

Eagle Watch



MONTHLY NEWSLETTER
NOVEMBER 2019
ATHOL ELEMENTARY SCHOOL
www.lakeland272.org
208-683-2231

IN THIS ISSUE:

PRINCIPAL'S MESSAGE

PTU NEWS

WALK-A-THON REMINDER

NEWS FROM THE GYM

LIBRARY NEWS-BOOK FAIR TIME!!

ADVANCED LEARNING CLASS

FREE DEVELOPMENTAL SCREENER

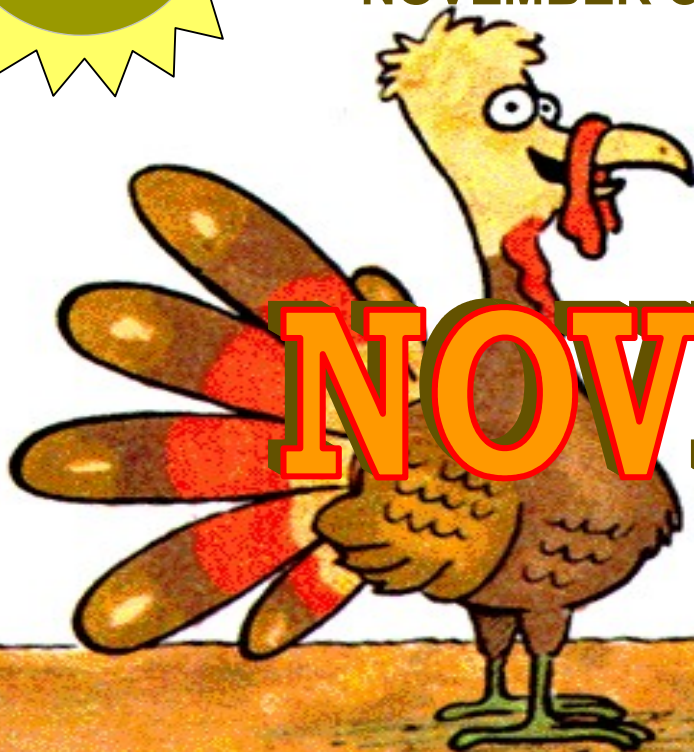
SEUSSICAL

BOX TOPS FOR EDUCATION

BREAKFAST MENU

LUNCH MENU

NOVEMBER CALENDAR



NOVEMBER

- 2019

Principal's Message

Happy Fall Parents!

We are in full swing with routines becoming established and great learning activities in full swing!! Here are a few highlights...

Science, Technology, Engineering and Math

We are taking full advantage of our Advanced Learning Teacher, Mrs. Anderson and the programs she is offering related to STEM learning. This will challenge our student's thinking skills and bring out their creativity. It is fun to see students working together to learn and problem solve.

Building School Community

We always enjoy the first 20-30 minutes of the morning for "morning meeting". This is a great way for us to build positive vibes in our school community. It gives kids a chance to talk to each other and learn about each other. It teaches tolerance, empathy and compassion. Our teachers use it as a time to connect with kids on a more personal level and include some fun learning activities focused on social and emotional development.

We are looking forward to meeting with you soon and sharing your child's progress to this point.



Best Regards,
Mrs. Thomas
Principal



The Book Fair is here!



BOOK FAIR HOURS:

Come in anytime to purchase!

Monday November 4th 10:00AM-3:30PM

Tuesday November 5th 9:00AM-3:30PM

Wednesday & Thursday **OPEN ALL DAY 9:00AM-7PM**

Friday November 8th 9:00AM-3:00PM

Thank you for your support!

Athol Elementary PTU

Parents & Teachers United



Come and join the fun!!

**PTU Meeting Monday - November 18th - 6 p.m.
in the Athol Elementary Library**



Athol Elementary PTU New and Events!



What an exciting October!!!

The Silent Auction and Raffle during Family Fall Festival Night were fabulous! Families and community members donated so generously that we were very successful! We had many new and returning sponsors that helped make our Auction and Raffle exciting for everyone.



Walk-A-Thon is always a blast! We are excited to have the Timberlake Fire Station here along with our Mayor, Mary Zichko, to encourage our students to walk. Thanks to everyone for your support of the PTU! We couldn't do it without you!



Teacher dinners during Conference Week are coming up on November 6th and 7th. We need people to donate items or money for PTU to purchase dinner items. If you are interested in helping, please get ahold of us at atholelementaryptu@gmail.com or on facebook at Athol Elementary PTU. You can drop off donations in the office. It is easy to provide dinner for our outstanding teachers and staff when they are working so hard for our kids!



