

Early Out for SEP Conferences Wed & Thurs November 13-14
No School for Thanksgiving Break Wed-Fri November 27-29

Weekly Newsletter Brought To You By Heritage Elementary

HUSKYGRAM



Words From Our Principal

A new month brings a new habit to introduce to the students. This week Mrs. Daly and I introduced the third habit from the 7 Habits of Happy Kids, "Put First Things First," to the students in each classroom. We were pleased that they could tell us what the first two habits from the previous months were and could give us examples of them. We talked about prioritizing and not procrastinating. Please notice if your students are practicing Habit #3 at home and we will do the same at school.

We are looking forward to seeing everyone at the parent teacher conferences next Wednesday and Thursday. School will be dismissed at 1:25 on Wednesday, Thursday, and Friday. The PTA is also hosting a book fair during the conferences in room 14 in the south end of the school. Please take some time to visit the book fair and support our PTA.

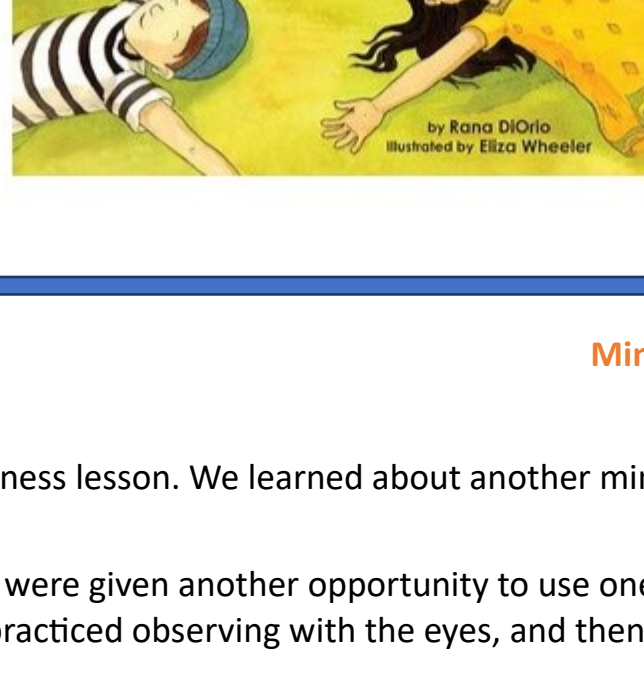
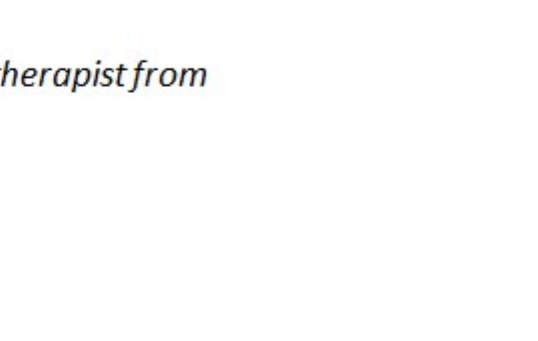
Today we had a fire drill and I want to express how impressed I was with each and every student. The fire alarm rang at 10:28 and we were sending everyone back into the building at 10:34. Because of how quiet and well behaved everyone was, we were able to complete the drill quickly and efficiently.

During this month of thankfulness, I am thankful to be at Heritage. I hope you all have wonderful weeks and successful conferences.

Counselor's Corner

Parents—You are invited to come and find out what **mindfulness** is all about and why we are teaching it here at Heritage Elementary.

When: **Tuesday, November 19 at 3:45 pm** with Rachel Reist, a therapist from Davis Behavior Health



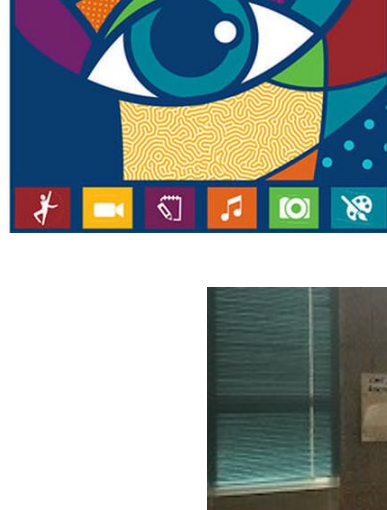
Dear Parent, Mindful Schools Lesson 8

Today was our eighth mindfulness lesson. We learned about another mindfulness practice called the **Mindful Seeing**.

