
*Holiday Recess
 No School*

31
*Holiday Recess
 No School*

Wednesday

4
 Spicy Chicken & Waffles
 Hash Brown Patty
 Cinnamon Carrots
 Frozen Strawberries
 100% Juice

11
 Chicken Tenders
 Mashed Potatoes
 Steamed Carrots
 Garlic Knot
 Orange Wedges
 100% Juice

18
 Pancakes or
 Hash Brown
 Cinnamon Carrots
 Chicken Sausage or Bacon
 Egg Patty
 Pear Crisp & 100% Juice

25
*Holiday Recess
 No School*

Thursday

5
 Cherry Blossom or
 Firecracker Chicken
 Vegetable Fried Rice
 Oriental Blend Vegetables
 Canned Pineapple & 100% Juice

12
 Chicken or Cheese Quesadilla
 Corn & Black Bean Salad
 Lettuce & Tomato
 Banana Split Boats
 100% Juice

19
 Popcorn Chicken
 Mashed Potatoes
 Corn
 Gravy
 Dinner Roll
 Applesauce & 100% Juice

26
*Holiday Recess
 No School*

Friday

6
 Homemade Pizza
 Sweet Potato Fries
 Cucumber Dippers
 Pear Crisp
 100% Juice

13
 French Bread Pizza
 Crisp Romaine Salad
 Sweet Potato Fries
 Baked Apple Wedges
 100% Juice

20
*Early Release
 No Lunch Served*

27
*Holiday Recess
 No School*

- All meals include a minimum of 2 oz protein, 2 oz whole grains, 1 cup fruit, 1 cup vegetable, and 8 fl oz fat-free flavored milk or 1% unflavored milk
- Please make checks payable to Stonington Public Schools Food Service or SPS Food Service
- Menu subject to change as needed.
- WG=Whole Grain, WW=Whole Wheat
- This institution is an equal opportunity provider