We will be selling **SWAG** during conferences and at most school events. It is time to stock up on long sleeve t-shirts, winter headbands and beanies and sweatshirts! If you would like to buy something, let us know. We have lots of great items in stock!



Don't forget our Playground! We are working hard to **"Slide Into the Future!"**



Our next meeting is November 18 at 6 pm in the Athol Elementary library. We will be planning our Christmas Candy-grams, the Teacher's Giving Tree, snacks for the Christmas Concert and upcoming events in the New Year. Join us!



Thanks for all of your support!



Athol Elementary PTU



Athol Elementary

Walk a thon

DON'T

forget

YOUR MONEY

is due by

NOVEMBER 11TH



In The Gym

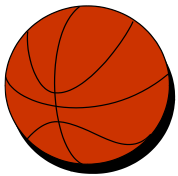


with Mrs. Bauman



Congratulations to all of the **95** participants in our

Cross Country program this year. We had a great turn out and lots of healthy fun. Our rescheduled meet was a little soggy, but still a great turn out. We had lots of happy kids proud of what they accomplished.



Coming up next is the Elks Hoop Shoot contest.

If making baskets is your child's thing, now is the time to practice.



We will be participating in the contest the week of November 11-15

during PE. The winners from our school will get to participate in the Local

Elks Hoop shoot on January 4, 2020 at Lakeland High School.



The K-2nd graders have been working on their jump rope

skills. Make sure to ask them to show you their accomplishments!



A Typical Day in ALP with Mrs. Anderson

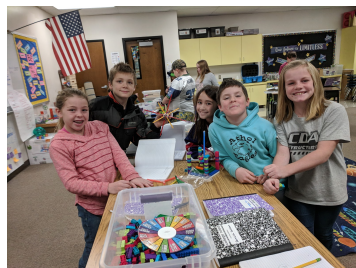
Students come to ALP eager and ready to engage in learning activities. First they look at their NORMS for the day and pick the one that they want to focus on for the day. After they pick their NORM, we discuss at the end of our session whether they need to practice it more or if they met their goal. (They self-access)

Norms (which means what normal classroom behavior looks like):

- Respect for the teacher, each other and our supplies
- Collaborating using teamwork, listening, thinking and sharing
- Encouraging with kind and caring words

Our activities are focused on STEAM learning which stands for science, technology, engineering, art and math. STEAM is important because it pervades every part of our lives. By exposing students to STEAM and giving them opportunities to explore STEAM related concepts, they will develop a passion for it and hopefully pursue a job in a STEAM field which is ever increasing.

Students often engage in the design thinking process when planning their strategy for the day. This month we kicked off inventing as they learned about engineering bridges, balancing objects on a broom, and creating a fan that works. They often work in teams which can be challenging, but they have found the more brains the better!



If you are interested in Lakeland's Invention Convention, please click on this link!

[2019 Lakeland Invention Convention pdf](#)



LOOK FOR BOX TOPS ON HUNDREDS OF PRODUCTS!

THE ALL-NEW BOX TOPS IS HERE!
DOWNLOAD THE APP:



CLIP: Traditional Box Tops clips are being phased out of production, but you can still send unexpired clips to school. Every valid Box Tops clip is worth 10¢.



SCAN: If you see this label, **do not send it to school**. Use the new Box Tops app to scan your store receipt within 14 days of purchase. The app will find participating products and instantly add Box Tops to your school's earnings online.



BEVERAGES

- Nestle Pure Life Water .5-Liter 24, 28, 32,35-Packs
- Nestle Pure Life Water 8 oz. 6, 12, 24 & 56-Packs
- Nestle Pure Life Water 11.15 oz 6-Pack



HOUSEHOLD CLEANING

- Lysol® Disinfectant Spray
- Lysol® Disinfecting Wipes
- Lysol® Toilet Bowl Cleaner



MEALS & SIDES

- Annie's® Baking Mix
- Annie's® Brownie Mix
- Annie's® Cake Mix
- Annie's® Cookie Mix
- Annie's® Mac & Cheese
- Annie's® One Pot Pasta
- Annie's® Soup
- Hamburger Helper™
- Chicken Helper™
- Tuna Helper™
- Old El Paso™ Beans
- Old El Paso™ Taco Kit
- Old El Paso™ Tortillas
- Old El Paso™ Shells