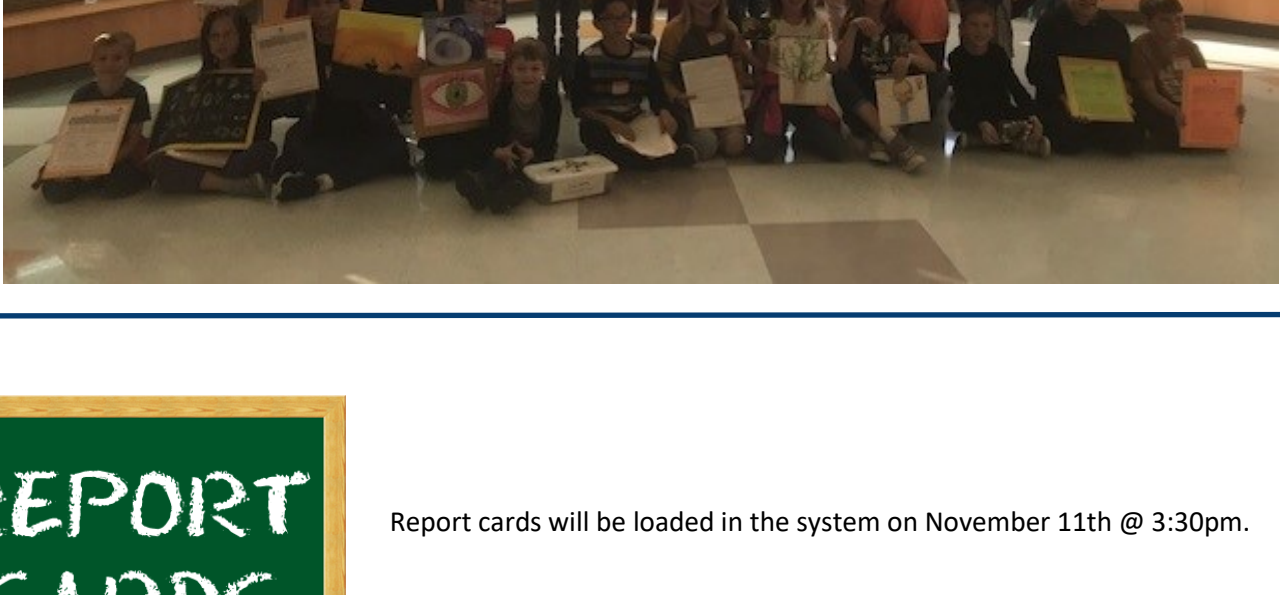
During this practice, students were given another opportunity to use one of their senses to connect to the present moment. We practiced observing with the eyes, and then also observing with the eyes and ears.

- Invite your child to teach you how to do **Mindful Seeing**. Practice this with them for one minute.
- Use **Mindful Seeing** yourself when you are outside or in the house, perhaps noticing something you haven't noticed before.

If you haven't yet subscribed to the Parent Video Series that accompanies these lessons, please do so. Watch the video for Lesson 08 to help guide you through this practice: www.dbhprevention.org/parentvideos

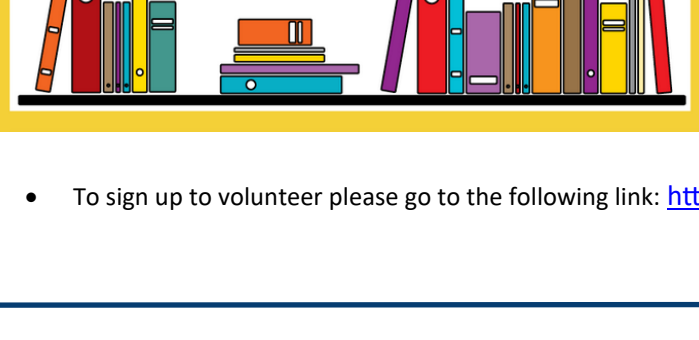


REFLECTIONS PARTICIPANTS



Report cards will be loaded in the system on November 11th @ 3:30pm.

1 quarter down 3 to go



Wednesday & Thursday, November 13 & 14 12:00-7:00

Friday, November 15 12:00-3:00

- Tax will now be added to all purchase prices
- The book fair will be during Parent Teacher Conference week.
- Get ahead on your Christmas shopping while giving back to the school library!
- Gift cards will be available for purchase if you and your student would like to give their teacher a gift

- To sign up to volunteer please go to the following link: <https://www.signupgenius.com/go/8050949aee2aaf4-book>



Please do not allow your students to bring Pokémon cards to school. They have become too much of a distraction causing students to not come in from recess on time. Students are also trading them at recess and then having trader remorse when they get home. Please keep these prized possessions safe at home where trading can be monitored.



