



WEEKLY MENU(Prek-K2)



Nov 18 to Nov 22

	Monday		Tuesday		Wednesday		Thursday		Friday	
Station	18-Nov		19-Nov		20-Nov		21-Nov		22-Nov	
SET MENU Includes: 1Main Dish + 2 Side Dishes+2 Sides+ Veggie Sticks + Dessert + 1 Beverage Main Dishes : Asian / Western Beverages Include: Milk, Yougurt OR Yogurt Drink.	Chicken Thigh		Fried Rice with Ham & Mixed Veg		Fish and Chips		Cheese Pizza		Pan Fried Dumpling	
	Veg Sticks		Veg Sticks		Veg Sticks		Veg Sticks		Veg Sticks	
	Egg &Red Beans		Egg & Capsicum		Pumpkin & Egg		Egg & Green Beans		Broccoli & Egg	
	Cajun Potatoes		Red Gultinous Rice		Potato Chips		Corn and Rice		Parsley Potatoes	
	Fruit Platter		Fruit Platter		Fruit Platter		Fruit Platter		Brownie	
VEGETARIAN	Mushroom Pancake		Okra,Egg,Smoked Capsicum &Couscous Salad		Roasted Cauliflower with Creamy Sauce & Bread Crumbs		Tabouli Salad		Roasted Chickpea Ratatouille	

Students' lunch-card balance and Catering informations are available through school website or under request - contact us at Chartwells@nanjing-school.com for details