SNACKS

- Annie's® Bunny Cookies
- Annie's® Bunny Grahams
- Annie's® Cheddar Bunnies
- Annie's® Cheddar Squares
- Annie's® Cookies
- Annie's® Crackers
- Annie's® Fruit Snacks
- Annie's® Granola Bars
- Annie's® Popcorn
- Annie's® Snack Bars
- Annie's® Snack Mix
- Bugles™
- Cascadian Farm™ Granola
- Cascadian Farm™ Granola Bars
- Cascadian Farm™ Protein Bars
- Cereal Treat Bars
- Chex™ Mix
- Fiber One™ Bars
- Fiber One™ Brownies
- Fiber One™ Cheesecake Bars
- Fiber One™ Cookies
- Food Should Taste Good™ Chips
- Fruit by the Foot™
- Fruit Roll-Ups™
- Gardetto's™
- General Mills™ Fruit Snacks
- Gushers™
- LARABAR™ Kid
- Mott's® Fruit Snacks
- Nature Valley™ Bars
- Nature Valley™ Biscuits
- Nature Valley™ Bites
- Nature Valley™ Granola Cups
- Nature Valley™ Layer Bars
- Nature Valley™ Snack Mix
- Nature Valley™ Squares
- Nature Valley™ Wafer Bars



CEREAL & BREAKFAST

*Bagged cereals do not participate

- Ancient Grains Cheerios™
- Annie's® Cereal
- Annie's® Toaster Pastries
- Apple Cinnamon Cheerios™
- Apple Cinnamon Toast Crunch™
- Banana Nut Cheerios™
- Basic 4™ Cereal
- Big G Cereal Breakfast Pack (8 Pouches)
- Berry Berry Kix™
- Birthday Cake Cookie Crisp™
- Blueberry Cheerios™
- Blueberry Chex™
- Blueberry Toast Crunch™
- Boo Berry™
- Cascadian Farm Cereal™
- Cheerios™
- Cheerios™ Oat Crunch Cinnamon
- Chocolate Cheerios™
- Chocolate Chex™
- Chocolate Lucky Charms™
- Chocolate Peanut Butter Cheerios™
- Chocolate Toast Crunch™
- Cinnamon Chex™
- Cinnamon Toast Crunch™
- Cinnamon Toast Crunch™ Churros
- Cinnamon Toast Crunch™ Shreds
- Cocoa Puffs™ Cereal
- Cookie Crisp™ Cereal
- Corn Chex™ Cereal
- Count Chocula™
- Dippin Dots™ Cereal
- Drumstick™ Cereal
- Fiber One™ Cereal
- Fillows™ Cereal
- Franken Berry™
- French Toast Crunch™
- Frosted Cheerios™
- Frosted Lucky Charms™
- Fruity Cheerios™
- Girl Scouts™ Cereal
- Golden Grahams™
- Honey Kix™
- Honey Nut Cheerios™
- Honey Nut Cheerios™ Crunch
- Honey Nut Chex™
- Kix™ Cereal
- Lucky Charms™
- Maple Cheerios™
- Mermaid Cereal
- Multigrain Cheerios™
- Nature Valley™ Cereal
- Nature Valley™ Granola
- Oatmeal Crisp™ Cereal
- Peach Cheerios™
- Peanut Butter Chex™
- Peanut Butter Chocolate Shreds™ Cereal
- Protein Cheerios™ Oat & Honey
- Pumpkin Spice Cheerios™
- Raisin Nut Bran™
- Reese's Puffs™
- Rice Chex™
- Star Wars™ Cereal
- Strawberry Toast Crunch™
- Sugar Cookie Toast Crunch™
- Toasted Coconut Cheerios™
- Total™ Cereal
- Trix™ Cereal
- Vanilla Chex™
- Very Berry Cheerios™
- Wheat Chex™
- Wheaties™



FROZEN

- Annie's® Bagel Pizzas
- Annie's® Pizza Bagels
- Annie's® Pizza Poppers
- Cinnamon Toast Crunch™ Bites
- Pillsbury™ Mini Cinnis
- Pillsbury™ Pancakes
- Pillsbury™ Toaster Scambles
- Pillsbury™ Toaster Strudel
- Totino's™ Party Pizza (4-pack only)
- Totino's™ Pizza Rolls



REFRIGERATED & DAIRY

- Annie's® Biscuits
- Annie's® Cinnamon Rolls
- Annie's® Crescent Rolls
- Yoplait® Go-GURT® Yogurt
- Yoplait® Go-Gurt® Dunkers
- Yoplait® Kid
- Yoplait® Multipack



