

Welcome to our Breakfast Cafe at...

Morris School District Elementary

November
2019

Monday

Tuesday

Wednesday

Thursday

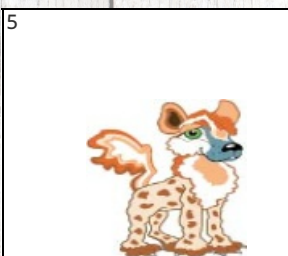
Friday

**FUEL YOUR DAY
THE RIGHT WAY.
EAT A HEALTHY
BREAKFAST!**

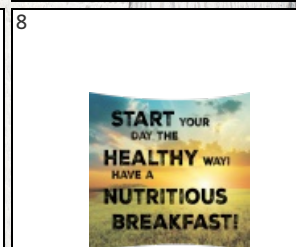
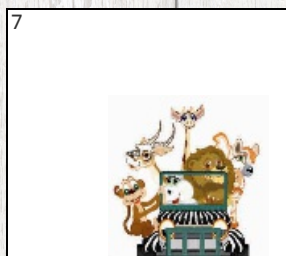


- 1 Whole Grain Chocolate Chip Muffin Flat ✓
Fresh Pear
100% Orange Juice Blend

- 4 Golden Grahams ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Apple
100% Orange Juice Blend



- 6 Apple Cinnamon Cheerios ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Pear
100% Orange Juice Blend



- 11 Rice Krispies ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Apple
100% Orange Juice Blend

- 12 Whole Grain Banana Muffin Flat ✓
Fresh Pear
Apple 100% Juice

- 13 Strawberry Nutri-Grain Bar ✓
Whole Grain Honey Bear Graham Crackers ✓
Apple Slices
100% Orange Juice Blend

- 14 Whole Grain Chocolate Chip Muffin Flat ✓
Fresh Pear
100% Orange Juice Blend

- 15 WW Bagel ✓
Cream Cheese PC
Fresh Pear
100% Orange Juice Blend

- 18 Golden Grahams ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Apple
100% Orange Juice Blend

- 19 Whole Grain Banana Muffin Flat ✓
Apple 100% Juice
Fresh Pear

- 20 Apple Cinnamon Cheerios ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Pear
100% Orange Juice Blend

- 21 Whole Grain Chocolate Chip Muffin Flat ✓
Fresh Pear
Apple 100% Juice

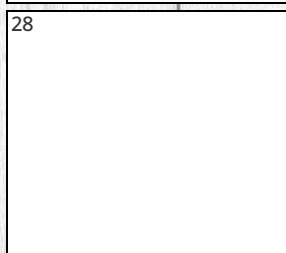
- 22 WW Bagel ✓
Cream Cheese PC
Fresh Pear
100% Orange Juice Blend

- 25 Rice Krispies ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Apple
100% Orange Juice Blend

- 26 Whole Grain Banana Muffin Flat ✓
Fresh Pear
Apple 100% Juice



- 27 Apple Cinnamon Cheerios ✓
Whole Grain Honey Bear Graham Crackers ✓
Fresh Pear
100% Orange Juice Blend



Whitsons is committed to the Farm-to-School movement and serving wholesome, high-quality meals prepared with fresh, locally sourced ingredients. Did you know that Whitsons sources an average of 52% of our total product mix locally?



Breakfast \$1.35
Reduced .30

Breakfast Served in the Classroom Daily

Please make check payable to
Morris School District

PLEASE PRE PAY FOR THE FOLLOWING WEEK

**All Breakfast includes:
Grain, Fresh Fruit, 100% Fruit Juice
& Choice of Milk:
1% or Fat Free Milk**

If you have any questions or would like additional information regarding the menu please contact your food service director Linda Ladoletta @ 973-292-2000 ext 2111 or email Linda.Ladoletta@msdk12.net



MADE WITH NATURAL INGREDIENTS



PORK



MADE WITH ORGANIC INGREDIENTS

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. Menu is subject to change, notice posted when available. This institution is an equal opportunity provider.