




## November 2019 Menu

				<p style="text-align: right;">1</p> <p style="text-align: center;">Bagel &amp; cream cheese Fruit, cold cereal, juice</p> <p style="text-align: center;">Chicken fajitas with cheese, sour cream, onion, bell pepper, cilantro, black beans, W.G. tortilla chips &amp; salsa, &amp; fruit</p>
<p style="text-align: right;">4</p> <p style="text-align: center;">Scrambled eggs, Fruit, juice, Cold cereal,</p> <p style="text-align: center;">Hamburger, Tater tots, salad Baked beans, fruit</p>	<p style="text-align: right;">5</p> <p style="text-align: center;">Sausage muffins, Fruit, juice Cold cereal Yogurt</p> <p style="text-align: center;">Chicken Strips, Celery, fruit W.G. chips</p>	<p style="text-align: right;">6</p> <p style="text-align: center;">French Toast, Fruit, juice Cold cereal</p> <p style="text-align: center;">Chicken alfredo bake Salad, fruit Carrots</p>	<p style="text-align: right;">7</p> <p style="text-align: center;">PB&amp;J English muffin, Fruit, juice Cold cereal Yogurt</p> <p style="text-align: center;">Tomato soup, Grilled cheese, fruit Salad</p>	<p style="text-align: right;">8</p> <p style="text-align: center;">Breakfast sandwich Fruit, juice Cold cereal</p> <p style="text-align: center;">Baked chicken Scalloped potatoes salad, fruit</p>
<p style="text-align: right;">11</p> <p style="text-align: center;"><b><u>VETERANS DAY</u></b> <b>NO SCHOOL</b></p> 	<p style="text-align: right;">12</p> <p style="text-align: center;">Breakfast burrito Fruit, juice Cold cereal</p> <p style="text-align: center;">Orange chicken W.G. rice Broccoli, fruit</p>	<p style="text-align: right;">13</p> <p style="text-align: center;">Biscuits &amp; Gravy Fruit, juice Cold cereal Yogurt</p> <p style="text-align: center;">Fish sticks French fries, fruit Salad</p>	<p style="text-align: right;">14</p> <p style="text-align: center;">Omelet Muffin Fruit, juice Cold cereal</p> <p style="text-align: center;">Baked spaghetti Bread sticks Salad, fruit</p>	<p style="text-align: right;">15</p> <p style="text-align: center;">Sausage &amp; toast Fruit, juice Cold cereal Yogurt</p> <p style="text-align: center;">Tater tot casserole Corn, bread stick, fruit Salad</p>
<p style="text-align: right;">18</p> <p style="text-align: center;">Waffles Fruit, juice Cold cereal</p> <p style="text-align: center;">Chicken Caesar WG wrap with parmesan cheese &amp; lettuce, with bacon, tomato, &amp; Fruit</p>	<p style="text-align: right;">19</p> <p style="text-align: center;">Scrambled eggs Fruit, juice Cold cereal Yogurt</p> <p style="text-align: center;">Sub sandwich Fruit W.G. Chips Cole slaw</p>	<p style="text-align: right;">20</p> <p style="text-align: center;">Cold cereal, W.G. toast, Fruit, juice Cold cereal</p> <p style="text-align: center;">Chicken sandwich Mixed Vegies fruit Salad</p>	<p style="text-align: right;">21</p> <p style="text-align: center;">Breakfast Sandwich Fruit, juice Cold cereal</p> <p style="text-align: center;">Pulled pork sandwich, Coleslaw, fruit, Baked beans</p>	<p style="text-align: right;">22</p> <p style="text-align: center;">Waffles Fruit, juice Cold cereal</p> <p style="text-align: center;">Oven roasted turkey Green beans Mashed potatoes Gravy Fruit</p>
<p style="text-align: right;">25</p> <p style="text-align: center;">Bacon &amp; eggs Fruit, juice Cold cereal</p> <p style="text-align: center;"><b>NO LUNCH</b> <b>EARLY RELEASE @ 11:30</b> <b>STUDENT CONFERENCES</b></p>	<p style="text-align: right;">26</p> <p style="text-align: center;">Biscuits &amp; Gravy Fruit, juice Cold cereal Yogurt</p> <p style="text-align: center;"><b>NO LUNCH</b> <b>EARLY RELEASE @ 11:30</b> <b>STUDENT CONFERENCES</b></p>	<p style="text-align: right;">27</p> 	<p style="text-align: right;">28</p> <p style="text-align: center;"><i>Thanksgiving Break</i></p>	<p style="text-align: right;">29</p> 