SCHOOL & OFFICE SUPPLIES

- Boise® POLARIS® Premium Paper
- Boise® X-9® Paper
- Paper Mate® Arrowhead® Erasers
- Paper Mate® Clearpoint® Mechanical Pencils
- Paper Mate® Colored Pencils
- Paper Mate® Comfortmate Ultra™
- Paper Mate® Correction Pens
- Paper Mate® DryLine® Products
- Paper Mate® Eagle® Pens
- Paper Mate® Eraser Mate®
- Paper Mate® Expressions® Erasers
- Paper Mate® Flair® Felt Tip Pens
- Paper Mate® Flexgrip® Elite
- Paper Mate® Flexgrip® Ultra
- Paper Mate® Gel Pens
- Paper Mate® Flexgrip® RT
- Paper Mate® Handwriting
- Paper Mate® Holiday
- Paper Mate® Infinite Lead
- Paper Mate® Inkjoy® Ballpoint Pens
- Paper Mate® Inkjoy® Gel Pens
- Paper Mate® Inkjoy® Stylus 2-in-1
- Paper Mate® Lead Refills
- Paper Mate® Liquid Flair®
- Paper Mate® Liquid Paper® Fast Dry
- Paper Mate® Markers
- Paper Mate® Mirado® Woodcase Pencils
- Paper Mate® Pens
- Paper Mate® Pink Pearl® & White Pearl® Erasers
- Paper Mate® Profile®
- Paper Mate® Profile® Elite
- Paper Mate® Quick Flip™
- Paper Mate® Sharpwriter® Mechanical Pencils
- Paper Mate® Speederase
- Paper Mate® Write Bros. Pens
- Paper Mate® Write Bros. Mechanical Pencils

