

# Adult Beginners & Improvers Course



8 Nov - 13 Dec 2019

10 Jan - 14 Feb 2020

28 Feb - 3 Apr 2020

1 May - 5 Jun 2020

12 Jun - 17 Jul 2020

6 group lessons  
45 mins each  
£36

Fridays 11:30-12:15

Come along and learn to swim or master new strokes. We can help you improve your water confidence and technique. Beginners and improvers are welcome.

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[www.mountkellyswimcentre.com](http://www.mountkellyswimcentre.com)