

Name _____

Date _____

Happy e-Learning Day!

First graders: please pick one activity from each category and have an adult initial each activity upon completion. Return the sheet within three days of returning back to school for it to count toward your child's attendance. Please support your child as needed.

Reading	Make a blanket fort and read a book inside of it.	Read something other than a book (magazine, recipe cards, etc.)	Set a timer and read with someone in your family for 20 minutes.	Find one fiction book and a non-fiction book. Read both. Tell someone how you know that it is fiction/non-fiction.	Walk around your house; read and write all the words you can find.
Writing	Draw a picture from your favorite story. Write a sentence about what is happening.	Write a short letter to someone telling them what you did on your snow day. Try your best spelling. It's OK to have someone help you.	Make a card for a friend, neighbor, or someone at school. Show your PAWSitive Pride with kindness.	Write and practice saying your telephone number and address.	Write a sentence using each of this week's high-frequency words.
Math	Set a timer for 15 minutes. Take coins and practice counting them.	Find these shapes in your house: square, circle, rectangle, and triangle. Draw them.	Play addition or subtraction top-it (war). Shake hands and say "Good game!" after each game. Way to show PAWSitive Pride!	Create an addition or subtraction story problem. Include a picture and a number sentence.	Skip count by 2's, 5's, and 10's. See how far you can count while doing jumping jacks or hopping like a bunny.
Spelling	Write your spelling words in rainbow colors using markers, crayons or colored pencils.	Using your finger or a stick, write your sight words in the snow. Try to catch a snowflake with your tongue.	Write your spellings words-use blue for the consonants and red for the vowels.	Build/write your spelling words using one of the following: Play-Doh, slime, shaving cream, or salt/sugar.	Write your spelling words in ABC order. Read words to someone.
Wellness	Brush for 2 minutes and then floss your teeth.	Take some time to rest and relax your whole body for 7 to 10 minutes.	Play outside for 10-30 minutes. Make a snow angel or two.	Stretch your body from head to toe. Practice balancing on one foot, switch!	Unplug from technology for the duration of the normal school day.
Science Social Studies Health	Make a snowball (or ice cube) and time how long it takes to melt in the house. Remember to put it in a container.	Pick a room in your house and draw a map and label it. Use markers, crayons or colored pencils. **Bonus: clean your room!**	Look for animal tracks in the snow. Bonus: Draw or write the animals you think crossed your path.	Find the high and low temperature for the day. Find the difference between the two temperatures.	Make a healthy snack. What food group(s) does it fit into? Bonus: Read the label and talk about why this snack is healthy with someone you are spending time with today.
Social Emotional	Set the table. Practice using your manners with a smile.	Draw a picture for a friend, put it in your backpack. **Bonus: Clean out your backpack!**	Read a book. Talk about how the characters in the book are feeling.	Play a board game. Discuss sportsmanship and show your PAWSitive Pride.	Share ways to be a good friend with someone you are spending the day with, practice kindness.

**See the back of this sheet for additional websites, resources, and ideas!

Teacher office hours: 9:00 am -11:00 am and 1:00 pm -3:00 pm

Movement Ideas

www.gonoodle.com

Tumble Books

www.griver.org (you'll need a membership to Great River Regional Library)

Media Center Website

<http://albanyelem.weebly.com>

-Bookflix: login: albanyelem pswd: bookflix

Reading Websites

http://www.abcya.com/first_grade_computers.htm

<https://www.starfall.com/h/index-grades123.php>

Math Website

<https://www.fun4thebrain.com/>

1st Grade: Choose 1 activity from each column (Specialist Areas).

<u>Media</u>	<u>Art</u>	<u>Phy Ed</u>	<u>Music</u>
Make a blanket fort and read inside it.	Use shaving cream on a cookie sheet to practice making designs and patterns or write numbers, shapes, letters, words.	Have your parents go to https://www.gonoodle.com/ and then sign up. Pick 3 activity choices.	Draw or write five things that would make a good musical instrument in your home.
Read a book aloud to a family member or stuffed animal.	Create a snow sculpture	Dance to a song that you like, Jumping Jacks- 10, Bicycles- 15, Bicep curls with soup cans- 10, Superman- 5	Sing two songs that you know for a family member.
Retell a favorite story to someone you see today.	Draw a picture of your favorite animal.	Dance to a song that you like, Crunches- 10, Shoulder press with soup cans- 10, Squats- 10, Touch Toes-10 seconds.	Listen to a piece of classical music and draw what you hear.
Listen to an online book. See the links on your Media website for choices.	Build something out of legos or blocks.	SWORKIT Kids: Need an app for some fitness, this one is free. Choose a work out and perform it for 10 minutes.	Practice drawing music notes or symbols that you've learned so far.
If you have online access, go to your code.org link on the media website.	Draw a picture of any subject using only the Primary colors - Red, Yellow, and Blue	Play outside or Build a snow fort or snowman (**Please be advised that this activity will have your student going outside into the cold. Please ensure they are dressed warmly. Dress in layers).	Clap the rhythm to a class song.
Using a keyboard, practice typing each word twice: snow, cold, shovel, hat, coat, mittens, sled, skate, ice, fun.	Make up an animal and draw or paint it.	Play catch, volley or juggle with self or partner for 10 minutes.	Dance to two songs on the radio.