Sign ups to participate in this year's Science Fair are due next Friday, November 15th.

The Science Fair is open to any 5th or 6th grader who loves science and wants to share their skills. Participants can work in groups of up to three, but each member of the group needs to turn in a slip.

Participation slips have been sent home, but more are located in the front office.

The Science Fair will be held on Friday, December 6th, at 2:00 pm.

FREE EVENT

Join the Heritage Running Club for a Thanksgiving Day race. The kids worked super hard this fall. Let them show you what they can do!! Small prizes to the top male and female finishers in each age group. ALL ARE WELCOME.

Turkey Trot 5K

November 28th
at 8:00
Heritage Elementary
Layton

Age groups 6-9, 10-14, 15-18
The school will not be open so there will not be any lightshows.

You're invited to a

DSD Preschool Parent Night

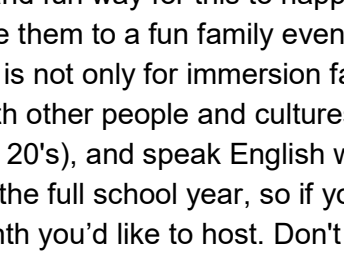
Come join us and **BE A PRESCHOOLER FOR A NIGHT!** Parents will participate in hands-on learning activities and learn new ideas to support your child's learning in the areas of math, fine motor, language, and the alphabet. We will have a raffle for prizes and serve light refreshments. Please RSVP to your classroom teacher or via email to aputnam@dspdmail.net

TWO LOCATIONS!
PRIZE RAFFLE!

Where: Heritage Elementary
1354 W. Weaver Lane, Layton
and
Tolman Elementary
300 East 1200 North, Bountiful

When: Wednesday, November 20, 2019
Time: 7:00pm-8:00 pm

Your child does NOT need to be enrolled in preschool in order to attend.
This is a free event open to the public!

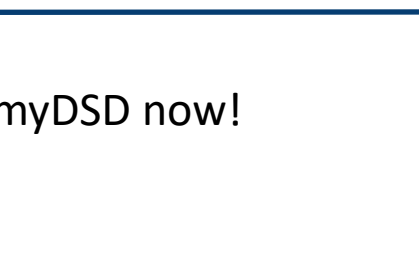


Facebook Heritage Elementary-Davis
Instagram @heritageeldavis

Hello Heritage Families,

We have three new Chinese Interns at our school this year that would love to get to know more families in our community. One easy and fun way for this to happen is for Heritage families to host the Chinese interns for dinner (or invite them to a fun family event related to different holidays or seasons of the year). This opportunity is not only for immersion families, but for anyone at Heritage that is interested in connecting with other people and cultures. The interns are all from China (two females and one male, all in their 20's), and speak English well enough to visit any family in the area. I am creating a schedule for the full school year, so if you are interested, email Lara at Laralifferth@hotmail.com with the month you'd like to host. Don't miss out on this fun opportunity!

Thanks!
Lara Lifferth
Heritage PTA Chinese Immersion Rep



You can order this on myDSD now!

\$15

Last day to order @ the lower price is
December 20th!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Professional Day	2
3	4	5	6	7	8 Book Club 5th & 6th 12:30-1:15	9
10	11 Report Cards Loaded	12	13 SEP Conferences Book Fair EARLY OUT	14 SEP Conferences Book Fair EARLY OUT	15 Book Fair Birthday Table	16
17	18	19 Mindfulness Parent Mtg 3:45	20 PTA Board Meeting 11:30 Community Council Mtg 4:00 Preschool Open House 7:00	21	22 Shrek Jr Performance	23 Shrek Jr Performance
24	25	26	27 NO SCHOOL	28 Turkey Trot 8am NO SCHOOL	29 NO SCHOOL	30

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6 Science Fair	7
8	9	10	11	12	13	14
15	16 Choir Assembly 4 Parents 6:30	17	18	19	20 Yearbook @ Lower Price Ends After today Birthday Table	21
22	23 NO SCHOOL	24 NO SCHOOL	25 JUVENILE COURT	26 NO SCHOOL	27 NO SCHOOL	28
29	30 NO SCHOOL	31 NO SCHOOL				

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 NO SCHOOL	2 NO SCHOOL	3 NO SCHOOL	4
5	6	7	8	9	10 Book Club 5th & 6th 12:30-1:15 Spelling Bee 1:30	11
12	13	14	15	16 End of 2nd Term Early Out	17 Professional Day NO SCHOOL	18
19	20 Martin Luther King Jr Day NO SCHOOL	21	22	23 Chinese New Year Celebration	24 Birthday Table	25
26	27	28	29	30	31	