

# December '19 Breakfast & Lunch Menu

# Iredell Statesville Schools: High School Menu

Offered Daily: 1/2 pint Milk: FF (13), 1% (13), or Chocolate 1% (20), Strawberry FF (19) or Vanilla FF (19)

(~carb counts)

\*\*Menu subject to change due to weather, calendar changes, administrative directive, equipment malfunction, and/or product availability.\*\*

<i>Mini Pancakes (36)</i> Chic Fillet Sandwich (37) Turkey & Cheese Sandwich (28) Sweet Green Peas (13) Dill Pickles (0) Mandarin Oranges (29) <b>2</b>	<i>Yogurt w/ Grahams (33)</i> Hamburger (25) Pork Chop Sandwich(43) Mashed Potatoes (15) Homestyle Greens (6) Assorted Fruit Juice (15) <b>3</b>	<i>Breakfast on a Stick (48)</i> Popcorn Chicken with Roll (25) <b>Loaded Baked Potato, Rolls (64)</b> Black-eyed Peas (24) Creamy Broccoli Soup, Crackers(44) Fruit Cocktail (14) <b>4</b>	<i>Biscuit &amp; Gravy (39)</i> <b>Beefy Nachos (36)</b> <b>Chicken Alfredo, Breadstick (46)</b> Green Beans (5) Sweet Waffle Fries (26) Fruity Jell-O (30) <b>5</b>	<i>Snowballs (34)</i> Cheese Pizza (30) Fish Sandwich (41) Steamed Cabbage (3) <b>Carrots &amp; Ranch (11)</b> Fresh Fruit <b>6</b>
<i>Sausage Biscuit (27)</i> Mozzarella Sticks w/ Marinara (40) <b>Orange Chicken w/ Rice(59)</b> Glazed Carrots (12) Broccoli w/ Cheese (7) Chilled Sliced Pears(15) <b>9</b>	<i>Super Honey Bun (34)</i> Corndog (30) Fiestada Pizza (43) Refried Beans w/ Chips (28) Potato Smiles (20) Strawberry Pie (50) <b>10</b>	<i>Breakfast Pizza (26)</i> Chicken BBQ Sandwich (34) Grilled Cheese Sandwich (36) Tomato Soup, Crackers (34) Sweet Yellow Corn (16) Raisins (29) <b>11</b>	<i>Glazed Cinnamon Roll (43)</i> Lasagna w/ Breadstick (40) Chicken Tenders, Roll (25) Seasoned Potato Wedges (21) Fresh Garden Salad (3) Baked Cinnamon Apples (30) <b>12</b>	<i>Dunking Stix (48)</i> Pizza Pocket (30) Beef Ravioli, Breadstick (45) Pinto Beans (20) <b>Tomatoes &amp; Ranch (4)</b> Assorted Fruit Juice (15) <b>13</b>
<i>French Toast Sticks (38)</i> Cheeseburger (26) <b>Roast Chicken, Rolls (24)</b> Sweet Potato Souffle (56) Dill Pickles (0) Sliced Strawberries (21) <b>16</b>	<i>Blueberry Muffin (26)</i> Chicken Nuggets, Roll (25) Beef Riblet Sandwich (37) Cheesy Potato Soup, Crackers (54) Green Beans (5) Fruity Jell-O(30) <b>17</b>	<i>Donut (30)</i> Mini Corndogs (30) Chicken Pie & Roll (30) Mashed Potatoes (15) Homestyle Greens (6) Warm Apple Cobbler (44) <b>18</b>	<i>Crumb Cake (48)</i> French Bread Pizza (30) Fish Nuggets w/Roll (35) Refried Beans w/ Chips (28) Oven Crispy Fries (16) Assorted Fruit Juice (15) <b>19</b>	<b>Teacher Workday</b> Makeup Day <b>20</b>
<b>Annual Leave</b>  <b>23</b>	<b>Holiday</b>  <b>24</b>	<b>Holiday</b>  <b>25</b>	<b>Holiday</b>  <b>26</b>	<b>Annual Leave</b> <b>27</b>
<b>Annual Leave</b>  <b>30</b>	<b>Annual Leave</b> <b>31</b>	<b>Holiday</b>  <b>1</b>	<b>Teacher Workday</b>  <b>2</b>	<b>Teacher Workday</b> <b>3</b>

\*\*Whole Grain Poptarts, assorted cereals, grahams, fruit, and juice are daily alternate breakfast selections\*\*