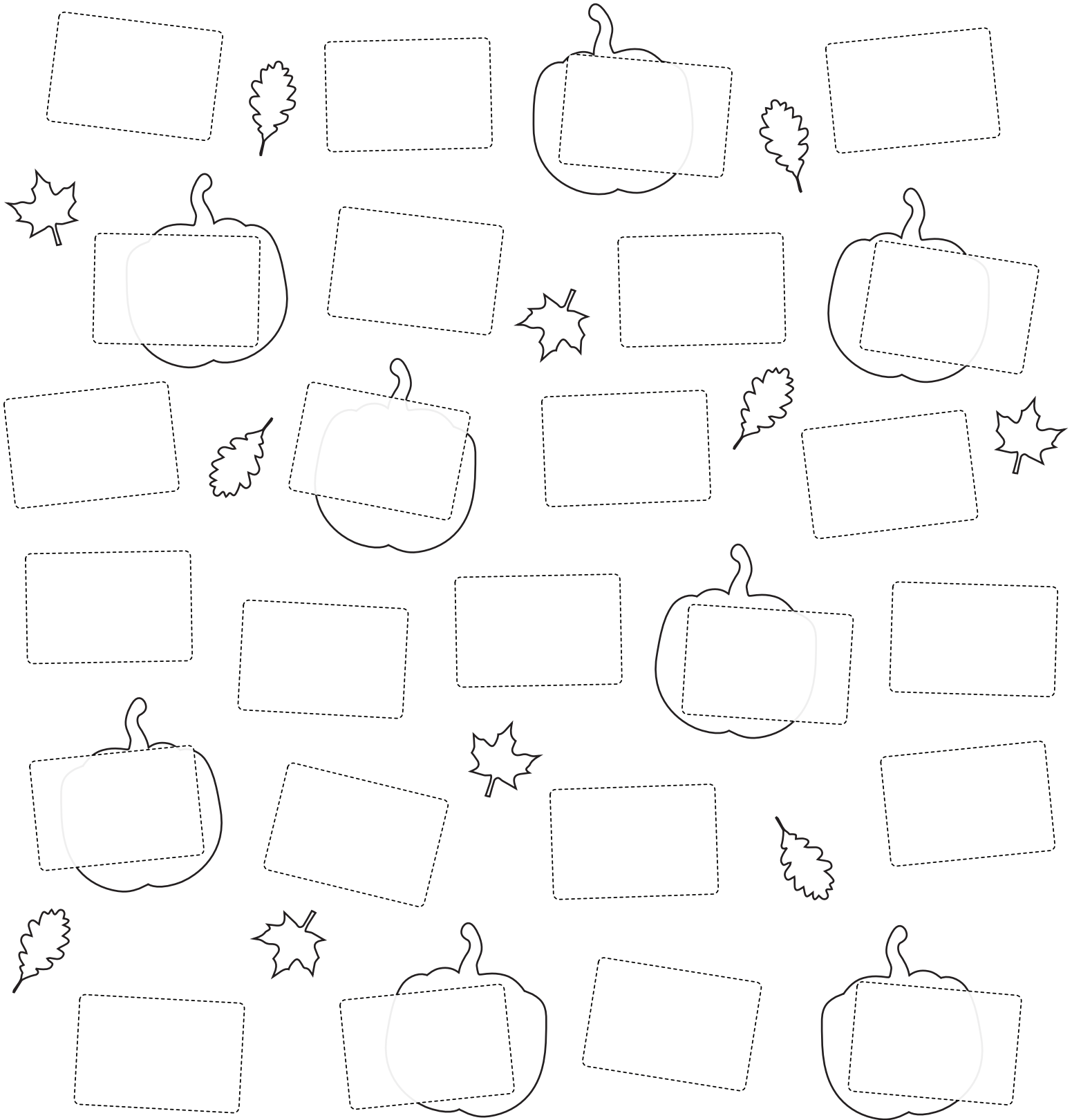
CLIP-ONLY PRODUCTS

A few brands have opted not to participate in the digital program; however, you can still find Box Tops clips on these products during the packaging transition. Be sure to send them to your school before they expire.

- Select Finish® Products
- Select Hefty® Products
- Select Kleenex® Products
- Select Reynolds® Products
- Select Scott® Products
- Select Ziploc® Products



HARVEST ALL YOUR BOX TOPS AND SEND THEM TO SCHOOL!



Thank you for helping! Clipped Box Tops are each worth 10¢ for your child's school.
Bonus certificates should not be attached to this sheet – please submit them separately.
To see more ways to earn cash for your child's school, go to **BTFE.com**.

FREE Developmental Screening



For all children in the
Lakeland
School District
0-5 years old

Screening will provide parents with
information regarding their child's
development in:

speech & language
large & small muscles
concepts
vision and hearing

Where?

Twin Lakes Elementary
5326 W. Rice Road
Rathdrum, ID 83858

When?

February 24, 2020
March 16, 2020

Sponsored by:

Lakeland School District
North Idaho College Head Start
Infant Toddler Program
Mountain States Early Head Start

How?

Call (208) 687-1682
to schedule an
appointment

For all children in the Lakeland School District (including those that are home-schooled and those in private-school setting)
between the ages of 3 and 21 years
who may have individual needs that result from disabilities and may benefit from special services or related services,
please contact Special Services at (208) 687-0431 for details on the referral process.

CYT

North Idaho



Seussical™



**Thank you to our
show Sponsors**



ROBINSON



Soft BRITTLE

**November 15, 16, 22 & 23 at 7pm
November 16*, 17, 23 & 24 at 3pm
School Shows November 20 & 21**

Deaf Accessible Performance is November 22

**Get Tickets and more information at:
cytnorthidaho.org
(208) 930-1001**

***Family Discount Matinée. All tickets \$11**



KROC CENTER
COEUR D'ALENE, ID



BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Paid Student \$1.50. Reduced \$0.30. Adult \$2.25



Elementary Lunch Menu November 2019

Student Lunch \$2.80 ** Reduced Price \$0.40 ** Adult \$4.00

Research suggests that the food we eat affects our mental well-being. To help students identify the foods that can make them feel their best, Chartwells has launched a new program.. **Mood Boost!** Throughout the next few weeks, You will get introduced to the "**Moodies**" and learn the foods that can help make you feel : Strong, Alert, Happy, Calm, Smart and Confident!

All of our offerings contain zero grams of artificial trans fat.

