

Sources for quality string instruments and service

Local Sources

Atelier

403 E. Putnam Avenue
Cos Cob, CT 06807
(203) 661-9500
www.atelierconstantinpopescu.com

Ardley Musical Instrument Service

219 Sprain Road
Scarsdale, NY 10583
(914) 693-6639
www.ardsleymusic.com

DZ Strad

60 S Lexington Ave
White Plains, NY 10606
(914) 831-7415
<https://dzstrad.com/>

Music and Arts Centers

604 Mamaroneck Ave.
Mamaroneck, NY 10543
(914) 381-5205
www.musicarts.com

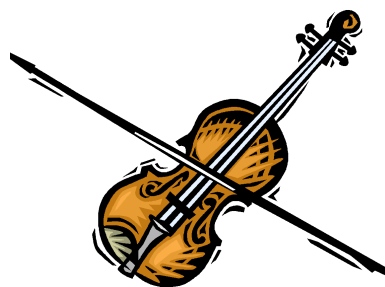
Online Sources

www.amazon.com

www.sharmusic.com

www.johnsonstring.com

www.swstrings.com



This list is not exhaustive but represents sources that students have had consistent success with quality instruments and repair services

What is a Shoulder Rest?

The goal of a shoulder rest is to provide the student with a more comfortable position while playing by adding height to the shoulder and preventing the instrument from slipping. Using a shoulder rest will result in the child having a better hold on the instrument and proper playing position. It is important to use a shoulder rest and learn the proper position from the beginning, bad habits are hard to break down the line. If a child does not use a shoulder rest it could result in improper playing position and technique as well as muscle tension in the neck and shoulders.

Shoulder rests come in a variety of sizes for violin and violas and are adjustable. It is important that you purchase the correct shoulder rest for your instrument. Shoulder rests are given the same size as the instrument, such as a Violin 4/4 Shoulder Rest would be for a 4/4 or full size violin.

I recommend the **Kun** and **Everest** brands of shoulder rests. These fit instruments well, stay in place, and are comfortable. Both brands come in a variety of sizes and can be **adjustable**. A shoulder rest can be purchased at a local music store or it can be bought online through sites such as Amazon. Other brands, which are slightly less expensive, often fall off the instrument while playing or are uncomfortable.

Violin Shoulder Rest Sizing

- $\frac{1}{2}$ or $\frac{3}{4}$ Size Violin Shoulder Rest: Kun or Everest $\frac{3}{4}$ and $\frac{1}{2}$ size rest is recommended for any $\frac{1}{2}$ or $\frac{3}{4}$ size Violin (it is adjustable).
- Full Size Violin Shoulder Rest: Kun or Everest 4/4 size rest is good for any full size Violin

Viola Shoulder Rest Sizing

- 11" – 12" Viola Shoulder Rest: Kun or Everest $\frac{1}{2}$ and $\frac{3}{4}$ size VIOLIN shoulder rest fits the small Violas (11"-12") best (it is adjustable).
- 13" – 14" Viola Shoulder Rest: Kun or Everest $\frac{3}{4}$ and 4/4 size VIOLIN shoulder rest fits the small Violas (13"-14") best (it is adjustable).
- 15" - 17" Kun Collapsible Viola Shoulder Rest or Everest EZ Viola Shoulder Rest

If you have any questions regarding which shoulder rest to buy or the proper size, see Ms. Galletti or email her at gallettia@harrisonscsd.org