Monday	Tuesday	Wednesday	Thursday	Friday
				1-Nov No School
4-Nov BBQ Chicken Served w/ mashed potatoes , dinner roll & cinnamon glazed carrots Fruit and Vegetable Bar Assorted Milk	5-Nov Lucky Tray Day! Soft Beef Taco Sweet Potato Fries Fruit and Vegetable Bar Assorted Milk	6-Nov Toasted Cheese Sandwich Tomato Soup Fruit and Vegetable Bar Assorted Milk	7-Nov Pepperoni Pizza Roasted Broccoli Fruit and Vegetable Bar Assorted Milk	8-Nov Cheese Burger Boston Baked Beans Fruit and Vegetable Bar Assorted Milk
11-Nov Sloppy Joes Baked Tater Tots Fruit and Vegetable Bar Assorted Milk	12-Nov Pancake Day! Pancakes w/Maple Syrup Sausage Patty Scrambled Eggs, Baked Apple Slices Fruit and Vegetable Bar Assorted Milk	13-Nov Macaroni & Cheese Savory Green Beans & Dinner Roll Fruit and Vegetable Bar Assorted Milk	14-Nov French Toast Sticks w/ Maple Syrup Scrambled Eggs Baked Apple Slices Fruit and Vegetable Bar Assorted Milk	15-Nov Cheese Quesadilla Seasoned Corn Fruit and Vegetable Bar Assorted Milk
18-Nov Tangerine Chicken Brown Rice, Roasted Broccoli Fruit and Vegetable Bar Assorted Milk	19-Nov French Toast Sticks w/ Maple Syrup Sausage Patty Fruit and Vegetable Bar Assorted Milk	20-Nov Toasted Cheese Sandwich Tomato Soup Fruit and Vegetable Bar Assorted Milk	21-Nov Parfait: Vanilla Yogurt, Homemade Granola & Fruit Fruit and Vegetable Bar Assorted Milk	22-Nov <u>Only choice:</u> Turkey Gravy w/ Mashed Potatoes, Candied Yams, Roasted Brussel Sprouts Dinner Roll Fruit and Vegetable Bar Assorted Milk
25-Nov No School	26-Nov No School	27-Nov No School	28-Nov No School	29-Nov No School

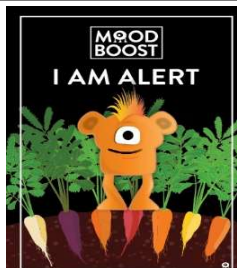
A full student lunch includes a choice of entrée supplying protein and whole grain, up to three (3) vegetable side dishes, one (1) fruit side dish, and milk. Milk choices include 1% white and skim chocolate. A cold vegetable and fruit bar is available daily on which we feature a variety of vegetables and fruits including locally grown when seasonally available. Each week we feature deeply colored, nutrient-rich vegetables including red/orange and dark green varieties, as well as beans and other additional choices. We also offer at least one hot vegetable daily on our serving line.

Mondays Alt Entrées	Tuesdays Alt Entrées	Wednesdays Alt Entrées	Thursdays Alt Entrées	Fridays Alt Entrées
Chicken Nuggets w/ Whole Grain Dinner Roll Tuna Sub	Cheese Pizza Deli Sandwich	Whole Grain Corn Dog Fun Lunch: Cereal & Yogurt Fun Lunch	Beef Nachos Chef Salad w/Fish Crackers	Hot Dog Deli Sandwich

Daily Fruit and Vegetable Bar Offerings

Tossed Salad Fresh Baby Carrots Power Peas Fresh Fruit Chilled Fruit	Caesar Salad Broccoli Florets Spicy Roasted Garbonzo Beans Fresh Fruit Chilled Fruit	Tossed Salad Fresh Baby Carrots Spinach Salad w Cranberries Fresh Fruit Chilled Fruit	Caesar Salad Broccoli Florets Corn & Black Bean Salsa Salad Fresh Fruit Chilled Fruit	Tossed Salad Fresh Baby Carrots Spinach Salad w Cranberries Dried Fruit Mix Fresh Fruit
---	---	---	--	--

Did you know
Carrots, Brussel
Sprouts, Dark
Chocolate, Apples
and Watermelon
are all great foods
to help you stay
alert?



View your menu online at: lakeland272.nutrislice.com

This Institution is an equal opportunity provider.

Sun	Mon	Tue	Wed	Thu	Fri	Sat
November 2019					1 NO SCHOOL for Students End of Quarter Teacher Work Day	2
3  Daylight Savings Time Ends-Set Your Clocks BACK One Hour.	4	5	6  Parent-Teacher Conferences 3:30-7pm	7  Parent-Teacher Conferences 3:30-7pm	8 Popcorn	9
10	11  Veteran's Day Assembly -2PM Walk-A-Thon Sponsor Letter & Donations are Due Today!	12	13	14 Student Picture Re-Take Day	15 Popcorn	16
17	18 PTU Meeting 6pm In the Library 	19	20	21	22 Popcorn CHARACTER ASSEMBLY 2:45PM	23
24	25	26	27	28 Thanksgiving Day	29	30
Thanksgiving Break November 25-29 See you back at school on Monday, December 2, 2019						